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Reliability and validity of the French adaptation of the Family Relationship Index–short form in patients' with chronic kidney disease

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Authorizations

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ABSTRACT

Objective. The Family Relationship Index (FRI) measures family cohesion, expressiveness and conflict. This study aimed to investigate its reliability and validity in patients with chronic kidney disease (CKD).

Methods. Confirmatory factor analysis was performed on 1657 patients and on subgroups according to socio-demographics, medical variables and questionnaire completion.

Results. Two items with poor saturation were excluded. The indexes indicated an acceptable fit. Reliability was especially weak for expressiveness.

Conclusion. Our results provide partial support for the use of the French-version of the FRI in patients with advanced CKD. The FRI should be used with caution, especially in certain subgroups and for the expressiveness subscale.

Keywords: chronic kidney disease; validation; family functioning; family; scale

INTRODUCTION

The links between chronic kidney disease (CKD), patient adjustment and family functioning are complex and encompass feedback loops. CKD impacts family relations in different ways (e.g. causing worry in close others) (Smith & Soliday, 2001). The illness affects patients as well as their family (Paschou et al., 2018). Moreover, social support, especially family support, plays an important role in patients' adjustment to chronic illness. Family support is associated with patients' outcomes, especially improved mental health, quality of life and treatment adherence (Rosland et al., 2012; Untas, Thumma, et al., 2011). Furthermore, dyadic effects have been highlighted in the literature: the characteristics of close others (e.g. burden) can influence patients' adjustment (e.g. positive affects) (Pruchno et al., 2009; Wilson-Genderson et al., 2009). Therefore, family relations are a crucial factor in patient adjustment. Adequate measures are needed to assess this variable in future studies.

Measures of family functioning can be affected by social desirability, as well as by specific situations, gender and socio-demographic variables in general (Pritchett et al., 2011; Tutty, 1995). For example, women tend to report a higher number of marital problems than men even when asked relatively objective questions (Szinovacz, 1983). Moreover, family functioning measures may not all be sensitive to the stages of the family life cycle (e.g. having children): consensus between husbands and wives is more frequent when they do not have children (Larsen & Olson, 1990). Family functioning scales often focus on an archetypical nuclear family (e.g. a mother and a father living with their young children) (Favez, 2010). Thus, these measures could be affected by several factors such as age and if the family lives under the same roof. Moreover, a longitudinal study has highlighted changes in family functioning following renal replacement therapy (Devins et al., 1997). As disease progression seems to affect this type of variable, assessing the quality of family functioning measures according to illness stage seems relevant. In addition to CKD, the presence of another chronic illness may affect psychometric properties. For example, a diabetes diagnosis decreases family flexibility (Northam et al., 1996). Overall, this could affect the relevance of these scales in certain subgroups. However, several validation studies on family functioning scales did not investigate psychometric properties while taking into account these variables (Hoge et al., 1989; Olson, 2011; Skinner et al., 2000).

The Family Relationship Index (FRI) is a scale that belongs to the Family Environment Scale (Moos & Moos, 2002). It has been used in various contexts to measure the quality of family relations. It is composed of three subscales: cohesion (the degree of commitment, help and support family members provide to one another), expressiveness (the extent to which family members are encouraged to express their feelings directly) and conflict (the amount of openly expressed anger among family members). The initial questionnaire comprises 27 items (Moos & Moos, 2002) and has satisfactory

psychometric properties (Margola et al., 2017; Untas, Rasclé, et al., 2011). A shorter 12-item version has been proposed (Kissane & Bloch, 2002). Its French adaptation, validated across a sample of students, showed good psychometric properties (Untas, Rasclé, et al., 2011). However, its validity has not been tested in patients with chronic diseases, except in cancer, for which it seems to be a good screening measure for families at risk of poor psychological outcomes (Edwards & Clarke, 2005). An evaluation of the factor structure of this scale in different subgroups is lacking.

The aim of the present study was to assess the reliability and construct validity of the 12-item FRI (FRI-12) among patients with CKD participating in the French CKD-REIN (Chronic Kidney Disease–Renal Epidemiology and Information Network) cohort study. We also assessed these properties by subgroups defined by age, gender, living condition, education level, CKD stage and diabetes, as well as on the condition of questionnaire completion (alone or with help).

METHOD

Patients and study design

The French CKD-REIN study is a prospective cohort of adult patients with stage 3–5 CKD (estimated glomerular filtration rate (eGFR) < 60 mL/min/1.73 m²) (i.e. global renal function of <2/3 of normal) who were not on dialysis. Patients were recruited in 2013–2016 from 40 nationally representative nephrology outpatient clinics. The details of the study protocol and patient baseline characteristics have been published elsewhere (Stengel et al., 2014, 2019). The study protocol was approved by the relevant French ethics institutions (Institut national de la santé et de la recherche médicale (Inserm); IRB00003888) and has been registered at ClinicalTrials.gov (NCT03381950).

Regarding the French adaptation of the scale, a first French translator translated the scale from English to French. Then, a second English translator performed a back-translation from French to English. This process was then discussed between the two translators and the author to find the wording closest to the original meaning while keeping it easy to understand in French. The items were then pre-tested with 10 people who did not live with CKD. All items were considered clear, so no further changes were made. Examples of the translated items include: ‘Les membres de notre famille s’aident et se soutiennent réellement entre eux’ (cohesion), ‘Les membres de notre famille gardent souvent leurs sentiments pour eux’ (expressiveness), ‘Dans notre famille, on se dispute beaucoup’ (conflict). The entire scale in French is available upon request to the author.

Data collection

Clinical patient-level data were collected by trained clinical research associates from patient interviews and medical records. Each enrolled patient received a patient questionnaire (PQ) containing questions regarding socio-demographics as well as several scales, including the FRI-12. Whether patients completed the PQ alone or with help was also recorded. For this study, we chose to use the FRI-12 by offering a wider range of answer modalities. The original dichotomous format (true vs false) was changed to a 4-point Likert scale (true, quite true, quite false, false) to improve the questionnaire's sensibility.

Statistical analysis

Baseline cross-sectional data were used for the analyses. Standard descriptive statistics (means, standard deviations and frequencies) were used to report cohort characteristics and the differences between participants who provided complete responses.

Reliability was measured for each subscale in the entire sample and in subgroups: gender (men vs women); age (≤ 50 , 51–65, 66–80, >80 years); living status (alone vs with at least one relative); education level (≤ 9 , 10–12, >12 years); CKD stage (stage 3 (eGFR 30–59 mL/min/1.73 m²) vs 4/5), (eGFR < 30 mL/min/1.73 m²); diabetes status (yes vs no); questionnaire completion (alone vs with help). We reported Cronbach's alpha and the average variance extracted (AVE). The AVE indicates the degree of convergence among items representing a latent construct (Fornell & Larcker, 1981; McDonald, 2011). Its value should be >0.5 (Hair et al., 2014).

Confirmatory factor analyses were used to evaluate how well the initial three subscales measuring cohesion, expressiveness and conflict fit the data, using goodness-of-fit measures following established criteria (Hooper et al., 2008): relative chi-square (chi-square/degree of freedom) < 5 ; comparative fit index (CFI) ≥ 0.9 ; goodness of fit index (GFI) ≥ 0.9 ; adjusted goodness of fit (AGFI) ≥ 0.9 ; root mean square error of approximation (RMSEA) ≤ 0.08 and standardized root mean square residual (SRMR) < 0.08 . We proceeded to these analyses on patients who completed the whole questionnaire.

We assessed measurement invariance across all subgroups to examine whether participants from different groups interpreted the same measure in a similar way (Chen, 2008). The four phases of measurement invariance are: configural, metric, scalar and strict invariance. Configural invariance tests whether the factor structure of a scale fits well across different groups. This requires performing a CFA on the subgroups of interest. Metric invariance tests whether the factor loadings are similar across groups. Scalar invariance examine of the item intercepts are equivalent in each group. Finally, strict invariance refers to a "situation in which measurement parameters are exactly the same across

groups” (Van De Schoot et al., 2015). To conclude on the measurement invariance across groups, the following criteria have been established: the differences in chi-square between models should be non-significant (Vandenberg & Lance, 2000).

All statistical analyses were performed using R software.

Data sharing statement

The data used in this research are restricted but can be obtained by writing to BS.

RESULTS

Characteristics of the population

Among the 3,033 patients enrolled into the CKD-REIN cohort study, 2,693 (88%) returned the baseline PQ, of whom 2,615 (97%) had no cognitive impairment, 2,042 (78%) provided complete responses to the FRI-12 survey and 1,657 (81%) completed the questionnaire alone. This sample was used for the following analyses. We chose to exclude patients who completed the questionnaire with help as most of them (91%) completed it with a family member. This may induce measure bias. The mean patient age was 65.3 years (standard deviation = 12.9) and 67% were men. Detailed results and comparisons between the participants who completed the whole questionnaire and those who did not are presented in Table 1 whereas comparisons between the participants who needed help to complete it and those who did not are presented in Table 2.

INSERT HERE TABLE 1 and 2

Sensibility of the items and internal consistency

The sensibilities of the items are presented in Table 3. Item 9 (‘Family members sometimes get so angry they throw things’) has high kurtosis and seems insufficiently sensible. For the entire sample and the subgroups, Cronbach’s alphas were quite acceptable for the cohesion and conflict subscales, but were weak for the expressiveness subscale. Deleting one item did not improve these levels of internal consistency, except for expressiveness by deleting item 8 (‘It is hard to “blow off steam” at home without upsetting somebody’). However, the alphas for expressiveness were especially weak for patients with ≤ 9 years of education (Cronbach’s $\alpha = 0.40$). Importantly, none of the questionnaire subscales had an adequate AVE. These results are presented in Table 3 and in a supplementary file.

INSERT HERE TABLE 3

Confirmatory factor analysis

For the entire sample, each goodness-of-fit indicator indicated an acceptable fit. Only relative chi-square was high (because of sample size). All items had acceptable factor loading, except item 8 from the expressiveness subscale (0.20). Therefore, a three-factor model without items 8 and 9 was tested. Goodness-of-fit indexes remained acceptable and was slightly increased for CFI and GFI. This model was then tested for each subgroup and showed acceptable fits. However, the subgroup of patients who completed the PQ with help showed the lowest fit indicators. The results are presented in a supplementary file.

Moreover, we tested for measurement invariance. These results are available in a supplementary file. Although configural invariance was satisfactory, scalar, strict and sometimes metric invariance were not confirmed in several multi-group comparisons. In particular, living condition showed important measurement variance.

DISCUSSION

The aim of this study was to assess the reliability and construct validity of the French version of the FRI-12 among CKD patients. The results show that the FRI-12 appears to be a valid tool for measuring family functioning, with similar properties according to various socio-demographic and medical characteristics. However, its reliability is unsatisfactory and should be assessed with caution in each population it is used with before proceeding to further analyses.

A version retaining the original factor structure of the FRI without items 8 and 9 appears more relevant than the 12-item form. Indeed, deleting both items improved the internal consistency of the expressiveness subscale without deteriorating the fit of the model. Therefore, the use of the French 11-item FRI is recommended, although the results for the expressiveness subscale should be approached with caution, as the Cronbach's alphas were quite low. Moreover, the AVE values were not satisfactory. This suggests that the scale has limited reliability. In the literature, this has been observed for the FRI subscales and might be explained by the diversity in the content of items belonging to the same factor (e.g. for expressiveness, family members keep feelings to themselves (item 2), say anything they want at home (item 5), tell each other about their personal problems (item 11) (Moos, 1990).

These results raise the question of the difficulty of measuring family relations, especially with self-reported questionnaires. Indeed, this method does not capture their complexity and does not evaluate how interactions take place in an ecological setting: they measure participants' representations of their family. To evaluate family relationships, multiplying the type of measures (e.g. questionnaires,

observations of interactions), informers (i.e. different family members) and moments of inquiry (i.e. experience sampling methodology) should be the gold standard (Favez, 2010).

An important finding is that validity remained stable across the subgroups for socio-demographic and medical characteristics. Interestingly, fit was quite similar across age groups and living conditions (alone or not). If the FRI survey had been constructed for families with young children, our results suggest that it may be suitable for older peoples' families. However, although configural invariance was confirmed, other phases of measurement invariance were not. In particular, living condition and diabetes showed unsatisfactory results. This could indicate that the differences observed in family relations between participants living alone and those living with family members could be due to differences in scale properties across groups (Chan, 2011). Therefore, living condition and diabetes may affect how family functioning is measured. The respondents of these different groups may interpret some items in a conceptually different way (Putnick & Bornstein, 2016). For example, some items may have different meanings for participants who live with family members and those who do not. In particular, some items of the FRI mention 'home' (e.g. 'family members say anything they want at home'). Qualitative studies could help examine what family cohesion, expressiveness and conflict mean in each of these groups and how their views differ. This could help improve the FRI and other measures of family functioning. Although the measurement non-invariance of the scale could be partly due to our sample size, future research should perform item-level analyses to evaluate the quality of each item (Putnick & Bornstein, 2016). Indeed, this could help identify which items to retain, exclude and/or reword differently.

Moreover, expressiveness may be difficult to measure through self-reported scales, as it refers to interactions. We chose to retain this subscale despite its low reliability, as short and self-reported tools measuring this construct are needed. However, we advise researchers who wish to use the FRI to assess its reliability systematically, in particular for this subscale. If its reliability is too low, the expressiveness measure should be excluded from further analyses.

Despite its faults, this scale could help identify patients in need of social support and/or psychological care. If family difficulties are identified in advanced CKD patients, medical staff should be attentive to the degree of family influence on decision-making, as it could increase decision regret after renal replacement therapy initiation (Berkhout-Byrne et al., 2017).

Investigating psychometric properties across subgroups also allows the identification of populations for which the scales may not be adequate. Our results highlight that the FRI does not show satisfactory reliability or a good fit for patients with low education level, especially regarding the expressiveness subscale. This could result from difficulties in understanding some of its items.

The present findings should be interpreted in light of the strengths and limitations of the design and conduct of our study. The major strengths include the large sample of CKD patients (>1500) and the standardization of data collection methods across all nationally representative nephrology outpatient clinics. One limitation is that these results are restricted to adults with moderate to advanced CKD who are not on dialysis or transplanted. Another limitation is that the FRI was not specifically designed for CKD patients, whose mean age is quite high compared to previous validation populations (Hoge et al., 1989; Hungerbuehler et al., 2011). Furthermore, our procedure did not include questions on which family members patients were considering when completing the scale. Future studies should include such measures and explore if it might help increase questionnaire reliability.

To conclude, this study provides only partial support for the use of the FRI in its 10-item version. Further studies should perform item-level analyses as well as identify the association of family relations with patient outcomes.

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Table 1. Baseline characteristics of study participants

	Whole sample	Patients who did not complete the FRI	Participants who completed the FRI	p
N	3033	991	2042	
Age (mean, standard-deviation)¹	66.8 (12.9)	68.7 (12.7)	65.9 (12.9)	***
Men (%)¹	65.3	59.2	68.3	***
Marital status (%)²				***
Single	9.2	8.0	9.8	_ ³
Married/Civil Union	57.9	35.7	68.6	* ³
Widow-er	10.7	13.3	9.5	* ³
Divorced	9.5	6.2	11.1	_ ³
Missing Data	12.7	36.8	1.0	
Living condition (%)²				***
Alone	19.3	19.6	19.1	* ³
With at least one relative	64.7	39.3	77.0	* ³
Other	1.3	1.3	1.2	_ ³
Missing Data	14.8	39.9	2.6	
Education (%)¹				***
< 9 years	35.7	49.1	29.2	* ³
9 - 12 years	38.4	32.4	41.3	* ³
> 12 years	24.2	16.8	27.8	* ³
Missing Data	1.7	1.7	1.7	
Professional status (%)¹				
Active	16.9	10.5	20.0	***
Invalidity	9.4	10.8	8.7	***
Sick leave	2.8	2.8	2.8	-
Retired	63.8	52.4	69.3	***
CKD stage (%)¹				*
2/3	55.1	52.1	56.5	
4/5	44.9	47.9	43.5	
Diabetes (%)¹	42.9	49.0	39.9	***
Self-administred questionnaire completion²				***
Completion without help (%)	67.7	40.1	81.1	
Completion with help (%)	17.9	21.3	16.3	
...from a family member (%)	90.2	87.2	92.2	-

¹Data collected by clinical research associates; ²Data collected by patient questionnaire; ³Significativeness between subgroups was assessed with chi-square standardized residuals (residuals > 2), $p < 0.05$: *; $p < 0.01$: **; $p < 0.001$: ***

Table 2. Comparison between participants who did not complete the questionnaire with help and those who did

	Participants who completed the questionnaire without help	Participants who completed the questionnaire with help	p
N	1657	332	
Age (mean, standard-deviation)¹	65.3 (12.9)	69.3 (11.7)	***
Men (%)¹	67.0%	75.6%	**
Marital status (%)²			*
Single	10.1%	6.6%	* ₃
Married/Civil Union	67.6%	75.6%	* ₃
Widow-er	9.4%	10.2%	* ₃
Divorced	11.9%	7.5%	_ ₃
Missing Data	1.0%	0.0%	
Living condition (%)²			*
Alone	20.0%	14.5%	* ₃
With at least one relative	76.0%	83.7%	* ₃
Other	1.3%	0.9%	_ ₃
Missing Data	2.7%	0.9%	
Education (%)¹			***
< 9 years	25.5%	45.5%	* ₃
9 - 12 years	41.3%	42.2%	_ ₃
> 12 years	31.3%	11.4%	* ₃
Missing Data	1.9%	0.9%	
Professional status (%)¹			
Active	22.1%	9.0%	***
Invalidity	7.8%	14.2%	**
Sick leave	2.8%	2.4%	-
Retired	67.3%	79.5%	***
CKD stage (%)¹			-
2/3	57.8%	52.4%	
4/5	42.2%	47.6%	
Diabetes (%)¹	37.5%	53.6%	***

¹Data collected by clinical research associates; ²Data collected by patient questionnaire; ³Significativeness between subgroups was assessed with chi-square standardized residuals (residuals > 2), $p < 0.05$: *; $p < 0.01$: **; $p < 0.001$: ***

Table 3. Sensibility analysis of the items

Item	Subscale	Kurtosis	Skewness
1	Cohesion	1.96	1.50
2	Expression	-0.81	0.22
3	Conflict	1.08	-1.25
4	Cohesion	0.89	-1.24
5	Expression	0.96	-1.24
6	Conflict	-0.43	0.57
7	Cohesion	0.92	0.71
8	Expression	-0.71	0.48
9	Conflict	16.42	-3.80
10	Cohesion	2.65	1.64
11	Expression	0.04	0.85
12	Conflict	-0.15	0.76

Table 4. Results of the confirmatory factor analyses and reliabilities

Models	N	Internal consistency α (AVE)			Confirmatory factor analysis									
		Coh.	Exp.	Conf.	CFI	AGFI	GFI	TLI	NFI	RMSEA	SRMR	Chi ²	Df	Chi ² /Df
Whole sample	1657	0.68 (0.39)	0.53 (0.31)	0.70 (0.45)	0,922	0,928	0,958	0,890	0,915	0,078	0,047	350,731	32	10,96034
Gender														
Women	547	0.67 (0.38)	0.63 (0.38)	0.73 (0.44)	0,934	0,922	0,955	0,908	0,915	0,074	0,047	126,873	32	3,964781
Men	1110	0.68 (0.39)	0.46 (0.28)	0.68 (0.43)	0,916	0,923	0,955	0,881	0,905	0,079	0,050	253,068	32	7,908375
Living condition														
Living alone	331	0.74 (0.50)	0.62 (0.44)	0.65 (0.38)	0,913	0,881	0,931	0,877	0,887	0,092	0,058	122,4	32	3,825
With at least one relative	1260	0.65 (0.33)	0.48 (0.27)	0.72 (0.47)	0,928	0,938	0,964	0,899	0,918	0,071	0,044	234,528	32	7,329
Age (years)														
≤ 50	231	0.67 (0.38)	0.60 (0.39)	0.75 (0.53)	0,881	0,860	0,918	0,832	0,841	0,100	0,073	105,859	32	3,308094
51 - 65	485	0.70 (0.42)	0.54 (0.32)	0.70 (0.45)	0,941	0,926	0,957	0,917	0,917	0,068	0,048	103,295	32	3,227969
66 - 80	781	0.67 (0.38)	0.47 (0.29)	0.68 (0.42)	0,904	0,908	0,947	0,865	0,890	0,086	0,054	217,079	32	6,783719
> 80	160	0.64 (0.35)	0.50 (0.33)	0.65 (0.37)	0,915	0,871	0,925	0,881	0,851	0,081	0,065	65,243	32	2,038844
Education level (years)														
≤ 9	422	0.63 (0.33)	0.40 (0.24)	0.60 (0.33)	0,881	0,895	0,939	0,832	0,852	0,089	0,060	138,192	32	4,31850
10-12	684	0.70 (0.38)	0.56 (0.32)	0.69 (0.43)	0,919	0,919	0,953	0,886	0,903	0,079	0,047	168,224	32	5,25700
> 12	520	0.70 (0.44)	0.57 (0.39)	0.78 (0.57)	0,930	0,907	0,946	0,901	0,912	0,083	0,060	146,998	32	4,593688
Diabetes														
Yes	621	0.70 (0.41)	0.46 (0.28)	0.63 (0.37)	0,924	0,918	0,952	0,893	0,905	0,076	0,051	147,56	32	4,61125
No	1031	0.67 (0.37)	0.57 (0.35)	0.74 (0.51)	0,923	0,924	0,956	0,891	0,912	0,079	0,050	235,868	32	7,370875

CKD stage

Stages 2/3	958	0.68 (0.39)	0.50 (0.29)	0.73 (0.47)	0,917	0,923	0,955	0,884	0,906	0,079	0,048	225,308	32	7,040875
Stages 4/5	699	0.68 (0.39)	0.57 (0.35)	0.67 (0.42)	0,927	0,921	0,954	0,897	0,911	0,076	0,050	159,613	32	4,987906

Table 5. Model comparisons

Gender									
	Df	AIC	BIC	Chi-square	Δ Chi-square	Δ Df	p	Δ CFI	Δ RMSEA
Configural invariance	64	35629	35986	379.94					
Metric invariance	71	35625	35944	390.26	10.322	7		0.001	0.004
Scalar invariance	78	35636	35918	415.82	25.556	7	***	0.005	0.001
Strict invariance	81	35646	35911	431.08	15.265	3	**	0.003	0.000
Living condition									
	Df	AIC	BIC	Chi-square	Δ Chi-square	Δ Df	p	Δ CFI	Δ RMSEA
Configural invariance	96	34302	34835	408.51					
Metric invariance	110	34298	34756	432.62	24.112	14	*	0.003	0.004
Scalar invariance	124	34307	34689	469.00	36.373	14	***	0.006	0.002
Strict invariance	130	34352	34702	526.58	57.584	6	***	0.013	0.003
Age									
	Df	AIC	BIC	Chi-square	Δ Chi-square	Δ Df	p	Δ CFI	Δ RMSEA
Configural invariance	128	35664	36378	491.48					
Metric invariance	149	35644	36245	513.97	22.493	21		0.000	0.006
Scalar invariance	170	35636	36123	547.29	33.318	21	*	0.003	0.004
Strict invariance	179	35665	36104	595.01	47.726	9	***	0.009	0.002
Education level									
	Df	AIC	BIC	Chi-square	Δ Chi-square	Δ Df	p	Δ CFI	Δ RMSEA
Configural invariance	96	34881	35415	453.41					
Metric invariance	110	34869	35328	469.83	16.413	14		0.001	0.005
Scalar invariance	124	34899	35282	528.17	58.344	14	***	0.011	0.000
Strict invariance	130	34908	35259	548.87	20.694	6	**	0.003	0.000
Diabetes									
	Df	AIC	BIC	Chi-square	Δ Chi-square	Δ Df	p	Δ CFI	Δ RMSEA
Configural invariance	64	35505	35862	383.43					
Metric invariance	71	35507	35826	398.69	15.2671	7	*	0.002	0.003
Scalar invariance	78	35515	35796	421.19	22.4951	7	**	0.004	0.002
Strict invariance	81	35511	35777	423.45	2.26160	3		0.000	0.001
CKD stage									

	Df	AIC	BIC	Chi-square	Δ Chi-square	Δ Df	p	Δ CFI	Δ RMSEA
Configural invariance	64	35704	36061	384.92					
Metric invariance	71	35694	36013	388.42	3.4986	7	-	0.001	0.004
Scalar invariance	78	35692	35793	400.27	11.8561	7	-	0.001	0.003
Strict invariance	81	35690	35955	404.32	4.04980	3	-	0.000	0.001
