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The challenge of assessing the proper functioning conditions of coastal lagoons to improve their future management

M. Erostate a,b, S. Ghiotti c, F. Huneau a,b,*, D. Jouffroy d, E. Garel a,b, M. Garrido e, V. Pasqualini b

* Corresponding author:

Frédéric HUNEAU
Université de Corse Pascal Paoli
Faculté des Sciences et Techniques
CNRS UMR 6134 SPE, Département d'Hydrogéologie
Campus Grimaldi, BP 52
20250 Corte, France

Tel: +33 (0)4.95.45.00.26 E-mail: huneau_f@univ-corse.fr

^a Université de Corse Pascal Paoli, Faculté des Sciences et Techniques, Département d'Hydrogéologie, Campus Grimaldi, BP 52, 20250 Corte, France

^b CNRS, UMR 6134, SPE, 20250 Corte, France

^c CNRS, Laboratoire Art-Dev UMR 5281, Université Paul Valéry Montpellier 3, Route de Mende, 34190 Montpellier cedex 5, France

^d Université de Corse Pascal Paoli, INSPE de Corse, CNRS UMR 6240 LISA, 20250 Corte, France

^e Office de l'Environnement de la Corse, 14 Avenue Jean Nicoli, 20250 Corte, France

Abstract

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The sustainable management of coastal lagoon hydrosystems is a key issue for the socio-economic and environmental development of many coastal areas worldwide. Often maintained by direct or indirect groundwater supplies, they provide a large range of ecosystem services, from which human societies take advantage. Twenty years after its implementation, a large majority of the Mediterranean lagoons have still not reached the "good status" required by the WFD. Several questions then arise as to the representativeness of the WFD indicators or the relevance of the restoration objectives considering the complexity, evolutionary and unpredictable nature of lagoon hydrosystems. This study proposes an innovative, multidisciplinary, long-term approach to define the proper functioning conditions of a costal lagoon hydrosystems, i.e. all the factors that contribute to the functioning of coastal lagoon hydrosystems and the connectivity with other biodiversity reservoirs, be they ecological, hydrological, social or political. By considering the lagoons and all its hydrological, ecological and societal proper functioning conditions over almost 200 years, this approach makes it possible to assess the influence of past natural and anthropogenic disturbances and support the implementation of future relevant hydrosystem-based management plans which have to be coordinated and politically driven. Defining proper restoration and management objectives should ensure that ecological functions are maintained based on current and future ecosystem benefits and uses. Considering the highly unpredictable nature of coastal hydrosystems, the state of an ecosystem should not only be evaluated on ecological or chemical criteria but also take into account socio-economic and political indicators. The implementation of the 3rd river basin management plan of the WFD as soon as 2022 could be the appropriate occasion to reassess the restoration objectives towards more realistic goals and to give more significance to the definition of the "resilience capacity" of water bodies in place of inappropriate restricted restauration objectives.

- **Key words**: Integrated water resources management; Multidisciplinary approach; Long-term trajectories of socio-hydrosystems; Coastal socio-hydrosystems; Groundwater dependent ecosystems;
- 26 Corsica

1. Introduction

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Coastal lagoons provide a large range of ecological, cultural and economic benefits, also known as ecosystem services, from which human societies take advantage (Newton et al., 2018). As a transitional environment, these complex coastline components are full part of large social-ecological hydrosystems (Pérez-Ruzafa et al., 2019), characterized by a highly dynamic biophysical environment continuously undergoing changes and considering human activities as an integrated part of their own ecology (Clewell and Aronson, 2013). Human activities influence the lagoons behavior and their watersheds since decennia and contribute to build present-day lagoons morphology and quality, leading to a rich, singular, eco-cultural heritage (Corbau et al., 2019; El Mahrad et al., 2020). Coastal lagoons have yet suffered severe environmental degradation because of human activities developed in coastal areas such as eutrophication, pollution or habitat destruction (Newton et al., 2014; Jones et al., 2018; Erostate et al., 2020). Since the growing awareness of the importance of coastal lagoon ecosystems in the 1950s (Kjerfve, 1994; Nixon, 1995; Basset et al. 2013; Newton et al., 2014; Menció et al., 2017; Wit et al., 2017; Newton et al., 2018), the protection, preservation and even restoration of these environments has become a major issue. However, management strategies are often focused on directly connected surface water and excludes other main fresh water contributors like the essential groundwater component although, in most cases, coastal lagoons are maintained by direct or indirect groundwater supplies and constitute therefore groundwater dependent ecosystems (GDEs; Krogulec, 2016). The importance of groundwater is further exacerbated in coastal Mediterranean regions where the lack of surface water is combined with a high anthropogenic pressure (Malek et al., 2018; Erostate et al., 2020). As for all Member States of the European Union (EU), the Mediterranean EU Member States have implemented measures for the protection of coastal lagoons under the Water Framework Directive (WFD, 2000/60/EC). These measures may involve human interventions (active restauration) to optimize and accelerate the restoration of coastal lagoon hydrosystems (Wit et al., 2017). However, a large majority of Mediterranean lagoons have still not achieved the ecological and chemical "good status" required by the WFD. Several questions thus arise: i) What was the evolution of the coastal lagoons in the past and how these systems can be restored?, ii)

54 Did previous management measures always had the expected effect on the system? and finally, iii)

How to pertinently evaluate the system's response to human actions and what will be required in the

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To answer these questions, this study proposes an innovative, multidisciplinary, long-term approach that takes into account the evolution of lagoon ecosystems and their entire watershed (surface and ground water). The reconstitution of ecological, hydrological and socio-economic evolutions, also called "trajectories", allows to assess the influence of natural and anthropogenic events that have affected the hydrosystem. Proper functioning conditions of the hydrosystems, i.e. all the factors that contribute to the functioning of coastal lagoon hydrosystems and the connectivity with other biodiversity reservoirs, be they ecological, hydrological, social or political can thus be determined through this integrated approach. This approach has been applied to the hydrosystem of the Biguglia lagoon (Corsica, France) as a particularly relevant example of EU Mediterranean hydrosystems. First of all, it is representative of the management policies, as well as the regulatory and legislative tools implemented in the EU Member States under the WFD. The hydrosystem of the Biguglia lagoon also combines both the socio-economic development and the climatic and hydrological conditions characteristic of the Mediterranean coastal regions (Erostate et al., 2020). Finally, this hydrosystem is extremely well documented, with archives over the last 200 years. This wide range of historical data provides an ideal opportunity to understand the patterns of change in the hydrological and ecological functioning of this hydrosystem and the history of its management and governance. This learning from the past supports the implementation of hydrosystem-based management to ensure the future integrity of coastal lagoon hydrosystems (Burt et al., 2017; Gross and Hagy, 2017; Pasqualini et al., 2017; Derolez et al., 2020) as well as the development of a more relevant evaluation system for restoration measures.

2. Materials and methods

2.1.Study site

79 The Biguglia lagoon is a confined, shallow, brackish coastal lagoon (maximum depth of 1.8 m)

located in the northern part of Corsica island (France), just south of Bastia city (Figure 1). Corsica

island is characterized by a typical Mediterranean climate with marked inter-annual fluctuations in atmospheric temperature and precipitation amount (Tagliapietra and Ghirardini, 2006). The mean annual temperature and precipitation measured at the Bastia Météo France Station are 15.8°C and 768 mm, respectively (average calculated from 1950 to 2016) (Erostate et al., 2019). The lagoon is part of the largest wetland of Corsica covering 14.5 km². It is separated from the Mediterranean Sea by a long sand bar and seawater exchanges are controlled by only one narrow, shallow, natural channel to the North. Marine water inputs are limited because the sea channel tends to close naturally by sand accumulation and human intervention is regularly required to open it again. The lagoon receives fresh surface and ground water from a 182 km² watershed. One major river, the Bevincu River, at the North, flows continuously towards the lagoons, supplemented by several smaller ephemeral creeks (Figure 1). Fresh water is also supplied by an artificial drainage network constructed in the 19th century. The lagoon is directly connected at the south to the Golu River through an artificial channel, the "Fossone Canal" (Figure 1). Drainage channels on the west shore of the lagoon drain run-off and shallow groundwater from the Marana alluvial plain, which constitutes the largest aquifer system in the region. Groundwater is then discharged towards the lagoons through five pumping stations, making the Biguglia lagoon a coastal GDE (Erostate et al., 2019). Groundwater from this alluvial aquifer is also used for the drinking water supply of the Bastia's urban area (almost 72 000 inhabitants).

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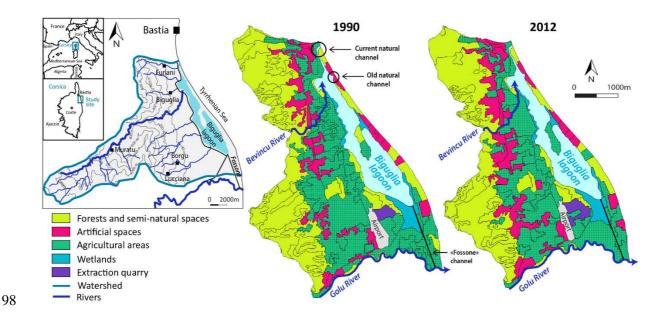


Figure 1: Localization map of the watershed of the Biguglia lagoon and land use on the alluvial plain (Source: Corine Land Cover). (2-column fitting image, no color in printing)

The Biguglia lagoon watershed is subject to an important development since the end of the 20th

century (Département de la Haute-Corse, 2012). The Marana alluvial plain is currently largely

anthropized since it constitutes the southern extension of the economic capital of Corsica. Urban

sprawl and agricultural activities are currently the two main anthropogenic activities developed on the

alluvial plain. This area is covered by an important transportation network associated with a dynamic

economic context, including an airport, housing and several business parks. Four towns are extending

in the immediate vicinity of the lagoon (Furiani, Biguglia, Borgo and Lucciana) with an increase in

artificial areas about 3% per year between 2002 and 2011 (Robert et al., 2015). This urban sprawl has

led to an important growth in the population living around the lagoon. In addition, tourism has become

an important component of the local economy, especially during the summer period. The sand bar is

particularly attractive and experiments a strong population growth in summer months.

The anthropogenic pressures have increasingly disturbed the lagoon's ecosystems through eutrophication over the past decades (Département de la Haute-Corse, 2012; Garrido et al., 2016; Pasqualini et al., 2017). Nutrient in this lagoon are higher than in most other Mediterranean lagoons (Orsoni et al., 2001; Souchu et al., 2010) due to the limited exchanges with seawater. Concerned about the vulnerability of the main wetland in Corsica, the Collectivity of Corsica voted the acquisition of the Biguglia lagoon in 1988 which belonged to a private owner. Since then, the Collectivity of Corsica has been managing the Nature Reserve to ensure its protection as well as its ecological and heritage enhancement. The Biguglia lagoon is classified as Ramsar site since 1991 and nature reserve in 1994 but also as sensitive natural area (ENS), natural zone of ecological interest for fauna and flora (ZNIEFF), Important Bird and Biodiversity Area (ZICO), Special Protection Area (ZPS), Area of Community Interest for Birds (SIC), Special Area of Conservation (ZSC). Access to the public is restricted to the hiking, educational paths along the lagoon and is prohibited on the water body. The professional fishing is the only authorized activity, in line with the historical exploitation of the lagoon.

2.2. Research of historical data

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We used historical documents and maps to analyze the dynamics of the Biguglia lagoon hydrosystem and to identify the major anthropogenic pressures acting on the watershed on the long term. An extensive, multi historical-sourced data analysis gathering from 1800 to 2020 has been carried out through the consultation of regional and national archives as well as local stakeholders. These documents are extremely diverse, both in terms of nature (scientific reports, pictures, newspapers, administrative acts...) and subject matter (natural and human sciences, management, planning, law, etc.). Each information relating to the study area was collected in a database including: fauna, flora, quantity and nature of fisheries, salinity, any waters quality parameters, climate, water extraction, land use planning, human intervention on the lagoon... The main sources for the numerical and cartographic data are listed below. The number of inhabitants per town (4 towns in the watershed and the Bastia city) were available (i) from 1800 to 1999, at intervals of about five years (http://cassini.ehess.fr/cassini/fr/html/6 index.htm) and (ii) from 1999 to 2011 at intervals of seven to nine years (French National Statistics and Economic Studies Agency (INSEE). Historical land cover in the watershed was analyzed using two sources. The first modern and scientific cartography of Corsica based on new triangulation method "Plan Terrier", ordered in 1770 by Louis XV of France, provides an inventory of the natural resources of the island after its integration into the Kingdom of France (Caratini, 1995). This map is precise, at a scale of 1:10,000 (Source: Archives départementales de Corse du Sud). It was processed with ArcGis version 10.0 (ESRI®). The CORINE land-cover program established a precise land-cover map of the study site for 1990, 2006, 2012 (https://www.data.gouv.fr/fr/datasets/corine-land-cover-occupation-des-sols-en-france/). We considered three generic land-cover types, as defined by the CORINE land cover program: forests and shrublands, farmland, and urban areas. The surface areas corresponding to these three generic landcover types were calculated for the two maps. Detailed information on local meteorological and hydrological behavior started to be available from the 20th century onwards. Since 1948, Météo-France® has been recording cumulative rainfall in Bastia, at a station near to the lagoon. Historical records in local press and local monitoring network make it possible to reconstitute i) long time precipitation series at Bastia since 1880 (Figure 2) and ii) fishing volumes. Data on the mean summer

salinity of the lagoon for the northern and southern basins were obtained from records published since 1930 (Frisoni et and Durieux, 1992; Orsoni et al., 2001; Pasqualini et al., 2017). Information on the extraction (drinking water supply, pumping stations) and quality of water resources (groundwater nitrate) has been collected from local operators and managers (Regional Health Agency (State health service), "Cullettività di Corsica" (regional assembly), "Acqua Publica" (water operator).

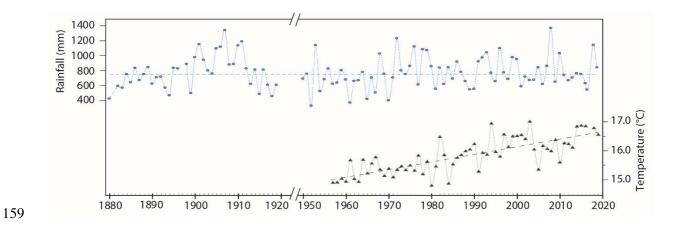


Figure 2: Mean annual rainfall reconstructed from archive data, from 1880 to 1919 and rainfall and temperature measured at the Bastia Météo France Station from 1949 to 2019. (2-column fitting image, no color in printing)

3. Results and discussion

3.1. Evolution of the territory

3.1.1. Wetland remediation

Tracing back the dynamics of land use planning is a necessary first step to understand the historical hydrosystem behavior and how it has been influenced by human activities and land cover changes (Erostate et al., 2018; Corbau et al., 2019; Tănăsescu and Constantinescu, 2020). When Corsica was incorporated to France in 1768, the government was committed to the problem of land remediation in Corsica (Jaujou, 1954). The objectives were therefore to combat malaria and to increase the amount of arable land, including the Biguglia watershed (Letteron, 1923; Jaujou, 1954). To this end, several remediation programs based on surface water flows were carried out. However, like many other wetlands, the Biguglia lagoon results from shallow groundwater and surface water contributions (Sánchez-Martos et al., 2014; David et al., 2019; Erostate et al., 2020). At the time, the groundwater

component was still unknown and remediation programs followed one after another without meaningful good results. The first draining measures were implemented in 1774 with the digging of channels to favor cultivation and periodical openings of the lagoon to the sea, to ensure efficient emptying of the lagoon (Figure 3.a; Jaujou, 1954; Département de la Haute-Corse, 2012). A few years later, the "Fossone" channel at the South of the lagoon was created between the Golu River and the lagoon (Figure 1), with no significant improvement in water drainage. A new remediation program began in 1855 with the establishment of new drainage channels surrounding the lagoon to eliminate the adjacent marsh (Figure 3.a). This new drainage system was accompanied by complementary measures, such as the planting of hydrophilic tree species or the diking of the river (Figure 3.b). It was quickly found that drainage channels were not sufficient to dry out the plain. Indeed, in addition to collecting some surface water, the drainage channels mostly drain shallow groundwater and represent a specified head boundary condition which exacerbates the natural hydraulic flow of the alluvial aquifer. The total water collected by the channels was therefore well in excess of their capacity and these channels could not ensure the drying up of the plain. Without really understanding the origin of the water saturating the drainage network, five pumping stations were set up between 1925 and 1935 to complete the dewatering (Figure 3.a). This system was functional before the World War 2 (WW2) and first effects were quickly visible. Located on the west coast of the lagoon, these stations pump the water in the channels when the levels are too high (0.8m below the ground) and reject it towards the lagoon. As a result, the natural discharge of groundwater toward the lagoon has become marginal. Currently, after more than 70 years of pumping, the huge water volumes withdrawn are ranged between 23 Mm³/y and 39 Mm³/y. Given the past water saturation of the plain, the volumes of water withdrawn were probably much higher in the past. Destroyed during the WW2, pumping stations were repaired between 1946 and 1948 (Figure 3.a).

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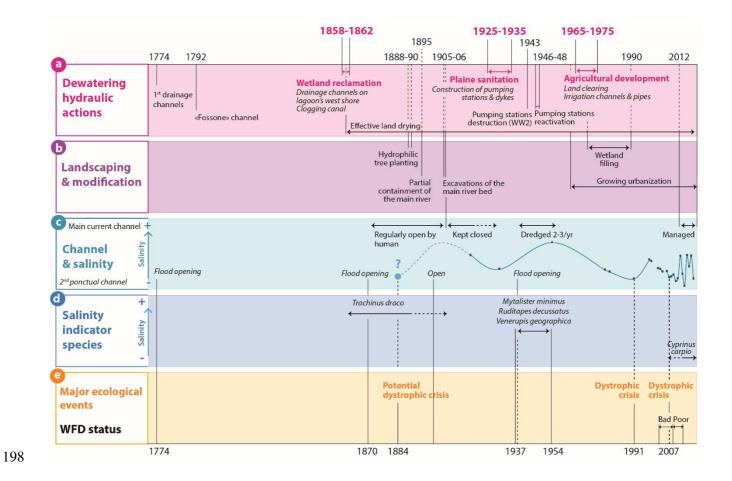


Figure 3: Multi-parameter timelines for a cross-comprehension of the hydraulic behavior of the system and the long-term reconstruction of salinity variations in lagoon water. (2-column fitting image, no color in printing)

Despite the land reclamation program, the surface and the configuration of the lagoon basin remained almost identical since the 18th century. A main natural channel connects the lagoon to the sea at the north (Figure 1). Yet, the creation of Fossone Canal in 1774 (Figure 1) has modified the freshwater/salt water balance. This channel also constitutes a source of contention with the fishermen of the lagoon, who regularly block this communication with the Golu River to prevent the escape of fish. Finally, the punctual opening of a second natural channel (Figure 1) due to extreme flood events, has also been identified in 1774, 1870, 1901 and 1937 (Figure 3.c). Unlike its neighbor, this channel has never been subject to human intervention to keep it open and is definitively closed since the urbanization of the sand bar in the 1960s. This channel is still visible as it is the thinnest part of the sandbar (Figure 1).

3.1.2. Human settlement

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Considered as an inhospitable, disease-causing area mainly because of malarial issues, the alluvial plain remained underdeveloped since the 18th century. Only the mountainous inland regions of the watershed supported a subsistence pastoral economy and community-based social structures. Drinking water supply works started in 1916 but above all the remediation completed at the end of the 1940s boosted the development of the plain. The watershed of the Biguglia Lagoon gradually became conducive to human settlement, reflecting a new human/space relationship (Figure 4). With the changes in land use in the Mediterranean mountains and the development of urban coastal hubs (San Roman Sanz et al., 2013), populations left the mountainous, inland areas of the watershed in favor of the suburban area of the Bastia city. These migration movements were complemented by the installation of the population repatriated from Algeria in 1962 (Figure 4) after the independence of this country. If the population of Bastia seems relatively constant from the 1970s onwards, the population of the 4 cities of the plain has increased considerably (Figure 4). The plain turned into a residential area. The sand bar that separates the lagoon from the sea, mainly developed by vineyard, was rapidly urbanized right after the construction of the first sturdy bridge to cross the lagoon to the North in 1969. An important agricultural development program started in 1965 in order to develop mainly viticulture and citrus growing on the plain. From 1980 to 2020, the land use is mainly characterized by a conversion of the agricultural areas into urbanized areas (Figure 4) and natural areas were relatively constant over the past 40 years. Shrinking of the agricultural area was accompanied by a modification of agricultural practices. Over the last decades, orchards and vineyards were progressively replaced by cattle breeding and vegetables production. Massive soil remodeling due to culture type changes and urban construction have led to significant soil nitrogen mobilization resulting in high nitrate inputs accumulated into the aquifer (Erostate et al., 2018).

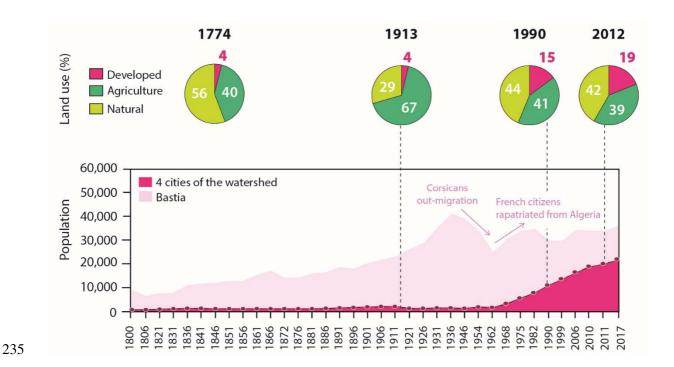


Figure 4: Evolution of developed, agricultural and natural areas on the alluvial plain and demography of the watershed's municipalities and the nearby Bastia city. (2-column fitting image, no color in printing)

3.2. Tracing back the hydrosystem dynamics

3.2.1. Long-term ecological and hydrological dynamics

Salinity is, along with nutrients, a key factor influencing lagoon ecosystems. However, salinity is also an excellent indicator of the hydrosystem's hydrology. Highly dependent on both watershed hydrology and lagoon management, salinity can be considered as a relevant indicator of the behavior and condition of the whole hydrosystem. Salinity records provide a better understanding of the ecological modifications as well as the hydrological disturbances affecting it. This parameter, at the confluence of hydrological and ecological sciences, provides a link between hydrologists and ecologists to support integrated water resource management at the hydrosystem level. Because of the low number of available, measured values in the past, reconstructing salinity dynamics is not easy yet. Additional elements to support salinity dynamics can be found by studying animal and plant species evolution as well as their living conditions (Figure 3.c). For example, marine fish indicate both a good connection with the sea and consequently a relatively high salinity. Conversely, river fish indicate a significant

freshwater supply and thus a significant decrease in salinity. Necessary precautions must be taken to confirm the presence or disappearance of species by crossing a large number of sources. These indicators provide elements for assessing past salinity trends but also show the long-term ecosystem modifications. Correlated with climatic conditions and hydrological developments, the correlation of indicators makes it possible to retrace the ecological and hydrological trajectories of the system. For this study, the long-term reconstitution of rainfall (Figure 2) shows the marked inter-annual fluctuations, typical of the Mediterranean climate. However, the rainfall remains very stable over the whole period. No significant long-term trend can explain the marked drop in salinity in the lagoon since 1950.

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During the 18th and the 19th centuries, the Biguglia lagoon was characterized by a high biological productivity. Large quantities of mules and eels were exported to supply Corsica, French East coast (cities of Nice and Marseille) and Italy (Letteron, 1923). The manual opening of the main natural channel (Figure 1) as early as the 1870s, the opening of a secondary punctual channel due to flood events and the occurrence of Trachinus draco (sea weeverfish) at the North of the lagoon indicate a good communication between the lagoon and the sea and suggest a relatively high salinity. The first salinity measurement (30g/L and 12g/L in the northern and the southern basin respectively) was recorded in 1917 (Figure 2). In barely 15 years, salinity decreased significantly (20g/L and 10g/L in the northern and the southern basins respectively) (Figure 3.c) due to the important inflow of fresh surface and groundwater drained and rejected towards the lagoon. This period also coincides with changes in the management of the main natural channel which is voluntarily kept closed since the beginning of the 20th century in order to prevent fish escapes from the lagoon. In 1954, salinity reaches its highest value (32g/L and 21g/L in the northern and the southern basins respectively). This is consistent with 3 major events: i) the destruction of the pumping stations, ii) the regular re-opening of the main natural channel and iii) the exceptional floods of 1938 (Figure 3). The destruction of the pumping stations considerably reduced the freshwater inflow towards the lagoon and the regular dredging of the channel allows exchanges with the sea. Finally, the exceptional rains of 1938 allowed the reopening of the second natural channel and contribute to increase interactions with the sea. These

high salinity values are supported by the occurrence of mollusks species particularly adapted to the saline environment (Mytalister minimus, Ruditapes decussatus and Venerupis geographica) (Figure 3). Then, the pumping network was re-established in 1948 and the second natural channel never opened again. Salinity started to steadily fall, as confirmed by the progressive disappearance of Mytalister minimus, Ruditapes decussatus and Venerupis geographica. This disappearance testifies of an evolution of the ecosystem that has become unfavorable to their subsistence but the fishing volumes are still relatively high (Figure 5). In the early 1970s, four aquatic angiosperms were well developed in Biguglia lagoon: Zostera noltei, Ruppia cirrhosa, Stuckenia pectinata and Najas marina. These aquatic angiosperms are indicators of water quality. Their presence then suggests the good qualitative status of the lagoon water (Pasqualini et al., 2017) (Figure 5). So far, the lagoon ecosystem has therefore been able to adapt to the physico-chemical variations of the waters. However, in the 1990s, the ecosystem reached a tipping point. The predominance of angiosperms gave way to a variable dominance of phytoplankton and opportunistic macroalgae (Figure 5) (Pasqualini et al., 2017). The volumes of fish caught were constantly decreasing (Figure 5). Nitrate concentrations increased significantly into the aquifer (Figure 5) and urbanization was developing rapidly. A first dystrophic crisis has affected the lagoon in 1991 when the salinity was particularly low (12g/L and 9g/L in the northern and the southern basins respectively). After a slight increase, the salinity continued to decrease from 1999 (18g/L and 13g/L in the northern and the southern basins respectively) to 2012 (15g/L and 5g/L). A second major crisis has affected the lagoon in the summer of 2007 (salinity about 14g/L and 9g/L) (Figure 3.c) with the proliferation of a toxic cyanobacterium, Anabaenopsis circularis. The concentrations of total nitrogen reached 470 µM (Figure 5). These ecosystem modifications and the dynamics of total nitrogen concentrations observed in the lagoon raise questions about the nitrogen origin (especially NO₃⁻). The groundwater flow toward the lagoon, the low NO₃⁻ concentrations in river water and the good correlation between NO₃ concentrations in groundwater and in the lagoon suggests that groundwater has a predominant impact on the NO₃ supply to the lagoon (Figure 5) (Erostate et al., 2018). Since 2010, barely three years after the dystrophic crisis, macroalgae and phytoplankton are decreasing in favor of the development of aquatic angiosperms. The resettlement by aquatic angiosperms suggests then a significant improvement in water quality

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within a few years. This relatively short period of time highlights the reactivity of the lagoon ecosystem. The major disruptions caused by the dystrophic crisis of 2007 do not appear to have exceeded the threshold beyond which the lagoon could no longer recover its ecological potential (Pasqualini et al, 2017). However, the progressive desalination hugely impacts the ecosystem with the marked development of freshwater angiosperms (*Najas marina*) and the expansion of the common carp (*Cyprinus carpio*), never reported before in the Biguglia lagoon. As a GDE, the ecological state of the lagoon need to be related to the status of the groundwater. Nitrate concentrations in groundwater appear to be increasing over the last 10 years (Figure 5). Since 2012, focusing efforts to keep the channel open leads to sudden marine inflow resulting in marked salinity variations into the lagoon (Figure 5).

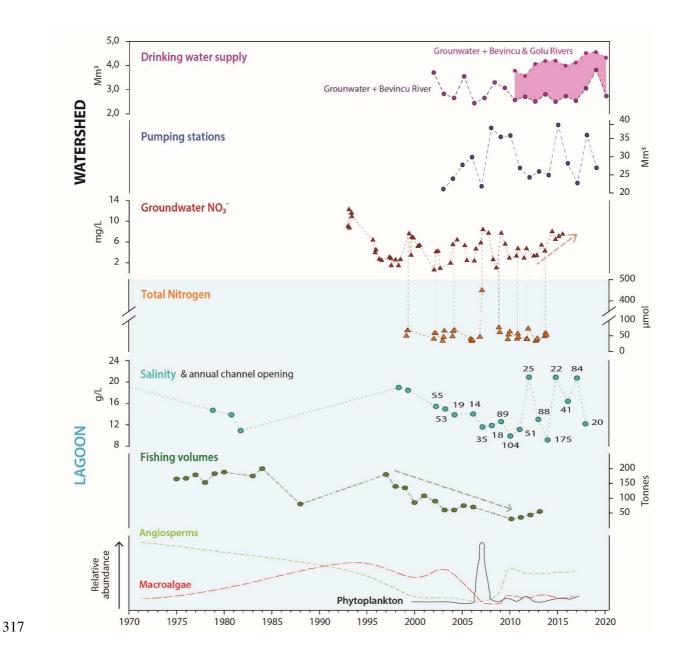


Figure 5: Compilation of reconstructed key parameter data in order to trace back the social (drinking water supply), hydrological (pumping stations, groundwater NO₃-) and ecological (lagoon water total nitrogen, salinity, fishing volumes, angiosperms, macroalgae, phytoplankton) evolution of the system since the implementation of the first local development program. (2-column fitting image, no color in printing)

Tracing back land development and ecological and hydrological conditions make it possible to define past socio-ecological conditions of the hydrosystems. However, these conditions do not constitute a natural, pristine or preferable state of the hydrosystem that should be achieved as a matter of urgency. Rather, it is a historical link between the ecological conditions of the lagoon and human activities

(fishing especially), before a recent change due to the land development (drainage network, urbanization, agriculture). Above all, this long-term approach allows us to understand the evolution of the system and thus to take a critical look at the established management strategies in order to better define future relevant ones.

3.2.2. Management deadlock

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Complementary information from historical and modern data provides relevant information to assess the efficiency of the Biguglia lagoon protection. In addition to the classification of the lagoon as nature reserve, the lagoon and its wetlands currently benefit from 8 classifications implemented between 1985 and 2011 (ENS, ZNIEFF, ZICO, ZPS, SIC, ZSC) (Figure 6.f). However, over the same period, two major dystrophic crises affected the ecosystem highlighting the ineffectiveness of protective statutes. The classification as a nature reserve was sometimes perceived by local populations as an expropriation by politicians. The stakeholders as well as population then found it very difficult to find their place and to get involved in the implementation of integrated management. The major dystrophic crisis of the summer 2007 constituted yet a trigger. Active management measures in order to improve the situation were implemented trough several strategic planning programs and management tools (PAGD, SAGE, lagoon contract, MAEC) (Figure 6.f). Substantial efforts have been made to improve sewage treatment, to develop sustainable agricultural practices over the watershed and to reduce the confinement of the lagoon. Artificial opening of the current channel and/or cleaning of drainage channels have been regularly carried out. These active restoration measures seem to be beneficial to the lagoon ecosystem on the medium-term and to highlight the resilience capacity of the lagoon. Conversely, the progressive nitrate accumulation into the groundwater indicates the poor self-remediating capacity of aquifers (Erostate et al., 2018). Historic nitrate legacies therefore continue to degrade current groundwater quality (Jaunat et al., 2019). In addition, the occurrence of human-made organic pollutants in groundwater is an indicator of an ongoing groundwater degradation related to wastewater infiltration (Erostate et al., 2019). At present, all the improvements made in the hydrosystem's management have still not allowed the lagoon to reach the "good qualitative status" required by the WFD. On-going degradation quality of

groundwater due to legacy and current pollution threaten the resilience and long-term protection of the whole hydrosystem.

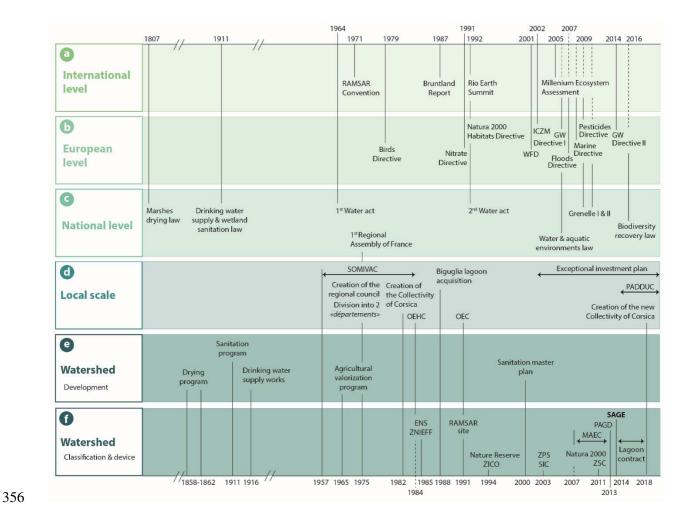


Figure 6: Timeline of key dates relating to the development and management of the lagoon from 1807 to 2020. Among the abbreviations used are: b) WFD Water Framework Directive; ICZM integrated coastal zone management; GW groundwater; d) SOMIVAC Local agency for the Development of Corsica; OEHC Local agency for hydraulic equipment; OEC Environmental agency of Corsica; PADDUC development and sustainable development plan for Corsica and f) ENS sensitive natural area; ZNIEFF natural zone of ecological interest, fauna and flora; ZICO important bird and biodiversity brea, ZPS special protection area; SIC area of community interest for birds; ZSC special area of conservation; MAEC agri-environmental and climate measures; PAGD sustainable development and management plan; SAGE water development and management plan (2-column fitting image, no color in printing).

3.3. Towards a really sustainable management of coastal lagoon hydrosystems

3.3.1. A sectorial management approach

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The recognition of wetlands as specific natural areas came about as a result of the Ramsar Convention, the Birds Directive and, above all, the Rio process in 1992 (Figure 6.a, 6.b). From this date, the standard-setting or regulatory activities has intensified (Figure 6.b, 6.c). At the same time, the attractiveness of coastal areas is increasing, particularly in the Mediterranean context (Erostate et al., 2020). With the greening process, priorities changed and were given to the protection of natural coastal areas considered remarkable and vulnerable. Since the WFD was established, restoration measures are most often implemented in order to achieve the "good status". Restoration should allow the ecosystem to return to a previous, more "natural" state, called the "reference state". According to the WFD, achieving this ideal state should then allow to preserve and improve, if necessary, the ecological status of aquatic systems in order to promote their sustainable use and ensure water supply. In the case of coastal lagoon hydrosystems, this concept of past, undisturbed state is irrelevant. Human modifications of lagoons environment have been significant for several millennia. As many others lagoons, the Biguglia lagoon is used and managed since centuries, especially for fisheries. Human activities - especially artificial opening - both influence the natural evolution of the system, i.e. the closure and filling up, and the biological communities as well as the dynamics of the ecosystems (Conde et al., 2015). Natural and social characteristics of coastal hydrosystems are inseparable and human-nature interactions play a central role in the construction of lagoon landscapes and dynamics. Human activity is not an external factor that does not fit well into natural processes, but rather a full part of those processes. Present-day system is resulting from both natural and human influences since decades or centuries. The presence of man cannot therefore be reduced to an external degradation. Moreover, events currently considered to be ecosystem dysfunctions, such as dystrophic crises, are not necessarily the result of human actions. Most coastal lagoons have always been very nutrient-rich environments, potentially affected by anoxic episodes long before human eutrophication (Kjerfve, 1994; Nixon, 1995; Newton et al., 2014). In the case of the Biguglia lagoon, the archives describe frequent events of anoxia: "when the rainy season has passed, when the temperature rises, when the water in the marshes recedes and leaves enormous quantity of rotting plants and animals" (Newspaper "Le Petit Bastais" of July 14, 1882). Local newspapers even mention a major crisis during the summer of 1884 that led to the putrefaction of huge quantities of plants and eels on the shores (Figure 3.e). In addition to the near-impossibility of defining a relevant period for the reference state, it may not correspond to "good ecological conditions" according to the current WFD indicators. All these specificities make coastal lagoons very complex to apprehend and to manage efficiently and sustainably.

3.3.2. Ensure resilience capacity of coastal lagoon hydrosystems

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One of the principles behind restoration operations is that the restoration of past conditions and associated disturbance patterns lead to a recovery of previously predominant ecological conditions. The aim is to achieve sustainable use by returning to a previous "better" state, whereas the coastal hydrosystem is, by definition, in perpetual evolution. This approach does not fit with the complexity, evolving and unpredictable nature of coastal lagoon hydrosystems. Defining precise restoration objectives is then almost impossible when they are supposed to return to a previous state that is poorly known and/or irrelevant with the uses and the complexity of coastal lagoon hydrosystems. As a result, restoration effects are often unpredictable, as is the response time of the hydrosystems (Facca et al., 2014; Wit et al., 2017). Rather than returning to a reference state, restoration should aim at achieving a new state of ecological and hydrological equilibrium, which would allow the maintenance of ecosystem functions and the sustainable development of their use. It is therefore necessary to set up a participative reflection between all stakeholders (scientists, managers, operators, local population...) in order to predetermine the uses and ecosystem functions that are considered as priorities and then to define restoration objectives in line with the territory's development objectives (Eriksson et al., 2016; Sy et al., 2018). Evaluation of the success of restoration measures must be linked to what a restoration project is designed to do, by whom and when (Baker and Eckerberg, 2016). The involvement of stakeholders and the perception of populations for example are also essential parameters that reflect the effectiveness of sustainable management. Moreover, the indicators used by the WFD are often based on defined and non-dynamic reference states. The current indicators support a normative and simplified approach of coastal lagoon hydrosystems, which are in fact as unique as they are complex. Their mandatory use then became a means of assessing managers and the effectiveness of management policies even if they do not make it possible to achieve sustainable restoration. Finally, restoration strategies must take into account the entire proper functioning conditions of the coastal lagoon hydrosystems. Perceptions of hydrologic interactions are often restricted to lateral and longitudinal flows and connectivity with groundwater is still under-documented. Widely used, manipulation of natural dynamics represents an inadequate short-term solution to address a long-term complex socio-economic problem (Conde et al., 2015). This approach leads to strong and rapid changes in physico-chemical conditions which can strongly affect communities and processes. In order to reduce sudden disturbances due to artificial openings and to make progress toward sustainable physico-chemical conditions improvement, upstream management of freshwater and nutrient flows appears as essential. The often neglected role of groundwater in water and nutrient inputs needs to be better understood. Defining and managing groundwater flows is the only way to achieve sustainable management of coastal lagoon hydrosystems and stabilization of physico-chemical conditions in lagoon waters.

3.3.3. Integrating global change into management strategies

Conservation management plans are often the result of short or medium-term planning. They assume regular species distributions in the absence of human-induced disturbance. Sustainable management plans must incorporate future changes in species distribution due to climate change. Although difficult to quantify, future changes in precipitation, temperature and evaporation patterns foreshadowed by the climatic data of the last century (visible at local level on Figure 2) could significantly affect future populations (IPCC, 2018). Changes in species distribution, population size, timing of reproduction or migratory events are already observable. The current species loss and the establishment of invasive species could be significantly facilitated. Invasive species cause changes, often irreversible or difficult to control, in biodiversity and the ecosystem services it provides. It is therefore essential that policy makers and management strategies take into account the need for adaptation. This involves understanding how invasive species adapt to new environments and how other species adapt to

invasions, but more importantly how humans adapt to invasive species, and how this adaptation could affect ecosystems and human well-being (Howard, 2019).

Many coastlines are projected to be impacted by rising sea levels. While the risk of marine flooding is often mentioned first – and need to be assessed, the risk of groundwater flooding would probably be the first to impact coastal areas (Rotzoll and Fletcher, 2013). For aquifers with a groundwater level very close to the surface, the rise in sea level will lead to a simultaneous rise of the groundwater level, which may exceed the topographic elevation surface (Rotzoll and Fletcher, 2013). This process could then lead to significant and costly problems related to water management and infrastructure (salinization, flood...). It could increase the mobilization of salts and soil pollutants currently trapped in the unsaturated zone and threaten groundwater quality and hydraulically connected ecosystems. Long-term storage and restitution capacity of soil pollutants thus need to be assessed. Finally, the increasing coastlines development induces a strong pressure on water resources, both for human and environmental needs. With water withdrawals expected to increase in a drier climate, the outflow toward the coastal GDEs could be strongly reduced by the end of the century which could accelerate their drying up (Erostate et al., 2020). In response to these treats, an appropriate management of groundwater appears as essential to ensure the preservation and sustainability of coastal GDEs.

4. Conclusion

Given the coastline development and climate change effects, the sustainable management and governance of coastal lagoon hydrosystems is a key issue for the socio-economic and environmental development of many coastal areas worldwide. The innovative multidisciplinary long-term approach developed in this study allows to better assess the influence of past management actions and supports the implementation of future relevant hydrosystem-based management plans which have to be coordinated and politically driven. It supports the establishment of integrated water resources management by considering the lagoons and all its hydrological, ecological and societal proper functioning conditions. Taking into account the dynamic nature of the coastal lagoon hydrosystems is essential to defined relevant restoration and management objectives. The stable conditions of the WFD reference values isolate the system in a past, static state, disconnected from the land development and

climate change impacts, considering human as the major disturbing element. Restoration objectives should ensure that ecological functions are maintained based on current and future ecosystem benefits and uses. The state of an ecosystem should not only be evaluated on ecological criteria but also take into account socio-economic and political indicators. In any case, considering the highly unpredictable nature of coastal lagoon hydrosystems, restoration measures may lead to unexpected results that do not constitute a failure of management measures. The implementation of the 3rd river basin management plan of the WFD as soon as 2022 could be the appropriate occasion to reassess the restoration objectives towards more realistic goals and to give more significance to the definition of the "resilience capacity" of water bodies in place of inappropriate restricted restauration objectives.

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Supplementary materials

Table 1: Main archive sources consulted using a keyword search referring to the study site, including "Corse", "Marana", "Biguglia", "Chiurlinu", "étang", "lagune", "Bastia".

| Documents type | Publisher | Name | Source | Date | Consulted documents |
|---------------------------|--|---|--|----------------|---------------------|
| Administrative acts | Deliberating assembly | General Council deliberations | Regional state archives National | 1859-1912 | 106 |
| Administrative acts | Deliberating assembly | Water services cases | Archives of France | 1881 | 1 |
| Newspaper | Historical daily regional press | Le Petit Bastiais | Regional state archives | 1881-1930 | 19413 |
| Scientific newsletters | Regional public association of researchers in the Natural Sciences | Bulletin de la Société des sciences historiques et naturelles de la Corse | BnF - French National Library | 1881-1937 | 103 |
| Scientific newsletters | Regional public association of researchers in the Natural Sciences | Flore de France | BnF - French National Library | 1893-1913 | 14 |
| Scientific newsletters | Regional state archives | Corse historique : études et documents | BnF - French National Library | 1953 | 3 |
| Scientific newsletters | Regional public association of researchers in the Social Sciences and Humanities | Etudes corses : revue trimestrielle | BnF - French National Library | 1954-1960 | 24 |
| Aerial photographs | National institute of geographic and forest information (IGN) | - | National on- line database | 1960 & 2016 | - |
| Scientific newsletters | Regional state archives | Revue d'études corses : revue d'études historiques littéraires et scientifiques corses | BnF - French National Library | 1961 | 4 |
| Scientific newsletters | Regional state archives | Corse historique, archéologique, littéraire, scientifique | BnF - French National Library | 1962-1969 | 22 |
| Newspaper articles | Private society - Current daily regional press | Corse Matin | On-line website | 2008-2020 | - |
| Management documents | Local authority | Management plan of the Biguglia Lagoon Nature Reserve | Biguglia Lagoon Nature Reserve | 1997-2017 | 23 |

