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Why Do Some Bikers Wear a Helmet and Others Don't? Evidence from Delhi, India

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Why do some bikers wear a helmet and others don't? Evidence from Delhi, India[∗]

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Abstract

In many domains risky health behavior is still only poorly understood. Analysis is often plagued by incomplete data and a general lack of information. In this study, we try to understand the determinants of helmet use among motorcyclists in Delhi, a context in which road safety is very low. We use a very detailed data set collected especially for the purpose of the study. To guide our empirical analysis, we rely on a simple model in which drivers decide on their speed and helmet use. The empirical findings suggest that risk averse individuals are more likely to wear a helmet. We do not find any systematic effect of risk aversion on speed. Both findings are coherent with our theoretical model. Helmet use also increases with education. Drivers who show a higher awareness of road risks, because for instance, they are better informed about Delhi's actual road traffic accident fatality and injury rates, are both more likely to wear a helmet and to speed less. In turn, those drivers who show a high level of unawareness take the highest risks. Controlling for risk awareness, we observe that drivers tend to compensate between speed and helmet use. The most obvious solution to India's road safety problem and the related high social costs that result from it is to enforce the helmet law and speed limits. An alternative strategy, and probably more feasible in the current context, is to design interventions which raise awareness of road risks. Improvements to the road infrastructure are also a possible solution but these measures bear the risk that drivers will react to the improved road safety by either increasing speed or lowering helmet use.

JEL Classification: D10, I10, I15.

Key words: Road safety, helmet use, risky health behavior, self-protection, self-insurance, India.

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1 Introduction

Nearly 3,500 people die on the world's roads every day. 90% of these fatalities occur in developing countries (WHO, 2009). In 2020, road traffic injuries are expected to be ranked third in the global burden of disease (Lopez et al., 2006). Despite these numbers and the related tremendous costs, road mortality is still a neglected public health issue in many low and middle income countries. In India for instance, these costs are estimated at around 3% of GDP (Mohan, 2002). In many developing countries, the share of two-wheeled vehicles largely dominates the vehicle fleet. In India this share is around 70%. Not surprisingly motorcyclists constitute a large share of all road traffic accident injuries and fatalities; in Delhi for instance more than 30%. Injuries to the head and the neck are the main cause of death, indeed 60% of All India Institute of Medical Sciences' (AIIMS) admissions — one of the biggest trauma centers in Delhi — are road related head injuries. Medical science stresses the efficiency of helmets in reducing the road related mortality and morbidity. Mandatory helmet use is thus one important policy that governments are recommended to implement in order to reduce road-related fatalities (WHO, 2004, 2006). Despite the formal introduction of such laws in most countries of the world (WHO, 2009), enforcement is often very weak. Moreover motorcyclists are often not aware of the protection that a helmet can provide.

India has had a helmet law since 1988. This national law should be implemented at the State level yet is hardly enforced. A major complication comes from the fact that the Sikh community successfully lobbied against this law as their religion requires a turban or at least no other headpiece. Since the exception also applies to Sikh women, and hence it is difficult to distinguish Sikh from other women, the law is somewhat 'optional' for all Indian women. In Delhi less than 25% of all women wear a helmet when sitting on a motorbike.¹ For men the share of helmet wearers is significantly higher, but is still far from full coverage. Understanding this heterogeneity, i.e. why some drivers and passengers wear a helmet and others not, is key to design effective interventions to increase helmet use. This is the topic of this paper.2

Helmet use might be linked to risk aversion, the awareness of road-related risks, income, and as seen above, culture and traditions. Moreover, motorcyclists have various options to protect themselves or to seek insurance. Speed is obviously a second very important decision parameter, although it is a priori fixed for passengers. To investigate the determinants of helmet use, we first structure this problem theoretically. Relying on the literature of self-insurance and self-protection, we develop a simple model that can be used for comparative static analysis. Based on this analysis we derive hypotheses which we test empirically using a unique data set covering more than 850 motorcyclists and passengers in Delhi.

The remainder of the paper is organized as follows. In section 2 we briefly review the related literature, highlight the existing knowledge gaps and elaborate on the paper's contribution. Section 3 presents the theoretical framework and derives from it testable predictions regarding helmet use and speed. Section 4 introduces the data set. Section 5 shows how we operationalize the empirical tests. Section 6 presents the empirical analysis and discusses the results. Section 7 concludes.

2 Related literature

In this review we focus on studies, both theoretical and empirical, that consider the determinants of safety behavior adopted by road users. We first present the theoretical literature looking at the role of risk aversion on individual investment in different accident prevention activities. Then, we briefly review the existing empirical evidence on risk compensating effects.

Both Peltzman (1975) and Blomquist (1986) modeled the driver's behavior and derived insightful predictions for risk neutral agents. They focused in particular on risk compensation effects, i.e.

¹Figures derived from a household survey implemented by the authors in New Delhi during the summer of 2011. See below.

²This paper builds on Grimm and Treibich (2013) in which we study the determinants of road traffic accident fatalities across Indian states over time.

behavioral responses to exogenous variations in risk. Others enriched such models with explicit consideration of the risk preferences of agents in their behavioral response. Ehrlich and Becker (1972) distinguished two types of activities: self-insurance and self-protection. While the former activity reduces the severity of a loss, the latter decreases the probability that the loss occurs. Dionne and Eeckhoudt (1985) and Bryis and Schlesinger (1990) examined theoretically the impact of increased risk aversion on the optimal levels of self-insurance and self-protection. The authors first considered a risk averse individual and derived the level of prevention efforts which maximize that individual's utility. They then analyzed how variations in the level of risk aversion (Pratt, 1964) affects investments in both self-insurance and self-protection. They found that the level of self-insurance monotonically increases with risk aversion, although the effect of risk aversion is ambiguous regarding self-protection. In other words, a more risk averse individual will always invest more in self-insurance but it is possible that she chooses a lower level of self-protection. Indeed, self-protection reduces the occurrence of a loss but does not reduce the loss in case the bad state occurs. Rather to the contrary, in addition to the loss, wealth is reduced by the increased cost of self protection, thus leading to an even worse outcome if the bad state occurs. Hence, a higher level of self-protection might be considered as more, not less risky and may explain why a more risk averse individual might decide to invest less in such an activity. Finally, when combining both activities and investigating the influence of risk aversion on a self-insurance-cum-protection activity, Lee (1998) showed that, if the marginal loss reduction in the bad state out-weights the marginal increase in the cost of the combined activity, a more risk averse individual will invest more in the prevention activity.

Road safety behaviors, in particular helmet adoption and velocity, are in fact good examples of self-insurance and self-protection activities. Hence, we base our theoretical framework on this literature. To our knowledge, the literature has so far only considered one behavior at a time (or a combination of both). We extend this basic model by looking at the two activities simultaneously. Indeed, a motorcyclist can act on the probability of an accident occurring by varying speed and on the severity of injuries in the case of an accident occurring by using or not a helmet. Hence, in this paper we take this aspect into account and investigate theoretically the influence of risk aversion on self-insurance behavior and self-protection behavior simultaneously. Additionally, we derive and empirically test predictions regarding the investment in self-insurance following exogenous and endogenous changes in the probability of a road traffic accident. Due to the lack of appropriate data, so far, to our knowledge, no study has been able to link risk aversion and road safety behavior at the individual level.

However, empirical research has studied the efficiency of mandatory laws (compulsory helmet and seat-belt use legislation) and the impact of changes in the safety environment (e.g. the quality of vehicles and roads). Liu et al. (2008) for example reviewed 53 observational studies that investigate the efficiency of helmets. They found that on average the use of standardized helmets reduces the risk of death and serious injuries by 40% and 70% respectively. These results are strong arguments in favor of the implementation of helmet laws and many governments all over the world have legislated in this direction. Goldstein (1996) stressed however that there is a 'head-neck injury trade-off'3 which implies potential losses which are not compensated by other forms of self-insurance expenditures, such as driving lessons or protective clothes. The literature also stresses the potential adverse behavioral responses following the implementation of such laws.

In fact Peltzman (1975) and Wilde (1982) first introduced the idea that there could be a risk compensation effect which respectively lowers or even annihilates (risk homostasis) the increase in safety. Such reactions may arise if individuals target a fixed level of risk and therefore prefer taking more risks when their environment improves rather than benefiting from the higher level of safety. Some studies empirically tested whether such effects indeed exist. However, these studies typically rely on highly aggregated data and hence potentially suffer from severe omitted variable bias. They consider, for instance, the change in road traffic accident fatality rates at the regional level following the introduction of a new regulation or a technological innovation. Chirinko and Harper Jr. (1993), for example, investigated the effect of improved car safety (measured through

³I.e. given the weight of a helmet, the use of a helmet increases the risk of neck injuries.

an index of safety regulations in relation to improved car safety for occupants since 1966) and of the introduction of the speed limit of 55 mph in the US. Their econometric estimates revealed that the offsetting behavior is quantitatively important and attenuates the effects of safety regulations on occupant fatalities. Using a modified expected theory model, the authors showed that the impact of regulatory policies depends on a mix of protection (direct effect of the regulation), substitution (offsetting behavior) and cognition elements. Based on Virginia State Police accident reports of 1993, Peterson et al. (1995) also showed that air-bag-equipped cars tend to be driven more aggressively, thus offsetting the effect of the air-bag for drivers and increasing the risk of death for others. However, other studies did not find any evidence of such risk-compensating effects (Lund and Zador, 1984; Lund and O'Neill, 1986).

To circumvent problems inherent in the use of aggregate data, Sobel and Nesbit (2007) used micro-level data from NASCAR (National Association for Stock Car Auto Racing) races. Their setting allowed them to control for problems of enforcement, weather conditions and variation in automobile safety devices. According to their results, NASCAR drivers drive more recklessly in response to an increase in car safety. However, total injuries still fall since the side effect is not large enough to completely offset the direct impact of increased vehicle safety. Obviously, the external validity of this study might be low, as NASCAR drivers might not be very representative of drivers in general. Stetzer and Hofmann (1996) in turn conducted two laboratory experiments to investigate the individual's behavioral response and the perceived risk associated with various driving situations. They found a negative correlation indicating some risk compensation following an increase in environmental safety but this was not large enough to return to the initial level of risk. Another interesting study, based on a randomized controlled trial, comes from Messiah et al. (2012). They analyzed motorcyclists' chosen speed following helmet adoption in Bordeaux. Reverse causality between speed and helmet use is unlikely to bias their estimations as only non-helmet users at baseline were selected into the program. Risk compensation was observed exclusively among men and was of moderate size. Therefore the feedback effect did not offset the benefits of helmet use.

McCarthy and Talley (1999) also provided evidence on risk compensating behaviors. They relied on data from recreational boating. They empirically tested whether an operator's past experience and formal training induces or reduces safety related behaviors. Moreover they investigated the influence of the operator's characteristics and the environmental factors on the attitude adopted by the boat passengers. The authors highlighted that an individual can adjust to risk changes using various strategies. In their study, they focused on two of them: the use of personal floatation devices and alcohol consumption. Formal training is found to be positively correlated with an operator's safety attitude. Passengers seemed to adapt their behavior to their perception of the operator's safety level. Indeed, an operator's boating experience was negatively correlated with floatation device utilization and positively correlated with alcohol consumption by passengers. The authors stressed the implication for motor vehicle travel. In particular, they pointed out that, since the opening of the debate by Peltzman (1975), little work has been done to identify alternative margins that individuals use to adjust their safety behavior. Again, we attempt to fill this gap by looking at a set of road safety conducts, that is helmet adoption and speed level. Similarly to McCarthy and Talley (1999), we consider drivers and passengers separately.

More precisely, we intend to contribute to the above literature with respect to two dimensions: (i) the influence of risk aversion on prevention activities and (ii) the existence of risk compensating effects. Regarding the first aspect, we derive theoretical predictions regarding the role of risk aversion on a set of different types of prevention efforts. Moreover, thanks to an original dataset of motorcyclists in Delhi, we are able to test these assumptions empirically. In particular, we focus on the drivers' simultaneous decision-making with respect to self-protection and self-insurance and how risk preferences affect this trade-off. With respect to the second dimension, we look at the existence of risk compensating effects. An interesting feature of our data is that we also observe passengers. For passengers speed can be interpreted as exogenously determined since it is the driver who decides on speed. We are thus able to investigate the relation between passenger safety effort and her environment (quality of roads, motorbike, driver characteristics). As for the driver, we can examine the relationship between alternative dimensions of safety behaviors and whether

they are complements or substitutes.

3 Theoretical framework

Inspired by the theoretical models presented in Dionne and Eeckhoudt (1985) as well as Bryis and Schlesinger (1990), we investigate the individual decision to invest in self-insurance and selfprotection activities using a relatively simple expected utility model. As in Ehrlich and Becker (1972), self-insurance refers to any activity that reduces the loss if an accident occurs, while self-protection refers to any activity that reduces the probability of experiencing an accident.

In our theoretical framework we address three questions: (i) How does individual risk aversion influence the investment in insurance and protection? (ii) How do motorcyclists respond to exogenous changes in risk and safety? (iii) Are protection and insurance complements or substitutes for one another?

We consider two road related attitudes: helmet use and speed. Helmet use can be seen as a self-insurance activity given that a helmet reduces the severity of an injury if an accident occurs (Liu et al., 2008). For simplicity, lowering speed is assumed to be a self-protection activity.⁴ While we assume that the drivers of a motorbike choose both helmet use and speed, we assumed that passengers only make a decision on helmet use, and take speed as given. We examine these two types of road users in turn. We start with the case of passengers.

3.1 Passengers

Consider a risk averse passenger with wealth W. With a probability p , she is involved in a road accident and with probability $(1 - p)$ she is not. If an accident occurs, she faces a loss I; however, she can invest in the self-insurance activity to reduce the size of the potential loss. This decision includes whether to use a helmet, the type of helmet and whether for instance the strap is closed. However, helmet use comes at a cost in the form of discomfort. Let h denote the level of self-insurance. $I(h)$ represents the effect of a helmet on the severity of an injury, which is obviously assumed to decrease with the chosen level of self-insurance, $I'(h) < 0$. Discomfort, $c(h)$, is assumed to increase monotonically with h. Preferences, $U(\cdot)$, are assumed to be of the von Neumann-Morgenstern type, where $U' > 0$ and $U'' < 0$.

The individual's expected utility can be written as:

$$
EU = p \cdot U[W - c(h) - I(h)] + (1 - p) \cdot U[W - c(h)] \tag{1}
$$

The first order condition for maximizing (1) with respect to h is:

$$
\frac{\partial EU}{\partial h} = -p \cdot [c'(h) + I'(h)] \cdot U'(B) - (1 - p) \cdot c'(h) \cdot U'(G) = 0,\tag{2}
$$

where $G = W - c(h)$ and $B = W - c(h) - I(h)$.

Note that in order to have an interior solution, we must have $[c'(h) + I'(h)] < 0$, i.e. the magnitude of the potential marginal benefit, $-I'(h)$, must be at least as high as the marginal cost following the increase in $h, c'(h)$. Indeed, the passenger will certainly not choose a helmet-use level for which the perceived marginal discomfort exceeds the marginal benefit. Given the concavity of the utility function, the second-order condition for the maximization problem can be easily derived.

⁴We acknowledge that it could also be assumed that speed is rather a self insurance-cum-protection activity, since speed may impact on both the frequency and severity of road accidents. Nevertheless, to ease the resolution of the system of equations we opt for this simplification.

3.1.1 Risk aversion

Let h_U denote the optimal level of insurance for the individual with utility function U defined above. Let us now consider a second, more risk averse, passenger with a utility function V which exhibits higher risk aversion than U, i.e. $V(\cdot)$ is a concave increasing transformation of $U(\cdot)$, hence $V(\cdot) = g[U(\cdot)], \text{ with } g' > 0, \text{ and } g'' < 0 \text{ (Pratt, 1964)}.$

Assuming the same wealth prospect and choice set as (2) but taking into account the preferences of the more risk averse individual, we obtain:

$$
\frac{\partial EV}{\partial h} = -p \cdot [c'(h) + I'(h)] \cdot g'(U(B)) \cdot U'(B) - (1 - p) \cdot c'(h) \cdot g'(U(G)) \cdot U'(G) \tag{3}
$$

To see whether a more risk averse individual invests more in self-insurance, we need to evaluate $\frac{\partial EV}{\partial h}$ at $h = h_U$. Since, g'' < 0, we have $g'(U(B)) > g'(U(G))$. Therefore, when computing $\frac{\partial EV}{\partial h}$ at the optimal point h_U (for which we have $\frac{\partial EU}{\partial h} = 0$) we obtain $\frac{\partial EV}{\partial h}|_{h=h_U} > 0$. In other words, a more risk averse individual will invest more in self-insurance, i.e. helmet use.

3.1.2 Risk compensating effect

We consider again the individual with utility function U and explore an increase in the probability that an accident occurs from p to q, where $q > p$. Substituting q in Equation (2), we obtain:

$$
\frac{\partial EU(q)}{\partial h} = -q \cdot [c'(h) + I'(h)] \cdot U'(B) - (1-q) \cdot c'(h) \cdot U'(G). \tag{4}
$$

To see whether the passenger invests more in self-insurance following an exogenous increase in the probability that an accident will occur, we need to evaluate $\frac{\partial EU(q)}{\partial h}$ at $h = h_U$. Since $q > p$ and $-[c'(h) + I'(h)] > 0$ (the condition for an interior solution), we have $-q \cdot [c'(h) + I'(h)] > 0$ $-p \cdot [c'(h) + I'(h)]$ and $(1-q) \cdot c'(h) < (1-p) \cdot c'(h)$. Thus, when computing $\frac{\partial EU(q)}{\partial h}$ at the optimal point h_U , we obtain $\frac{\partial EU(q)}{\partial h}|_{h=h_U} > 0$, i.e. when the probability that an accident will occur increases, the passenger will invest more in self-insurance and hence compensate at least partially for the increased risk. In turn, if safety increases exogenously, passengers are thought to invest less. In the literature, this effect is called "Peltzman-effect" (Peltzman, 1975).

3.2 Drivers

Now we turn to drivers. Unlike passengers, drivers are assumed to invest simultaneously in self-insurance (helmet use) and in self-protection (speed). In addition to the investment in selfinsurance, which allows a decrease in the level loss should an accident take place, $I'(h) < 0$ for a marginal cost $c'(h)$, the driver can decide to invest in self-protection by lowering speed. The probability that an accident will occur, $p(s)$, increases with speed, $p'(s) > 0$. The time spent on the road $t(s)$ in turn decreases with speed, i.e. $t'(s) < 0$ and thus leaves the driver with a higher level of wealth. As for passengers, we assume that drivers are risk averse and have an increasing concave utility function U.

In this case the expected utility is given as:

$$
EU = p(s) \cdot U[W - t(s) - c(h) - I(h)] + (1 - p(s)) \cdot U[W - t(s) - c(h)] \tag{5}
$$

The first order conditions for maximizing (5) with respect to h and s are:

$$
\frac{\partial EU}{\partial h} = -p(s) \cdot [c'(h) + I'(h)] \cdot U'(B) - (1 - p(s)) \cdot c'(h) \cdot U'(G) = 0 \tag{6}
$$

$$
\frac{\partial EU}{\partial s} = p'(s) \cdot [U(B) - U(G)] - t'(s) \cdot [p(s) \cdot U'(B) + (1 - p(s)) \cdot U'(G)] = 0 \tag{7}
$$

3.2.1 Risk aversion

Again we consider the case of two individuals with different degrees of risk-aversion, U and V .

$$
\frac{\partial EV}{\partial h} = -p(s) \cdot [c'(h) + I'(h)] \cdot g'(U(B)) \cdot U'(B) - (1 - p(s)) \cdot c'(h) \cdot g'(U(G)) \cdot U'(G) \tag{8}
$$

$$
\frac{\partial EV}{\partial s} = p'(s) \cdot \left[g(U(B)) - g(U(G))\right] - t'(s) \cdot \left[p(s) \cdot g'(U(B)) \cdot U'(B) + (1 - p(s)) \cdot g'(U(G)) \cdot U'(G)\right] \tag{9}
$$

To see whether the more risk averse driver invests more in self-insurance and self-protection, we need to compute the sign of Equations (8) and (9) at $h = h_U$ and $s = s_U$ respectively. Doing this, shows that in such a framework a more risk averse individual will invest more in self-insurance, while the effect on self-protection is ambiguous. It may increase or decrease. This is in line with the literature, which suggests that no clear conclusion can be derived on how risk aversion affects self-protection (Dionne and Eeckhoudt, 1985; Bryis and Schlesinger, 1990).

3.2.2 Risk compensating effect

Again, we investigate the case of an individual with the utility function U and investigate the influence of a change in the probability of an accident on helmet use by drivers. Such variation may be exogenous (as in the case with passengers) or endogenous. An exogenous increase in the probability of accident may occur following the deterioration of road quality, increased traffic density or adverse weather conditions. Obviously, just as passengers do, drivers will invest more in self-insurance following an exogenous rise in the probability that an accident will occur. In the case of drivers, it is important to note that any change in speed also has wealth effects, as the travel time is altered. The marginal change in helmet use following a marginal change in speed is given by the following cross-derivative:

$$
\frac{\partial^2 EU}{\partial h \partial s} = p'(s) \cdot \left(-[c'(h) + I'(h)] \cdot U'(B) + c'(h) \cdot U'(G) \right) +
$$

$$
t'(s) \cdot (p(s) \cdot [c'(h) + I'(h)] \cdot U''(B) + (1 - p(s)) \cdot c'(h) \cdot U''(G))
$$
 (10)

Using Equation (6), we obtain the following two equalities:

$$
\begin{cases}\n-[c'(h) + I'(h)] \cdot U'(B) = \frac{(1 - p(s))}{p(s)} \cdot c'(h) \cdot U'(G) \\
p(s) \cdot [c'(h) + I'(h)] = -(1 - p(s)) \cdot c'(h) \cdot \frac{U'(G)}{U'(B)}\n\end{cases}
$$

Replacing these two equalities in Equation (10) allows us to derive the sign of the cross derivative at the optimal point h_{U} :

$$
\frac{\partial^2 EU}{\partial h \partial s}|_{h=h_U} = \frac{p'(s)}{p(s)} \cdot c'(h) \cdot U'(G) + t'(s) \cdot (1-p(s)) \cdot c'(h) \cdot [U''(G) - \frac{U'(G)}{U'(B)} \cdot U''(B)] \tag{11}
$$

Assuming a constant relative risk aversion rate $\left(-\frac{U''(G)}{U'(G)}\right)$ $\frac{U''(G)}{U'(G)} = -\frac{U''(B)}{U'(B)}$ $\frac{\partial^2 (B)}{\partial U'(B)} = r$, we find that $\frac{\partial^2 EU}{\partial h \partial s}|_{h=h_U} > 0$. Therefore, when a driver increases speed, she will also always increase helmet use. In other words, for risk averse individuals, helmet use and higher speed are complements, and hence self-insurance and self-protection activities are substitutes.

3.2.3 Awareness

There are different options to model awareness in our framework. The most obvious way is to assume that increased awareness implies that the expected probability of an accident at any speed and the expected gain of helmet use should an accident occur come closer to their actual levels.

Case $#1$: Raising the expected probability that an accident will occur at any speed level

We denote the initial probability p and the probability after awareness has risen q_A , i.e. $q_A > p$. Hence, we substitute in Equations (6) and (7) p by q_A and obtain:

$$
\frac{\partial EU_1}{\partial h} = -q_A(s) \cdot [c'(h) + I'(h)] \cdot U'(B) - (1 - q_A(s)) \cdot c'(h) \cdot U'(G) \tag{12}
$$

$$
\frac{\partial EU_1}{\partial s} = q'_A(s) \cdot [U(B) - U(G)] - t'(s) \cdot [q_A(s) \cdot U'(B) + (1 - q_A(s)) \cdot U'(G)] \tag{13}
$$

In this case, the weight that is associated with the net marginal gain of using a helmet and being involved in an accident increases $(q_A > p)$ while the one associated with the marginal cost of wearing a helmet in the good state decreases $((1 - q_A) < (1 - p))$. Hence, a driver with a higher (less downward biased) awareness level invests more in helmet use.

Regarding the chosen speed level, as was the case with the decision on helmet usage, the weight associated with the marginal utility derived in the bad state increases while the one associated with the marginal utility derived in the good state decreases. This leads to an increase in the expected marginal gain of higher speed in terms of traveling time. Therefore the effect of increased awareness on speed depends on whether the utility loss induced by a marginal change in the probability that an accident will occur reinforces or compensates the first effect. If a more aware driver thinks that a marginal increase in speed modifies less the probability of being involved in an accident $q'_A < p'$, she will invest less in self-protection and travel at a higher speed than a less aware individual. Indeed, in that case the loss in utility and the expected gain in traveling time reinforce one another and $\frac{\partial EU_1}{\partial s}|s=s_U>0.$

Case $#2$: Raising the expected loss if an accident occurs for any level of helmet use Now we denote the initial expected loss $I(h)$ and the expected loss after awareness has increased $I_A(h)$, i.e., $I_A(h) > I(h)$ and hence $B_A < B$, $U(B_A) < U(B)$, $U'(B_A) > U'(B)$. We substitute again in Equations (6) and (7) and obtain:

$$
\frac{\partial EU_2}{\partial h} = -p(s) \cdot [c'(h) + I'(h)] \cdot U'(B_A) - (1 - p(s)) \cdot c'(h) \cdot U'(G) \tag{14}
$$

$$
\frac{\partial EU_2}{\partial s} = p'(s) \cdot [U(B_A) - U(G)] - t'(s) \cdot [p(s) \cdot U'(B_A) + (1 - p(s)) \cdot U'(G)] \tag{15}
$$

In this case, the level of wealth in the bad state is reduced $(B_A < B)$ because of the increased severity of injuries. Therefore, given the concavity of the utility function, a marginal increase of consumption at B_A is higher than at point B. If Equation (14) is evaluated at the optimal point $h = h_U$, we obtain $\frac{\partial EU_2}{\partial h}|h = h_U > 0$, i.e. a higher expected loss induces a higher level of helmet use.

Regarding the chosen level of speed, the higher expected level of injuries implies a larger loss in terms of wealth leading to both a greater difference in utilities between the two states of the world $(U(G) - U(B_A) > U(G) - U(B))$ and a higher marginal utility in the bad state $(U'(B_A) > U'(B))$. Given the former, a marginal increase in speed increases the loss. Moreover, the marginal increase in speed also raises the level of gain in terms of traveling time due to the latter effect. Hence, again, the effect of an increase in the expected level of injuries on speed is ambiguous. Note that in this case the utility of helmet use remains the same, i.e. $I'(h)$ is constant.

4 Data

4.1 General presentation

The main predictions derived from the theoretical model can be tested empirically thanks to a representative household survey we conducted in Delhi during the months July to September 2011. The aim of the survey was to collect information from motorcyclists and pillion passengers regarding their behavior when using the motorbike including helmet use and speed level, their degree of risk aversion and risk awareness. In addition the survey collected socio-demographic and economic characteristics, information on insurance coverage as well as characteristics of the motorbike in use. To ensure representativeness in the survey with respect to Delhi's population, the following sampling design was applied: (i) Delhi was divided into five zones, (ii) in each zone, ten polling booths were randomly drawn, (iii) the location of these polling booths were taken as starting points from which every fifth household was selected for an interview. Around each polling booth, 30 households were interviewed. In total 1,502 households were surveyed. In 545 households at least one member had used a motorbike in the past four weeks. These households were given a long questionnaire. All other households only received a short questionnaire. Up to three users per household, either drivers or passengers, were interviewed. 212 selected individuals refused to answer to the questionnaire, leading to a final sample of 902 motorcyclists which corresponds to a response rate of 81% among the households with a long questionnaire. Given that road usage behavior, helmet use and speed, vary a lot with the distance of a trip, the type of roads used and traffic density, for each user we collected information for up to three different types of trips: trips in the neighbourhood, short distance trips (partly outside the neighborhood) and long distance trips. Hence, in the empirical analysis we exploit the variation across different types of trips using single trips as the unit of analysis and clustering standard errors at the individual level.

[insert Table 1 here]

Table 1 shows some basic descriptive statistics of our sample, separated by drivers and passengers. The average age is 35 years for drivers and 38 years for passengers. Almost all drivers are men, passengers are predominantly female (75%). Drivers are typically married and are the main bread winners in their household. Among passengers 69% reported to be married. 22% of them contribute to total household income. The education level is relatively high. Almost 50% of all drivers completed middle or high school and 44% have some university education. The education level of passengers is significantly lower, partly reflecting the gender gap in education. The religious composition is similar among drivers and passengers and shows that more than 80% of respondents are Hindus. Muslims and Sikhs represent respectively around 10% and 3% of the sample. 66% of all drivers report to pray daily. Among passengers this share is, at 79%, a bit higher. Moreover, 88% of all respondents believe that their fate is in god's hands. Finally, less than 15% of respondents have health insurance.

Before we discuss the specification of our empirical tests, we present three sets of variables in more detail, since they are key in the empirical analysis: (i) helmet use and speed, (ii) measures of risk aversion and (iii) measures of risk awareness and perceptions, insurance coverage, motorbike characteristics and other behavioral patterns beyond helmet use and speed.

4.2 Helmet use and speed

Respondents were asked whether they own a helmet and whether they use their helmet for trips in the neighbourhood and for trips on main roads either for short or long distances. We allowed for three answers in every case: "never", "in most cases" and "always". We asked further questions regarding the characteristics of the helmet and its condition. The corresponding descriptive statistics are shown in Table 2, separately for male drivers, passengers (male and female) and all respondents together.

[insert Table 2 here]

While among drivers 93% own a helmet, among passengers this share is only around 50%. Maybe surprisingly, there is hardly any difference between male and female passengers, suggesting that not gender, but the fact of being a passenger leads to this low share in helmet ownership. Passengers seem to feel a lower need for helmet use than drivers. However, as will be seen below, female passengers use helmets much less frequently than male passenger despite a similar level of ownership. Further investigations show that coming from a richer family, being the head of household, being younger, being more risk averse, owning a motorbike and using the motorbike to commute to work are all variables positively correlated with helmet ownership. Finally, and not surprisingly, individuals belonging to the Sikh community are much less likely to have a helmet.

Among drivers, 86% of all helmets in use are full face helmets. Inspections by our enumerators revealed that in general helmets are in a rather good condition. Only a quarter of all helmets showed some scratches. Only a few helmets were broken and sometimes manually fixed. Almost all helmets had a strap. Passengers, and in particular female passengers, use half-helmets, which obviously offer less protection, much more frequently than drivers.

Helmet use varies significantly across trip circumstances and the three sub-groups of interviewees. The descriptive statistics suggest that both drivers and passengers take into account whether they are traveling a short distance and use side roads or whether they are traveling a longer distance and mainly on main roads. The longer the trip and the bigger the road, the more likely it is that drivers and passengers will wear a helmet. For trips in the neighbourhood only 43% of all drivers and passengers wear a helmet. On long trips the share increases to almost 75%. However, as can be seen in Table 2, the difference between drivers and passengers is substantial at all levels. Obviously, if the costs of wearing a helmet were the same across the three groups, it would be hard to explain the differences in usage rates, since their accident probability and risk of injuries conditional on an accident occurring should not systematically differ.

The speed at which drivers and passengers travel is derived from the information on average time and distance traveled. This is more reliable than asking respondents directly. First, drivers might be reluctant to tell the truth if they notoriously exceed the official speed limit, even if it is only weakly enforced. Second, drivers may tend to report maximum rather than average speed. For drivers we find an average speed of 36 kph. For passengers the average is slightly lower. Using speed and helmet use we constructed a variable that we call hereafter the level of protection. For this purpose, we code two speed categories (below the male average (36 kph) and above) and two helmet usage categories (wearing and not wearing). This gives four possible combinations, which we rank as follows: "no protection" (no helmet and high speed), "partial protection" (either only helmet or only low speed) and "full protection" (helmet and low speed).

4.3 Measure of risk aversion

The measurement of risk aversion is a well-known challenge. Hence, we used various survey tools to measure risk aversion. The survey covered (i) self-reported risk aversion in general and in four specific domains: on the road, in finance, in sport and in health; (ii) lottery questions, (iii) specific risk aversion questions related to finance, such as the amount the respondent would invest in a highly risky business project, to what extent the respondent would gamble with her own income and the willingness to pay for lottery tickets with different gains as well as (iv) risk aversion questions related to health, for instance the willingness to take a risky drug that would in the good state allow the respondent to live in good health for the rest of her life and in the bad state lead to premature death.

After exploring these different measures and reviewing the literature, we decided to use the self-reported risk aversion measures, i.e. the respondent's answer to the question whether he or she is taking risks in general and in the four specific domains: on the road, in finance, in sport and in health.⁵ We think this choice makes sense in our case, since road accidents typically have financial

 5 This methodology is also used, for instance, in the *German Socio Economic Panel* (GSOEP). The question that was asked reads as follows: "People behave differently in different situations. On a scale from 0 (not at all prepared to take risk) to 7 (fully prepared to take risk), how would you score yourself in [this domain]?". We later rescaled the answers to a scale from one to four.

and health implications. Moreover, driving has, at least for some, features of a sport and hence it is reasonable to take into account this dimension as well. Hence we calculate the arithmetic mean of the self-rated degree of risk-taking (reported from 1 (risk seeking) to 4 (extremely risk averse)) in general and in these four domains. This variable is thus a continuous variable taking values between 1 and 4 which we call the "Risk aversion score". Our preferred choice is also in line with recent studies in this field. Ding et al. (2010), Dohmen et al. (2011) and Hardeweg et al. (2012) for instance use Chinese, German and Thai data respectively and all find experimental evidence that self-assessed risk aversion measures perform much better than risk aversion measures derived from lottery or hypothetical investment questions. Indeed while lottery choices are useful for predicting behavior regarding risky financial decisions, they appear to be uninformative for behaviors in other domains (see Wölbert and Riedl, 2013). Moreover, context specificity of risk aversion has also been shown by Barseghyan et al. (2011) and Einav et al. (2012). These two studies found that many individuals reveal different degrees of risk aversion in different life domains (such as health, disability and car insurance). 6 Finally, a further validation of our choice is shown in Table 3, reporting the correlation between the risk aversion score and three health-related risky behaviors: smoking, drinking and heavy drinking. Throughout we find a significant negative correlation, i.e. risk aversion is negatively correlated with smoking and drinking, suggesting that our preferred measure is a reasonable measure of risky behaviors with health implications.

However, since any measure of risk preferences can be subject to debate, we will make use of the richness of our data set and check the robustness of our results with respect to alternative measures, although we do not expect all measures mentioned above to give similar results as some of these measure are clearly less adapted than others to our context.

Moreover, because the literature suggests that answers to questions about risk aversion, health related behavior and safety perceptions may be subject to framing effects, i.e. answers may depend on how and by whom the questions have been asked (see Lutz and Lipps, 2010), we also include in all estimations below interviewer fixed-effects.

[insert Table 3 here]

4.4 Other road use behaviors, safety perceptions and motorbike characteristics

To get a good sense of the frequency of road usage, respondents were asked to provide the reason for the use of the motorbike. As can be seen in Table 4, 82% of drivers use the motorbike to commute to work. Among passengers this share is only about 40%. Frequency of use by different types of roads was also assessed using a qualitative scale, for instance whether they use ring roads. A quarter of all drivers usually travel with one or more passengers. 60% of the passengers state that they travel with at least two other persons on the motorbike, i.e. the driver and at least another passenger, often a child.

$[insert Table 4 here]$

Drivers were also asked to assess their own driving skills and whether they had any type of formal training, either by getting a driving license, taking at least some lessons or some type of exam. While about 91% report having a licence, only 65% took an exam and only 42% report having had driving lessons. 56% have confidence in their own driving ability (i.e. those individuals declare that they have better driving skills than others) and 74% think that they drive more carefully than the average driver, implying that many underestimate the riskiness of their own behavior. Passengers were asked whether they think their driver should drive more carefully; 64% of them confirmed.

Finally, we collected information about risk perceptions and own road accident experiences. For instance, respondents were asked to provide an estimate on the number of road deaths, road injuries

 6 van der Pol and Ruggeri (2008) even show that risk aversion may vary within domains across different situations. With respect to health their findings suggest that individuals are risk averse when immediate death is at stake, as in our case, but sometimes risk seeking with regard to other health gambles.

and the share of motorcyclists among total road accident fatalities they thought had taken place during the previous year in Delhi. Their answers were then compared to the official figures provided by the National Crime Record Bureau for the year 2010. Hence, for each respondent we could establish whether the respondent underestimated, roughly accurately estimated or overestimated road risks. Interestingly, about 50% of the respondents underestimate the incidence of road traffic accident injuries. For fatalities the share is closer to 45%. Among passengers the share of those who underestimate is slightly higher. On average, 7% of the respondents had already experienced a road traffic accident most of these involving injuries and some fatalities; drivers much more often than passengers $(9.8\% \text{ vs. } 3.8\%).$

For households that owned a motorbike, we also collected information about the motorbike such as size, age, first-hand purchase, frequency of technical checks and insurance. Some of these characteristics are shown in Table 4. Around 87% of our sample belong to a household owning a motorbike. Motorbikes are on average rather small. Only 16% have an engine displacement of more than 150 cubic centimetres. More than 80% of the respondents report having insurance for their motorbike.

5 Empirical specifications

The theoretical considerations made above imply an empirical focus on three aspects: (i) How does risk aversion affect helmet use and speed? (ii) If both can be chosen simultaneously, how are these choices correlated? (iii) How do other socio-demographic and economic characteristics as well as behaviors and perceptions influence both helmet use and speed? In our empirical analysis we propose two alternative ways of accounting for the simultaneity of the two decisions: first to combine both choices in one categorial variable (the level of protection) and second to model both choices separately, but to estimate them jointly to account for the possible correlation of the residuals.

The level of protection is coded as follows: "no protection" (no helmet and high speed, $y = 1$), "partial protection" (either only helmet or only low speed, $y = 2$) and "full protection" (helmet and low speed, $y = 3$. To explore the role of risk aversion and other factors on the chosen level of protection, we estimate an ordered logit model, which can be described as follows.

The cumulative probability C_{ij} gives the probability that the *i*th individual is in the *j*th or higher category:

$$
C_{ij} = \Pr(y_i \le j) = \sum_{cat=1}^{j} \Pr(y_i = k).
$$
 (16)

This cumulative probability can be turned into the cumulative logit:

$$
logit(C_{ij}) = log(\frac{C_{ij}}{1 - C_{ij}}).
$$

The ordered logit model represents the cumulative logit as a linear function of exogenous variables x_i :

$$
logit(C_{ij}) = a_j - x_i' \beta_p,\tag{17}
$$

where a_j indicates the logit of the odds of being equal to or less than category j for the 'baseline' group, i.e. when all x_i are zero. Hence, these intercepts, or 'cut-points', increase over j. The coefficients β_p tell us how an increase in x_i increases the log-odds of being higher than category j. It is assumed that the effect of x_i , i.e. β_p does not vary with the cut-point considered. Put differently, the marginal effect of risk aversion on the chosen protection level for instance, does not vary whether a given individual has currently no or partial protection.

Again the second approach we use consists of unpacking the level of protection, and hence considering two functions one for helmet use, h_i and one for speed, s_i , but to estimate them simultaneously. Helmet adoption is used in a binary form, i.e. the driver wears a helmet $(h = 1)$ or not $(h = 0)$ and hence we use a simple probit model. Speed is measured continuously (in kph) and we thus use a linear regression model.

$$
Probability(h_i = 1|x_i) = \theta(x_i'\beta_h + \epsilon_{hi}),
$$
\n(18)

$$
s_i = \beta_{s0} + x_i' \beta_{s1} + \epsilon_{si}.
$$
\n
$$
(19)
$$

We jointly estimate Equations (18) and (19) with full maximum likelihood, assuming that the errors, ϵ_{si} and ϵ_{hi} , follow a bivariate normal distribution, and then test the covariance of the error terms.7

Again, for passengers we assume that only helmet use is a choice, which we model with a simple probit model as described in Equation (18).

6 Empirical analysis and results

6.1 Drivers

In a first step we analyze the determinants of the chosen level of protection. In a second step, we decompose the level of protection into the two dimensions considered in the theoretical framework: helmet use and speed. We focus on the role played by risk aversion, but also try to tease out how other personal traits, alone or in conjunction with risk aversion, influence the behavior adopted on the road.

6.1.1 The chosen level of protection and the role of risk aversion

The results of the ordered logit model are shown in Table 5. We start with a model in which the only explanatory variable is risk aversion (col. (1)), then we introduce successively sociodemographic and economic characteristics (col. (2)), religion (col. (3)) and driving behavior and attitude towards road safety issues (col. (4)). Augmenting the model step-by-step allows us to see whether the estimated effects are sensitive to the inclusion and exclusion of particular control variables. As mentioned above, we also include here and in all estimations that follow interviewer fixed effects.

Risk aversion has throughout a positive effect on protection, but is statistically only significant if the full set of controls is included (col. (4)). Moreover the size of the coefficient is also sensitive to the exact sample chosen. Risk aversion is significant in column (5) which uses the same sample as column (4), but does not control for driving behavior and safety perception.⁸ Overall, the effect of risk aversion is thus in line with the prediction in the model. In quantitative terms the estimated coefficient implies that at the sample mean an increase by one standard deviation in the risk aversion score $(+0.82 \text{ or } 29\%)$ increases the probability that a driver will choose full protection by almost eight percentage points (marginal effects are shown in the appendix). If we use risk aversion in each of the four domains constituting our index, we find qualitatively the same effects. If we use all other measures such as the lottery questions and so on, we find either similar or insignificant results; only for the questions regarding risk-taking behavior in business projects does the coefficient have a significant opposite effect, but we do not consider this risk dimension as being necessarily very relevant here (results not shown in Table).

Among the socio-demographic characteristics, it is interesting to see that the number of children is positively associated with the level of protection. This may imply that drivers that feel a responsibility towards a family choose higher levels of protection. Every additional child increases the probability that the driver choses full protection by seven to eight percentage points (the effect is probably non-linear, as household size has a negative effect). Literacy is also associated with a higher level of protection. Illiterate drivers have an approximate 25 percentage point

⁷For estimation we use the STATA module 'cmp' developed by Roodman (2011), which can deal with conditional mixed process models.

⁸When we include variables that measure driving behavior and safety perceptions, we loose 116 observations due to missing information.

lower probability of adopting the full protection compared to literate drivers. The estimated income effects suggest that poorer individuals choose lower levels of protection compared to richer individuals — in particular very rich individuals. Drivers with a reported monthly household income of 25,000 INR and above (420 USD and more) have a probability that is higher by 20 to 25 percentage points of choosing full protection compared to drivers with a reported household income of less than 5,000 INR. In the middle income range, the income gradient is almost flat.

Religion also plays a role. Muslims relative to Hindus also choose lower levels of protection, although the coefficient is not significant throughout. The effects associated with the Sikh group are not significant, although we have seen above that they show significantly lower levels of helmet use. As we will see below, they also choose lower speed levels and hence the adverse effect of no helmet use on protection is mitigated. We do not find, as one could expect, that those drivers who think that their fate is in god's hands choose lower levels of protection.

Among the behavioral variables many are insignificant. There is, for example no difference between those drivers that have already experienced an accident and those who have not. We only find that drivers who never use ring roads choose higher levels of protection. As can be seen below, this has mainly to do with the lower speed chosen. The choice of the road might even be part of a safety strategy: drivers decide to avoid ring roads in order to travel at a lower speed – in this case the variable "roads used" would be endogenous. The effect associated with health insurance is also interesting. For drivers at least, we do not find any evidence of moral hazard: insured people are more likely, not less, to choose high levels of protection. Finally, as already seen in our descriptive table above, drivers tend to chose higher protection on long distance trips and lower protection on short distance trips. For a long distance trip the probability of choosing full protection compared to a short distance trip is about 15 percentage points higher.

$[insert Table 5 here]$

6.1.2 Unpacking protection: the choice of speed and helmet use

We now decompose the protection level adopted by the driver and consider the multidimensional aspect of this behavior by looking at the exact strategy a driver opts for. We thus investigate the relation between helmet use and average speed using the simultaneous equations system described above. Here again, we successively expand the list of explanatory variables. Using a longer list of variables again implies working with a slightly smaller sample. In all specifications we control for interviewer-effects.

Risk aversion is positively associated with helmet use. This effect is relatively robust. At the sample mean, a one standard deviation increase in the risk aversion measure (i.e. by 0.82 points or 29%) increases the probability of helmet use by roughly 3 percentage points. However, risk aversion does not have a significant impact on speed. This is coherent with the predictions of our theoretical model. Risk averse individuals engage in self-insurance, but the effect on self-protection is ambiguous. These results are again confirmed if we take risk-taking behavior in each domain alone. If we take the other risk-measures in our data set we find insignificant results except for one of the lottery-based measures and the measure based on the risky medicine question for which risk-aversion seems to lower the probability of helmet use (results not shown in Table). Again, we trust our self-reported risk measures more. We also obtain absolutely coherent results if, instead of the binary helmet variable, we use the frequency of helmet use (3 categories, see Table 2) or the combined helmet and strap use (5 categories, again see Table 2).

The effects of the other explanatory variables are largely in line with our findings in Table 5, where we analyzed protection. Helmet use is lower among the illiterate population, between 10 to 12 percentage points depending on the specification. Tertiary education seems to further increase the probability of helmet use, but this effect loses significance if religiousness and social status is added to the list of regressors. Sikhs are, for the reasons given above, less likely to wear a helmet (17 to 20 percentage points less likely), but they also drive on average slower (8 to 10 kph less) and thus seem to compensate their increased exposure to risk. For that group, not wearing a helmet is not necessarily the preferred choice, but rather a (religious) constraint and hence risk compensation can be a rational response. The more children a driver has the lower the chosen speed level (roughly 3 kph less per child), however, more children is not associated with a higher probability of helmet use. Income also does not correlate with helmet use conditional on all other included variables, however it plays a role for speed. The results suggest that speed first increases and then decreases with income. Drivers with a monthly household income of more than 25,000 INR drive on average 15 to 25 kph slower than drivers with a monthly household income of 10,000 to 15,000 INR. Here it is important to note that the size of the motorbike is controlled (engine displacement).

Among the variables measuring driving behavior and safety perceptions, a few effects stand out. Drivers who use their motorbike regularly to commute to work are more likely to wear a helmet (+6 percentage points). There is no effect on speed. Risk awareness seems to matter a lot. Drivers who took driving lessons are more likely to wear a helmet (+7 percentage points). Interestingly, individuals who have a driving license but did not take driving lessons are not more likely to use a helmet than those who don't have a license at all (effect not shown in Table 6). Drivers who underestimate the annual number of road traffic accident injuries are less likely to wear a helmet. More passengers on the motorbike is also associated with lower helmet use. Remarkably, drivers with health insurance are more likely to wear a helmet and to drive slower. Note that this result holds even if we control for income, education and a whole range of other characteristics, so we have little reason to believe that this effect is due to omitted variables. Hence, again, we do not find evidence for moral hazard; note that we control for income, education and so on. However, as we will show below, we find evidence that would be coherent with such behavior for passengers.

Finally, since we estimate helmet use and the choice of speed with a simultaneous equation system, it is interesting to examine the correlation between the error terms of both equations. The error terms capture those determinants that are not included in the list of regressors and of course measurement error. If we control only for risk aversion (col. (1)), the error terms are significantly negatively correlated, implying that the net effect of the unobserved or not included factors tends to increase helmet use and to lower speed, or, in turn to decrease helmet use and to increase speed. As more and more explanatory variables are included (col. (2) and col. (3)), we see that the correlation remains significantly negative and even increases in absolute size. However, if we include those variables that account for driving behavior and safety perceptions (col. (4)), we see that the correlation vanishes. This is not due to the reduced sample size, as col. (5) shows, where we re-estimate the regression on the same sample without controlling for driving behavior and safety perceptions. As discussed above, among the variables measuring driving behavior and safety perceptions, of particular significance in both equations are those that can be related to risk awareness, such as taking driving lessons, underestimating the number of annual fatalities and having an insurance. Put differently, given that we control (even if imperfectly) for risk aversion and a large set of socio-demographic and economic characteristics including religiousness, we believe that risk awareness is a major determinant that can explain whether individuals wear a helmet and drive slowly or do not wear a helmet and drive fast. Hence, whereas risk aversion motivates drivers to compensate for higher speed through a higher propensity to use a helmet, a lack of awareness comes with both, high speed and no helmet, i.e. both decisions seem to complement each other.

$[insert Table 6 here]$

6.2 Passengers

Again, for passengers we assume that they only make a choice regarding helmet use and consider speed to be determined by the driver, although there might be possibilities for the passenger to influence the driver to some extent. This is discussed in more detail below. Table 7 shows the results. We only present marginal effects (at the sample mean).

[insert Table 7 here]

Interestingly, for passengers we do not find any significant effect for risk aversion if we use our risk aversion score. However, we do find some significant positive effects when using the risky medicine question; nevertheless, for other risk aversion measures, in particular lottery questions, again the effects are negative (results not shown in Table), so no clear-cut conclusion can be drawn for passengers.

One of the most important determinants of helmet use among passengers is gender. Men are between 25 to 40 percentage points more likely to wear a helmet than women, controlling for all other socio-demographic and economic characteristics and differences in travel habits and safety perceptions. Some of the factors driving this result have already been discussed above. In practice, there is no obligation for women to wear a helmet. Moreover, women may refuse to wear a helmet because of their hair-dress. Nevertheless according to our data (cf. Table 2), 45% of all women always wear a helmet at least on long trips. On short trips this share is still at 15%. We also test whether owning a helmet makes a difference, even though this variable is of course highly endogenous. Owning a helmet increases the probability of wearing a helmet by about 30 percentage points. The gender effect is strongly reduced in the specification with helmet ownership.

Religiousness and whether a passenger believes that her life is in the hands of a superior force does not seem to explain helmet use. Although the coefficient associated with the latter variable is negative throughout, it is never statistically significant. Education and income also seem to play no role. The same is true for marital status, having children and household size. However, being of a lower caste decreases helmet use, by 8 to 15 percentage points.

Based on the predictions derived from our theoretical model, we expect a negative correlation between helmet use and exogenous improvements in the safety level (the "Peltzman-effect"). In Table 7 we do indeed see that the passenger's choice to wear a helmet is influenced by the driver's choice of speed. Helmet use increase with speed, at least if a speed below 20 kph is compared to a speed between 20 and 40 kph.

As with drivers, we again find that people who underestimate the risk of a road traffic accident wear a helmet less often (10 to 15 percentage points less likely). Surprisingly, for passengers, in contrast to drivers, we find that passengers with health insurance wear a helmet less often (12 percentage points less likely). It could be that for passengers there is some moral hazard, in a sense that passengers think better health care reduces the cost of an injury, but this is a strong hypothesis as it implies that people are willing to gamble with their life. This hypothesis would therefore need further empirical testing. Finally, we see that passengers who think their driver is speeding too much and who hence may urge their driver to pay more attention, wear a helmet less often (9 to 12 percentage points less likely). This may imply that passengers try to reduce the probability of accident involvement by influencing the driver's chosen level of speed.

7 Conclusion

Risky health behavior is in many domains still only poorly understood. The analysis is often plagued by incomplete data and a general lack of information. In this study, we try to understand the determinants of helmet use among motorcyclists and passengers in Delhi, a context in which road safety is low and helmet use is far from being the norm. We used a very detailed data set collected exactly for the purpose of that study. To guide our empirical analysis, we rely on a simple model in which drivers decide on their speed and helmet use. While a helmet provides insurance if an accident happens, speed affects the probability that an accident will occur. However, a lower speed implies time costs and helmet use comes with a level of discomfort that has to be borne by the user. Key variables in our analysis are risk aversion as well as aspects related to risk awareness.

The empirical findings suggest that risk averse individuals are more likely to wear a helmet. A one standard deviation increase in our risk aversion score (i.e. by 29%) increases the probability of using a helmet on a given trip by 3 percentage points. This is certainly not a very strong effect, but cumulated over many trips it means a substantial reduction in the risk of being seriously injured in the event of an accident. We do not find any systematic effect of risk aversion on speed.

Both results are coherent with our theoretical model. Interestingly, helmet use also increases with education: illiterate drivers are by about 10% less likely to wear a helmet than literate drivers. Tertiary education further increases helmet use. Speed decreases with the number of children at home suggesting that family responsibilities stimulate drivers to take fewer risks. Speed first increases and then decreases with income, i.e. the middle class drives the fastest. Drivers who show a higher awareness of road risks, because, for instance, they are better informed about Delhi's actual road traffic accident fatality and injury rates or have taken driving lessons, are both more likely to wear a helmet and to speed less. In turn, those drivers who show a high level of unawareness take the highest risks. Controlling for risk awareness, we observe that drivers tend to compensate between speed and helmet use: the Sikh who cannot wear a helmet because of the turban, drives, on average, slower.

For passengers, we find a similar pattern. Their probability of helmet use increases with the driver's chosen level of speed. The fact that generally passengers less often wear a helmet than drivers, and women less often than men, even controlling for helmet ownership, suggests that norms and habits also play an important role. Breaking these is one of the major challenges that needs to be overcome.

The most obvious solution to India's road safety problem and the related high social costs that result from it, is to enforce the helmet law and speed limits and hence to ignore the associated private costs such as time costs and discomfort. An alternative strategy, and probably more feasible in the current context, is to design interventions which raise awareness of road risks. In terms of our model, this means bringing the expected probability of an accident at a given speed and the expected gain of helmet use closer to its actual levels. Improvements to the road infrastructure such as separate lanes for cars and motorbikes are also a possible solution, but, as our analysis and a few other examples in the literature show, these measures bear the risk that drivers will react by increasing speed or lowering helmet use.

We end our analysis with a word of caution. In this study we work with purely observational data and hence we cannot really claim to tease out causal relationships. However, given the detail of the information we have, we think there are good reasons to believe that the risk of omitted variable bias is relatively small. Further research should try to validate some of the findings we generated through an adequate experimental design.

Appendix

 $[insert Tables A1 and A2 here]$

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Tables

$(\%)$	Drivers	Passengers
Male	97.02	25.07
Age distribution		
$15-29$ years old	38.10	28.84
$30-39$ years	25.00	27.76
$40-49$ years	20.24	22.64
$50-59$ years	11.11	11.05
60 years and above	5.56	9.70
Average (in years)	35.41	38.27
Married	81.35	69.06
Contributes to HH income	78.77	21.68
Share of the contribution		
less than 40%	33.94	82.93
between 40 and 60%	19.28	8.40
more than 60%	46.79	8.68
Education level		
illiterate	2.58	12.94
primary school	$3.57\,$	6.47
secondary school	49.40	53.64
tertiary education	44.44	26.95
Religion		
Hindu	83.13	86.52
Muslim	12.10	9.70
Sikh	3.37	2.96
other	1.39	0.81
Prays daily	65.94	79.08
Believes fate in god's hand	87.67	88.01
Has health insurance	14.89	12.43
Observations	504	371

Table 1: Socio-demographic characteristics of drivers and passengers

Notes: 27 individuals are excluded, since they declared to be both drivers and passengers.

Table 2: Helmet use and other safety behaviors by type of user and gender

Notes: a) observations with a reported speed of more than 150 kph are excluded.

Table 3: Probability of engaging in risky health behaviors, probit specification - marginal effects

	Smoking	Drinking	Drinking heavily ^a
Risk aversion score	$-0.037**$	$-0.035**$	$-0.024**$
	(0.015)	(0.015)	(0.12)
Interviewer fixed effects	yes	yes	yes
Pseudo R^2	0.247	0.199	0.262
<i>Observations</i>	783	787	774

Notes: $*$ p<0.10, $**$ p<0.05, $**$ p<0.01. Sample of all respondents.

Robust standard errors are reported in parentheses.

a) had three alcoholic beverages in a row at least once in the past two weeks.

	All		
	respondents	Drivers	Passengers
DRIVING BEHAVIORS (%)			
Road exposure			
Uses motorbike to commute $(=1)$	64.40	81.87	39.46
Never uses ring roads $(=1)$	16.53	13.36	21.97
<i>Observations</i>	835	494	$31\frac{1}{4}$
$#$ of persons on motorbike	1.95	1.43	2.66
<i>Observations</i>	869	488	354
Driving skills			
Confident in own driving ability $(=1)$		55.94	
Reports driving more carefully than others $(=1)$		74.18	
Formal training			
Has a driving license $(=1)$		91.45	
Took driving lessons $(=1)$		42.36	
Took a driving exam $(=1)$		65.44	
<i>Observations</i>		488	
Says own driver should pay more attention $(=1)$			64.29
<i>Observations</i>			266
SAFETY PERCEPTIONS (%)			
Experienced road traffic accident $(=1)$	7.15	9.80	3.80
$\,$ observations	895	500	368
Awareness			
Underest. ann. road injuries $(=1)$	53.45	50.33	56.51
Underest. ann. road deaths $(=1)$	43.43	42.48	43.29
<i>Observations</i>	769	451	$\mathcal{Q}9\mathcal{Q}$
MOTORBIKE CHARACTERISTICS (%)			
HH owns a motorbike $(=1)$	87.35	92.64	80.05
<i>Observations</i>	901	$50\sqrt{3}$	371
Size of the motorbike			
Less than 100cc	29.45	28.31	32.18
Between 100cc and 150cc	54.52	54.38	54.02
Above 150cc	16.03	17.30	13.79
<i>Observations</i>	730	445	261
Has motorbike insurance $(=1)$	81.61	81.25	82.78
Observations	745	448	273

Table 4: Driving behaviors and risk awareness

Table 6: Helmet use and speed level chosen by drivers, simultaneous equation system, coefficients

(continues next page)

Table 1. Determinative of hermet ase for passengers, proble specification, marginal encers	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Risk aversion score	-0.063 (0.040)	-0.056 (0.044)	-0.067 (0.046)	-0.019 (0.034)	-0.054 (0.040)	-0.014 (0.033)	-0.019 (0.021)	-0.057 (0.049)
Speed, ref: between 20 and 40 kph below 20 kph					$-0.114*$	$-0.093*$		
above 40 kph					(0.064) -0.063 (0.062)	(0.054) -0.042 (0.050)		
Owns a helmet $(=1)$							$0.314***$ (0.120)	
Socio-demographic characteristics Age (in years)		-0.003	-0.003	$-0.003*$		$-0.003*$	-0.002	$-0.004*$
Male $(=1)$		(0.002) $0.412***$ (0.076)	(0.002) $0.426***$ (0.075)	(0.002) $0.401***$ (0.111)		(0.002) $0.405***$ (0.110)	(0.001) $0.242**$ (0.108)	(0.002) $0.429***$ (0.082)
Married $(=1)$		0.047 (0.066)	0.051 (0.069)	0.049 (0.053)		0.045 (0.052)	0.023 (0.033)	0.071 (0.080)
Number of children		-0.009 (0.024)	0.003 (0.025)	0.008 (0.018)		0.007 (0.018)	0.007 (0.011)	0.008 (0.027)
Household head $(=1)$		-0.088 (0.085)	-0.073 (0.087)	-0.034 (0.069)		-0.051 (0.065)	-0.031 (0.040)	-0.082 (0.092)
Household size		0.013 (0.011)	0.009 (0.011)	0.003 (0.009)		0.003 (0.009)	0.000 (0.005)	0.003 (0.012)
Education, ref. Primary-secondary education Illiterate		-0.102	-0.082	-0.068		-0.057	-0.021	-0.077
Tertiary education		(0.081) -0.070	(0.084) -0.093	(0.059) -0.071		(0.059) -0.069	(0.036) -0.020	(0.089) -0.112
Household monthly income, $ref:$ less than 10,000 INR between $10,000$ and $20,000$ INR		(0.060) -0.062	(0.062) -0.057	(0.053) -0.013		(0.052) -0.011	(0.029) -0.021	(0.069) -0.021
above $20,000$ INR		(0.062) 0.059	(0.063) 0.026	(0.051) 0.001		(0.050) 0.018	(0.029) -0.037	(0.069) -0.007
Religion, ref: Hindu		(0.090)	(0.090)	(0.069)		(0.071)	(0.038)	(0.102)
Muslim			0.033 (0.094)	0.035 (0.077)		0.019 (0.073)	0.024 (0.050)	0.061 (0.103)
Sikh			-0.025 (0.128)	-0.045 (0.067)		-0.025 (0.069)	-0.056 (0.037)	-0.011 (0.127)
Believes fate in god's hands $(=1)$			-0.046 (0.090)	-0.039 (0.084)		-0.017 (0.076)	-0.024 (0.052)	-0.058 (0.106)
Caste $(=1)$			$-0.110**$ (0.055)	$-0.090*$ (0.048)		$-0.087*$ (0.047)	-0.042 (0.033)	$-0.145**$ (0.060)
Driving behaviors and safety perceptions Uses motorbike to commute $(=1)$				-0.010		-0.010	-0.018	
Never uses ring roads $(=1)$				(0.050) 0.035 (0.067)		(0.048) 0.059 (0.071)	(0.026) 0.027 (0.044)	
Size of motorbike in cc, $ref: 100cc$ or less between 100cc and 150cc				0.077		0.077	0.024	
above 150cc				(0.053) 0.222		(0.053) 0.195	(0.035) 0.060	
Experienced road traffic accident $(=1)$				(0.137) -0.081 (0.056)		(0.133) -0.079	(0.081) -0.032	
Underest. ann. road inj. $(=1)$				$-0.142**$ (0.065)		(0.056) $-0.136**$ (0.063)	(0.031) $-0.091*$ (0.053)	
Has health insurance $(=1)$				$-0.122***$ (0.035)		$-0.125***$ (0.031)	$-0.116***$ (0.020)	
Says own driver should pay more attention $(=1)$				$-0.123*$ (0.066)		$-0.120*$ (0.068)	$-0.090*$ (0.051)	
Type of trips, ref: Short distance trip Long distance trip	$0.262***$	$0.298***$	$0.296***$	$0.275***$	$0.264***$	$0.273***$	$0.230***$	$0.336***$
Neighbourhood trip	(0.026) $-0.063**$	(0.029) $-0.078**$	(0.029) $-0.078**$	(0.066) $-0.056*$	(0.026) $-0.065**$	(0.065) $-0.055*$	(0.089) -0.038	(0.034) $-0.081**$
Interviewer fixed effects	(0.028) yes	(0.031) yes	(0.031) yes	(0.030) yes	(0.028) yes	(0.030) yes	(0.025) yes	(0.036) yes
Pseudo ${\bf R}^2$ <i>Observations</i>	0.151 963	0.247 954	0.255 936	0.309 759	0.159 963	0.315 759	0.440 756	0.267 756

Table 7: Determinants of helmet use for passengers, probit specification, marginal effects

Table A1a: Level of protection chosen by drivers, ordered logit specification, marginal effects

Table A1b: Level of protection chosen by drivers, ordered logit specification, marginal effects

Table A1c: Level of protection chosen by drivers, ordered logit specification, marginal effects

Table A2: Helmet use and speed level chosen by drivers, simultaneous equation system, marginal effects

Notes: n.e. stands for not estimable. * $p<0.10$, ** $p<0.05$, *** $p<0.01$.