



The Adaptive Bilingual Mind

Evangelia Adamou

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The Adaptive Bilingual Mind: Insights from Endangered Languages

Evangelia Adamou

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Preface

This book emerges from my work at the CNRS as a field linguist, specialising in the analysis of under-described languages with an additional focus on language contact. For the last fifteen years as a full-time researcher, I have spent a significant amount of my time doing linguistic fieldwork. I therefore immersed myself in two geographically distinct areas: the Balkans — where I come from — and Mesoamerica — where I had dreamt of working since I got acquainted with Amerindian linguistics at university. Over the past years my interest in the field of bilingualism has grown, leading to my first studies using experimental methods in the field.

With this book, my goal is to provide a comprehensive overview of recent research on bilingual speakers of endangered languages, drawing on empirical examples from my own work. In doing so, I wish to re-define the methodological and theoretical boundaries of the field of endangered languages, while contributing to the fast-growing field of bilingualism studies. In particular, I consider that there is now a coherent body of evidence published in peer-reviewed journals that can be presented in a single volume to draw attention to the adaptive capacities of bilinguals through the study of lesser-known populations and languages. Indeed, although human cognition has a universal basis, recent studies unveil fine-grained distinctions depending on languages and their ecologies.

Taking the bilingual approach to the field of language endangerment, however, raises several methodological hurdles. In this book, I show how research methods from bilingual studies can be successfully applied in the field, including among elderly individuals with little or no schooling. This can be achieved by taking into consideration cultural habits and by working in close collaboration with communities.

Finally, this book is primarily addressed to specialists in the two sub-fields that I aim to combine — bilingualism and endangered languages — and, more generally, to researchers and students with an interest in various areas of linguistics and cognition.

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Parts of this book come from articles I have written together with my brilliant students Erendira Calderón and Cristian Padure; I thank them both deeply. For the wonderful statistical analyses I thank my collaborators and co-authors Rachel Shen, Stefano De Pascale, and Yair Haendler. Our joint work was made possible through the programme Investments for the Future funded by the French National Research Agency (ANR-10-LABX-0083). Warm thanks to Margaret Dunham for polishing my English and to Jérôme Picard for creating the maps.

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For the production of the two films following participatory digital storytelling sessions among Roma in Greece, I acknowledge funding from the French National Research Agency (ANR) through the outreach activities of the research programme Empirical Foundations of Linguistics (ANR-10-LABX-0083). The project was made possible thanks to collaboration with the NGO Caravan Project, whose members trained the participants in documentary techniques, and the Romani NGO Hope.

Ideas don't come from nowhere. The directions taken in this book were largely shaped by reading the scientific literature, exchanging during conferences and workshops, as well as through formal and informal collegial discussions. In particular, I wish to thank my colleagues for thought-provoking conversations over the years: Zygmunt Frajzyngier, Victor Friedman, Katharina Haude, Yaron Matras, Felicity Meakins, Carol Myers-Scotton, Maïa Ponsonnet, Stéphane Robert, Eva Schultze-Berndt, and Stavros Skopeteas.

Many thanks to Andrew Winnard, my editor at Cambridge University Press, for supporting this book and overseeing it through to publication.

Finally, I thank my family with all my heart for their unwavering support over the years.

List of Abbreviations

In this book, some authors' abbreviations have been changed for glossing consistency following the CorTypo list of glosses which builds on the Leipzig glossing rules; accessed at http://cortypo.huma-num.fr/fichiers/List_of_glosses_CorTypo.pdf.

1, 2, 3 first, second, third person	LVM loan verb marker
ABSN absential	M masculine
ACC accusative	NEG negative
ADRE addressee	nFUT non-future
AOR aorist	NOM nominative
ART article	NP noun phrase
BENF benefactive	N neuter
CLF classifier	OBL oblique
COM comitative	OPT optative
DAT dative	PL plural
DEF definite	PN proper noun
DET determiner	POSS possessive
DIM diminutive	PRET preterit
DIST distal	PRO pronoun
EVD evidential	PROG progressive
F feminine	PROX proximal
FN finite nominalizer	PRS present
FOC focus	PST past
FUT future	Q interrogative marker
GEN genitive	REL relative
IMP imperative	RESTR restrictive
IMPF imperfect	SBJ subject
N.INCP incorporated noun	SG singular
INTJ interjection	SPKR speaker
LOC locative	

Introduction and Methods

Chapter 1. Theoretical Background

1.1 Language and Cognition in the Brain

Humans use language to communicate with one another, a unique way of communication that is not found among other species. They are also capable of extremely elaborate abstract thinking, a core ability of the human mind. Language comprehension and production along with thinking and other higher-order cognitive abilities are located in a particularly complex part of the human brain, the cortex.

More specifically, a significant part of the cortex, the frontal cortex, hosts ‘cognition,’ that is, the ability to orchestrate thought and action (Miller & Cohen, 2001). Memory, spatial skills, and social behaviour are also located in the frontal cortex. Furthermore, the anterior part of the frontal cortex (i.e., the prefrontal cortex) is instrumental to the ‘executive control function,’ which is associated with abilities such as attentional control (in the mesiofrontal region), response inhibition (in the orbitofrontal region), verbal and nonverbal working memory as well as rule discovery (in the dorsolateral region) (Royall et al., 2002).

Two cortex areas are related to language comprehension and production:

- (a) Broca’s area, which is primarily associated with language production, is located in the left frontal cortex, near the motor cortex (i.e., the latter controls language-related muscles such as the muscles of the face and mouth and vocal cords).
- (b) Wernicke’s area, which is primarily associated with language comprehension, is located in the left temporal lobe near the auditory cortex.

In addition to these two core areas, a wide network of brain regions is required for both language production and comprehension, including regions in the right frontal and temporal cortex, the parietal and occipital lobes, the cerebellum, and subcortical structures such as the basal ganglia and the thalamus (Fedorenko & Kanwisher, 2009; Pliatsikas, 2019). Studies on sign languages have also shown that, even though there are some differences in the brain areas related to modality, processing sign languages largely overlaps with processing spoken languages (MacSweeney et al., 2008).

Despite the great proximity of language-related areas with non-linguistic areas in the brain, some researchers argue that these do not necessarily overlap and specialized sub-areas for

language may be distinguished (Fedorenko & Varley, 2016). Similarly, despite the evident association of neural circuits from linguistic and non-linguistic areas in speech production and comprehension, some researchers argue that language-specific and domain-general networks are functionally distinct in the brain (Mineroff et al., 2018).

At present, the precise mapping of brain areas to language processing is not yet complete as it is complexified by great inter-individual variation (Fedorenko & Kanwisher, 2009). Indeed, the frontal cortex is the part of the brain that is the most dependent on environment and experience, thus resulting in great anatomical variability across individuals. In particular, the frontal cortex is the last part of the brain to mature across the lifespan, reaching full maturity with the end of puberty (Giedd, 2008). It is also the first to deteriorate among ageing individuals affecting, among others, various language skills (Obler et al., 1991; Goral et al., 2011). The neuroplasticity of the brain further complicates the precise mapping of language-related areas and functions. For instance, it has been shown that the adult brain can adapt to new needs through changes in grey and white matter (Fields, 2008; Zatorre et al., 2012; Lövdén et al., 2013). In addition, the human brain has the astonishing capacity to compensate for brain damage to some extent by remapping some of its connections. For example, although language is predominantly located in the left hemisphere among healthy individuals, Vargha-Khadem and colleagues (1997) report fascinating evidence from a young patient who acquired language with the right hemisphere alone.

From an evolutionary standpoint, the cortex is the most recently evolved part of the brain. It is connected to the more ancient parts of the brain: the limbic system that hosts emotion, and the basal ganglia that mediate automatic functions (MacLean, 1990). It is generally admitted that the human cortex and the cortex of non-human primates share many similarities, but that they differ fundamentally in terms of the quantity of neurons and the complexity of connections. Indeed, the two major areas of the human brain involved in language, that is, Broca's and Wernicke's areas, are also found among non-human primates sharing some similarities in structure and functions. However, connectivity differs greatly, as for instance, the white matter fibre tract that can be roughly described as connecting the two language regions is much weaker in non-human primates than it is in humans (Friederici, 2017). This is interpreted by some researchers as evidence that the language areas of the modern human brain most likely initially evolved for other purposes and that only in humans did they evolve an additional communicative function through language. Some researchers therefore argue that language developed gradually using non-language-specific learning and processing mechanisms of the brain (Christiansen & Chater, 2008). Indeed, the human capacity for

speech and language acquisition draws on general cognitive abilities that are also present to some extent in other animals (e.g., memory, attention, and associative learning). For others, however, the emergence of the language faculty was brief and abrupt, resulting from a minor genetic event (Chomsky, 2006: 176). Empirical evidence from the field of genetics cannot resolve this debate but it does show that humans have variants of genes otherwise present in some animals. For example, a variant of the *Foxp2* gene allowed the human brain to take an important step toward the development of language by enhancing the capacity of the human brain for procedural learning (Schreiweis et al., 2014). Finally, some researchers suggest that similarities can also be found with more distant animals such as birds. For example, recent research shows that there is considerable behavioural, neural, and genetic similarity between auditory-vocal learning in human infants and songbirds thanks to prosody and rhythm (Berwick et al., 2011). Indeed, the role of prosody as a cue for the early acquisition of word order has been demonstrated among infants older than 5 months, including among bilinguals (Gervain & Werker, 2013). In addition, Abboub and colleagues (2016) demonstrated the key role of prosodic processing in early language acquisition among newborns from monolingual and bilingual backgrounds based on prenatal experience with their native language(s).

From the perspective of language acquisition, two major approaches offer different views on how language develops in humans: the nativist approach and the emergentist or usage-based approach. Skipping the details, the nativist approach considers that language is to a large extent innate and that humans are endowed with a ‘language acquisition device’ (see Chomsky, 2006: 99). However, at present, neuroscientists cannot locate a specific area in the human brain that would correspond to such a device. For example, although evidence from newborns demonstrates a clear left hemisphere dominance for language processing, it does not follow that this is an innate, domain-specific device (Peña et al., 2003). Rather, the hypothesis of an innate language acquisition device strongly relies on the ‘poverty of the stimulus’ argument, asserting that children do not receive sufficient amounts of input to develop language and, in particular, grammatical complexity the way they do. In contrast, proponents of the usage-based approach consider that language is acquired in social interaction using general cognitive capacities that are not specific to language, namely ‘intention reading,’ involving joint attention, and ‘pattern finding’ (Tomasello, 2003). This does not imply that specialized language areas are not being developed in the brain as experience increases, but that language abstractions can only be formed through language use. Contrary to the nativist approach, the usage-based approach seeks to demonstrate that infants

receive sufficient input depending on a combination of three variables: cue availability (i.e., frequency), cue reliability (i.e., consistency), and cue cost (i.e., complexity).

Despite such significant differences between the two approaches in language acquisition, it is uncontroversial that cognitive and language development is about complexification in the infant brain. Scientists have identified several stages of cognitive, behavioural, and language development. For instance, infants start with language comprehension and proceed with the use of gestures and, in particular, pointing, before starting to use language productively. However, the speed with which some of these stages follow one another depends on experience. For example, it has been shown that infants who receive input in two languages maintain a phonological sensitivity window open for several more months than infants who receive input in a single language (Garcia-Sierra et al., 2011). According to the authors, this difference is due to the greater amount of input that bilinguals need to process as compared to monolinguals.

In sum, although the human mind and brain have a universal neurocognitive basis, studies unveil differences depending on environment and experience. Indeed, the neural underpinnings of lower-level and higher-order processes might seem universal, but recent behavioural and neuroimaging research from cultural psychology and neuroscience has revealed significant cultural differences in various domains (e.g., Ames & Fiske, 2010; Han & Ma, 2014). Yet, at present, much of the research on human cognition comes from Western, educated populations, living in industrialized societies, the so-called ‘Western, educated, industrialized, rich, and democratic (WEIRD)’ populations (Henrich et al., 2010). Until recently, 96% of participants in behavioural research publications were from WEIRD countries, although these represent roughly 12% of the world’s population (Arnett, 2008). In particular, in the field of psycholinguistics, Anand and colleagues (2011) point out that only 57 languages (out of more than 6,000 languages) are represented in international psycholinguistic conferences and peer-reviewed journal publications, of which 85% are represented by only ten languages (i.e., English, German, Japanese, French, Dutch, Spanish, Mandarin, Korean, Finnish, and Italian).

Focusing on WEIRD populations, however, is not only biased in that it leaves out a variety of cultures and societies from geographical areas like Latin America, Africa, Southern Asia, and the Middle East, but also disregards the fact that WEIRD populations are quite exceptional from an evolutionary perspective. For instance, pre-industrial populations typically lived in small, kin-based groups, and thus differed markedly in their language interactions from populations living in industrial societies who typically live in small family

units, consisting of parents and siblings, but engage in everyday conversations with a great number of outsiders. It is therefore plausible that by investigating non-WEIRD populations we may gain a better understanding about the way that differences in the interaction environment may shape languages as well as language processing mechanisms.

To conclude, from an epistemological perspective, the present book stresses the need to take into consideration a wider range of empirical data when investigating bilingual cognition. More specifically, I suggest that limited representation of non-WEIRD populations can be overcome in the future by introducing bilingual research practices in the study of endangered languages. Increasing cultural and linguistic diversity in research is even more important for current cognitive models that promote the relevance of language-specific, cultural, and communication factors as discussed in Section 1.2.2. But first, let me start by introducing some of the consequences that the use of more than one language has for cognition and the brain (see Section 1.2.1).

1.2 Current Topics in Bilingual Research

1.2.1 How Bilingualism Shapes Cognition and the Brain

Researchers have now established that the brain of bilingual and monolingual speakers differs in at least two ways:

- (a) The volume of ‘grey matter’ (i.e., neuronal cell bodies and dendrites in the cortex) (Bialystok et al., 2012; Abutalebi et al., 2012; Abutalebi et al., 2013).
- (b) The microstructure of ‘white matter’ (i.e., brain tissue connecting neurons in the various parts of the brain) (Luk et al., 2011; Singh et al. 2018). This finding is not so surprising since the structure and connectivity of the brain are more generally shaped by the acquisition of new, non-linguistic skills.

However, studies from bilingual and monolingual young adults offer conflicting evidence about the precise brain areas involved in bilingualism, a difficulty that may be due to the great variability in individuals’ experiences, as Luk and Pliatsikas (2016) argue. Indeed, it is now admitted that experience in the use of languages is key to understanding the effects of bilingualism on the brain. The main finding is that differences in the brain structure and connectivity correspond to different types of bi/multilinguals, with differences between

immersed sequential bilinguals, simultaneous bilinguals, sequential bilinguals with limited experience in the second language, and multilinguals (Pliatsikas, 2019). Summarizing these findings, Pliatsikas (2019) notes that there is an immediate effect of learning an additional language in local cortical grey matter volume, but that in the long term and as experience increases, this effect is replaced by white matter, which is responsible for connectivity between neurons, and subcortical restructuring. Pliatsikas further suggests that early language acquisition might simply be a proxy for language use without any significant differences in the stages of neuroplasticity among infants and children on one hand and adults on the other.

This predominantly usage-oriented approach contrasts with nativist theories that propose that the development of language is fundamentally different depending on the age of acquisition: It is assumed to be a subcortical process early in life and a cortical process later in life (Hernandez & Li, 2007). In agreement with this analysis, some researchers argue that genetic variants play different roles in bilingualism. Vaughn and Hernandez (2018), for instance, report that in their study the highest levels of bilingual proficiency were predicted for individuals who acquired a second language early in life when these individuals had the genetic variant A1+, which is associated with higher levels of subcortical dopamine; hence authors conclude that early second language acquisition is a subcortical process. In comparison, the highest levels of bilingual proficiency were predicted for bilinguals who acquired a second language later in life when these individuals had the genetic variant Val/Met, which is associated with cortical dopamine levels that are balanced between stability and flexibility; hence, late second language acquisition is a cortical process.

Similarly, some researchers claim that the mechanisms involved in early simultaneous bilingualism, that is, when the onset of second language acquisition takes place before the age of three, are unique due to maturational constraints. This ‘sensitive period’ is considered to be instrumental for full phonological acquisition, as some studies show that even a small difference in the onset of bilingualism may have a significant effect on the degree and type of acquisition of the second language (Bylund et al., 2019). For grammar, on the other hand, the end of the ‘critical period’ of full (second) language acquisition is associated with puberty when the brain structure and function are significantly modified (see Johnson & Newport, 1989 among others).

Longitudinal studies unveil permanent effects that the long-term use of more than one language has on the brain. DeLuca and colleagues (2018), for example, report that proficient bilinguals who are highly immersed in a bilingual environment exhibit greater plasticity in the ‘cerebellum’ (i.e., a part of the brain that is involved in grammatical processing as well as

language and cognitive control). Similarly, researchers have shown that brain plasticity due to the use of more than one language throughout the lifespan is associated with better resistance to age-related grey matter loss in older age, the so-called ‘brain reserve’ (Perani & Abutalebi, 2015). Additionally, elderly bilinguals exhibit some ‘cognitive reserve’ which translates into better executive control for the three major functions which are inhibition, attention switching, and working memory (Bialystok et al., 2012). Interestingly, deterioration in brain structure and decline in cognitive performance do not always go hand in hand. For example, bilingual individuals with Alzheimer’s disease who had less well-preserved white and grey matter structure than monolinguals were found to perform similarly in a variety of cognitive tasks (Schweizer et al., 2012). This observation is consistent with the finding that bi/multilingualism delays the onset of Alzheimer’s by four to five years (Bialystok et al., 2007).

This brings us to consider the effects of bilingualism on general cognition, foreshadowing Chapter 7 and, more specifically, the discussion on cognitive costs. Among the most famous effects of bilingualism on cognition is the so-called ‘bilingual advantage for executive control.’ This cognitive advantage was reported in several studies via behavioural measures indicating that bilinguals perform faster and better than monolingual control groups in non-linguistic cognitive tasks such as the Simon,¹ Stroop,² and Flanker³ tasks (Bialystok et al., 2004; Marton et al., 2017). Although the executive advantage has not been replicated consistently, this is to be expected given the high inter-individual variability discussed in the previous section and the variety of cognitive tasks used in the various studies. But if there is a bilingual advantage for executive control, how does it arise?

A correlation between executive control and the regulation of a bilingual’s two languages is likely as language processing heavily relies on cognitive control (Fedorenko, 2014). The exact mechanism behind this correlation is not currently fully understood. Nonetheless, Bialystok and colleagues (2012) note that the non-linguistic conflict monitoring mechanism is easily transferred to the domain of bilingualism where there is a need to select a word in one of the two languages in addition to the selection of a word among competitors which is

¹ The Simon task is a choice reaction time task. Participants have to produce a response through a keypress on their left or right side on the basis of the colour of a left- or right-sided stimulus.

² In the Stroop task, participants look at colour words (blue, red, or green) and have to name the colour of the ink the words are printed in, while ignoring the meaning of the word.

³ In the Flanker task, participants must focus on a target stimulus while ignoring adjacent stimuli.

generally found in language production, including among monolinguals. Indeed, bilinguals need to control:

- (a) The semantic, phonological, and grammatical alternatives in their two languages.
- (b) Switching from one language to the other depending on the codeswitching habits of their community.

Thus two major cognitive mechanisms may be at play among bilinguals:

- (a) Conflict monitoring (i.e., triggered when a stimulus with two cues is associated with two responses, but only the relevant cue must be selected), which is associated with interference suppression and attentional control.
- (b) Response inhibition (i.e., triggered when a stimulus with a single cue is associated with a major response that must be overruled) (Bialystok et al., 2012).

Crucially, neuroscientists report some functional overlap of brain regions involved in language and cognitive control (see Abutalebi & Green, 2016 for a detailed account). For example, Abutalebi and colleagues (2012) found that conflict and error monitoring in non-linguistic tasks (e.g., a Flanker task) and language control are located in the same brain region, both involving the dorsal anterior cingulate cortex. Coderre and colleagues (2016) confirm the relevance of the role of the left prefrontal cortex and, in particular, the left inferior frontal gyrus, which is active in interference suppression and response inhibition. Several other brain areas seem to play a role in both language control and cognitive control (see the overview in Abutalebi & Green, 2016). These are the left and right inferior parietal lobules (e.g., in attentional tasks and in language selection in bilinguals), the right inferior frontal cortex (e.g., in response inhibition), and subcortical regions such as the left caudate, left thalamus, the putamen of the basal ganglia (e.g., in cognitive sequence planning and in language selection and switching in bilinguals), and the cerebellum (e.g., in motor and cognitive control, morphosyntactic processing, predictions based on past knowledge, and resistance to speech interference).

Finally, neuroscientists have established that the same neural networks support the use of both of the languages of a bilingual speaker (Indefrey, 2006; Abutalebi, 2008; Golestani, 2016). This overlap could offer a physiological basis to the well-documented observation made by linguists that long-term changes are likely to occur when two languages are in

contact. In addition, there is now ample evidence that the two languages are constantly active in the bilingual mind, whether in comprehension or production. Such evidence comes from studies using cross-language lexical priming⁴ or lexical decision⁵ tasks (i.e., lexical co-activation) (e.g., Hernandez et al., 1996; Costa et al., 1999; Kroll et al., 2008). Cross-language structural priming also offers some support for this view (see among others Loebell & Bock, 2003; Favier et al., 2019; and a meta-analytic study confirming structural priming among bilinguals, although to a lesser extent than among monolinguals, in Mahowald et al., 2016). More specifically, in theories that consider processing to provide indirect evidence for the nature of linguistic representations, the cross-language priming data suggest that lexical items and syntactic structures may share some aspects of their representation in the bilingual's mind. One of the interpretations of cross-language structural priming, for example, might be that abstract structural representations can converge between the two languages of a bilingual speaker (Hartsuiker & Bernolet, 2017; also see Torres Cacoullos & Travis, 2018 based on corpus data, and Kootstra & Şahin, 2018 based on experimental data). Again, such evidence is in agreement with dynamic and adaptive models of language and cognition (see section 1.2.2).

1.2.2 Adaptive Models of Language and Cognition

First, as the term 'adaptive' is at the core of this book, I would like to provide a cursory review of adaptationist approaches in science. In biology, the mechanism of 'adaptation' captures the idea that biological species evolve rapidly in order to better adapt to a specific natural environment. This theoretical account was elaborated by Charles Darwin in the nineteenth century following the observation of variations in fauna in the Galapagos Islands. Darwin suggested that these variations could be best understood as adaptations to fit the local environment. Adaptation does not have a moral hue: It is neither good nor bad. It is merely a mechanism that takes place under some circumstances. Importantly, adaptation is a process that has to do with the present, not with unforeseen changes that are yet to come. Evolution based on adaptation has since been proved valid by numerous scientific studies, for example,

⁴ 'Implicit priming' is the observation that processing one stimulus (the prime) unconsciously affects processing a subsequent stimulus (the target); see Meyer and Schvaneveldt (1971).

⁵ In lexical decision tasks, participants need to indicate through a keypress whether a word is a real word of the language or not.

through observation of bacteria rapidly⁶ evolving resistance to antibiotics or of insects from one species that split into two (for an accessible overview see Sapolsky, 2017).

A parallel between evolutionary biology and historical linguistics was already made by Darwin himself (Darwin, 1871). Up to today, methods from biology have been productively applied in the field of linguistics (for an overview see Atkinson & Gray, 2005). Moreover, the evolution of human language as a biological process raises the question of whether there was biological adaptation of the human brain to language or of language to the human brain (for a discussion see Conway & Christiansen, 2001). In the ‘ecology of language evolution’ framework, Mufwene (2001) supports the idea that languages reflect adaptations to cognition as well as to the social and natural ecologies of humans. For example, in a phylogenetic perspective, modern human languages developed as adaptations to the needs of our ancestors when they expanded their social networks and complexified their social organization. In a developmental perspective, children develop Theory of Mind (i.e., the ability to attribute mental states to others) relatively late (by age four); associated linguistic skills, such as understanding metaphors or irony, follow closely on this development. In a cross-cultural perspective, people with specific activities in local environments develop differing degrees of lexical labels. In an inter-individual perspective, experts acquire a wider range of vocabulary specific to their field of expertise. In sum, language is an adaptive system.

In the present book, the term ‘adaptive’ is more specifically associated with the neurocognitive mechanisms in the mind/brain of bilinguals. In the past fifteen years, several studies, from psycholinguistics and neuroscience, have been developing experience-driven models that focus on the dynamic and adaptive nature of the language and the mind that also take into consideration interaction. This is expressed clearly in the position paper by the Five Graces Group (2009: 1–2) as follows:

Language has a fundamentally social function. Processes of human interaction along with domain-general cognitive processes shape the structure and knowledge of language. Recent research in the cognitive sciences has demonstrated that patterns of use strongly affect how language is acquired, is used, and changes. These processes are not independent of one another but are facets of the same *complex adaptive system* (CAS). Language as a CAS involves the following key features: The system consists of multiple agents (the

⁶ Rapid adaptation of some traits, nonetheless, does not preclude the parallel gradual change of other traits (see discussion of punctuated equilibrium vs. gradual change).

speakers in the speech community) interacting with one another. The system is adaptive; that is, speakers' behaviour is based on their past interactions, and current and past interactions to get her feed forward into future behaviour. A speaker's behaviour is the consequence of competing factors ranging from perceptual constraints to social motivations. The structures of language emerge from interrelated patterns of experience, social interaction, and cognitive mechanisms.

The Five Graces Group set important research directions by drawing attention to the adaptive characteristic of language. Since the publication of the paper, novel findings have pushed this research agenda even further, among others in the field of bilingual research.

The adaptive characteristics of the mind and the brain in bilingualism were captured through the Adaptive Control Hypothesis (Green & Abutalebi, 2013). The Adaptive Control Hypothesis holds that bilingual speakers adapt their cognitive system to different real-world, interactional contexts. The model distinguishes between three interactional contexts, defined as patterns of conversational exchanges within a community of speakers:

- (a) Single-language contexts (one language is dominant, the other is used exclusively in a different environment, for example, in interactions with monolingual speakers).
- (b) Dual-language contexts (two languages can be used in the same conversation).
- (c) Dense-codeswitching contexts (alternation between two languages is frequent in a single sentence).

These different interactional contexts are associated with different 'language control' processes in production and comprehension: the single-language and the dual-language contexts, contexts (a) and (b) respectively, should involve language task schemas that are in a competitive relationship as there is a need to restrict elements from the non-target language. In contrast, the dense-codeswitching context, that is, context (c), should involve language task schemas that are in a cooperative relationship as they allow for the use of elements from both languages (Green & Abutalebi, 2013: 518). Authors make a series of behavioural and neuroimaging predictions depending on these three contexts. A more detailed discussion is provided in Part II.

Subsequently, Green and Li Wei (2014) elaborated the Control Process model with a different set of predictions. They suggest that a competitive control state should draw on the resources of a single language (i.e., in the single-context language), whereas a cooperative

control state should draw on the resources from either one language or two (i.e., in the dual-language and the dense-codeswitching contexts). In particular, the Control Process model predicts that within the cooperative control state, a coupled control mode should be associated with codeswitching alternations and insertions, whereas an open control mode should be associated with dense codeswitching.

Regarding the brain, the Dynamic Restructuring Model (Pliatsikas, 2019) accounts for the rich neurological evidence documenting brain restructuring among a variety of bi/multilinguals. The model stresses that the use of more than one language causes continuous adaptations in the brain, which largely depend on the linguistic environment, the language switching needs that this environment imposes upon the individual, and the experience that this individual has acquired in dealing with the two languages. Based on this view, the model proposes a continuum in brain restructuring that depends on the quantity and the quality in learning an additional language as well as experience with language switching. More specifically, it distinguishes three stages:

- (i) The first stage is linked to initial exposure to a language.
- (ii) The second stage is linked to consolidation that comes with increased experience.
- (iii) The third stage, dubbed ‘peak efficiency,’ is associated with more efficient and automatic language control.

Now turning to the linguistics literature, it appears that, despite different theoretical assumptions, recent nativist and emergentist approaches view the bilingual mind as dynamic and adaptive.

On the one hand, researchers in emergentist, usage-based approaches call for an integrated neurolinguistic, psycholinguistic, and sociolinguistic framework for the study of second language learning and bilingualism (MacWhinney, 2018), codeswitching (Backus, 2015), and language contact more broadly (Zenner et al., 2019). MacWhinney (2018), for instance, proposes the Unified Competition Model, a dynamic account of the process of first language acquisition and second language learning. This model identifies four ‘risk factors’ (i.e., entrenchment, transfer, overanalysis, and isolation), counterbalanced by four ‘support factors’ (i.e., resonance, decoupling, chunking, and participation).⁷ These eight factors interact

⁷ ‘Entrenchment’ refers to a neurodevelopmental process that structures the cortical areas in order to facilitate processing. ‘Resonance’ is a process that allows the reconfiguration of existing neuronal connections to accommodate novel L2 encodings. ‘Transfer’ is a process that aligns L2 forms with L1 forms, sometimes

differently with the various interconnected structural levels of language processing (i.e., input phonology, output phonology, semantics, lexicon, syntax, mental models, and interaction).⁸ These structural levels, in turn, operate across four different time scales: processing (at the moment of speaking), consolidation (across the lifespan), social diffusion (within days or years), and genetic diffusion (ranging from decades to millennia). In a similar vein, researchers in usage based approaches consider that the degree of entrenchment and the degree of neural activation of languages and linguistic units in the mind can be understood through a combination of past experience, social indexicality, and pragmatic intention (Langacker, 2008; Backus, 2020). For instance, the more frequent codeswitching is in a group of speakers, the more entrenched it will become in a speaker's mind, and the more likely it is that frequent codeswitching will index the bilingual and bicultural identity of the group. Linguistic behaviour that is less frequent might stand out as more salient and be associated with a specific communicative intention.

On the other hand, several minimalist approaches investigate bilingual knowledge and processing by considering that it is to some extent dynamic. This is for example the case within the framework of the Interface Hypothesis, predicting that pragmatic and discourse-related phenomena would be shaped by bilingualism (Sorace & Serratrice, 2009; Sorace, 2011). Similarly, the Feature Reassembly Hypothesis assumes that L2 learners might have to reassemble some of their L1 feature configurations depending on cross-linguistic differences (Lardiere, 2009).

Turning to general cognitive processing, its dynamic and adaptive characteristics are emphasized in the predictive processing framework (Lupyan & Clark, 2015). This framework views mental representations as the result of interplay between downward-flowing predictions and upward-flowing sensory signals. According to this account, prior knowledge is promptly recruited from long-term memory, contributing to the production of predictions regarding the sensory information. This information allows for the regulation of predictive errors and helps individuals refine the incoming perceptual experiences. A similar view is expressed in

adequately and sometimes erroneously when the two languages differ. 'Decoupling' is a process that allows the dissociation of the L2 forms from the L1. 'Overanalysis' allows learners to rapidly grasp the meaning, but not necessarily the grammar. 'Chunking' is the process of memorization of unanalyzed lexical wholes or formulas. 'Isolation' refers to social isolation and minimal interaction, as opposed to 'participation' in interactional networks.

⁸ In this approach, the mind stores forms in associative maps at various levels: syllables, lexical items, constructions, and mental models.

the Hierarchical Mental Metaphors Theory by Casasanto and Bottini (2014) that is discussed in more detail in Part I. Evidence from bilingual populations supports the view that the effects of language on cognitive processing are indeed dynamic and context-dependent (Athanasopoulos et al., 2015; Bylund & Athanasopoulos, 2017).

With respect to language processing in particular, several influential models of monolingual sentence processing incorporate a predictive component that relies on prior experience (e.g., Gibson, 1998; Levy, 2008; MacDonald, 2013; Dell & Chang, 2014). Although some studies show that L2 speakers do not rely on predictive processes to the extent that monolingual speakers do, recent research demonstrates that predictive processes are largely modulated by proficiency and age of acquisition (Dussias et al., 2013; Contemori & Dussias, 2019), highlighting once more the importance of taking into consideration the individual experiences of bilingual speakers, as well as the kind of information that the languages offer as potential predictive cues (Dussias et al., 2013). Zirnstein and colleagues (2018) conclude that prediction mechanisms are the same when processing an L1 or an L2, but that bilinguals differ from monolinguals in that they face additional cognitive demands modulated by their language experience and language use. These additional demands entail the use of regulatory and inhibitory control mechanisms in different ways for bilinguals than for monolinguals.

Moreover, in the frame of Complex Dynamic Systems Theory, a general theory of change and development, de Bot (2010) and Verspoor and colleagues (2011) view bilingual processing and second language acquisition as utterly dynamic. In this approach, cognition is considered as a complex system that is drawn toward a ‘critical state’ in order to optimally adapt to its environment, that is, to a state between strongly regulated behaviour and fully random behaviour. The authors thus argue for the need to move away from population averages and closer to individual patterns and their specific dynamics.

The importance of speech environment is at the centre of the highly influential Interactive Alignment Account (Pickering & Garrod, 2004). According to this account, speakers align their speech with one another during conversation using automatic implicit priming, a mechanism that is thought to help simplify language processing (see discussion in Part II). The capacity of humans to imitate and adjust their speech production to the speech of others is considered a key mechanism in language development as well as in second language learning.

A large number of studies have reported the adaptation of speakers’ productions to the interlocutor’s speech for several linguistic phenomena, ranging from syntax to phonetics. For example, a recent meta-analytic study found a robust effect of structural priming in

production and an additional lexical boost, whether in the short-term or long-term, within a native language or across languages, and in different modalities (Mahowald et al., 2016). Regarding phonetics, adaptive changes through imitation were found at all levels: speech rate, intensity, fundamental frequency, voice onset time of stop consonants, and changes in the first two formants of vowels. Interestingly, beyond the initial observations of speech adaptation in social interactions, researchers found that speech adaptation also takes place in non-interactive settings. In that sense, speech adaptation might not be merely a social mechanism. Rather, in some models of speech perception, the online phonetic adaptation of speakers to perception of the ambient speech is believed to be automatically triggered by low-level sensory and motor processes. Neuroimaging studies further show that these adaptive processes involve regions of the dorsal stream, during both perception and production. The degree of adaptation, however, appears to take place more specifically during perception, involving the bilateral auditory cortex, bilateral supramarginal gyrus, and left Wernicke's area (Garnier et al., 2013). In addition to transient speech adaptation effects, some researchers also report persistent after-effects, at the level of phonological representations in long-term memory (e.g., Sato et al., 2013). These findings are consistent with exemplar models of word processing, assuming that each perceived spoken word leaves a unique trace in episodic memory, as well as with models that assume abstract phonological representations in combination with episodic memory traces. Moreover, in a review of the literature on accent adaptation across the lifespan (whether to non-native or regional accents), Cristia and colleagues (2012) also show that despite initial difficulties in speech processing, listeners eventually adapt to a variety of accents.

Finally, in the field of sociolinguistics, dynamic and adaptive models have been gaining ground in the past decade (Blommaert, 2010, 2013). In particular, the so-called 'critical' sociolinguistic approaches have moved away from the earlier sociolinguistic studies in order to highlight the constant change and complexity of language practices. For instance, researchers note the increased complexity of social networks within globalisation, marked by the hyper-mobility of many individuals and as a result by their participation in complex communicative routines within larger, superdiverse, urban communities (Blommaert & Rampton, 2011). As Pennycook (2016: 12) notes: 'There is nothing intrinsic to the idea of bi- or multilingualism that renders it static and fixed, and there is no reason that an idea such as code-switching could not be re-rendered more dynamically.' In such a dynamic perspective, language users have a complex 'repertoire' consisting of monolingual and bi/multilingual word forms, constructions, and grammatical rules that become associated with specific social

activities which are also specific to each individual speaker (Matras, 2009; Blommaert & Backus, 2013).

‘Translanguaging’ is a related concept that has emerged in the domain of education and applied linguistics in order to capture the dynamic nature of language practices:

‘Translanguaging reconceptualizes language as a multilingual, multisemiotic, multisensory, and multimodal resource for sense- and meaning-making’ (Li Wei, 2018: 22). Within this frame, some classical questions in the bilingual research are formulated in slightly different terms: How do language users combine their linguistic resources to accomplish specific tasks? Why are linguistic resources not always available to the language user? What do language users do when some linguistic resources become difficult to access?

To conclude, recent adaptive models in neuroscience, cognitive sciences, linguistics, sociolinguistics, and education focus on the importance of speech environment and language experience to understand human cognition. In this line of research, there is a clear need for current studies to reflect as much as possible the diversity of bilingual populations. Perhaps the most under-investigated bilingual populations come from the field of language endangerment and language loss where entire communities abandon one of their languages for the benefit of another language, and in the process undergo a stage of bilingualism. This is the focus of the present book. The next section presents a brief overview of the field of investigation on endangered languages.

1.3 The Study of Endangered Languages

The field of linguistics can be roughly divided into two main theoretical approaches: Those that focus on language diversity and those that focus on universal features of the language faculty.

Linguists interested in language diversity have concentrated on variation in human languages. In the second half of the twentieth century, a set of theoretical developments gave rise to functional, typological, variationist, and cognitive linguistic approaches (among others Martinet, 1962; Greenberg, 1974; Croft, 2001; Labov, 2001; Langacker, 2008; Bybee, 2010; Bresnan et al., 2015). Attention was on how language is related to cognitive constraints in language acquisition and language use, and how language is related to pragmatic constraints for communicative effectiveness. Linguists examined how languages were shaped by the environment they were used in to respond to distinct communication needs. As a result, it was not rare for linguists to conduct research in the field, whether in remote places of our planet or

in socially diverse settings in Western societies, observing speakers in their natural exchanges to understand how their language worked. Linguists interested in language diversity would target the collection and analysis of natural data, when necessary combined with systematized input from native speakers. Observation of a variety of languages led to the critique of Western-based analytical concepts in linguistics and reliance on *a priori* linguistic categories (Frajzyngier, 2013). In this tradition, language endangerment and language loss inevitably came under the radar of linguists (see among such early concerns Swadesh, 1948).

In parallel, the Universalist approach, which blossomed in the United States with Chomsky's foundational work, aimed to discover the universal language programme that humans presumably receive upon birth (for various reprinted articles on language and mind from the 1960s see Chomsky, 2006). Research by Chomsky and followers focused on what is universal in language, in particular, the language faculty that the human brain is endowed with. This approach views the language faculty as a computational cognitive system; its communicative function is only relevant at the level of externalized language as are frequency and processing effects which are related to language use and the limits of human cognition. In the 1990s, the Minimalist Program, and, in particular, the Strong Minimalist Thesis, promoted the view of language faculty as a considerably reduced system based on a single operation, Merge, defined as 'a primitive operation that takes objects already constructed, and constructs from them a new object: in the simplest case, the set containing them' (Chomsky, 2006: 183). For example, two items *a* and *b* such as *the* and *apples* combine as *{the, apples}*, and can then combine with another item *ate*, and so on. In addition, 'the expressions generated by a language must satisfy two interface conditions: those imposed by the sensorimotor system and by the conceptual-intentional system that enters into the human intellectual capacity and the variety of speech acts' (Chomsky, 2006: 183). The first interface refers to the externalization of language as speech or sign, the second interface refers to concepts. At first, researchers in this field of investigation focused on monolingual speakers, or at least ignored the effects of bilingualism. This is no longer the case; for example, Aboh (2020) proposes that 'recombination' is an innate property of the human language faculty, an instance of Merge that allows speakers and signers to select linguistic features from heterogeneous inputs and recombine them into hybrid mental grammars (with components such as phonology, morphology, syntax, semantics). Another characteristic of the Universalist approach was that it relied primarily on English as it was a particularly well-studied language among Western linguists and allowed for fine-grained descriptions based on linguists' intuitions. The field has

greatly evolved since the early times and it now encompasses language diversity, including the study of lesser-described and endangered languages.

At present, language endangerment is a major concern throughout the entire theoretical spectrum of linguistics. Interest in language endangerment has been particularly on the rise since the late 1990s, culminating with the 2019 International Year for Indigenous Languages supported by UNESCO (for a survey of the field see Seifart et al., 2018). Over the past twenty years, language documentation programmes have been conducted across the world with funding from several foundations such as the Endangered Languages Documentation Programme funded by Arcadia (at the School of Oriental and African Languages, London, UK), the DoBeS programme funded by the Volkswagen Foundation, and the Documenting Endangered Languages programme funded by the National Science Foundation, USA. The publication of several monographs and edited volumes also attest to this increasing interest in the study of endangered languages (among others see Gippert et al., 2006; Grenoble & Whaley, 2006; Austin & Sallabank, 2011; Essegbay et al., 2015; Thomason, 2015; Adamou, 2016).

The urgency created by the rapid speed of language loss has made endangered languages a priority. Indeed, it is estimated that if no action is taken, half of the world's languages will disappear in the next hundred years: Depending on how one counts, there are currently between 6,000 and 8,000 languages across the world, leaving us with somewhere between 3,000 to 4,000 languages in 2100. The degree of language endangerment of course varies greatly. In order to capture these differences, an endangerment scale was elaborated by Krauss (2008). On this scale, a language is not endangered, and therefore ranked A⁺, when it has more than a million speakers or is an official state language. In that sense, even small national languages are considered relatively safe. Endangerment starts when a language is spoken by less than a million speakers or is not an official language. In that case, a language is ranked A, 'stable,' when spoken by adults and transmitted to children. A language becomes 'unstable,' ranked A⁻, when it is spoken only in some localities, even when children might learn and speak the language. A language is ranked B when spoken only by the parental generation and up, and C when spoken by the grandparental generation and up. A language is ranked D, 'critically endangered,' when it is spoken by the great-grand parental generation or by a very small number of people. Finally, a language is ranked E when it is extinct, that is, when there are no longer any identified speakers.

In this book, I set out to examine languages with varying degrees of endangerment: A critically endangered language, spoken by a very small number of people in Mexico who

belong to the great-grand parental generation (i.e., Ngigua), and two languages that can be qualified as ‘unstable,’ with speakers currently shifting to the majority language in Greece and in Mexico (i.e., Pomak and Romani). Whether some Indo-European varieties are considered to be endangered languages or not largely depends on the distinction made between language and dialect (see Wichmann, 2019 for a recent discussion and methodology). In my view, as long as dialects have unique linguistic features, it is valid to consider them as endangered despite the fact that closely-related, standard varieties may be safe. For example, even if Romani is spoken by several million people in Europe, the specific Romani-Turkish variety spoken in Greek Thrace differs greatly from the other Romani varieties. As discussed in Chapter 6, this is also the case for the Pomak variety that is spoken in Greece, even though neighbouring Slavic languages are safe and spoken by millions of people. In this spirit, the data reported in this book are from indigenous and migrant populations in Latin America as well as from minority language communities in Europe. Attention to data from indigenous and non-indigenous settings to study language endangerment is a continuation of my previous work (Adamou, 2016) and echoes some of the research directions in the *Language* target article by Mufwene (2017). This is also captured by UNESCO’s terminology that encompasses lesser-used, minority, and Indigenous languages.

In order to draw attention to the significance of language loss, linguists and institutions have often associated language loss to loss of culture. This link is uncontroversial in the sense that language is a component of culture. I will give but one example which underscores the importance of this factor in discussions of non-specialists about language revitalization. I recently conducted, in collaboration with Cristian Padure, an online survey on the revitalization of Romani in Romania (for this method see Albury, 2014 on Māori revitalization). To the statement ‘Revitalising Romani should be because...’ the response ‘it is part of Romani culture’ was selected by 85.2% of the respondents (N total=169). This suggests that culture and language are closely connected in Roma’s beliefs, reflecting a combination of socially endorsed or culturally specific language ideologies and personal assumptions. But to what extent does language shift affect loss of cultural practices? To frame this discussion, let me start by providing some examples illustrating culture, with which I will associate social organization.

In a classic definition of culture, culture involves those aspects of behaviour that are not genetically determined, but are acquired through social learning (Cavalli-Sforza & Feldman, 1981). Culture is reflected in myths, legends, religion, body adornment, rules, daily routines, and use of production tools (Brown, 2004). In addition, every society has different forms of

social organization: it has rules for social groups, age grading, family, kinship systems, play, division of labour, exchange, cooperation, and reciprocity (Brown, 2004).

It is apparent that language is connected to important aspects of culture and social organization. For instance, transmission of myths and legends is intertwined with language. Kwachka (1992), however, notes that there is some continuity in discourse patterns in language shift from Alaskan Yup'ik/Inupiaq Eskimo to English, though Woodbury (1993) expresses the opposite view as change in the linguistic material inevitably signifies some degree of loss in meaning. Such intertwining between language and culture is also noted between kinship systems and kin terminology.

However, it is equally apparent that other aspects of culture and social organization evolve independently from language. Indeed, cultural knowledge can be transferred from one generation to another or among peers, through formal or informal processes, using language, either verbally or in writing, but also visually, through imitation. Several studies in contexts of language shift reveal that if cultural transmission is not interrupted and at least some domains of social organization are not profoundly changed, then speakers find ways to capture the expression of these fundamental aspects in their new language. One example illustrating this possibility comes from the rural community of Santa María Ixcatlán, in Mexico, where I had the opportunity to work on Ixcatec, an Otomanguean language which is nowadays spoken by only four elderly speakers. Rangel-Landa and colleagues (2016) conducted an ethno-ecological study in Santa María Ixcatlán and found that, despite the loss of Ixcatec, the inhabitants of the community make use of 627 out of the 780 plants species inventoried by the researchers. This suggests that, despite the shift to Spanish, knowledge and use of plants remains high possibly because cultural transmission was not interrupted in the community (though there is inter-individual variation shaped by peoples' activities). Indeed, the study additionally documents that the Spanish monolingual Ixcatecs now refer to the plants by their Spanish colloquial names. Crucially, for cultural transmission to take place successfully, we note that there were no dramatic changes in the interactions of the community with the natural environment. Similar examples come from several studies confirming complex interaction between language transmission and cultural transmission. Dickson (2015), for instance, documents differing degrees of maintenance in various cultural domains among Australians who shifted from Marra (Marran, non-Pama-Nyungan) to Kriol (English-based Creole).

To conclude on this topic, though culture and social organization are intertwined with language, it is important not to collapse language loss and culture loss, but to consider the evolution of the two domains as a parallel albeit inter-connected process. This distinction is in

fact essential to younger generations who may not productively speak their ancestral language and yet strive to preserve the traditional material and immaterial culture. Ponsonnet (2019: 5) stresses this perspective and reports, in particular, the negative implications of language and culture collapse regarding ownership of the ancestral land in Australia by Indigenous peoples.

Another popular parallel in the field of language endangerment has been made between loss of language diversity and biodiversity, with some studies indicating that loss of language diversity is more advanced than loss of biodiversity (see Seifart et al., 2018). Such a parallel between the processes of formation and extinction of languages and species echoes Darwin's words:

The formation of different languages and of distinct species, and the proofs that both have been developed through a gradual process, are curiously parallel. [...] Dominant languages and dialects spread widely, and lead to the gradual extinction of other tongues. A language, like a species, when once extinct, never, as Sir C. Lyell remarks, reappears. (Darwin, 1871: 59–60).

As language loss is indeed in many cases an irreversible process, language documentation and description are the primary goals of most linguistic studies on endangered languages, with collections of speech, grammars, and dictionaries as main outputs. However, there have been several critical approaches to these 'discourses of preservation' that 'run the danger of fixing exoticized people in time and place while overlooking their local language practices and ideologies' (Pennycook, 2016: 3).

Although interdisciplinary approaches are particularly fruitful, as evidenced by recent insights in language documentation ranging from critical sociolinguistic approaches (Duchêne & Heller, 2008) to natural language processing (Partanen et al., 2018), we note that there has been no systematic effort to implement the methodological and theoretical advances of the literature on bilinguals that were presented in Section 1.2. The research field of endangered languages rather tends to focus on language contact effects over generations of speakers, even when cognitive factors at the level of the individual are considered as triggers (Matras, 2009). At first blush, psycholinguistic methods and concepts may seem antagonistic and incompatible with the ecologies of endangered languages. Against this view, I argue that not only are such methods timely, but that they have the potential to transform the field of language endangerment with benefits for both researchers and communities. Chapter 2 offers an overview of methodologies that have been implemented in the field.

Chapter 2. Methods: Disentangling Language Contact, Bilingualism, and Attrition

This chapter offers a methodological discussion that aims to disentangle language contact, bilingualism, and first language (L1) attrition effects in endangered languages. Indeed, when working with bilingual speakers of an endangered language, there is always the question of whether the data reflect well-established language contact phenomena, result from ongoing processes at the level of the bilingual speaker, or reflect L1 attrition. To explore these different levels, I suggest a three-step methodology:

Step 1: Identify language contact phenomena.

Step 2: Observe ongoing changes due to bilingualism.

Step 3: Assess the level of L1 attrition.

These three steps are reminiscent of the various timeframes noted by MacWhinney (2018). For the study of language contact phenomena, we focus on a timeframe ranging from years to decades or centuries. For the study of ongoing changes due to bilingualism, we focus on speech production and comprehension in relation to diffusion across interactional networks in a timeframe ranging from days to decades. For L1 attrition, we focus on speech production and comprehension in relation to memory processes across the lifespan. Although these three levels are related, we need to adopt different methodologies to investigate them.

2.1 Step 1: Identify Language Contact Phenomena

The connection between language contact and the bilingual individual goes back to foundational authors in the field of contact linguistics such as Weinreich (1953) and Haugen (1953). However, for the sake of clarity, I will use ‘language contact’ in this book to refer to the diachronic outcome of individual bilingualism, once ‘conventionalization’ has taken place, that is, once several individuals who regularly communicate with one another start sharing the same innovative, linguistic norms due to (present or past) bilingualism.

To identify language contact phenomena, researchers working on endangered languages can compare their data to data from closely-related languages and dialects (i.e., variation in

space) and check diachronic data when available (i.e., variation in time). For example, a well-known feature of the Balkan linguistic area (henceforth Balkan Sprachbund) is ‘the use of an enclitic (postposed) definite article, typically occurring after the first word in the noun phrase; this feature is found in Albanian, Romanian, Macedonian, Bulgarian, and Torlak Serbian’ (Joseph, 2010: 621). Therefore, when investigating a Slavic variety spoken in Greece, Nashta, and observing that all the speakers use a definite article, it is safe to assume that this is not a contemporary development stemming from the dominant language, Greek, that also has definite articles (Adamou, 2016). Yet when observing that all Nashta speakers consistently use these definite articles with proper nouns, something that is impossible in other Balkan Slavic languages, Greek may be considered an influence. Interestingly, Mileva (2009) reports similar uses among L1-Bulgarian L2-Greek speakers who were born in Bulgaria and lived in Greece for a minimum of three years. This suggests that the use of the definite articles with proper nouns can be a rapid effect of bilingualism. The difference might be that this effect is transient among some bilinguals, as in the case of the speakers of Bulgarian who live in Greece but maintain contact with Bulgarian monolinguals, whereas it can be conventionalized in the absence of a prescriptive norm and access to monolinguals, as in the case for the speakers of Nashta.

Another example from Nashta is related to uses of the future tense and potential mood. In the Balkan Sprachbund, a common feature is ‘the formation of a future tense based on a reduced, often invariant form, of the verb “want;” this feature is found in Greek, Tosk Albanian, Romanian, Macedonian, Bulgarian, Bosnian-Croatian-Serbian, and Romani’ (Joseph, 2010: 621). This type of future is equally observed in Nashta, where the particle *ci < jif/kam* ‘want’ is used for future tense (Adamou, 2016). However, speakers of Nashta also make systematic use of the future with the aorist form of the verb for potential mood, something that is impossible in the other Slavic languages of the Balkans, but is consistent with potential mood expression in Greek. In this case, Greek seems to be the model language.

2.2 Step 2: Observe Ongoing Changes due to Bilingualism

Researchers may choose to examine variation in the community using data from different generations of speakers and registers. Indeed, when language is viewed as a dynamic and adaptive process, variability is considered an inherent property. This level of analysis is illustrated here for evidentiality in two minority language communities from Greece.

Evidentiality is another well-established feature of the Balkan Sprachbund: ‘The use of verbal forms to distinguish actions on the basis of real or presumed information-source, commonly referred to as marking a witnessed/reported distinction but also including nuances of surprise (admiration) and doubt (dubitative); this feature is found in Albanian, Bulgarian, Macedonian, and Turkish, and to a lesser extent in Romani, Serbian, and Romanian (the presumptive).’ (Joseph, 2010: 622).

Adamou (2013b) reports loss of evidential marking in Pomak, a Slavic variety spoken in Greece. On the one hand, younger speakers of Pomak use the perfect verbal form in tales (with the auxiliary ‘be’), whereas the speakers of the grand-parental generation use a specialized verbal form (without the auxiliary ‘be’). As the Pomak evidential verb forms are specialized in recounting tales, loss of evidential marking may be due to the concurrent loss of oral tradition in the community.

In contrast, in Romani-Turkish spoken in Greek Thrace, the evidential marker from L2-Turkish *-miş* is borrowed into Romani among younger speakers but not among the elder ones. In these uses, Romani *muf* is used as an adverb instead of as a verb suffix as in Turkish, and serves to report on the truth of a statement rather than inference and hearsay, as the evidential morpheme does in Turkish (Adamou, 2016). Interestingly, a similar contact-induced phenomenon is found in Cypriot Greek through contact with Turkish, where *-miş* is borrowed as *mifimu* (in combination with the Turkish copular verb), and, similar to Romani-Turkish, is used as a sentence adverb with the dubitative function only (Kappler & Tsiplakou, 2018).

In addition to corpus-driven studies (Adamou, 2016), the field of endangered languages has not yet capitalized on experimental methods from the field of bilingual studies. These methods have the advantage of providing a basis for the comparison of the responses of a greater number of bilingual speakers to tasks involving both of their languages. In addition, the bilinguals’ responses can further be compared to those of monolingual speakers of similar sociolinguistic background in order to test hypotheses on the effects of bilingualism.

Researchers interested in exploring bilingual processing among lesser-studied populations need to find a balance between the need to adapt to the realities of the field, while maintaining the high standards set by laboratory research. Among such key methodological aspects of experimental research are a relatively high number of participants, randomization of stimuli, and counter-balancing of conditions. Conversely, it is equally important to respect the standards set by research in descriptive linguistics and, in particular, collaborative approaches to research featured in documentary linguistics with the interests of the community in mind

(Bowern & Warner, 2015; and for an excellent introduction to linguistic fieldwork see Meakins et al., 2018).⁹

To build an experiment, there are eight key stages:

1. Identify a problem/research question in the literature

As in any scientific study, the point of departure should be the identification and formulation of a clear research question that may stem from the study of the extant literature or from a problem adduced during research in the field. Familiarity with the field and the language are in general essential to this endeavour so as to not directly transpose research questions from well-described languages (and populations) to lesser-described ones, but to identify the most relevant research questions.

2. Clearly formulate the research questions and predictions

This approach is not common in the field of language description, but can help build a clear research programme and confront final results with initial expectations. Predictions can be formulated based on what is already known in the literature. This needs to be done before conducting the experiments. At present, many researchers go as far as preregistering their protocols, including information about the hypothesis, the data that will be collected, and their analysis (the largest database is the Open Science Framework (OSF), <https://osf.io/>).

3. Choose the experimental design

A number of experimental paradigms are available in the literature, but some leeway is allowed in adapting these designs to the field. Below, I provide a brief overview of some of these techniques.

⁹ The Statement of Ethics of the American Anthropological Association can be summarized into five Principles of Professional Responsibility (to the research field, host communities, and society): 1. Do no harm; 2. Be open and honest regarding your work; 3. Obtain informed consent and necessary permissions; 4. Weigh competing ethical obligations due collaborators and affected parties; 5. Make your results accessible; 6. Protect and preserve your records; 7. Maintain respectful and ethical professional relationships. See <http://ethics.americananthro.org/ethics-statement-0-preamble/>

Judgments

Participants in these tasks judge the acceptability or naturalness of linguistic stimuli. Labov (1996) shows that respondents' opinions regarding their linguistic behaviour are not necessarily in agreement with the way they speak. Bresnan (2007) in turn argues that where the corpus predicts low probabilities, respondents also do the same and concludes that intuitive judgments reflect probability rather than grammaticality. Today, acceptability judgment tasks are considered a reliable tool in linguistic research (Sprouse et al., 2013), in particular when researchers work with a large sample of participants (Gibson & Fedorenko, 2013). However, whether speakers of languages with no formal education have sufficient metalinguistic awareness is a matter of controversy. Henry (2005) finds that the discrepancy between the way one speaks and the way one judges correctness is more pronounced when non-standard varieties are involved and that judgments regarding non-standard varieties are more fluid than judgments of standard varieties.

With judgment tasks, researchers can obtain off-line (e.g., accuracy) or online measures (e.g., response times). Either a five-point or a seven-point scale is generally used. To facilitate the memorization of the scale, it is possible to use stickers (a smiley face for the best score and a frown for the worst). Practice sentences can serve as anchors for the highest and lowest points in the scale with feedback by the experimenter prior to the experiment. In this task, instructions are important: instead of asking whether sentences are 'acceptable,' it is best to ask whether they are 'natural' in the community, or whether participants would consider these sentences as samples of 'good/proper' use of their language. Here is an example of instructions that we provided to Pomak participants in Greece:

You will listen to several sentences recorded in Pomak. Some sentences may be good Pomak sentences, others not. After listening to each sentence, you will have to evaluate the sentence by pressing a button for a score ranging from 1 to 5. To indicate that the sentence is not good, the lowest score would be 1; please note that the key for 1 is covered by a frown. To indicate that the sentence is good, the highest score would be 5; please note that the key for 5 is covered by a happy smiley. You can use any score from 1 to 5, not just the highest and lowest scores. Please respond as accurately as possible and take the time you need to think about how to evaluate each sentence.

Alternatively, Bellamy and colleagues (2018) successfully apply a two-alternative forced choice task among Purepecha-Spanish bilinguals in Mexico to study gender assignment in mixed noun phrases.

Picture-matching tasks

Picture-matching experiments are inspired by the visual world paradigm with eye-tracking that was introduced by Dahan and Tanenhaus (2004). In these tasks, participants need to match pictures with auditory stimuli. In the case of endangered languages, the paradigm can be simplified to only measure accuracy and reaction times. See Chapter 8 for an example.

Simultaneous interpreting

In a task involving simultaneous interpreting, participants are asked to translate a word or a sentence from one language to another. This is a relatively complex task that combines language comprehension in one language, memorization of the sentence, and language production in another language. See Chapter 9 for an example.

Director-matcher production tasks

Director-matcher tasks are communicative tasks in which two speakers need to exchange information to accomplish a task. One participant is the ‘director.’ Directors have a number of objects/cards set in front of them in a specific way and need to give precise instructions to the other participant to help them reconstruct the exact same position of the objects. This can only be done verbally, as the space in front of each participant is not visually accessible to the other participant (e.g., it can be separated by a card barrier or a piece of fabric). In codeswitching versions of the task, participants can be instructed to use the two languages, or can be implicitly guided by a confederate’s usage during the task. In Bellamy et al. (2018) for instance, participants were instructed to respond to one language for the task while naming the objects in the other language.

Word monitoring

In these comprehension tasks, participants listen to a sentence and need to press a button as soon as they hear a specific word (target) that they were instructed to identify. Based on the priming paradigm, we consider that the time it takes to respond to the target provides information about the difficulty of processing the preceding word (prime). To make sure that

participants are not just searching for the target word, a comprehension question generally follows each trial. See Chapter 8 for an example.

Priming

Some researchers consider that cross-linguistic structural priming might be a key mechanism driving structural changes in language contact (see Torres Cacoullos & Travis, 2018; Kootstra & Şahin, 2018). One possible design consists of a sentence trial and a picture trial. Participants can read the sentence trial or listen to it, and then describe a picture. We note the priming effect when the structure chosen in the picture trial follows the structure available in the sentence trial (see Adamou & Padure, 2020 for Romani-Romanian priming of word order in NPs).

4. Prepare your stimuli

In psycholinguistic experiments, many tasks are built around written stimuli. However, aural stimuli are better adapted to the study of endangered languages as these are rarely written and taught at school.

When recording the stimuli, it is important to make sure not to introduce artifacts due to dialectal differences, and therefore work with speakers from within the community. A good option is to conduct a ‘norming study’ prior to the experiment. In a norming study, participants not involved in the experiment rate the various stimuli on a five or seven-point scale for well-formedness (as in a judgment task; see above). Researchers should eliminate the stimuli that receive a mean rating below a given threshold (e.g., three in a five-point scale).

Length of the stimuli should be controlled for to ensure comparability and eventually allow for calculating response times.

Fillers need to be used to distract the attention of participants from the main research question.

Finally, stimuli should be randomized for each participant. There are computer programs for this, for example, Open Sesame, Mathôt et al., 2012).

Regarding visual stimuli, as in picture-naming tasks, it is best to use coloured photographs rather than black and white line drawings given that little-educated participants have difficulties recognizing the latter (Reis et al., 2006). This can easily be implemented in the field of language endangerment as manifested in the studies by Adamou (2017b), Adamou et

al. (2018) on Ixcatec (Mexico), and Calderón et al. (2019) on Ngigua (Mexico). The use of culturally appropriate stimuli can further guarantee the success of the task.

5. Select your participants

Prior to conducting experiments in the field, it is important to have had the opportunity to conduct extensive participant observation to comprehend the sociolinguistic background, not only to ensure successful experimental design, but also because this might have some explanatory power to account for the experimental results.

As in standard good practices in the field of endangered languages, it is important to obtain approval from the community assembly or community leaders in addition to the agreement requested from individual participants. In psycholinguistic research it is standard practice to compensate participants for their time, but in the field it is important to first understand cultural norms with regard to financial compensation. Alternatives to individual compensation may be financial contribution to a local association or a small gift to each participant that may be considered less offensive than a small amount of money. As is generally the case for any linguistic project in the field, it is important to explain what participation in the study entails, though it is equally important not to reveal the precise research question of the experiment so as to not affect the responses. As with language documentation, it is also best to discuss potential impacts of the research with community representatives or at school.

Finally, as inter-speaker variability is a relevant factor in bilingual studies, it is important to assess education, literacy, dialectal variation, and multilingualism among the participants prior to the experiment. A sociolinguistic interview can be conducted to establish the participants' language background in addition to characteristics such as age and gender. The interview can target the collection of data regarding personal background (e.g., age of acquisition of both languages, level of education), residence and duration of residence in different localities, language habits (e.g., use and exposure to the two languages in different settings; type of exposure, that is, with family, friends, school, etc.), or attitudes towards the dominant and minority language and culture. Such sociolinguistic questionnaires can be supplemented by the collection of personal histories, as sociolinguistic interviews may yield inconsistent results (see Torres Cacoullos & Travis, 2018).

6. Collect your data

As with any language description/documentation project, allow extra time for data collection as participants may be busy with everyday life tasks. Even though research cannot be conducted in the lab, make sure that the setting is similar for all the participants (e.g., a quiet space). As usual in language documentation, collaboration with a local research assistant has advantages. Unlike standard practice in most lab research however, where the presence of the researcher during the experiments is not required, in the field it is best that the researcher be present in order to make sure that everything goes according to plan. Finally, as in any recording session in a language documentation project, it is important to double-check that the computer programme is recording the data properly.

7. Analyse your data

Given that few descriptive linguists are trained in statistical methods, collaborating with a statistician is a good idea in order to ensure state-of-the-art analyses.

8. Interpret your results

Confront the results with the research questions and predictions, regardless of whether the results fit the predictions or not. Discussion of negative results or elaboration of new hypotheses can improve experimental research in the future.

2.3 Step 3: Assess the Level of First Language (L1) Attrition

Attrition is a term that has long been associated with language endangerment. In this book, however, I use the term ‘first language (L1) attrition’ to refer to cases where a healthy bilingual speaker exhibits linguistic behaviour that is below a level of mastery previously enjoyed and which differs from the linguistic behaviour of monolingual peers. In that sense, L1 attrition contrasts with ‘incomplete acquisition,’ as in the case of children who did not have exposure to one of their languages at levels comparable with those of their monolingual peers. L1 attrition can more specifically be defined as ‘the adaptation of a fully developed, monolingual language system to the demands of competition and limited cognitive resources when a second language is introduced’ (Gülsen & Schmid, 2019: 201). In this perspective, L1 attrition occurs in the early stages of second language acquisition when learners need to inhibit their first language in order to avoid interference (Green, 1998; Levy et al., 2007). In

later stages, however, and in particular, with peak efficiency, automatic language control processes are in place (Pliatsikas, 2019).

L1 attrition is the object of a number of studies on migrants, heritage speakers, and, to a lesser extent, minority language speakers. Following Benmamoun et al. (2013a, 2013b), I consider that these bilingual populations share several traits despite differences in the political and sociolinguistic settings. For example, in both populations, their first language is not the one that is dominant in the society in which they live and both populations more or less gradually abandon their first language in favour of the majority language.

From the perspective of language acquisition, whether the onset of bilingualism is a relevant parameter in L1 attrition or not is a matter of debate along the lines of the nativist and usage-based approaches of language acquisition. Differences in the onset of bilingualism are captured by three categories of bilinguals; these are based on the input the infant receives during interactions with her primary care-givers (as child-directed speech is more significant in early language acquisition than exchanges between adults that the infant may overhear or exposure to the speech of other infants):

- (i) Some infants are mainly exposed to the minority language and typically learn the majority language when they enter preschool or elementary school; these are so-called ‘early sequential bilinguals.’
- (ii) Other infants are exposed to the minority language at the same time as they are exposed to the majority language; these are so-called ‘early simultaneous bilinguals.’
- (iii) In comparison, those who acquire a second language after the age of twelve are known as ‘late bilinguals.’

First-generation migrants who migrated in adulthood are generally late bilinguals, whereas heritage speakers are early bilingual speakers who are either the children of migrants or first-generation migrants who migrated during childhood. Minority language speakers are generally early bilinguals and, like heritage speakers, they reside in a setting where the majority of the population speaks a different language that is also the socially-dominant language. Heritage speakers are often exposed to the ‘one parent-one language’ pattern where one parent speaks primarily in one language and another parent in another language. In contrast, simultaneous acquisition for minority language speakers generally follows a generational pattern, whereby children use the majority (and sometimes also the minority)

language with their parents and the minority language with their grandparents who in some cases may be monolinguals (see Bromham et al., 2020 for the role of grandparental generation). Migrants, on the other hand, are late bilinguals who, depending on individual experiences, may have an unsupervised learning experience, sometimes with additional input in the classroom.

In addition, for many researchers the moment when language shift takes place is crucial in order to comprehend the effects of L1 attrition. It has been shown, in particular, that bilinguals differ in the degree of L1 attrition depending on whether or not they had reached the onset of puberty when the change in their linguistic environment took place, and whether or not they had sustained input in their L1 until early adulthood (Montrul, 2008; Bylund, 2009; Schmid et al., 2013; Schmid, 2014).

Another important aspect in the literature on L1 attrition is re-exposure to the attrited language. Several studies demonstrate that re-exposure to the L1 can be successful, signifying that an attrited language is not lost and that the brain has the plasticity necessary to recover the use of a language that was forgotten. Whereas heritage speakers can be re-exposed to their heritage language through visits to their country of origin or in the classroom, minority language speakers follow a generalized language shift that takes place at the level of the entire community and with the years have no access to monolingual speakers. And yet processes of revitalization (and to some extent language documentation) can offer a chance to reactivate an L1 no longer in use.

Additional evidence for the plasticity of the bilingual brain comes from elderly bilinguals. Schmid and Keijzer (2009), for example, report cases of reversion of dominance among elder migrants. This means that with age, the L1 may resurface and supersede the dominant language, despite the fact that the latter has been the language of everyday communication for several years. To understand this phenomenon, Schmid and Keijzer (2009) suggest that deterioration in the cognitive mechanism of inhibition, which is known to come with age, may lead to the L1 resurfacing.

Researchers have also set out to identify specific linguistic phenomena that may be more vulnerable to attrition and those that are successfully retained (Keijzer, 2010). It is assumed that the linguistic phenomena which are acquired categorically and early, such as syntax and phonology, would be immune to attrition, and that, in contrast, the linguistic phenomena which are acquired gradually and late, such as lexicon, would be more vulnerable. This approach relies on the ‘declarative/procedural memory hypothesis’ according to which syntactic processing and phonology mainly rely on procedural memory, which is to a large

extent an automatic procedure that handles rule-based procedures, and that lexical processing mainly relies on declarative memory, which stocks memorized words and morphology (Ullman, 2001; Paradis, 2004).

Consistent with this prediction, it has been documented that the lexicon is vulnerable, and that fine-grained differences may arise through the order of acquisition of specific words and frequency thresholds (Montrul, 2008; Montrul & Foote, 2014). In addition, it has been claimed that pragmatic and discourse-related phenomena would be more affected among attriters as they involve an ‘interface’ between syntax and other cognitive domains; this is known as the Interface Hypothesis (Sorace & Serratrice, 2009; Sorace, 2011). In contrast, the Interface Hypothesis predicts that linguistic structures that implicate an interface between different modules of language (e.g., semantics and syntax) should remain intact. Indeed, several studies report that highly proficient heritage speakers process syntactic phenomena similar to monolinguals in terms of accuracy, although they might differ in speed (Montrul, 2006; Jegerski et al., 2016). Some researchers consider that performance, impacting speed, could be disrupted by online processing (i.e., accessibility, retrieval, and inhibition) and cognitive mechanisms associated with the task (e.g., decision making), rather than with lexical or grammatical knowledge *per se* (Ecke, 2004; Schmid, 2013).

In L1 attrition studies, researchers rely on a variety of methods, chief among which is the collection and analysis of free speech that coincides with research in the field of endangered languages. In addition, measures of L1 attrition obtained through fluency and proficiency tasks can be integrated into standard practices in language description and documentation. Below I present some of these methods.

Production of free speech

Schmid and colleagues (2013) argue that the best way to study L1 attrition is through the study of speech production. This is a method that can be relatively easily transferred to the field of language documentation that makes the collection of free speech one of its main goals (Himmelmann, 1998). Free speech data collection can rely on conversations between native speakers, narratives, and semi-structured interviews, or film retelling (e.g., Pear Stories, or a sequence from Charlie Chaplin’s silent film ‘Modern Times’). The size of the free speech data in L1 attrition studies, ranging from 30 to 100 minutes per speaker, is perfectly manageable in the context of language documentation. One important difference, however, lies in the size of the sample, as studies in L1 attrition recommend more than 25 participants for improved

statistical significance, something that may not be possible in the smallest communities of endangered languages.

To analyse L1 attrition, researchers examine words per minute, disfluencies in the speakers' speech as noted through repetitions and self-corrections, and rates of pauses (filled and empty pauses) (Schmid & Jarvis, 2014). Lexical diversity is another possible measure, and in particular, the Measure of Textual Lexical Diversity that seems adapted to small size corpora; this is calculated as the average number of words in a text that remain above a certain type-token ratio (i.e., .72) (Schmid & Jarvis, 2014).

L1 attrition studies typically compare the performance of bilinguals with the performance of a monolingual control group which is similar in age, gender, and education to the bilingual group. This is probably impossible to achieve in most contexts of endangered languages that sometimes lack monolinguals, and in any case cannot be matched for age and education (monolinguals are typically older and less educated than bilinguals). One solution might be to compare the productions of a bilingual speaker in the two languages. Another solution might be to compare the productions of various bilingual speakers from the community.

In Adamou (2016), however, I note that differences in production are also due to different speech-styles. For example, the analysis of pauses among the last speakers of Ixcatec shows that turn-taking in the dyadic male-to-male conversations was slow (average 1,000 ms; calculated in ELAN), with few overlaps and back-channels, but that the dyadic female-to-female conversations were characterized by frequent overlaps, back-channelling, and quick turn-taking (average 220 ms). These are differences between formal and informal speech and in language endangerment it may prove difficult to collect data for all speech styles from all speakers. In Adamou (2016) I also note that rates in the use of words from the dominant language that could point to difficulties with lexical retrieval rather seem to indicate codeswitching patterns in a given speech-community, as I find little inter-speaker variation within a community. However, deviations from such community patterns can help detect outliers and therefore point to potential incomplete acquisition.

Verbal fluency task

Tasks of verbal fluency are rarely used in language documentation, but constitute an easy way of assessing speakers' dominance. Indeed, verbal fluency tasks do not require any stimuli or equipment and are easy to analyse. I recommend the use of the semantic version of the verbal fluency task (i.e., speakers need to produce in one minute — or thirty seconds in some versions — as many words as possible belonging to a specific semantic category). In

comparison, the phonological version of the task (i.e., speakers need to produce in one minute or thirty seconds as many words as possible beginning with specific letters or sounds) is a good indicator of illiteracy (in alphabetic scripts) and is modulated by the level of education (Petersson et al., 2000).

The verbal fluency task draws on the Weaker Links Hypothesis according to which infrequent use of lexical items weakens the associations between word forms and meanings as observed in slower response times (Gollan et al., 2008). In L1 attrition, participants should therefore provide the smallest number of lexical items for the less dominant language, the one that is less activated. Again, this does not mean that speakers do not know more words, rather that they face difficulties with retrieval due to the lower activation of specific lexical items. For example, Linck and colleagues (2009) used a semantic verbal fluency task and found that learners of a second language (L2) who were immersed in the L2 in a study abroad programme produced fewer words in their L1 than L2 learners whose access to the L2 was limited to the classroom.

In our study of Ngigua-Spanish bilinguals from Mexico we tested three semantic categories which are acquired early in childhood, outside of school: animals, body-parts, and fruits and vegetables. The Ngigua-Spanish bilinguals produced a mean of eleven words in Spanish across the three semantic categories, whereas, in Ngigua, speakers produced in average eight words for animals and body parts and four words for fruits and vegetables (in the latter category opting for Spanish lexical items) (Calderón et al., 2019). Difficulties with the vocabulary of fruits and vegetables may perhaps be driven by the cultural context, as this vocabulary is predominantly used in everyday interactions in shops. Results were therefore clearly indicative of Spanish being the dominant language and Ngigua the less dominant language at the moment of testing.

Alternative methods to establish language dominance do not seem to work: Torres Cacoullos and Travis (2018), for example, investigated the rates of use of Spanish and English clauses in their corpus (i.e., coding of the language of the clause based on the language of the finite verb). Their results indicate that the frequency of use of the finite verb in English or Spanish does not correlate with self-reports of language preference or self-rating of language ability. These results are in line with the findings in Adamou (2016) that the combination of elements from two languages in speech typically reflects codeswitching patterns in the community.

Proficiency test

Ecke (2004: 334) suggests that comprehension tasks are also well-suited to the study of L1 attrition since the accessibility problems encountered in production are no longer relevant. In order to test comprehension and measure proficiency, Calderón and colleagues (2019) tried a novel method among Ngigua-Spanish bilinguals from Mexico by using an online, bimodal picture-sentence matching task with auditory stimuli. The task consisted of seventy two relative clauses in Ngigua and seventy two in Mexican Spanish as well as fifty four fillers (testing lexicon, namely verbs, nouns, and modifiers). The experiment was carried out on a computer via Open Sesame allowing for the stimuli to be fully randomized (Mathôt et al., 2012). We tested twenty Ngigua-Spanish bilinguals from the community of San Pedro Buenavista (age of participants ranges from 52 to 88; $M = 74.70$; $SD = 9.46$), and two control groups of Spanish monolinguals, i.e., twenty Spanish monolinguals from the same Ngigua community (age range from 18 to 46; $M = 32.15$; $SD = 7.31$) and twenty Spanish monolinguals from Mexico City (age range from 19 to 77; $M = 45.35$; $SD = 15.31$).

In this study, we found that the Ngigua-Spanish bilinguals did not have more difficulties in Ngigua relative clause comprehension as compared to Spanish. We concluded that, despite Spanish being the dominant language as noted in the verbal fluency task, syntactic knowledge of Ngigua did not seem to suffer from L1 attrition, a result that is consistent with the literature on L1 attrition summarized above. Indeed, these findings attest to the validity of the general observation that speakers who have had early exposure to the native language, before the age of 3, and who had reached the puberty threshold before the language shift, process syntactically complex phenomena similarly in the two languages despite the fact that they have had virtually no exposure to their L1 for several decades (Calderón et al., 2019).

Overall, comparison of the results from the bilingual Ngigua-Spanish speakers with two monolingual Spanish-speaking groups (one from the same community of San Pedro Buenavista and one from Mexico City) revealed important differences in reaction times. Figure 1 shows that bilinguals from the community of San Pedro Buenavista had the slowest reaction times and that monolinguals from Mexico City had the fastest reaction times. Given that the monolingual groups were younger and more educated than the Ngigua-Spanish bilinguals, this suggests that age and education level are factors that affect the results in these tasks.

Indeed, several studies show that younger participants outperform older participants in several tasks and that the effects of ageing are more pronounced after the age of 70 (Feyereisen, 1997). As speakers of endangered languages are often elderly, one should

attempt to distinguish between the cognitive effects of ageing and L1 attrition effects. In order to assess cognitive deficits due to age, it is possible to use a culturally and locally adapted version of the standardized Mini-Mental State Examination (Folstein et al., 1975), with an adjusted cut-off score for illiterate participants (e.g., eighteen). The verbal fluency task is another simple tool for detecting mild cognitive impairment that comes with ageing, with an adjusted cut-off score among illiterate participants at nine words per minute. In addition, one should make sure that auditory stimuli are adapted to each participant (as age-related hearing loss may impact performance on the task), and that visual stimuli are well perceived.

In contrast, there is conflicting evidence in the literature with respect to the role of education. Some results from confrontation naming tasks show that individuals with sixteen years of education perform better than individuals with twelve years of education (Connor et al., 2004), but others show that highly-educated individuals do not necessarily perform better than illiterate individuals or individuals with low education levels (up to three years) when the stimuli include words that do not pertain to school (Ashaie & Obler, 2014). In the Ngigua study, it is possible to argue that relative clauses are typical of more formal registers of speech and that the degree of exposure prior to the experiment may have influenced the performance of the lesser-educated participants.

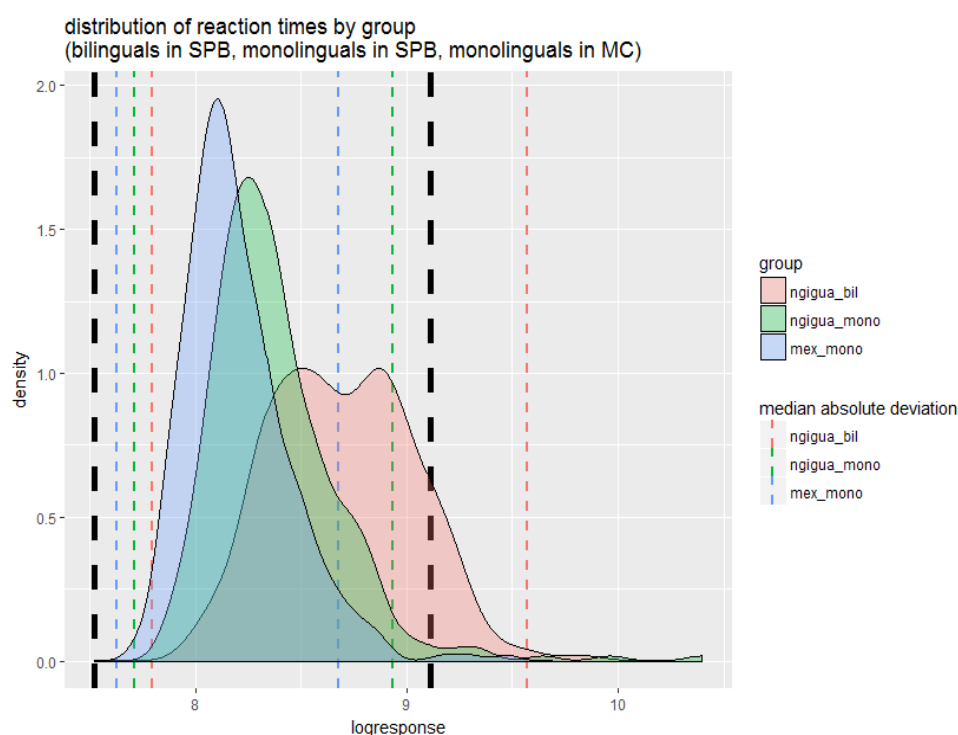


Figure 1. Reaction times in Spanish for elderly, lesser-educated Ngigua-Spanish bilinguals and two Spanish monolingual control groups.

(Blue: density plot of reaction times for monolinguals from Mexico City; Green: density plot of reaction times for monolinguals from San Pedro Buenavista; Red: density plot of reaction times for bilinguals from San Pedro Buenavista. The thick, black dotted lines represent the lower and upper limit of acceptable reaction times according to a calculation of the median and the absolute deviation around the median on the dataset as a whole. The thinner dotted lines, differentiated by color, represent upper and lower limits of reaction times of the different subgroups.)

2.4 Conclusion

This chapter on methodology was organized around three steps:

- (i) The study of language contact phenomena in time and space.
- (ii) The study of ongoing changes at the level of bilinguals and the community.
- (iii) The study of first language attrition.

These three stages were presented separately for the sake of clarity. However, it is uncontroversial that the three mechanisms are at play at the same time. We have seen that first language attrition is a more pronounced effect of bilingualism that relies on the same mechanisms. We have also seen that change at the level of a generation of bilingual speakers is what drives diachronic language change.

These three different levels of analysis also share some common methodologies. For example, analysis of speech production is useful to study language contact, bilingualism across the community, and L1 attrition. Yet we have also seen that some experimental methods from the field of bilingualism and L1 attrition can provide additional information. Verbal fluency tasks are such an example: they are easy to implement and provide a clear result with respect to the language that is most available in the mind of a bilingual speaker at a given moment in time. Sentence processing experiments are another example: they can offer information about the syntactic knowledge of participants in both languages.

A final point related to the main argument of this book: these methods are not only easier to implement in the field of endangered languages than many would think, they also offer the possibility to speakers from all generations and profiles to participate in language documentation programmes. I will discuss this aspect in more detail in Chapter 10.

Chapter 3. The Structure of this Book

After this general theoretical and methodological introduction, the remainder of this book is divided into two parts, addressing two main research questions:

Research question 1. Do bilinguals maintain distinct language-specific conceptualizations?

In other words, what happens when bilinguals speak two languages with different conceptualizations? Which conceptualization prevails in different communicative tasks? What are the factors shaping this outcome?

Research question 2. Are bilinguals confronted with high cognitive costs and if so, how do they manage them?

Is there any evidence that managing two languages is a costlier cognitive task than managing words and structures in a single language? If there are cognitive costs, do bilinguals adopt strategies that help reduce them? Do these strategies work? What are the long-term effects of such solutions?

Part I presents the main findings relative to the first research question, that is, whether bilinguals maintain language-specific conceptualizations or whether they experience conceptual transfer.

Chapter 4 presents the state of the art regarding conceptualizations and conceptual transfer. In Section 4.1, I begin by presenting models of monolingual and bilingual speech production, capturing the process from conceptualizations to the acoustic output. The relation between linguistic and non-linguistic conceptualizations is discussed in some detail, with a focus on the linguistic relativity hypothesis. Linguistic relativity is a long debated hypothesis that holds that our language habits shape the way we think of the real world (Whorf, 1940, 1941). At present, defendants of the ‘neo-Whorfian’ approach consider that language has a strong impact on human cognition and that it filters the neural implementation of experience in the brain. Once these basic approaches have been introduced, Section 4.2 focuses on the central discussion of conceptual transfer. Conceptual transfer is likely to occur from one language to another when the two languages have distinct conceptual representations which are moreover encoded by distinct linguistic means. Following recent findings in bilingual studies, I consider conceptual transfer as an online process that can potentially modify representations in a more

permanent way. In addition, in line with developments in the literature, I consider transfer as a potentially bidirectional process.

In Chapter 5, I focus more specifically on spatial language and cognition. Over the past decades, novel cross-linguistic and cross-cultural data have drawn attention to the existence of geocentric representations of space (based e.g., on cardinal points), including for small-scale arrangements (among others see Levinson, 2003). In comparison, WEIRD populations mostly rely on egocentric representations (e.g., left/right). But how do bilinguals combine distinct spatial conceptualizations when speaking both a language with predominant geocentric conceptualizations and a language with egocentric ones? Furthermore, what happens in cases of language shift from a language with geocentric conceptualizations to a language with egocentric ones? Recent data from rural indigenous communities show that language shift does not necessarily lead to loss of native geocentric conceptualizations of space (Adamou, 2017a; Calderón et al., 2019).

The data that I discuss in this chapter come from the last bilingual speakers of Ngigua, a critically endangered Otomanguean language of Mexico (see 5.1.2 for an introduction of the language and the community). Multimodality, that is, the interaction of speech and co-speech gestures, has emerged as a very relevant approach for the study of conceptualizations in research on bilinguals. Section 5.2 presents multimodal data from 17 bilingual speakers in Ngigua and in Spanish and 17 Spanish monolinguals from the same community (Calderón et al., 2019). Statistical analysis reveals that the bilinguals favour geocentric linguistic conceptualizations, including when speaking Spanish. Surprisingly, the predominance of geocentric conceptualizations was also observed among the Spanish monolinguals in the community. The interpretation of these findings is that despite the shift to Spanish, the way of life in this small, rural community has not significantly changed, and thus geocentric conceptualizations have been retained. In this scenario, conceptual transfer would have taken place at the level of bilingual speakers, from Ngigua to Spanish. Then the younger and more educated monolingual Spanish speakers would have exploited the Spanish cardinal terms to strengthen the geocentric representations that were current in their community. In this way, the younger generations consolidated locally-relevant conceptualizations of space rather than abandoning them altogether for the benefit of the egocentric, literacy-based representations promoted through Spanish-language education. Indeed, we noted that egocentric conceptualizations were used during the task by bilinguals and monolinguals alike, but to a lesser extent than geocentric conceptualizations.

Chapter 6 reports evidence on linguistic conceptualizations of time. Section 6.1.1 starts with an introduction of the types of memory involved when processing past and future events. I then pursue with the presentation of the various mental timelines that have been identified across populations and their reliance on spatial representations through metaphors. In this section, I briefly introduce the importance of the body in language processing and touch upon the discussion of embodied language cognition approaches.

I then turn to discuss the data from Pomak, a Balkan Slavic variety spoken in Greece (see 6.1.2). In Section 6.1.3, I present the phenomenon of nominal tense where tense is marked through spatial-pragmatic and temporal deictics. In Adamou (2011), I remark that the definite article for referents in the interlocutor's sphere (i.e., *t*-article) is also used for past realis reference. The *t*-article contrasts with the distal *n*-article, employed for the irrealis, habitual, and future, and the *s*-article, restricted to 'here and now' for referents close to the speaker's sphere. The temporal reference of the *t*-article was later confirmed using an acceptability judgment experiment with 40 Pomak speakers (Adamou & Haendler, in press). The spatial-temporal uses of these deictics raise the following question: If past referents are associated with the interlocutor's sphere in language, does this association also affect the conceptualization of time?

To tackle the question at hand, I recount the results of a bi-manual response-time experiment (see Section 6.2). 40 Pomak-Greek bilinguals responded to this experiment in Pomak and in Greek. Statistical analyses were conducted using Bayesian models. Analysis of the results shows how language-specific representations of time are activated when available, as is the case in Pomak, but not in Greek, where there are no relevant linguistic cues (Adamou & Haendler, in press). More specifically, we note an effect of the experimenter's position on the accuracy of responses in Pomak, but not in Greek.

The second part of the book (Part II) addresses the question of cognitive costs among bilinguals.

Chapter 7 presents the state of the art. Section 7.1, in particular, begins with an overview of the literature on the question of whether the simultaneous use of two languages has additional cognitive costs, a notion related to executive control. Although it has been shown that humans are slower when they engage in task switching than in repetitive tasks, switching from one language to another is not clearly associated with higher cognitive costs. Indeed, several experimental studies detected high cognitive costs, but recent studies increasingly draw attention to cases where such costs are reduced or disappear. To account for the conflicting evidence, it has been argued that one needs to take into consideration the communicational

habits of the participants, in particular, whether they have the habit of switching from one language to another. This approach is in accordance with the ‘Adaptive Control Hypothesis’ that assumes that the language control network is flexible enough to adapt to the needs of interactional settings (Green & Abutalebi, 2013). It also aligns with predictive models of processing that stress the fact that comprehenders anticipate based on prior experience (MacDonald, 2013).

Chapter 8 probes a Romani-Turkish variety that has been referred to as a ‘fused lect’ and an ‘unevenly mixed language’ (Adamou & Granqvist, 2015) through an innovative experimental approach. The study of Romani-Turkish comprises two on-line experiments: a picture choice task with auditory sentence stimuli (37 participants) and a word recognition task in sentence context (49 participants). Unlike with classic codeswitching, the Romani-Turkish variety is characterized by the typologically rare use of Turkish verb morphology with Turkish verbs inserted into Romani dominant speech. Romani-Turkish language mixing has become emblematic of the community identity as a Turkish (Muslim) Romani community. The goal in this study was to observe whether cognitive costs rise depending on the degree of conventionalization of the Turkish verbs in Romani. Reaction times to Romani-Turkish mixed sentences were compared to reaction times to Turkish unilingual sentences. Mixed-effects logistic regressions were used to analyse the results. The analysis indicates that language switching costs depend on the degree of conventionalization of language mixing. The evidence provides strong support for usage-based approaches to language processing. In addition, these sentence processing data contribute to ongoing discussions about mixed language creation.

Related to the discussion on cognitive costs in language switching is the hypothesis that bilinguals bear a higher cognitive load than monolinguals, a notion associated to working memory (see Section 7.2). I review recent behavioural and neurological evidence on the topic that yields contradictory results. I then examine the literature that considers simplification in language contact as the outcome of high cognitive load among bilinguals.

In Chapter 9, I discuss more specifically the ‘simplification of alternatives hypothesis’ among bilinguals (Silva-Corvalán, 1986). This hypothesis has been supported among others by evidence that bilinguals generalize the Spanish copula *estar* ‘to be’ faster than monolinguals. However some studies have found no such trend (Geeslin & Guijarro-Fuentes, 2008). In Section 9.1.1, I summarize the vast literature on Spanish copula choice. I then introduce a previously non-investigated bilingual population of Mexican Romani-Spanish speakers. I first present an overview of Romani presence in the Americas (in Section 9.1.2)

and continue with the presentation of a contact-induced change that took place in Mexican Romani at the level of attributive clauses (in Section 9.1.3). Specifically, in Adamou (2013) I draw attention to the fact that Mexican Romani speakers have developed a distinction between attributive predications using the copula *si* ‘to be’ and the third person subject clitic pronouns in *l-*. In contrast, Romani speakers from all European dialects only use the copula *si* ‘to be’ in attributive predications. Moreover, in Europe, there is no evidence for any use of the *l-* clitic pronouns in attributive predications; on the contrary, the *l-* clitics are currently in disuse.

In 9.2, I present recent quantitative data on copula choice in Mexican Romani and in Mexican Spanish (Adamou et al., 2019). In this study, 60 Mexican Romani-Spanish bilinguals responded to a preference questionnaire in both Spanish and Romani. The data were compared to the Spanish responses of a group of 62 Mexican Spanish monolinguals. The analysis of the results was performed using generalized linear mixed-effects models. Results confirm the predicted extension of *estar* among bilinguals in the exact same contexts identified by Silva-Corvalán (1986) in her study of Spanish bilinguals in the United States. In parallel, it appears that the uses of the innovative Romani copula have been significantly extended to contexts previously covered by the traditional copula, sometimes amounting to 90-100% of the responses. More notably, comparison of the responses of the Mexican Romani-Spanish bilinguals and of the Mexican Spanish monolinguals indicates that the extension of the innovative Romani copula could be, in turn, reinforcing the generalization of *estar* in the Spanish responses of bilinguals.

Taking into consideration both the diachronic and the synchronic data, I suggest that what could be driving the contemporary simplification processes and the diachronic complexification processes in Mexican Romani is bidirectional conceptual transfer. Bilinguals appear to be constantly updating the linguistic conceptualizations of the two languages to minimize cognitive costs. This process seems to be independent of whether it results in complexification of the grammar, with addition of alternatives, or simplification of it, with reduction of alternatives.

Finally, Chapter 10 in Part III presents a general discussion and conclusions. In Section 10.1, I suggest that, taken together, the data from these lesser-studied populations of bilinguals support dynamic and adaptive models where short-term and long-term language and cultural experiences constantly shape the bilingual mind. Lastly, in Section 1.2, I argue that experimental findings focusing on bilingualism can have much relevance to community

revitalization efforts complementing more traditional descriptive and documentary approaches.

Part I. Do Bilinguals Maintain Language-specific Conceptualizations?

Chapter 4. State of the Art

4.1 Linguistic and Non-linguistic Conceptualizations

Is human language necessary for the formation of concepts? Evidence from other species establishes that even the very small¹⁰ brains of bees are capable of forming some ‘concepts,’ understood not only as perceptual classifications of real world stimuli (referred to as ‘categorizations’), but also as relational classifications that are formed while abstracting away from specific stimuli (Avarguès-Weber et al., 2012). For instance, Avarguès-Weber and colleagues showed that bees are able to learn spatial relationships such as ‘above/below’ and ‘right/left’ in combination with ‘difference.’ Such findings address a fundamental question that has been tackled by philosophers since ancient times by suggesting that human language is *not* necessary to form concepts.

Similarly, in human development, some researchers claim that a variety of conceptual representations of the real world are prelinguistic. In particular, Carey (2011) proposes three such core domains: (i) causal and spatial relations among middle-size and middle-distance objects; (ii) number; and (iii) agents. Carey considers that even though these concepts may be innate, they are not static, but are adapted to environmental needs and, as we will see, language habits. This dynamic nature of concepts is captured by the term ‘conceptualization’ as formulated by Langacker (2008: 30) in the elaboration of ‘cognitive grammar.’ The degree and type of relation between linguistic conceptualizations and non-linguistic conceptual representations has been the topic of great controversy. To address this question, let me first examine how humans produce and comprehend language.

In the now classical model of speech production and comprehension, Levelt (1989) distinguishes three subsystems: A pre-linguistic conceptual system (Conceptualizer), a linguistic system at the lemma level (Formulator), and an output system at the word form level (Articulator). In production, a speaker first activates the Conceptualizer by forming a mental (non-linguistic) message while taking into consideration various contextual and pragmatic factors. The preverbal message then activates the Formulator. At that level, the

¹⁰ The size of the brain and its cognitive capacity are correlated in a more complex manner than initially thought. Recent research, for example, reveals that the brain of some avian species contains numbers of neurons similar to those of mammals though with significantly higher density; see Olkiewicz et al. (2016).

lexical items that are stored in the mental lexicon are activated based on their semantic features. Once lexical items are selected and accessed, the Formulator gains access to their semantic, morphological, and syntactic properties (lemmas) and encodes them into sentences based on thematic roles and phrase generation.¹¹ Verbs are particularly relevant as they assign semantic roles to their arguments. Once the lemmas are put in order, their phonological forms (lexemes) are retrieved and encoded. The information is then sent to the Articulator that converts the acoustic signals into articulatory movements resulting in speech. In speech comprehension, the hearer analyses the speech signal by representing it as a phonetic event. Phonological decoding and analysis of the prosodic structure follows. Then there is the activity of parsing the utterance's syntactic structure. Finally, comprehenders interpret the utterance in the context of the discourse.

Levelt's speech production model was adapted to bilingual speech production by de Bot (1992). In this proposal, de Bot postulates a single, language-independent Conceptualizer for the bilingual speaker. The Conceptualizer elaborates on the language that needs to be selected depending on the context. The model further assumes that a bilingual speaker has two, language-specific Formulators. The mechanism postulated to select the appropriate language follows the Subset Hypothesis (Paradis, 1985). In this approach, the lexicon is stored in a single system with links between its lexical elements; for the bilingual speaker, the two languages are stored in different subsystems of the same lexicon. The intended meaning and the context activate the subsets of words belonging to one of the two languages and the target word is selected. Each language subset has specific activation thresholds and is selected by means of activation processes (Green, 1986). The Formulator then gains access to the lemma and lexeme levels similar to the monolingual speech production model. Lastly, in the bilingual model of speech production, the Articulator is not language specific. de Bot acknowledges that typological similarity and speaker proficiency may play a role in shaping the speech production process. For example, less proficient speakers may have different articulatory subsystems as opposed to early bilinguals who may have a single articulatory system. In keeping with this approach, more recent work stresses the fundamentally dynamic

¹¹ Recent work has revealed frequency effects at the level of the utterance in combination with frequency effects at the word level (Shao et al., 2019). These findings challenge classic 'word and rules' models of utterance production and offer support for 'slot and insert' models (e.g., Dell et al., 1997) or naive discrimination theory (Baayen et al., 2013).

character of bilingual speech production that would need to be integrated into Levelt's original model (Lowie & Verspoor, 2011).

An important question for both the monolingual and bilingual speech production models is whether the conceptual level is independent from language or shaped by it. In the monolingual speech production model, Levelt considers that the preverbal message is, at least to some extent, language-specific: 'Using a particular language requires the speaker to think of particular conceptual features' (Levelt, 1989: 71). Similarly, de Bot (1992) suggests that even though the Conceptualizer is not language-specific, a microplanning level adjusts in some way the language-independent concept to the available coding means in a specific language. Beyond microplanning, however, the importance of the language-specific filter is made even more apparent in the Thinking for Speaking hypothesis elaborated by Slobin (1987). In Thinking for Speaking, Slobin assumes that in the online process of speech production, real-world experience is always filtered by language-specific categories. Thinking for Speaking means that speakers choose 'characteristics that (a) fit some conceptualization of the event, and (b) are readily encodable in language' (Slobin, 1987: 435). In sum, it sounds intuitive that speakers would be influenced by the linguistic conceptualizations available to them through language-specific coding means in the process of speech production. But what happens when humans *do not* speak?

The hypothesis that our language habits largely shape the way we think of the real world, even when we do not engage in speech production, is known as the Linguistic Relativity hypothesis or Sapir-Whorf hypothesis. Benjamin Lee Whorf, inspired by Edward Sapir's work (e.g., Sapir, 1921), formulates the following research question: 'Are our own concepts of "time," "space," and "matter" given in substantially the same form by experience to all men, or are they in part conditioned by the structure of particular languages?' (Whorf, 1941/1956: 138).

Possibly the most advanced domain of investigation that has successfully tackled this fundamental question is colour. Interest in the colour domain started with the pioneer survey of colour names in twenty languages by Berlin and Kay (1969) (see the expanded World Colour Survey www.icsi.berkeley.edu/wcs/). Berlin and Kay hypothesized that colour names appear in human languages following a specific order. In languages with only two colour names, these should be black and white (for dark and light). The third colour name would be red, followed by green or/and yellow, then blue, followed by brown, and finally by colour names for purple, pink, orange, and grey. In addition, authors hypothesized that the focal point of each basic colour should be the same across all cultures independent of differences in

colour names. This study became a case in point for the so-called ‘Universalist approach’ as its authors argued for a predominantly physiological basis to colour categorization.

This pioneering study triggered a number of subsequent behavioural studies in a variety of populations and languages that provided conflicting evidence. For instance, Heider and Oliver (1972) investigated a language with two basic colour names among the Dani people in New Guinea. They found that memory for colour was independent of colour vocabulary. Heider and Oliver also reported an advantage for focal colours noting that they were better memorized than non-focal colours among Dani participants as they were among English-speaking participants. More recently, however, Roberson and colleagues (2000) set out to replicate this study with another population from Papua New Guinea, the Berinmo hunter-gatherers, who speak a language with five basic colour terms. These researchers found that recognition of desaturated focal colours was affected by colour vocabulary, while there was no clear advantage for focal colours. In addition, the study reports that categorical perception among Berinmo and English speakers was closely connected to the boundaries of colour names available in their languages. Against this view, Kay and Regier (2007) compared the Berinmo data and the data from all available languages and found that the boundaries in Berinmo follow universal tendencies as they are more similar to other genetically and geographically unrelated languages with five colour terms.

The advent of electrophysiological and neuroimaging methods in the past decades has led to considerable contributions that have somewhat settled the debate. As summarized in Regier and Kay (2009), it is now possible to conclude that linguistic categorizations do influence categorical perception and discrimination of colour even when humans are *not* engaged in the process of speaking. Remarkably, language categories primarily affect the right visual field, which projects in a contralateral way to the left hemisphere of the brain where lexical representations are processed. Regier and Kay nicely summarize these findings in the title of their paper: ‘Whorf was half right.’ In addition, event-related potential (ERP) studies demonstrated that this lateralized effect occurs at early processing stages, not at later, decision-making stages (Thierry et al., 2009; Athanasopoulos et al., 2010). Finally, as far as developmental patterns of colour perception are concerned, it appears that the prelinguistic categorizations of infants that are located in the right hemisphere of the brain are erased by the linguistic categorizations following the acquisition of language (Regier & Kay, 2009). In sum, studies for colour language and cognition support a weak version of linguistic relativity according to which language allows for faster performance and better discrimination of colours that are linguistically encoded while enhancing their memorization.

Linguistic relativity clearly differs from ‘linguistic determinism’ according to which language would determine the thoughts and perception that speakers of a given language are *capable* of having. Strong evidence against linguistic determinism comes from the domain of number. Frank and colleagues (2008) investigated cognition of quantity among the Amazonian Pirahã people who speak a language that lacks number words. They reported that despite lack of words or other linguistic expressions for numbers, speakers of Pirahã could nonetheless perceive and match exact quantities, not just approximate them. Frank and colleagues also noted that lack of number words did affect accuracy in memorization of large numbers of objects. These findings are again interpreted as evidence in support of a weak version of linguistic relativity where language serves as a tool to support general cognitive capacities.

Importantly, the degree of detail in the linguistic categorizations depends on the cultural interests and needs of peoples and individuals; this is expressed as the Communicative Efficiency hypothesis. To illustrate this hypothesis let us go back to the colour domain. Gibson and colleagues (2017) analysed the results of the World Color Survey, with data from 110 languages. They found that most languages favour warm colour names over cool colour names. To interpret their findings, the authors of this study linked this tendency for warm colour names with the predominant distribution of warm colours for objects and cool colours for natural background. This study further reports that colour naming is culture-specific to the extent that it largely depends on the relevance of colour in a given culture. For example, results from several experimental tasks among the Tsimane’, a hunter-gatherer Amazonian population from Bolivia were compared to two control groups. Analyses showed that industrialisation boosts the relevance of colour by introducing a variety of coloured artefacts. In contrast, for natural objects, the Tsimane’ satisfied their communicative needs without the use of colour names: On the one hand, colour of natural objects is highly predictable, and, on the other hand, they would rely on an elaborate botanical vocabulary instead of an elaborate colour naming system.

The above mentioned studies focus on the effects of lexicon on cognition for colour and number. In addition, there is some evidence that grammar has similar effects on cognition as demonstrated by Lucy (1992) for grammatical number. More recently, Sato and Athanasopoulos (2018) suggest that grammatical categories may impact cognition in a more profound manner than lexical labels do. In their study, they tested the impact of conceptual gender (e.g., conceptually male: *hammer* vs. conceptually female: *necklace*), and grammatical gender (e.g., in French, grammatically masculine: *couteau* ‘knife’ vs. grammatically

feminine: *cuillère* ‘spoon’) on general cognition. Participants were French-English bilinguals and English monolinguals; French being a language with grammatical gender and English a language that lacks grammatical gender. All participants were tested in English so that the influence of French grammatical gender among bilinguals was predicted to be minimal. Results, however, show that even though conceptual gender modulated perceptual judgments for both groups when it was readily available, when there were no contextual cues then English participants relied on conceptual gender and French-English bilinguals on grammatical gender, which is an attribute of the language that was not tested, namely French. Similar results were found in an event-related potentials (ERP) study among Spanish-English bilinguals Boutonnet and colleagues (2012) during a non-verbal task. This suggests that grammatical gender shapes bilingual cognition in a powerful way.

To conclude this section, it is important to distinguish between linguistic conceptualizations, as observed in the process of speech production, from non-linguistic conceptualizations, when humans do not engage in speaking. However, some studies suggest that even non-linguistic conceptualizations are shaped by language in profound ways. In the following section, we turn to discuss how bilingualism affects both linguistic and non-linguistic conceptualizations.

4.2 Conceptual Transfer

When children learn two languages simultaneously, they form and consolidate several concepts at the same time while acquiring new words and structures. In contrast, when adults learn a second language, they do not need to form new concepts, but can draw on concepts available in their first language. When two languages have similar conceptual representations, it is difficult to observe a process of transfer. MacWhinney (2018) refers to this process as ‘positive transfer’ in that it is helpful in a second language learning process. In contrast, when two languages have distinct conceptual representations, both lexically and grammatically encoded, or similar conceptualizations with some fine-grained differences, it is possible to observe either maintenance of the two types of conceptualizations or ‘conceptual transfer’ (Jarvis & Pavlenko, 2008). In the context of second language learning, MacWhinney refers to this process as ‘negative transfer,’ but as we will see, this process may be an advantageous cognitive strategy for bilinguals when there are no prescriptive norms, even if it leads to language change.

Let us start with an example of maintenance. Indeed, some studies show that distinct linguistic and non-linguistic conceptualizations are preserved and can be mobilized depending on the interactional context. In a study of similarity judgments of motion events, Athanasopoulos and colleagues (2015) found that non-linguistic conceptualizations were variably accessed depending on the language in which they were tested. The study involved German-English bilinguals who speak two languages that differ on whether they code aspect or not. In English, the ongoing phase of an event is obligatorily marked on the verb (e.g., the progressive *-ing* form in English), and speakers of these languages are therefore more prone to view events as ongoing. In contrast, German, lacks viewpoint aspect and therefore speakers view endpoints as a part of ongoing events. Advanced German-English bilinguals who were tested in German categorized motion events relying on motion completion to a greater extent than when they were tested in English. In another experiment, comprising verbal interference and switching between languages, researchers found that the conceptual categorization of the nonactive language was more dominant.

Moreover, there is ample evidence in the literature that bilingual speakers rely on conceptualizations of their L1 when speaking an L2 (for an overview, see Jarvis & Pavlenko, 2008). This suggests some degree of resilience at the level of linguistic conceptualizations, where habitual patterns in the L1 prevail when speaking an L2. This outcome, however, is largely dependent on proficiency and experience, as studies show that L2 learners initially rely on the L1 linguistic conceptualizations, but that L2 conceptualizations prevail as they become more proficient in the L2. According to MacWhinney (2018), at first, adult L2 learners rely on the support process of ‘transfer,’ but as proficiency increases, they may start to ‘decouple,’ that is, to access the L2 directly without relying too much on the L1. Little is known, however, about early bilinguals who may not need to go through the stage of ‘transfer’; indeed, it is possible that children can create distinct conceptualizations from their experience in their two languages.

The role of proficiency is demonstrated in Athanasopoulos (2006). In this study, the author compares speakers of Japanese (i.e., a language that has no plural marking), speakers of English (i.e., a language that marks plural), and bilingual Japanese-English speakers with differing degrees of proficiency in English. Participants made non-linguistic judgments based on the number of countable objects (e.g., spoons) and the quantity of non-countable substances (e.g., pepper). Speakers of English considered differences in countable objects as more significant than those of non-countable objects, but speakers of Japanese showed no preference. Interestingly, bilingual Japanese-English speakers behaved like their monolingual

Japanese-speaking counterparts when they had low levels of proficiency of English, but they behaved like their monolingual-English counterparts when they had higher levels of proficiency in English. This suggests that cognition of number is indeed affected by grammatical number. It also shows that cognition is flexible and that it depends on language proficiency.

In comparison, Bylund and Jarvis (2011) report a case where L1 conceptualizations were affected by the L2. These researchers investigated event conceptualization among L1 Spanish-L2 Swedish bilinguals with high levels of L2 proficiency. They report that the bilinguals described motion events by referring to the endpoints more frequently than their Spanish monolingual counterparts did. The authors argue that this difference is due to the influence of the L2, Swedish and, in particular, lack of grammatical aspect, a feature that enhances speakers' attention to endpoints.

Moreover, in a study of motion events, Brown and Gullberg (2011) found that, beside the L1 influence on the L2, there was additional influence of the L2 on the L1. Specifically, Brown and Gullberg examined the production of verbs (preferred in Japanese) and adverbials (preferred in English) involving 'path.' They observed that L1 Japanese-L2 English bilinguals differed from the monolingual control groups in two ways: they used fewer verbs and more adverbials than Japanese monolinguals while using more verbs and fewer adverbials than English monolinguals. These results are interpreted as evidence for gradual convergence between the conceptualizations of the two languages, including at low levels of proficiency of the L2. In addition, the bilinguals' productions were similar in both languages in the expression of 'goal,' but differed from those of the monolingual groups indicating a unique pattern that does not directly stem from either of the two languages. In sum, although the direction of transfer is traditionally thought to take place from the socially dominant language to the heritage or minority language, relatively recent investigations reveal that cross-language interactions are most likely bidirectional.

Finally, it is important to add a component that allows full access to linguistic conceptualizations: co-speech gestures. This follows from the observation that co-speech gestures and speech are conceptually linked and form an integrated system (McNeill, 1992, 2005; Goldin-Meadow, 2004; Kendon, 2004). Although co-speech gestures reflect the online conceptualization of a single event, they can express additional meaning that is not expressed in speech (see Gullberg, 2011 for a review of the literature on this topic). This may be particularly informative in cases of language shift which are the focus of the present book. For example, Ponsonnet (2019) finds that speakers of Kriol (English-based Creole) in an

Australian community where the ancestral language, Dalabon (Gunwinyguan, non-Pama-Nyungan), is being lost, make co-speech gestures around the belly and abdomen regions in line with belly-related metaphors in language that are attested in Dalabon and other neighbouring Australian languages, but not in Kriol.

To conclude, in line with these developments in the literature, I consider conceptual transfer as an online, dynamic process that can potentially modify representations in a more permanent way (see Jarvis & Pavlenko, 2008; Kroll et al., 2015; Schmid & Köpke, 2017; Adamou et al., 2019). When systematically observed among several members of a given community, conceptual transfer at the level of an individual may lead to conventionalization and language change. In the following chapters, I focus on linguistic conceptualizations in two conceptual domains: space (Chapter 5) and time (Chapter 6).

Chapter 5. Space

5.1 Shifting from a Geocentric to an Egocentric Language

5.1.1 *Spatial Language and Cognition*

Since Albert Einstein's special and general theories of relativity in the beginning of the twentieth century, it has become apparent that the way we experience and think of space and time greatly differs from the reality of spacetime: 'Ours is a relativistic reality' (Greene, 2004: 10). Taking this approach one step further, the Linguistic Relativity hypothesis holds that the way that we perceive and think of the real world is largely shaped by our language habits. Whorf submits the following idea: 'We are thus introduced to a new principle of relativity, which holds that all observers are not led by the same physical evidence to the same picture of the universe, unless their linguistic backgrounds are similar, or can in some way be calibrated' (Whorf, 1940/1956: 214). More specifically, about space, Whorf observed that even though 'the apprehension of space is given in substantially the same form by experience irrespective of language (...) the concept of space will vary somewhat with language' (Whorf, 1941/1956: 158).

The degree to which language impacts visuospatial processing is the topic of extensive research. Starting with research on navigation strategies, it has been shown that animals can successfully rely on the geometry of their environment for spatial reorientation. Beginning with evidence from rats, Cheng (1986) found that when rats search for specific targets following disorientation (caused by rotation without any visual input), they rely on properties such as left and right. Similar patterns have been observed with children prior to the acquisition of terms such as 'right' and 'left' (Hermer & Spelke, 1996), and with patients with aphasia who have lost mastery of spatial terms (Bek et al., 2010). These findings support the view that environmental cues are sufficient for spatial orientation independent from language.

However, humans are unique in that they are capable of more sophisticated spatial representations. Researchers have argued that these elaborate spatial representations come along with language development at ages five to seven (Hermer-Vasquez et al., 2001). Similarly, researchers found that consistent linguistic encoding of 'left' and 'right' in an emerging sign language in Nicaragua correlated with better spatial skills in reorientation, and that consistent linguistic encoding of an object (dubbed 'ground') to locate another object

(dubbed ‘figure’) correlated with better skills in rotated arrays (Pyers et al., 2010). Evidence from the field of neuroscience is also very informative about the contribution of language to prelinguistic spatial abilities. Sutton and colleagues (2012), for example, used functional magnetic resonance imaging (fMRI) to investigate neural activity in the human brain in three different environments: a rectangular walled room, a rectangular arrangement of pillars in an open field, and a rectangular floor in an open field. They found that language regions activated in environments with the most ambiguous geometric information. In line with the weak version of the linguistic relativity hypothesis, it can be said that language provides extra help for spatial navigation in cases of difficulty or ambiguity.

A particularly productive line of inquiry on cognition and the role of language relies on spatial relations between objects. A number of cross-cultural and cross-linguistic investigations support the view that language categories play an important role in guiding the choice of spatial memory strategies (Levinson, 2003; Majid et al., 2004). For example, in order to linguistically describe the location of two objects, at least three descriptions are possible: (a) an ‘egocentric’ description where the speaker’s viewpoint locates one object to the left or right of another object; (b) an ‘intrinsic’ description where an object is located with respect to another object’s properties (e.g., back, front, or side); and (c) a ‘geocentric’ description where an object is located with respect to some environmental features such as cardinal points, the trajectory of the sun, tides, wind directions, or landmarks such as mountains and rivers. Levinson argues that these linguistic preferences will determine the preferred memorization strategy in spatial recall.

A standard¹² experimental task to test memorization strategies in the field is ‘Animals in a Row,’ developed by Levinson and Schmitt at the Max Planck Institute for Psycholinguistics (Levinson & Schmitt, 1993). Participants in this task are asked to memorize the placement of three, small, toy animal figures positioned in a row in front of them. They are asked to recall this initial placement and reconstruct it a few meters away after a 180° rotation. There are variants of the task with some studies relying on four objects, of which three are kept for each trial, others that rely on three objects. The version with four objects is considered cognitively challenging and is associated with a greater memorization effort. In some studies, researchers conducted at least five trials with each participant, others reduced the number of trials to

¹² Using a Google scholar search and additional searches on the Internet with ‘Animals in a Row task’ as keywords, I retrieved peer-reviewed publications that fitted the search. I found that the task has been tested among more than 2,800 individuals.

three. Studies also vary with respect to location: some were conducted indoors, with no access to visible environmental features, others were conducted outdoors, where landmarks could easily serve as anchors. Most studies used a table-top space, with some researchers laying the objects on the ground instead, in a more culturally-adapted fashion. This task has typically been considered a non-verbal task, as participants do not engage in speech production during the trials. However, it is important to note that the task is not designed to control for the use of language as a memory aid through inner speech. Methods that can successfully control for the formation of a verbal memory trace comprise a condition with linguistic interference from a concurrent task during memorization and a condition with non-linguistic interference (Trueswell & Papafragou, 2010). A disadvantage of these conditions is that they significantly increase cognitive load and render the task difficult for elderly participants who, in the case of language endangerment, are often the only available participants. An alternative is to ask participants whether they have used language to memorize the placement of the animal figures once the task is completed.

Overall, responses to the Animals in a Row task provide results confirming the neo-Whorfian hypothesis, that is, that language habits predict the preferred memorization of spatial relations. However, recent evidence from three indigenous communities points to an intriguing outcome: It appears that in the same Animals in a Row task, participants provide a majority of ‘geocentric’ responses, that is, memorizing the animal figures with respect to a cardinal point (e.g., the animal is easternmost or westernmost), even though they no longer speak a language with geocentric terms or no longer use those terms. For example, Meakins and colleagues (2016) found that the Gurindji participants in Australia gave a majority of geocentric responses whether they spoke Gurindji, a Pama-Nyungan language with an elaborate system of cardinal terms, or Gurindji Kriol, a mixed language resulting from an English-lexified creole and Gurindji that has not retained the Gurindji cardinal term system. Similarly, Le Guen (2011) reported a difference between women and men in their mastery of geocentric language in Yucatec Maya, as only men engage actively in activities in the surrounding forest. Yet he found that, independent of knowing and using geocentric linguistic terms, the Yucatec Mayas in Mexico strongly favoured geocentric responses in the Animals in a Row task. Finally, Adamou and Shen (2017) also report that the Spanish-speaking Ixcatecs in Mexico provided a majority of geocentric responses in the Animals in a Row task despite the fact that their Otomanguean language, Ixcatec, fell into disuse three generations ago.

It is admittedly difficult to unambiguously interpret these findings. It could be argued that maintenance of geocentric conceptualizations without the support of linguistic encoding

confirms that spatial memorization is influenced by culture and environmental factors independent of language. Or, following the neo-Whorfian studies, it could be said that the geocentric conceptualizations were somehow transmitted from the endangered language to the dominant language. Alternatively, one could argue that a combination of these two accounts provides the best explanatory basis for the interpretation of these findings.

Indeed, on the one hand, maintenance of geocentric conceptualizations probably relates to the socio-cultural interaction of people with their environment, both built and natural. This is captured by the Sociotopographic Model by Palmer and colleagues (2017). For example, research on two Tamil-speaking communities revealed that rural communities favour geocentric thinking whereas urban communities favour egocentric thinking (Pederson, 1993). Palmer and colleagues (2017) also report that Dhivehi-speaking communities dedicated to fishing rely on geocentric representations whereas Dhivehi-speaking non-fishing communities rely on egocentric representations. Similarly, Mishra and Dasen (2013) find that geocentric encoding among children living in India and Nepal is not merely a function of language, but is shaped by experience in their everyday life. For example, religious practices play a role in that they might impose right/left-hand rituals or attention to cardinal directions (e.g., in Buddhist, Hindu, and Muslim rituals). Moreover, the type of mobility in everyday life plays a key role. In their study, Mishra and Dasen find that children who were led to school made limited use of geocentric language, possibly as they paid less attention to their surroundings. In comparison, children who went to school alone had a higher mastery of geocentric language. Similarly, the importance of environmental experience is highlighted in a study among Quechua-Spanish bilinguals from Peru (Shapero, 2017). The author reports that long-term experience of participants as herders in the high pasturelands as opposed to sole agricultural practice around the residential area influenced responses in the ‘chips’ memorization task (a task that uses cards with two circles rather than animal toys): participants with extensive experience in herding responded more geocentrically than participants with experience in farming who responded egocentrically. The study also noted the overall weak use of geocentric responses despite geocentric spatial expressions being predominant in Quechua.

On the other hand, discrepancy between geocentric memorization strategy and language encoding may be due to the fact that lexical and grammatical means do not provide full access to spatial linguistic conceptualizations. Indeed, recent research shows that co-speech gestures offer a window into the full range of linguistic conceptualizations. Le Guen (2011), for example, reports that the Yucatec Mayas combine deictic terms (e.g., ‘this one,’ ‘there’) with geocentric gestures in face-to-face communication. Meakins (2011) also finds that Gurindji

Kriol speakers use deictic terms and pointing gestures. What these studies suggest is that deictic terms and geocentric or direct pointing gestures offer enough support to ensure the transmission and use of geocentric conceptualizations, even after the loss of geocentric vocabulary and grammar. In contrast, the use of ‘egocentric’ responses in the Animals in a Row task, that is, memorizing the animal figures based on one’s own body and viewpoint (e.g., the animal is at my right or left hand), seems to rely more heavily on the knowledge of corresponding linguistic terms, ‘left’ and ‘right.’ Indeed, in a study among the Zapotecs in Mexico, Marghetis and colleagues (2014) find a correlation between how well participants knew egocentric terms and how often they adopted egocentric strategies to respond to the memorization task. In line with these findings, Meakins and colleagues (2016) note that, as predicted by the neo-Whorfian hypothesis, the more educated Gurindji participants relied more strongly on egocentric responses. Indeed, education and literacy are known to favour the adoption of an egocentric perspective, for example, through reading and writing from left to right. These results suggest that geocentric and egocentric conceptualizations are subject to a different set of factors.

Although the impact of bilingualism has been the object of investigation for spatial memorization (Bohnenmeyer et al., 2015; Meakins et al., 2016), there has been virtually no comparison of the linguistic productions of the participants in the two languages or a confrontation of the bilinguals’ productions to those of monolingual control groups as is typical in bilingual studies. Thus the way geocentric and egocentric conceptualizations combine in the mind of a bilingual speaker remains largely unexplored. In Adamou (2017a), I provide some qualitative evidence from the last speakers of Ixcatec, an Otomanguean language of Mexico with only four fluent speakers left. In this study, I note that a shift from geocentric to egocentric conceptualizations was triggered by the use of the Spanish term ‘left’ as evidenced in the speaker’s co-speech gestures. The study by Calderón and colleagues (2019) among the Ngiguas in Mexico is an attempt to bridge the gap between methods and insights from bilingual studies and the study of spatial language and cognition in the field by examining both speech and co-speech gesture.

5.1.2 Background on Ngigua

Ngigua (ISO-639 code: *coz*) is a language spoken in Mexico that belongs to the Popolocan branch of the Otomanguean stock, together with Popoloc, Ixcatec, and Mazatec. Glottochronological analyses suggest that Ngigua and its closely-related variety Ngiba split

up eight centuries ago from Popoloc. Ixcatec was already separated some thirteen centuries ago and Mazatec twenty five centuries ago.

Ngigua, meaning ‘our language,’ is a self-denomination. The language has mostly been referred to in the literature as Chocho or Chocholtec, but recent years have witnessed the abandonment of this language name due to its derogatory meaning: Chocho is most-likely derived from the Spanish verb *chochea*, which means ‘to become senile’ and more broadly to ‘talk like a senile person.’

According to the National Institute of Statistics (*Instituto Nacional de Estadísticas y Geografía*, INEGI), in 2015, roughly half of the Ngiguas were speakers of either Ngigua or of the closely-related variety Ngiba (more than 700 speakers for 1,500 people). According to these statistics, all the Ngiguas are bilingual with Spanish, as is the case for over 98% of the Mexican population. The majority of the speakers use the Ngiba variety, are typically above 50 years of age, with a majority of women. Half of the Ngiguas reside in the State of Oaxaca, the other half having moved to Mexico City, the city of Puebla or other areas in the country mainly due to economic reasons. Most speakers of Ngiba/Ngigua reside in five municipalities of the Mixteca Alta in the State of Oaxaca: Teotongo, San Miguel Tulancingo, Santa Catarina Ocotlán, San Pedro Buenavista, and San Jose Monteverde (see map in Figure 2). There are at least six more communities where the language is no longer spoken, but are interested in the revitalization of Ngiba/Ngigua: Coixtlahuaca, which is the administrative centre, Tlacotepec Plumas, Teopan, San Mateo Tlapiltepec, San Miguel Tequixtepec, and San Cristobal Suchixtlahuaca.

In the pre-Hispanic period, the small towns and villages of the Coixtlahuaca Valley were part of what can be translated as a ‘kingdom’ organized around the city of Coixtlahuaca, which was founded around AD 1200. Information about the civilization of the Ngiguas in the postclassical period (AD 950-1600) comes from an important corpus of written documents, relying on logographic-pictorial scripts, documenting lineages of dynastic alliances, boundaries, and historic events (e.g., the Lienzo of Tlapiltepec; Brownstone, 2015). From the study of these documents, we learn that the Ngigua society was greatly structured, comprising the royal couple and the nobility who controlled the positions of power, the land, the natural resources, the production and distribution of goods and services, and the religious institutions, and received tribute levy by the people. The other major groups were those of priests, administrators, artisans, tradesmen, and farmers. The community was united by family ties, land, and religion. In the years before the arrival of the Spaniards, the city of Coixtlahuaca and the valley came under the control of the Aztecs, who most likely benefitted from internal

divisions among the Ngigua rulers. The arrival of the Spanish *conquistadores* significantly diminished the size of the Ngigua population due to disease and slavery, as in most of the Americas. More specifically, it is estimated that the population in the Mixteca Alta was drastically reduced from 700,000 people in 1520 to less than 25,000 a hundred years later (Cook & Borah, 1968).

In precolonial and early colonial times, the Ngiguas were trilingual to some extent, as they lived together in some localities with the Mixtecs, who spoke Mixtec (Mixtecan, Otomanguean), and used Nahuatl (Nahuatl, Uto-Aztecan), the language of the Aztec Empire, as a *lingua franca*. In the early sixteenth century, when the newly acquired territories became part of New Spain, Spanish became the language of relations with the new administration (in 1535). Interestingly, Ngigua/Ngiba was among the rare indigenous languages to be extensively written from the sixteenth to the nineteenth century. Despite the high status of Ngiba/Ngigua, the process of language shift to Spanish was accelerated through Spanish monolingual educational policies starting at the end of the nineteenth century and intensifying in the early twentieth century.

The recognition of official status for the 365 indigenous languages in 2003 with the law for the linguistic rights of the indigenous peoples (*Ley General de los derechos lingüísticos de los pueblos indígenas*) does not seem to have sufficed to halt the shifting process in any significant way. In addition, although classes in Ngigua/Ngiba kindergartens and primary school are officially in place, the outcome in terms of language proficiency among the youth is not evident. Additional language classes are organized among the youth by local associations such as the Regional Committee for the Revitalization of the Language Ngiba/Ngigua (*Comité Regional para el Rescate de la Lengua Ngiba-Ngigua*). These initiatives are the continuation of a number of actions undertaken in the 1980s with support from the Office of Indigenous Education (*Dirección General de Educación Indígena*) and the participation of many Ngiguas, leading to the organisation of the first Chocholtec congress (*Primer Congreso Chocholteca*) and the creation of alphabets, lexicons, and teaching materials.

Linguistic research on Ngigua/Ngiba starts with the study of Belmar (1899), and continues during the twentieth century with an article on verb morphology (Mock, 1982), and a grammar (Veerman-Leichsenring, 2000). These studies point to the complexity of Ngiba/Ngigua, which, like a typical Otomanguean language, has a complex phonological inventory, complex relations between tones, contrastive phonation, and stress, as well as a particularly complex verbal morphology. Ngiba/Ngigua is also interesting in that it has a

phenomenon known as ‘semantic alignment,’ that is, an agentive single-argument (S) is encoded, through verbal agreement, in the same way as an agent-like argument (A) and a non-agentive single-argument (S) in the same way as a patient-like argument (P) (see Mock, 1982). Most studies were conducted on Ngiba, in the locality of Santa Catarina Ocotlán (see map in Figure 2). In contrast, we conducted our study on Ngigua as spoken in the community of San Pedro Buenavista.

San Pedro Buenavista is located in the northern part of the Mixteca Alta Mountains at an altitude of 2400 m above mean sea level. It is part of the State of Oaxaca and the Municipality of Santa María Nativitas. San Juan Bautista Coixtlahuaca, is the administrative centre of the area, and Asunción Nochixtlán, is a nearby city with a variety of commercial activities.

San Pedro Buenavista is a small community with 177 inhabitants (in 2010 according to the population census, *Censo de población*), of which 32 declared speaking Ngigua (in 2015 according to the INEGI). There are practically no children left in the community and the population is ageing. San Pedro Buenavista is a rural community where people practice subsistence farming and home gardening, pursuing the pre-Hispanic maize culture, alongside other kinds of crops. The area has a subtropical dry winter climate with the rainy season extending from June through September. Climate change, however, has resulted in the late onset of the rainy season, prolonged drought, and increased storm intensity. Such environmental variables are monitored by farmers as they can enable or constrain agricultural tasks such as planting and harvesting. Overall, climate change, soil erosion, desertification, and other factors make self-sufficiency difficult to achieve. In addition, market values created by trade policies, such as the North American Free Trade Agreement (NAFTA), make it impossible for small-scale agriculture to generate any significant income. Thus the inhabitants of San Pedro Buenavista further rely on small-scale cattle breeding, animals providing a source of income in times of need, and exploitation of forest resources. In fact, the source of a more stable, yet very modest, monetary income comes from palm weaving, producing palm hats and other crafts. This difficult economic situation of the Ngiguas is not exceptional, as the State of Oaxaca ranks in the lowest socioeconomic level in Mexico along with the State of Guerrero and the State of Chiapas (according to statistics by the INEGI).

The community is characterized by strong social cohesion and is governed by a number of indigenous customary law and legal practices, known as *usos y costumbres* ‘traditions and customs.’ This set of laws was formalized in the 1990s by an amendment to the Constitution of the State of Oaxaca and its Code of election procedures following social unrest and indigenous rights movements in Mexico. The main religion among the Ngiguas is

Catholicism, and is a core component of community life. Telephone landlines and mobile phone access are very limited in the village, restricting communication with outsiders. Mobility to nearby cities is difficult as few people in the community own a means of transport and need to hire a taxi.

Finally, in terms of the natural and built environment in San Pedro Buenavista, we note that the community's church observes an East-West orientation. The main road in San Pedro Buenavista follows a North-South orientation, with most houses built along this road, and agricultural fields spread out in the surrounding area.



Figure 2. Map of the locations where Ngiba/Ngigua is spoken. The study on Ngigua was conducted in the village of San Pedro Buenavista in the State of Oaxaca, Mexico (shown also in the inset map of Mexico).

5.2 The Ngigua-Spanish Multimodal Data

In this section, I examine how linguistic conceptualizations are affected when a linguistic community shifts from one language to another but largely maintains the same way of life as before the language shift. The question has recently been raised using the popular, though disputed, example of fine-grained ‘snow’ categorization by Eskimos that is presumably reflected in their lexicon (Whorf, 1940/1956: 216): ‘Would such Eskimo populations be

affected in their discrimination of snow types if they continued to live where and as they now do, but came to speak English rather than an Eskimo language?’ (Li & Gleitman, 2002: 272). By examining communities in which the native language is practically extinct but have not radically changed their way of life and their relation to their natural environment, I set out to identify the aspects that stem from the disappearing language and how these are shaped following shift to a different language.

To obtain data comparable with most studies in the field of spatial language and cognition, the Animals in a Row task was applied with the Ngiguas. However, analysis of results revealed a majority of errors in the responses of the bilinguals, indicating that the cognitive load was too important, possibly because we used the version with four animals.¹³ The specific linguistic means in Ngigua and in Spanish in small-scale arrangements were examined using a director-matcher task where one participant had to guide the other participant into selecting a specific picture depicting a ball and a chair. The analysis of the responses showed that bilinguals opt for non-egocentric linguistic means in Ngigua, but that they opt for egocentric means when speaking Spanish similar to the monolingual Spanish participants (Calderón, in progress). The use of non-egocentric linguistic means in this task is significant as small-scale relations are thought to favour egocentric and intrinsic descriptions over geocentric ones. Finally, in order to investigate the full range of linguistic conceptualizations of the Ngigua-Spanish bilinguals in speech production, a study of speech and co-speech gesture was conducted involving large-size entities located in the community (Calderón et al., 2019). I recount the results of this study in the following section.

5.2.1 Localization Task

Methods

Participants

We tested 17 Ngigua-Spanish bilinguals and a control group of 17 Spanish monolinguals, all from the community of San Pedro Buenavista. All participants had low income levels. They were all residents of the community of San Pedro Buenavista and typically had little to

¹³ See Adamou (2017a) for a successful application of this task with three animals among the elderly Ixcatecs; an additional facilitating factor in the Ixcatec study may have been the use of culturally-adapted handcraft clay animal figures instead of bath toys standardly used in this task.

no mobility outside the community. Among the bilinguals, only one had spent four years outside of the community, but among the monolinguals, six had lived in other Mexican cities for less than six years.

All the bilingual participants had attended primary school at most. The monolingual control group was more educated: three participants had attended primary school at most, the majority having completed middle-school. Among bilinguals, there were 16 women, and among monolinguals 10 women. The age of the bilingual participants ranges from 52 to 87 ($M = 73.24$, $SD = 9.18$), and the age of the monolingual participants from 24 to 46 ($M = 33.12$, $SD = 6.98$). Table 1 summarizes these characteristics.

A sociolinguistic interview allowed us to determine that most bilingual participants shifted to Spanish when they got married and became parents, that is, in (early) adulthood.

Table 1. Descriptive representation of the participants from San Pedro Buenavista with respect to group, years of education, and age

		Ngigua-Spanish bilinguals	Spanish monolinguals
Education	<i>0-6 years</i>	17	3
	<i>7-12 years</i>	0	13
	<i>13-15 years</i>	0	1
	<i>Total</i>	<i>17</i>	<i>17</i>
Age	<i>18-34 years</i>	0	12
	<i>35-60 years</i>	1	5
	<i>61-88 years</i>	16	0
	<i>Total</i>	<i>17</i>	<i>17</i>

Design

The localization task is a language production task that aims to investigate the linguistic conceptualizations of spatial relations between two outdoor, large-size entities that the participants are familiar with and have had direct experience with. Participants are asked for example: ‘Where is the primary school in relation to the clinic?’ The localization task was successfully applied among different populations in Mexico for the study of speech and co-speech gesture; Le Guen (2011) first conducted the task among the Yucatec Mayas, and Adamou (2017) conducted an adapted version among the Ixcatecs.

In our study, the questions were adjusted to the local environment of the Ngiguas and to buildings they were familiar with. Four questions targeted the localization of different entities in the community of San Pedro Buenavista, where participants were tested, and four questions targeted the localization of entities in the administrative centre of the area, the city of Coixtlahuaca, at a distance of 11 km from the location of testing. Thus participants potentially had daily experience with the buildings in their own community, and more occasional experience with the buildings in the neighbouring community. In both cases, participants could opt for a description of the location of the two entities from an imagined position, but we predict that only in the descriptions of buildings located in their own community would they be susceptible to describe them from their current body position (through pointing). An imagined perspective could rely on the position of the entities from the observer's viewpoint (dubbed 'egocentric'), on orientations intrinsic to the layout (dubbed 'intrinsic'), or on the position of the entities with respect to some environmental feature or landmark (dubbed 'geocentric'). The questions were designed to allow for the examination of north/south and east/west axes following the observation that for rural populations the sun position along the east/west axis may influence conceptualizations differently than the south/north axis (see for an example Boroditsky & Gaby, 2010). Half of the participants faced north and half faced east.

Predictions

Based on the literature on bilingual conceptualizations, it is possible to formulate three hypotheses:

Hypothesis 1: If proficient bilingual speakers are able to maintain distinct linguistic conceptualizations in their two languages, then the last bilingual Ngiguas should use egocentric linguistic means and gestures in Spanish and geocentric linguistic means and a combination of deictic and geocentric gestures in Ngigua.

Hypothesis 2: If linguistic conceptualizations are altered by the dominant language, then, given that Spanish was the dominant language in the verbal fluency task (see Section 2.3 and Calderón et al., 2019), we expect that egocentric linguistic means, associated with Spanish, and egocentric co-speech gestures will be preferred in both Spanish and Ngigua.

Hypothesis 3: If linguistic conceptualizations are strongly dependent on non-linguistic factors such as the interaction of people with the natural environment, as the Sociotopographic Model suggests, then geocentric conceptualizations should be dominant in the two languages of the Ngiguas as they reside in a small, rural community, and engage daily with activities related to their natural environment.

Procedure

The research project on spatial language and cognition received the support of the Regional Committee for the language Ngiba/Ngigua and of the local authorities that regard any activity on the language as a very positive step for the preservation of the Ngiba/Ngigua culture. In practice, Erendira Calderón informed authorities about the goals of the project. In addition, before starting the working session, she explained together with a committee member, Edgar Hernandez, the goals of the project to each participant individually. Participants were compensated with money for their collaboration and were informed that the payment was provided by the research institution, not the researchers. Before the working session, a declaration of informed consent was signed by each participant, and, for illiterate participants, agreement was based on explicit and recorded oral consent.

Participants were tested in the yard of their homes in San Pedro Buenavista. A chair was set in a given direction (north or east) that was controlled by a compass iOS. Gestural space was not limited by any furniture so that the speakers could freely move their hands. The sessions were filmed using a Nikon D5200 digital camera and recorded using a Marantz solid-state recorder with an external microphone.

The testing was conducted by Erendira Calderón who is a native speaker of Mexican Spanish. Instructions and questions were translated into Ngigua by a local interpreter. The instructions were provided in Spanish or Ngigua depending on the version and the order of the versions was counter-balanced among the bilingual participants (half started with Spanish and the other half with Ngigua). The interviewer asked the speakers to locate a building with respect to another building. Participants responded by memory, without any visual support. The task lasted approximately five minutes. Two bilinguals and one monolingual found the task difficult and their responses were excluded from the analysis.

Annotation and coding

For the annotation of the responses we used the ELAN format from the Max Planck Institute for Psycholinguistics (Nijmegen, Netherlands).

For the linguistic encoding, three tiers were created: one tier was for broad phonetic transcription, one tier for words, and one tier for broad translation. These tiers were synchronized with the video files.

An additional tier was created to code frame of reference in speech, that is, to code the way participants talked about the spatial relations between the two entities. Responses were coded as ‘egocentric’ when the two entities were located in relation to an imaginary viewpoint whereby an observer is locating the entities with respect to one’s viewpoint and body, typically with terms such as ‘left’ and ‘right.’ Responses were coded as ‘geocentric’ when entities were located with reference to some environmental entity or cardinal direction, typically with words such as ‘east’ and ‘west.’ Responses were coded as ‘intrinsic’ when the properties of one of the two entities served to locate the other entity, for example, its ‘front,’ ‘back,’ and ‘sides.’ In addition, locative expressions of coincidence were coded: deixis, topology, and toponymy (i.e., place names) (Levinson, 2003).

Two more tiers were used to code gestures. Co-speech gestures were coded in one tier following McNeill (1992: 89) by dividing the gestural space into extreme periphery, periphery, and central gestural space. This was combined with the left/right axis to further distinguish gestural space into left, right, upper, upper-right, upper-left, and lower, lower-right, lower-left.

In another tier we coded the different types of abstract deictic gestures (i.e., locating entities that are physically not present in the gestural space) depending on the frame of reference. We coded direct pointing, geocentric, and egocentric frames of reference (see Le Guen, 2011), and added ‘mixed gesture’ for gestures that were a combination of geocentric and egocentric responses. In total, 313 gesture strokes were coded for the bilinguals when they spoke Spanish, 268 for the bilinguals when they spoke Ngigua, and 283 for the monolingual Spanish speakers.

Statistical analysis

Stefano de Pascale carried out statistical analyses using Poisson regressions and Post-hoc Tukey tests (Calderón et al., 2019).

Results

A quantitative view of the results reveals that Ngigua-Spanish bilinguals speaking in Spanish and Spanish monolinguals from the community both produced a majority of

geocentric co-speech gestures (see Figure 3). Statistical analyses (Calderón et al., 2019), confirm that being bilingual or monolingual in Spanish does not influence the frequency with which geocentric co-speech gestures are employed ($p = 0.38$). The analysis shows that the bilinguals combined geocentric co-speech gestures with Spanish or Ngigua deictic terms such as ‘here’ and ‘there’ and topological terms such as ‘above/up’ and ‘below/down.’ Deictic linguistic expressions were used more frequently by bilinguals speaking Spanish (8.09), followed by themselves speaking Ngigua (5.59), and by the Spanish monolinguals (2.34); pairwise comparisons were significant (at least $p < 0.05$). Topological linguistic expressions were used more frequently by bilinguals in Ngigua (6.31), followed by themselves in Spanish (4.67), and the monolinguals (2.40). Bilinguals responding in Ngigua differ significantly from the monolingual group ($p < 0.01$) but not from themselves when responding in Spanish ($p = 0.13$). An unexpected finding was that Spanish monolinguals additionally employ cardinal terms, for example, *poniente* ‘west,’ in combination with geocentric gestures. In comparison, cardinal terms were rarely used by the bilinguals in Spanish and never used in Ngigua. Statistical analyses confirm that, as far as geocentric linguistic expressions are concerned, bilinguals responding in Ngigua differ significantly from the monolingual group ($p < 0.001$), but not from themselves when responding in Spanish ($p = 0.14$).

In contrast, although geocentric gestures were also frequent when bilinguals spoke Ngigua (5.94), they mainly relied on direct pointing. When speaking Spanish, direct pointing was also frequent among the bilinguals (4.02) but not among the monolinguals (2.01).

Egocentric gestures were used by all the participants to a lesser extent: They were more frequently used by the bilinguals when speaking Spanish (1.98), followed by the monolingual Spanish speakers (1.24) and the bilinguals when speaking Ngigua (0.77). Egocentric gestures were used in combination with egocentric terms such as ‘right’ and ‘left’ more frequently by monolingual speakers (2.83), followed by bilinguals speaking Spanish (2.30) and by the bilinguals speaking Ngigua (2.10).

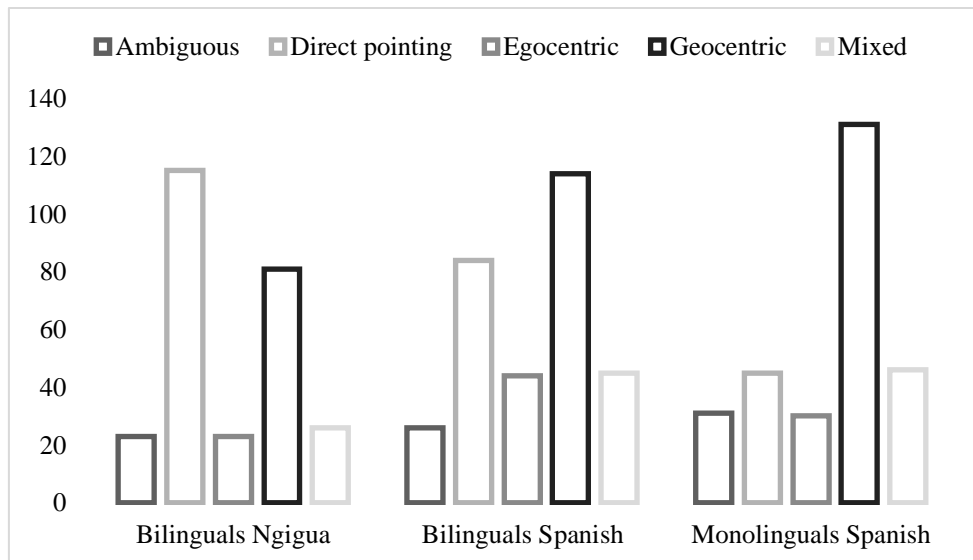


Figure 3. Mean number of co-speech gestures in Nguia and Spanish among bilinguals and monolinguals

Figure 4 illustrates the use of geocentric co-speech gestures with topological expressions when responding in Nguia. The speaker (facing north) first places one entity by gesturing behind her (to the south) with her palm open, followed by a gesture in the space in front of her to locate the other entity (to the north). The gestures correspond to the exact locations of the two entities in the south and north in the neighbouring city of Coixtlahuaca; as the locations are distant from the location of the task, we do not expect the gestures to be deictic. In addition, geocentric gestures, using the palm, differ from direct pointing, which is more frequently expressed through finger pointing. Both of the speaker's gestures in this example combine with topological terms such as *kadia* 'above/up' and *jangi* 'below/down' which adequately describe the entities in the topography of the city of Coixtlahuaca; see example 1 where square brackets correspond to the duration of the gesture and bold letters to the gesture's stroke (i.e., the meaningful part of the gesture).



Figure 4. Bilingual speaker facing north using geocentric gesture and topological expressions (Stills from videos associated with Calderón et al., 2019 and available online at 10.17632/bbzjg97smz.1)

(1) Ngigua (Popolocan, Otomanguean)

mm sua ningu [jie me gii isa kadia nunga sua centro]
 INTJ ART church big so LOC.3SG more above for ART center
 ‘Hmm, the big church, so it is farther above in the center,

[me ti isa jangi sua] ta-detua
 so until more below ART CLF-municipality
 so the municipality is below.’ (Calderón et al., 2019: 32)

The same combination of geocentric gestures with topological terms is found in the Spanish responses of the bilinguals; see Figure 5 for an example. First, the speaker locates one entity *arriba* ‘above/up’ without making any gestures. Then she locates the other entity with the term *abajo* ‘below/down’ and makes an accompanying gesture from east to west (the speaker faces north) to specify the location with respect to cardinal points. As in the previous example, the description is accurate with respect to cardinal points and the topography; see example 2 for the linguistic description.



Figure 5. Bilingual speaker facing north using geocentric gesture and topological expressions (Stills from videos associated with Calderón et al., 2019 and available online at 10.17632/bbzjg97smz.1)

(2) Spanish (Romance, Indo-European)

a pues ahí está para arriba auditorio y
 INTJ so there be.3SG toward above/up auditorium and
 ‘Ah, so there it is above, the auditorium,

[y **abajo** está] el / [el corredor **es#**] ahí#
 and below/down be.3SG DEF.SG.M DEF.SG.M corredor.SG.M be.3SG there
 and below is the corridor, there,

por ahí creo que sí está
 from there believe.1SG that yes be.3SG
 over there, I believe, yes, is...

este la presidencia
 DEM.PROX DEF.SG.F municipality.SG.F
 the municipality.’ (Calderón et al., 2019: 35)

Interestingly, Spanish monolinguals also used geocentric gestures with Spanish terms for cardinal directions. This is illustrated in Figure 6 in the still on the left panel, and corresponding example 3, where it can be seen that the speaker (facing east) makes a gesture toward the back of his body to the west in agreement with the Spanish term *poniente* ‘west.’ He then adds a topographical term, *abajo* ‘below/down,’ to render the inclination of the land.



Figure 6. Monolingual speakers using geocentric gestures (Stills from videos associated with Calderón et al., 2019 and available online at 10.17632/bbzjg97smz.1)

(3) Spanish (Romance, Indo-European)

sobre la misma calle al
on DEF.SG.F same.SG.F street.SG.F at
‘On the same street,

[más al **poniente** más abajo
more at west more below/down
‘more to the west, more downwards.’ (Calderón et al., 2019: 36)

Spanish monolinguals have frequently combined geocentric gestures with deictic terms such as *acá* ‘here’ and *allá* ‘there’ and with topological expressions such as ‘above/up’ and ‘below/down.’ The still on the right panel, in Figure 6, illustrates the use of geocentric gestures with deictic terms; see example 4.

(4) Spanish (Romance, Indo-European)

[haga de cuenta **aquí** está la terminal]
do.2SG.IMP of count here be.3SG DEF.SG.F terminal.SG.F
‘Suppose the terminal station were here,

[y el Cecyte está tantito **por acá** así
and DEF.SG.F NP be.3SG as_much.DIM from here this_way
and the Cecyte over here, like this.

pero sí está **más pa allá**
but yes be.3SG more toward there

But, yes, it's more over there.' (Calderón et al., 2019: 37)

5.2.2 Discussion

The goal of the localization task was to examine how bilinguals combine gestures from two languages with presumably distinct spatial conceptualizations. The first hypothesis was that proficient bilingual speakers should be able to maintain distinct linguistic conceptualizations in their two languages. We predicted that the last bilingual Ngigwas would use egocentric linguistic means and gestures in Spanish and geocentric linguistic means and a combination of deictic and geocentric gestures in Ngigua. However, analysis of the results in the localization task shows that the Ngigua-Spanish bilinguals relied on geocentric linguistic conceptualizations in both of their languages.

As geocentric linguistic conceptualizations are associated with Ngigua, the native Otomanguean language, this means that the bilinguals' linguistic conceptualizations were not shaped by the dominant language, Spanish (dominance was established via the verbal fluency task; see Section 2.3 on L1 attrition). Rather, our results suggest that geocentric linguistic conceptualizations, which were additionally associated with Ngigua in linguistic tasks involving small-scale relations such as the Ball and Chair task, have remained dominant due to non-linguistic factors. In Calderón et al. (2019) we suggest that as the interaction of the Ngigua bilinguals with their natural environment is uninterrupted, then geocentric conceptualizations became dominant in both of their languages with conceptual transfer from Ngigua to Spanish. Our findings are in agreement with the Sociotopographic Model's predictions (Palmer et al., 2017).

Moreover, the Ngigua data document a new example of bidirectional conceptual transfer, as bilinguals combine egocentric conceptualizations that stem from Spanish, with geocentric conceptualizations that stem from Ngigua (as established in the linguistic Ball and Chair task; Calderón, in progress).

Surprisingly, the Spanish monolinguals relied even more extensively on geocentric co-speech gestures than the bilinguals did. They associated these gestures with the use of Spanish cardinal terms, something that is not encountered among the bilingual Ngigwas. Possibly, as the younger Spanish monolingual speakers attended school longer than the elderly bilinguals, they might have learned the cardinal terms at school and exploited them in a way that is not reported among Spanish monolingual speakers from non-rural settings. This way, the younger

Ngiguas found a way to strengthen the geocentric cognitive representations that were relevant to their everyday communicative needs, to their mobility, and activities such as farming and herding. It is possible to say, though, that geocentric linguistic conceptualizations were not created at the level of their generation, but existed in the community prior to the shift to Spanish and were transmitted through co-speech gestures. Geocentric conceptualizations survived a presumed loss of related geocentric vocabulary in Ngigua thanks to the flexible association of geocentric co-speech gestures with deictic and topological linguistic terms.

Chapter 6. Time

6.1 Mental Timelines and Pomak Nominal Tense

6.1.1 *Mental Timelines*

Events unfold in time in a single direction: eggs break, but we never see them un-break. Thus time, as we experience it, flows from past to future. And yet modern physics suggests that time flows from past to future *only* within the human mind, as the laws of physics do not require time to be unidirectional (for more details on this topic see the popular science book by Greene, 2004). Leaving the questions about the reality of time aside, in this chapter we focus on the way humans think and talk about time.

Humans have the ability to think about time, that is, to think about both past and future events. ‘Episodic memory’ is the neurocognitive system that allows us to remember past experiences. More specifically, episodic memory pertains to three components: where a particular event happened, what happened, and when it happened (Tulving, 2002). The ability to recall past events fully develops late among children (after the age of four), and declines early with ageing. Episodic memory is to a large extent distinct from so-called ‘declarative memory,’ which serves to memorize general facts. Mammals and birds possess declarative memory, and recent research indicates that some animals and birds might also possess episodic memory. Importantly, episodic memory, used for the recollection of past experiences, is subserved by the same neural regions as ‘episodic prospection’ (i.e., the ability to imagine future events), involving the hippocampus (which is a part of the ‘limbic system’ of the brain, hosting emotion) and the medial temporal and frontal lobes. According to constructive accounts of memory, episodic memory is to a large extent adaptive to environmental needs in that the entire event and its details need not be remembered; one only needs to remember parts of an event that may be relevant in the future (Schacter & Addis, 2007). In addition, episodic memory is not precise as a scan because it is adapted to the flexibility needed for future prospection. Episodic memory overlaps partly with ‘autobiographical memory,’ which is about past events that are associated with one’s feelings and have a special significance for one’s internal sense of self (Lieberman, 2007). For example, recollection of the birth of one’s child is associated with autobiographical memory.

Given that episodic memory is a complex cognitive ability, it is likely influenced by language. In his influential 1941 article, Whorf (1941/1956) supports his hypothesis on the significance of language habits on thought by drawing on the example of the conceptualization of time among Hopi speakers in comparison to Europeans. Although Whorf's particular observations about Hopi time were later revised as researchers conducted more detailed analyses on the topic (Malotki, 1983), they do not impugn the validity of Whorf's core idea. Indeed, several studies have since demonstrated that linguistic encoding does influence the way we think about time (e.g., Boroditsky, 2001).

More specifically, humans primarily rely on space to think and talk about time. For example, in English, future events are seen as being in front of us, as in *In the weeks ahead of us*, whereas past events are seen as being behind us, as in *That's all behind us now* (Lakoff & Johnson, 1980: 42). The front/back axis results from experience with bodily motion: we walk into the space in front of us and thus upcoming entities typically lie in that front space. Whether these mappings from space to time are innate or learnt from early experience, several studies show that they are not universal but are culture and language-specific. For instance, based on a multimodal study, Núñez and Sweetser (2006) show that in Aymara, a Jaqi language spoken in Chile, the past is situated in front of speakers and the future behind them. In another study in an Australian aboriginal community with speakers of Pormpuraaw languages, researchers found mental timelines following the direction of the sun, where time unfolds from east to west (Boroditsky & Gaby, 2010). In addition, the Yupno, an indigenous group from the mountains of Papua New Guinea, gesture with the past downhill and the future uphill in line with topographic terms for spatial relations in their language (Núñez et al., 2012).

As with spatial relations, humans further distinguish between a 'field-based,' external perspective and an 'ego-based,' egocentric perspective, resulting in different conceptualizations along the front-back axis (Moore, 2011). For example, from an egocentric perspective the future may be in front of us, as in the English example above, but in an external perspective earlier events are situated in front of later events, as exemplified in *Polls show a widening lead for Democrats ahead of next month's elections*. According to Moore (2011), these differences in perspective could help shed some light on the Aymara evidence (Núñez & Sweetser, 2006), where speakers situate the past in front of themselves and the future behind them in co-speech gesture. To account for the data, Moore suggests that the egocentric perspective in Aymara collapses with the external perspective.

In addition to mental timelines that align with language, researchers have identified mental timelines that are independent from linguistic categories. A robust mental timeline of this type has been identified along the left-right axis, using visual stimuli (Torralbo et al., 2006; Weger & Pratt, 2008; Fuhrman & Boroditsky, 2010), as well as auditory stimuli (Ulrich & Maienborn, 2010; Kong & You, 2012; Walker et al., 2017). The timeline along the lateral axis is clearly not dependent on language since there are no left and right metaphors of past and future in the languages under study. For some researchers, however, the robustness of this cognitive effect is enhanced during language processing: Ulrich and Maienborn (2010), for example, found that when participants did not process any temporal meaning in the stimuli, then the left-right effect did not show, and concluded that the left-right mental timeline is mediated by language to some extent. Moreover, when comparing the effects along the left-right and the front-back axis, Eikmeier and colleagues (2015) found that the left-right axis is weaker than the front-back axis. They hypothesize that this difference could be due to the absence or presence of congruent language metaphors. But if the left-right mental timeline does not stem from language metaphors, then where does it come from?

Researchers associate lateral mental timeline with the cultural experience of reading and writing in post-industrial, literate populations. Indeed, there is ample evidence that individuals who have frequent and early exposure to a left-to-right writing direction, associate past events with the left and future events with the right, as is the case in English (Fuhrman & Boroditsky, 2010; Walker et al., 2017), Spanish (Ouellet et al. 2010), and German (Ulrich & Maienborn, 2010). In comparison, individuals who are exposed to a right-to-left writing direction, associate past events with the right, and future events with the left, as is the case in Arabic (Tversky et al., 1991) and Hebrew (Fuhrman & Boroditsky, 2010).

The salience of reading and writing direction has also been reported for number magnitude, whereby large numbers are associated with the right and small numbers to the left, an effect known as Spatial-Numerical Association of Response Codes or SNARC effect (Dehaene et al., 1993; Zebian, 2005). To account for inconsistent results in the SNARC effect and reading/writing direction, however, Pitt and Casasanto (2019) suggest a more restricted connection of the SNARC effect to experience with number reading and writing and, in particular, bodily experience such as finger counting.

According to A Theory of Magnitude (ATOM), space, time, and number magnitudes¹⁴ share common cortical metrics, which develop from action (Buetti & Walsh, 2009). This would account for the link between reading and writing in a specific direction and thinking of time as unfolding in the same direction. For instance, in the activity of writing, our hand starts on either the left or right side of the line and page and moves toward the opposite side as the writing unfolds in time. The connection between reading and writing experiences goes beyond hand movements to encompass the direction of our gaze as we read or merely visually scan a text. However, handedness, that is, whether individuals are right-handed or left-handed, does not seem to relate to preferred temporal or number conceptualizations as participants in these studies were either all right-handed or consisted of a majority of right-handed participants like in the general population.

To account for the association between space and time, Lakoff and Johnson (1980) and Lakoff (1987) propose the Conceptual Metaphor Theory: people experience the world through their body and this sensory-motor experience becomes encoded first as an imaged schema that can in turn support an abstract concept such as time. In the last twenty years, embodied approaches to language comprehension have gained momentum against classic amodal theories. The theoretical claim of embodied accounts is that language comprehension relies on neural networks used in perception, action, and emotion (Barsalou, 1999; Glenberg & Robertson, 1999; Kiefer & Pulvermüller, 2012). At present, however, the scant evidence from neuroimaging is conflicting. Studies on embodied cognition show that motor areas in the cortex are differentially activated depending on the content of the linguistic input (e.g., listening to transfer or no-transfer sentences). Crucially, they find that this activation occurs at early stages of processing¹⁵ (Glenberg et al., 2008). In contrast, studies challenging embodied cognition find that motor activation is not automatic, but is most likely a post-conceptual operation recruited when required by the task at hand (Papeo et al., 2009). The discrepancy between the results in these studies could be due to different methods and measurement

¹⁴ Casasanto and Pitt (2019) argue that the SNARC effect is not really about magnitude (e.g., a set of five objects), but that it is more specifically about order (e.g., sequences of numbers).

¹⁵ Researchers in support of the embodied cognition hypothesis argue that motor cortex activation, which commands the muscles, receives projections from the ‘mirror neurons,’ which are located in the premotor, motor, and somatosensory cortex. Unlike canonical neurons that activate when we accomplish an action, the mirror neurons activate when we see or listen to an intentional action. As the topic of mirror neurons is beyond my area of research, I will not enter into details; for a review see Molenberghs et al. (2009).

techniques, signifying that more research is needed to help adjudicate between the two approaches.

Although a strong interpretation of the embodiment theory would predict that a language learned early in life should rely on the sensory-motor system more heavily than a language learned later in life, which would rely more on executive control processes, recent evidence suggests that this is not the case, at least when proficiency is high (e.g., Dudschig et al., 2014). Dudschig and colleagues applied the Stroop task to highly proficient German-English bilinguals. Participants were presented with L2 words on a screen that were written in one of two colours. They were asked to respond to one colour with an upward hand movement and to the other colour with a downward hand movement regardless of the meaning of the word. Results showed that participants were faster in correctly identifying the colour by moving their hand upwards when the word meaning was connected to an upward location (e.g., bird and airplane).

Contrary to the view that mental timelines should be influenced by long-term experience alone, several researchers highlight their relative flexibility. For example, Casasanto and Bottini (2014) demonstrate that mental timelines can change within a short lapse of time following brief exposure to a new direction in orthography. Similarly, de la Fuente and colleagues (2014) report that when Spanish-speaking participants wrote a text about past experience prior to a temporal mapping task, they placed the past in front of them more often than when they wrote a text about future events. A conceptualization of the past in the front space contradicted the Spanish dominant cultural mappings that locate the past in the back of the body.

To accommodate these findings, Casasanto and Bottini (2014) propose the Hierarchical Mental Metaphors Theory, which combines both the long-term cultural mappings and temporary changes following recent experience. According to this approach, children have several mental timelines, but cultural experience strengthens one of the available timelines by narrowing it down to a specific direction, for example with a progression of time from left to right similar to how we read and write. The culturally-dominant timeline, however, can be momentarily overcome by another competitive timeline that might surface due to a different experience, for example, following exposure to a right-to-left writing system. The various mental timelines would then depend as much on long-term cultural experiences as on recent experiences prior to the experiment. Pitt and Casasanto (2019) further elaborate the CORrelations in Experience (CORE) principle, according to which abstract domains are spatialized in the mind following their spatialization in the world.

Bylund and Athanasopoulos (2017) also stress the flexibility of temporal representation and show how linguistic cues and language context may influence processing, in particular when the stimuli are difficult or ambiguous. They conclude that mental representations result from a combination of both top-down predictions, related to linguistic abstractions, and bottom-up processes, related to perceptual experience. Indeed, Ouellet et al. (2010) demonstrate that attentional effects, such as a spatial Stroop¹⁶ effect, are attested independently from the effects of conceptual metaphor in bimanual, speeded response tasks using visual stimuli.

In the following section, I discuss a previously un-described type of spatio-temporal linguistic encoding, where the past is associated with the interlocutor's sphere. The data are from Pomak, a Slavic language variety spoken in Greece. Section 6.1.2 offers some background on this variety of Slavic.

6.1.2 Background on Pomak

Pomak, *pomatsko*, is a South Slavic variety spoken in the Rhodope Mountains in Greece (see map in Figure 7). The language name Pomak is used to refer to the Slavic varieties spoken by Muslim communities settled in Bulgaria (approximately 100,000 people), Greece (approximately 36,000), and Turkey (estimated at between 300,000 and 600,000); see Adamou and Fanciullo (2018). Other Slavic-speaking Muslims such as the Torbesh and Gorani are settled in Albania, in the Republic of Macedonia and in Kosovo, but their language varieties greatly differ from Pomak. In Bulgaria, Pomaks refer to their language as either Rhodopean, *na rodopski*, or Pomak, *na pomashki*, depending on the localities. Rhodopean is an umbrella language name that covers the varieties spoken by both Christian and Muslim populations who have traditionally lived in the Rhodope Mountains.

In Bulgarian dialectology, the Rhodopean varieties are considered as conservative dialects of Bulgarian, mainly due to phonetic features. I have argued that considering Pomak a conservative dialect is an oversimplification. Instead I consider that Pomak varieties exhibit a mixture of features, both conservative and innovative. For example, Pomak varieties spoken in Greece are conservative in that they have retained a full-fledged case system (nominative, genitive-dative, accusative, and vocative) whereas it has been lost in the Pomak varieties

¹⁶ Participants look at arrows rather than colour words. They need to respond based on the direction of the arrow with a left or right key independent from which side of the screen the arrow appears on (left or right).

spoken in Bulgaria, as well as in Bulgarian, Literary Macedonian, and most Balkan Slavic varieties. And yet in Greece, Pomak is innovative in that the accusative case has extended differential marking related to humanness from masculine proper nouns to feminine proper nouns, a rare feature for Slavic languages (Adamou, 2009).

Another feature that differentiates Pomak from Bulgarian is the use of three definite articles with a spatial-pragmatic reference, similar to Literary Macedonian and other varieties in the Western area of the Balkans. A widespread assumption holds that all Balkan Slavic varieties underwent a grammaticalization stage whereby three definite articles were reduced to a single definite article; the three-way article distinction is therefore considered a conservative feature by most Bulgarian dialectologists. Contrary to this view, however, Mladenova (2007: 319–325) argues that the three-way definite articles are innovations rather than conservative features, with the center of innovation being located in the Rhodope Mountains (Mladenova, 2007: 243). Adamou (2011) observes that in addition to spatial-pragmatic uses, a set of innovative temporal uses is also documented for Pomak, in Greece, and to some extent in Bulgaria (see Section 6.1.3 for details). However, the three-way article distinction is not consistently found throughout Pomak varieties and reduction of the system to a single article is noted in some areas in Greece and in Bulgaria. In Bulgaria, in particular, the Pomak varieties are undergoing dialect-levelling phenomena as speakers have been exposed to Bulgarian through education during the twentieth century.

Finally, Pomak is a typical language of the Balkan Sprachbund in that it developed properties such as the ‘will’ future, the subjunctive, the dative-genitive merger, postposed articles, and evidentiality similar to other languages in the Balkans (see Joseph, 2010).

A few words about Pomaks that helps shed light on their linguistic practices. During the Ottoman period (fourteenth to early twentieth centuries), Pomaks were mainly semi-sedentary cattle breeders and farmers, residing in the Rhodope Mountains, in areas that remain hard to reach in winter, even today. Pomaks would practice seasonal grazing, spending winters in the village and moving to summer settlements in the summer, along with their families and cattle. There was strong social cohesion, with collective work sessions involving singing and storytelling. This way of life was characterized by little contact with outsiders and as a result Pomaks were mainly monolingual in Pomak.

Turkish, the language of trade and administration in the Ottoman Empire, was part of the repertoire of Pomaks who travelled for work or those who went to the market, the *bazaar*, in the neighbouring towns. For most Pomaks, Turkish was the classroom language in Koranic schools, where boys and girls would study the Koran in Koranic Arabic. The effects of this

type of contact are reflected in the religious terms Pomaks use for greetings and expressing thanks, which are borrowings from Turkish, most of which are used broadly in Muslim-Arabic culture (Adamou, 2010).

Religion is still an important component of Pomak identity. Most villages have a mosque, with Pomak imams and regional muftis educated in Arab countries. Religious events are carefully observed. Married women dress in the Muslim way, covering their hair with scarves and their body with long and loose clothes. Consumption of alcohol is prohibited. The pilgrimage to Mecca, the *hadj*, is widely practiced.

As Muslims, Pomaks, together with Turks and Muslim Roma living in Greek Thrace, were exempted from the exchange of populations that took place in the 1920s when Ottoman rule collapsed. The Turkish/Muslim minority was guaranteed the right to bilingual primary education in Greek (the state language) and Turkish (the Muslim minority language) in 1923, under the Lausanne Treaty. It is important, however, to bear in mind that until the early 1990s Pomak girls would seldom pursue their studies beyond primary school. As a result, some monolingual Pomak speakers could still be found among the oldest women when I conducted my study, and most elderly women had only basic communication skills in Greek and Turkish, limited to greetings and the ability to conduct short conversations on everyday matters.

When Greek Thrace became a part of the Greek State, the traditional way of life remained largely unchanged. Later, during the Cold War, the Pomak villages were impacted by the specific status of the area as a 'surveillance zone,' *epitirumeni zoni*. This came with strong military control of the border between Greece and Bulgaria, making it difficult for inhabitants to travel between villages and towns. In the 1980s, Pomak families began migrating to Germany and Turkey and shifting to Turkish. Turkish is the language of communication between Pomaks who stayed in Greece and relatives living in Turkey or in Germany. In the past decade, changes in labour migration policies have made it rare for whole families to migrate to Germany. Instead, young men have limited-time working contracts, after which they return to their original villages and take up other activities.

Pomak has no official status in Greece. It is not taught at school, it is not present in the media, and its use is restricted to the family and the community. Currently, Pomak speakers are typically trilingual with Greek and Turkish. However, the majority of the Pomak population has shifted to Turkish, as it is considered to be a more useful language for social advancement. The shift to Turkish rather than Greek was motivated by the Pomak community's strong Muslim identity. Contact with Turkish is more generally ensured through

occasional visits to neighbouring Turkey for shopping or tourism, facilitated by the Egnatia road. Turkish television and music are particularly popular. Turkish remains the main language of communication in the traditional market, *bazaar*, as during Ottoman times.

In parallel, Greek is also an important language for Pomaks. For example, Greek is the language of middle and high school. It is necessary for various professional occupations. Greek television and Greek music are popular. Greek is predominant during the obligatory military service, which lasted up to two years until recently.

Finally, contact with speakers of Bulgarian began with the fall of the Berlin wall. Bulgarian itinerant merchants and seasonal workers come to the area from the Bulgarian Rhodope Mountains. Pomaks, in turn, visit Bulgaria occasionally to purchase cheaper goods.

Following this brief introduction on Pomaks and the languages they speak, I turn to discuss nominal tense in Pomak in section 6.1.3.

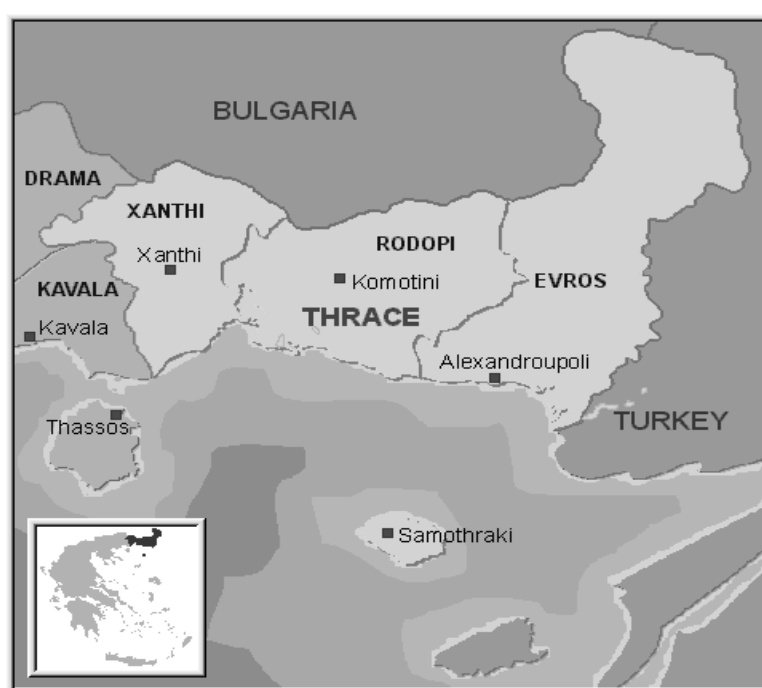


Figure 7. Map of the Thrace area, Greece (Also in darker shade in the inset map of Greece). The study was conducted in the district of Xanthi.

6.1.3 Nominal tense in Pomak

In Pomak, tense is expressed through verb inflection and temporal adverbs, like in any other Indo-European language. However, in Adamou (2011), I have shown that tense is additionally morphologically encoded in common nouns through deictic suffixes. These

deictic suffixes are used in the formation of definite articles, demonstratives, possessive pronouns, relative pronouns, and temporal subordinators. As exemplified in (5), the *s*-suffix is used for a referent that is close to the speaker, the *t*-suffix for a referent that is close to the addressee, and the *n*-suffix for a referent that is away from both interlocutors.

(5) Pomak (Slavic, Indo-European)

- a. 'jela nah 'matsa-sa
 come.IMP.2SG to table-DEF.SPKR
 'Come to the table (close to me)!' (Adamou, 2011: 875)
- b. na 'matsa-ta
 at table-DEF.ADRE
 'On the table (close to you)!' (Adamou, 2011: 875)
- c. pri 'matsa-na
 next table-DEF.DIST
 'Next to the table (away from both of us)!' (Adamou, 2011: 875)

These spatial-pragmatic uses of the deictic suffixes, however, are only relevant in the here-and-now. In contrast, when the referents are located in a space and time distinct from the utterance situation, then two of the three suffixes partake in temporal indications. In particular, the *t*-suffix is used when the time of the referent is in the past with respect to the time of the utterance; see an example in (6a). The *n*-suffix is used when the referent is in the future with respect to the time of the utterance as in (6b), but also when there is no relation between the time of the referent and the utterance situation, an irrealis value, typical for tales as in (6c). The *n*-suffix is also used for a habitual interpretation (in the past or future), as when speakers discuss local traditions.

(6) Pomak (Slavic, Indo-European)

- a. gju'ʒlutʃi-te ['ʒœ-te 'noseh (la'ni)] 'beha gu'ljami
 glasses-DEF.PST PRO.REL-DEF.PST wore.1SG last_year were.3PL big
 'The glasses that I wore (last year) were big.' (Adamou, 2011: 881)

- b. gju'ʒlutʃi-ne [ʒœ-ne ʃe 'kupem] sa tʃe'rveni
 glasses-DEF.FUT PRO.REL-DEF.FUT will buy.1SG are.3PL red
 'The glasses that I will buy are red.' (Adamou, 2011: 881)
- c. gju'ʒlutʃi-ne mu 'beha/'bili gu'ljami
 glasses-DEF.DIST DAT.3SG.M were.3PL/were.EVD.3PL big
 'The glasses were big for him.' (as part of a fictional narrative)

The Pomak grammatical system thus encodes to some extent different types of memory: past events that have a specific where, what, and when, involving either episodic or autobiographical memory, are encoded by the *t*-suffix. Future events that involve episodic prospection, are encoded by the *n*-suffix. The *n*-suffix also encodes general knowledge of the world, which is not necessarily related to specific past events.

In my 2011 paper, I make a connection between deictic usage in Pomak and the phenomenon known as 'nominal tense.' Nominal tense has been broadly defined as the use of 'grammatical morphology on argument nominals whose temporal interpretation is independent from the temporal interpretation of the clause' (Lecarme, 2012: 698). This definition reflects the general consensus that nominal tense is best observed when the nominal is an argument or an adjunct of the verb (Nordlinger & Sadler, 2004). In practice, this excludes the cross-linguistically common phenomenon whereby tense, aspect, and mood markers attach to nominals that function as predicates of a clause (Nordlinger & Sadler, 2004: 777).

In this same paper (Adamou, 2011), I note that the temporal reference of the main clause often coincides with the temporal reference of the noun phrase, but not always. This is shown in (7), with the past adjective 'former.'

- (7) Pomak (Slavic, Indo-European)
 na'prefn-et mi tʃy'ljak ʃe 'dojde 'utre
 former-DEF.PST 1SG.DAT husband will come.3SG tomorrow
 'My ex-husband will come tomorrow.' (Adamou, 2011: 880)

Similar to Pomak, a number of languages have been said to make use of articles to express temporal relationships at the level of the noun phrase (NP) (or determiner phrase depending on the theory) or of the entire clause; we refer to them as 'tensed articles.' In Peruvian

Chamicuro, the articles seem to provide the only temporal reference of the clause. Compare (8a), where the definite article *-na* cliticizes on the verb and anchors the predication in the utterance time, with (8b), where the past reading of the clause is solely obtained through the use of the definite article *-ka*.

(8) Chamicuro (Western Maipuran, Arawakan [ISO code: ccc])

- a. p-aškalaʔt-is-na čamálo
 2-kill-2PL-DEF bat
 ‘You_{pl} are killing the bat.’ (Parker, 1999: 553)
- b. p-aškalaʔt-is-ka čamálo
 2-kill-2PL-DEF(PST) bat
 ‘You_{pl} killed the bat.’ (Parker, 1999: 553)

Similarly, Demirdache (1997) argues that in St’át’imcets, a Salishan language, the determiners convey the sole temporal reference of the clause, given that there is no obligatory tense morphology on the predicates for the present vs. past distinction. Compare (9a), where the determiner *ti...a* introduces the notion that the United States president is currently in service and that the entire clause is anchored in the utterance time, with (9b), where the ‘absent/invisible’ article *ni...a* conveys past temporal reference at the level of the noun phrase (an individual that was president in the past) and of the clause (despite the fact that the predicate ‘being a fool’ is stative).

(9) St’át’imcets or Lillooet (Interior Salish, Salishan [ISO code: lil])

- a. sécsec ti kel7áqsten-s-a ti *United-States-a*
 fool DET Chief-3SG.POSS-DET DET US-DET
 ‘The (present) chief of the US is a fool.’ (Demirdache, 1997, ex. 9)
- b. sécsec ni kel7áqsten-s-a ti *United-States-a*
 fool ABSN.DET Chief-3SG.POSS-DET DET US-DET
 ‘The (present, not visible) chief of the US is a fool.’
Or ‘The (past, not visible) chief of the US was a fool.’ (Demirdache, 1997, ex. 10)

In Movima, an unclassified Bolivian language, Haude (2004) also shows that articles can convey temporal reference both on the noun and on the clause. For example, in (10a), the article *kinoj* is used for an absent and accessible referent. It contrasts with (10b), where the article *isnoj* is used for a referent that has ceased to exist. As can be seen in (10c), the article *isnoj* may also have scope over the entire clause and override the meaning ‘ceased to exist.’

(10) Movima (Amerindian isolate [ISO code: mzp])

- a. *kinoj* *ney* *ay’ku* *di’* *jayna* *kayni*
 ART.F.ABSN DEF my_aunt REL already be_dead
 ‘That (absent) aunt of mine who died [yesterday].’ (Haude, 2004: 84)
- b. *la’* *n-oj* *soñ-tino:na’* *kayni* *isnoj* *ay’ku*
 before OBL-ART.N other-N.INCP:year be_dead ART.F.PST my_aunt
 ‘Last year my aunt died.’ (Haude, 2004: 84)
- c. *n-asko* *elaná=uj* *pa’* *isnoj* *ma’*
 OBL-PRO.N.ABSN leave=ART.M my_father ART.F.PST my_mother
 ‘At that (time) my father left my mother.’ (both absent, but alive) (Haude, 2004: 87)

Lastly, Lecarme (2004) argues that in Somali, an Afro-Asiatic language, articles convey a temporal past vs. nonpast reference which is independent of the verbal temporal reference. Compare example (11a), where the past temporal reference of the article *-dii* coincides with the past temporal reference of the verb, to example (11b), where the article has a past reference independent of the clausal reference which is anchored in the utterance time.

(11) Somali (Lowland East Cushitic, Afro-Asiatic [ISO code: som])

- a. *dhibaataá-dii* *Khalíj-ku* *wáy* *dhammaatay*
 problem-DET.F.PST Gulf-DET.M.NOM FOC.3SBJ end.PST
 ‘The Crisis of the Gulf ended.’ (Lecarme, 2004: 444)
- b. *yáa* *mas’úul* *ká* *ah* *burburín-tíi* *Soomaaliya*
 who responsible from be.RESTR destruction-DEF.F.PST Somalia

‘Who is responsible for the destruction of Somalia?’ (Lecarme, 2012: 706)

To summarize, evidence from a variety of languages shows that nominal tense markers may convey temporal (or modal) reference on the noun and that the temporal reference of the noun may be the only temporal (or modal) reference in the entire clause or interact with clausal tense. The effects of nominal tense on clausal tense are not only encountered in tenseless languages, that is, languages which have no obligatory overt verbal tense such as Chamicuro, St’át’imcets, and Movima presented in this section, but also in languages with overt verbal tense marking such as Somali and Pomak.

The question that then arises is how nominal tense interacts with mental timelines. This question is explored in two experiments presented in Section 6.2.

6.2 Mental Timelines in Pomak and Greek Processing

This section examines the degree to which language impacts mental timelines by discussing new experimental data from a previously non-investigated population from Greece who speaks a Slavic dialect, Pomak (Adamou & Haendler, in press).

6.2.1 Experiment 1

Goals and predictions

Experiment 1 was designed to address two research questions. The first aims to answer whether Pomak definite articles carry temporal information on their own; the second is expressed as follows:

Research question: Do Pomak definite articles mediate the conceptualization of time along the left-right axis? In particular, is past-modal reference, as expressed through the *t*-article, associated with the experimenter’s sphere? (Adamou & Haendler, in press)

Predictions: If the mental timeline follows reading habits (e.g., Fuhrman & Boroditsky, 2010) then the location of the experimenter might have no effect and responses should be faster for the left or right keys in relation to past or future referents. However, if temporal representations rely on a combination of linguistic abstractions and other attentional cues,

then past responses should be faster when the experimenter is near the past key, in particular when stimuli are ambiguous or difficult (Bylund & Athanasopoulos, 2017).

I report here solely on the results relevant to the second research question, but the interested reader can refer to the original paper for the results regarding the first question (Adamou & Haendler, in press).

Methods

Participants

Forty L1 speakers of Pomak participated in this experiment (23 female; age range = 16-50, $M = 30$, $SD = 8.63$). Participants did not receive any payment as the political context does not favour compensation for linguistic research. All of them were informally contacted by our Pomak research assistant and were family members and acquaintances.

Proficiency in Pomak was assessed through self-reports once the experimental session was completed. All participants but one rated their proficiency in Pomak as native (1=low; 2=intermediate; 3=advanced; 4=native-like 5=ative). All reported speaking Greek in a native-like fashion ($M = 4.33$), and most of them also declared having an intermediate-advanced level in Turkish ($M = 2.55$).

Participants had no formal education in Pomak as there is no Pomak curriculum available in Greece. Some said that they text in Pomak using Latin script. Eight participants had attended at most primary school, 12 secondary school, and 20 university. Participants also reported reading the Koran in Arabic and in Arabic script, that is, from right to left, although they said they do not speak, read, or write in Arabic otherwise.

Design

The experiment was designed based on a bimanual response task to test the front-back and the left-right axis among English speakers in the United States (Walker et al., 2017). In the original experiment, participants read stimuli consisting of forty typical life events (NPs, e.g., *your college graduation*, adverbials, e.g., *yesterday*, or verbal phrases using gerunds e.g., *getting your driver's permit*). Responses were given using a mouse click. The experiment had two conditions: a deictic judgment condition where participants had to indicate whether the event had taken place in the past of their own lives or was likely to occur in the future; and a

sequence judgment condition where participants had to indicate whether a given event took place before or after another event.

In our experiment, we maintained the deictic judgment condition but did not need the sequence judgment condition. Unlike in the English experiment, we used auditory stimuli as few speakers are familiar with written Pomak. In an effort to increase the relevance of the interlocutor in the responses, Pomak participants made temporal judgments that were related to the life of the experimenter, not their own life as in the English experiment. In addition, in our study the stimuli consisted only of NPs involving a deictic suffix (e.g., *the*_[n-article] *wedding*) as the goal of the experiment was to explore nominal tense. Moreover, we restricted the experiment to the left-right axis, thus allowing participants to see the experimenter. Finally, in agreement with the research goals of our study, we explored the effect of the experimenter's location in addition to the effect of button position.

Stimuli

Auditory stimuli consisted of forty NPs recorded by the Pomak research assistant who also conducted the experiment (henceforth 'the experimenter'). The experimenter was a young woman who had just enrolled in university. Twenty NPs corresponded to referents in her past (e.g., *the baby teeth*) and 20 stimuli corresponded to referents that were likely to occur in the future (e.g., *the wedding*).

Ten NPs could be identified as belonging to the past or future with the help of the grammatical marker as well as semantic and pragmatic cues, for example *the baby teeth* for past or *the wedding* for future. In contrast, ten items could be recognized as belonging to the past or future only by means of the grammatical marker, for example, *the friends* with the *t*-article, with the intended meaning 'the ex-friends,' versus *the friends* with the *n*-article, with the intended meaning 'the future friends' (see Table 2). As the participants were family members and acquaintances, the identification of past referents was facilitated overall.

Table 2. Stimuli used in Pomak Experiment 1 (40 NPs, of which 20 related to past referents and 20 to future referents)

Past			
<i>Strictly grammatical</i>		<i>Grammatical, semantic, and pragmatic</i>	
<i>moj-et telefon</i>	my (past) telephone	<i>moj-et befik</i>	my (past) baby bed
<i>moj-et metfit</i>	my (past) school	<i>moj-et verespit</i>	my (past) bicycle
<i>moj-et ders</i>	my (past) class	<i>moj-ta lulka</i>	my (past) cradle
<i>moj-tu kutfe</i>	my (past) dog	<i>moj-ta kukla</i>	my (past) doll
<i>moj-ta udayo</i>	my (past) room	<i>moj-et jurgan</i>	my (past) baby sleeping bag
<i>moj-et kopel</i>	my (past) boyfriend	<i>moj-ta fife</i>	my (past) baby bottle
<i>moj-et guzyk</i>	my (past) coat	<i>moj-tu kuritu</i>	my (past) baby bath
<i>moj-et fustan</i>	my (past) dress	<i>porvi-te zobi</i>	the (past) baby teeth
<i>moj-ta tfanta</i>	my (past) bag	<i>daskalitsa-ta</i>	the (past) schoolteacher
<i>arkadafe-te</i>	the (past) friends	<i>doln-et metfit</i>	the (past) Koran school
Future			
<i>Strictly grammatical</i>		<i>Grammatical, semantic, and pragmatic</i>	
<i>moj-nu kutfe</i>	my (future) dog	<i>moj-en tfyljak</i>	my (future) husband
<i>moj-ne derfve</i>	my (future) classes	<i>moj-ne deti</i>	my (future) children
<i>arkadafe-ne</i>	the (future) friends	<i>moj-ne torune</i>	my (future) grandchildren
<i>metfit-en</i>	the (future) school	<i>sfadba-na</i>	the (future) wedding
<i>moj-ne dykjan</i>	my (future) shop	<i>gelinlik-an</i>	the (future) wedding dress
<i>moj-na kuliba</i>	my (future) hut	<i>glavenik-an</i>	the (future) fiancé
<i>mutor-an</i>	the (future) scooter	<i>porsten-an</i>	the (future) wedding ring
<i>tumafil-en</i>	the (future) car	<i>diploma-nu</i>	the (future) driving license
<i>nova-na kofta</i>	the (future) new house	<i>ajlik-an</i>	the (future) salary
<i>kismet-en mi</i>	my destiny (future)	<i>rabuta-na</i>	the (future) work

Procedure

Participants were tested individually, at their homes, in a calm room, in the presence of the experimenter. Before beginning testing, the experimenter, a native speaker of Pomak, gave the instructions in Pomak. Participants were seated in front of a laptop and listened to the auditory stimuli using headphones. They were instructed to respond by pressing a key located to their left or right when identifying an item referring either to the experimenter's past (*naprefn-et* 'past/ahead-past_article') or to her future (*kana-nu fe stane* 'when-future_article will happen'). The experiment consisted of four blocks consisting of 40 fully-randomized experimental trials and starting with four practice trials. In blocks 1 and 3, the button for the past was located to the participants' left and the button for the future was located to their

right. In blocks 2 and 4 the past button was located to the right and the future button was located to the left. Following Walker et al. (2017), in order to avoid the terms ‘right’ and ‘left’ in the instructions, the buttons to be pressed were color-coded (white and pink). Similar to the original study, color-coding was not counterbalanced, as it was not expected to have an effect on the results. There were no time restrictions, but participants were told that both accuracy and speed were important, and indeed both were measured and analysed. Participants were allowed to take a short break between blocks and interact with the experimenter. The entire session lasted on average 10-15 minutes. In total, each participant completed 160 experimental trials (4 blocks x 40 stimuli). The participants were not informed about the goal of the experiment but at the end of each block, they were given feedback through the Open Sesame software for their success rate in the block.

In order to explore the impact of the association between ‘interlocutor position’ and ‘past,’ half of the participants started out with the experimenter sitting to their left for blocks 1 and 2, then moving to their right for blocks 3 and 4. For the other half of the participants, the experimenter sat to their right for blocks 1 and 2 and then to their left for blocks 3 and 4. The experimenter changed sides only once during the experiment in order to make the change look as natural as possible. When asked why she was doing so, the experimenter replied that she was not comfortable sitting on the other side. During the trials, the experimenter had a passive stance.

Participants were asked to stare at a cross in the middle of the computer screen while responding to the experiment, but our experiment did not include visual stimuli so there is no guarantee that they did not shift their attention during the experiment to another point, for example the keyboard. In either case, the experimenter would have been located outside the participant’s attention window, about $< 40^\circ$ along the horizontal meridian, but within the participant’s visual field, which is 5 to 6 times broader than the attention window. We avoided dead angles by keeping a distance of approximately 60 cm between the participant and the experimenter.

Statistical analysis

Statistical analyses were conducted by Yair Haendler. For the analysis of the accuracy data, correct button presses were coded as 1 and incorrect ones as 0. Accuracy data were analysed with a Bayesian mixed-effects model that assumes a Bernoulli distribution of the binary dependent variable. The reaction times were analysed with a Bayesian mixed-effects model that assumes a shifted log-normal distribution of the dependent variable. All models

were fitted with the *brms* package in R. Several analyses were conducted but I only report below on the analyses with positive results that are related to the position of the experimenter (for details and more analyses see Adamou & Haendler, in press).

The experimental factors included were: PAST BUTTON POSITION (left or right key), EXPERIMENTER POSITION (near the past or the future button), TENSE (past or future reference of the NP) and MARKER (grammatical-only or grammatical-and-pragmatic). ‘In the fixed effects part, we estimated parameters for an intercept, all the main effects of these four factors and all their possible interactions. In the random effects adjusted for participants, we estimated parameters for intercepts, slopes for the four main effects and for all possible interactions, as well as the correlations between intercepts and slopes. In the random effects adjusted for items, we estimated parameters for intercepts, slopes for the main effect of PAST BUTTON POSITION, EXPERIMENTER POSITION and their interaction, as well as the correlations between intercepts and slopes (the other two factors were between-item variables, hence they were not included in the random effects part for items)’ (Adamou & Haendler, in press: xxx).

Results

First, we looked at accuracy and reaction times for each item. We excluded one item (*mojet befik* ‘my (past) baby bed’) for having an extremely low accuracy rate in two of the four conditions (mean proportion of accuracy: 0.15 and 0.05), as compared to the average rate of the other items (about 0.8). We also excluded response times that were 2 standard deviations faster or slower as compared to the overall group’s performance across conditions, amounting to the exclusion of approximately 4% of the data.

A first look at the data reveals that accuracy was above 80% on average, indicating that participants performed the task well. Figure 8 shows the accuracy data. It can be seen that participants were less accurate in their responses when the past button was on the left and the experimenter was also located to their left as compared to when the experimenter was on their right side. There was no difference when the past button corresponded to the right key on the computer.

For the analysis of the reaction times we kept only the trials with correct button presses. Here, the experimenter position did not have any effect. The only effect for which we found evidence is the main effect of PAST BUTTON POSITION. When the button corresponding to the past was located to the left of the participants, they took longer to press it than when it was located to their right (Figure 9). However, this effect may be due to the fact that past

responses associated to a right keypress were always in blocks 2 and 4, when participants had had the chance to improve in the task thanks to a learning process that inevitably arises in experimental sessions.

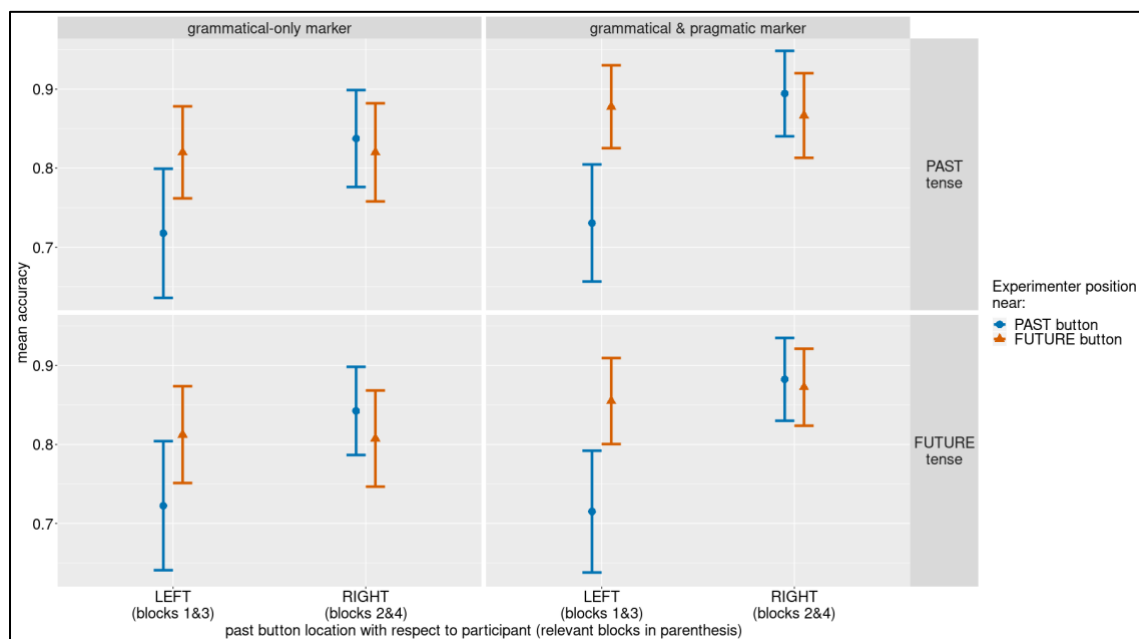


Figure 8. Mean accuracy rate (with 95% confidence intervals) in Experiment 1 (Pomak) in relation to the various experimental manipulations: the location of the past-corresponding button with respect to participants (x-axis); NPs where temporal reference is marked only grammatically (left panels) or grammatically and pragmatically (right panels); NPs in the past tense (top panels) or future tense (bottom panels). Blue circles stand for trials in which the experimenter was located next to the past-corresponding button; orange triangles stand for trials in which the experimenter was located next to the future-corresponding button (Adamou & Haendler, in press: xxx).

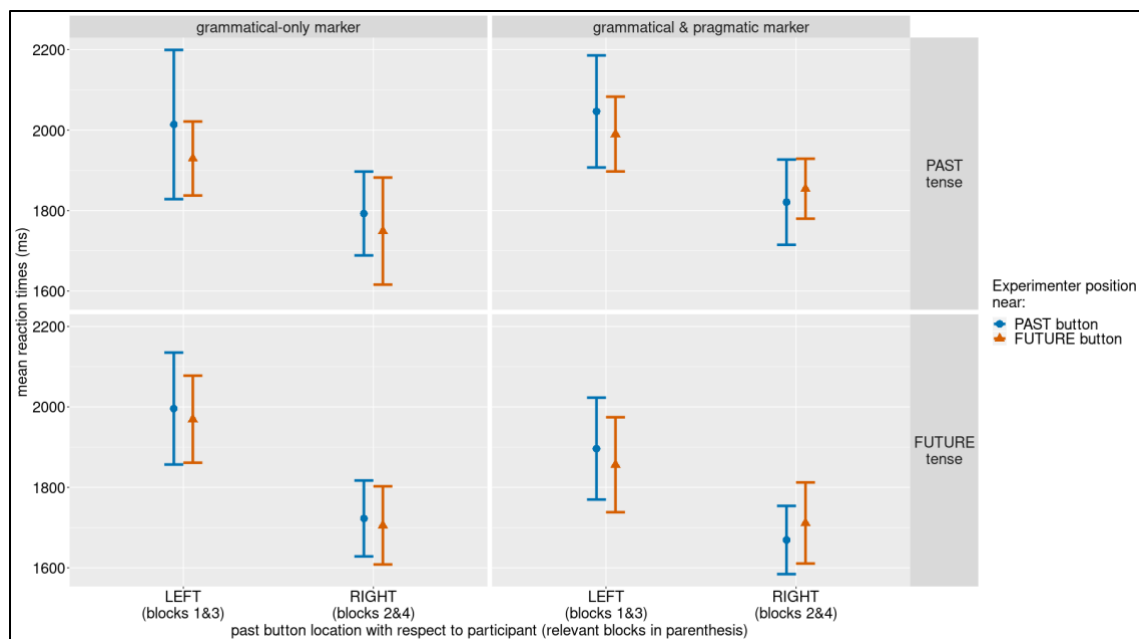


Figure 9. Mean reaction time in milliseconds (with 95% confidence intervals) in Experiment 1 (Pomak) in relation to the various experimental manipulations: the location of the past-corresponding button with respect to participants (x-axis); NPs where temporal reference is marked only grammatically (left panels) or grammatically and pragmatically (right panels); NPs in the past tense (top panels) or future tense (bottom panels). Blue circles stand for trials in which the experimenter was located next to the past-corresponding button; orange triangles stand for trials in which the experimenter was located next to the future-corresponding button (Adamou & Haendler, in press: xxx).

In sum, we found an effect of the experimenter’s location on accuracy but not on response speed. The question that arises is whether this effect has a linguistic component or is merely an artefact of the experimental design. Experiment 2 was conducted in order to provide additional feedback to address this question.

6.2.2 Experiment 2

Goals and predictions

Experiment 1 revealed the relevance of the experimenter’s position for accuracy. In Experiment 2, we wanted to see whether we could replicate this effect in Greek, a language that does not encode tense on the NP. The rationale is that if the experimenter’s position effect is not replicated in Greek this would suggest that it might be linked to the past-modal

reference of the Pomak definite articles with the *t*- suffix. However, if the effect emerges this would suggest that it is language-independent. If it emerges only for past items, as in Pomak, we would then need to understand why this would be the case as there is no linguistic support for such an effect in Greek.

Methods

Participants

Forty native speakers of Pomak participated in Experiment 2 that was carried out in Greek. Only half of them had participated in Experiment 1. For this experiment, we were careful to involve Pomak speakers who were also fluent in Greek. All participants reported speaking Pomak in a native fashion ($M = 4.83$) as well as Greek ($M = 4.87$). Additionally, 34 reported speaking Turkish in an almost native-like fashion ($M = 3.95$), and several declared having studied English. Six participants had attended at most primary school, 15 secondary school, and 19 university. They had all learned to read the Koran and/or attended Koranic school.

Design, stimuli, and procedure

The design was fundamentally the same as in Experiment 1, with a major difference stemming from the fact that Greek does not encode tense grammatically in the NP. The Greek NPs were recorded by the same speaker as in the Pomak experiment. 20 stimuli corresponded to referents in the experimenter's past and 20 stimuli corresponded to referents that were likely to occur in the experimenter's future. All the Pomak NPs where temporal reference was marked both grammatically and pragmatically (except for two items) were translated into Greek, where they are only pragmatically marked given that Greek does not mark tense grammatically on the NPs. The procedure was the same as in Experiment 1, but the instructions were provided in Greek by the experimenter.

Statistical analysis

The method for analysing accuracy and reaction time was the same as in Experiment 1. The model included the factors PAST BUTTON POSITION, EXPERIMENTER POSITION and TEMPORAL REFERENCE (past and future). 'The fixed effects part included parameters for an intercept, all the main effects of the three factors and all their possible interactions. In the random effects adjusted for participants, we estimated parameters for intercepts, slopes for the three main effects and for all possible interactions, as well as the correlations between intercepts and slopes. In the random effects adjusted for items, we estimated parameters for

intercepts, slopes for the main effect of PAST BUTTON POSITION, EXPERIMENTER POSITION and their interaction, as well as the correlations between intercepts and slopes' (Adamou & Haendler, in press: xxx).

Results

First, we looked at the responses at the level of individual items and found no items that differed substantially. We excluded response times that were 2 standard deviations faster or slower as compared to the overall group's performance across conditions, resulting in the exclusion of approximately 4% of the data.

The accuracy average in this experiment was 85%, indicating that the experiment was performed well. Figure 10 shows the analyses for the accuracy data. It can be seen that when the past button was associated with a right keypress, future and past items were answered with comparable accuracy. In contrast, when the past button was associated with a left keypress, participants were less accurate on past items than on future ones. Importantly, the experimenter's position has no effect.

For the reaction times analyses, only correct trials were included. Figure 11 shows that participants pressed the past button faster when it was associated with a right keypress. This effect is similar to that found in Experiment 1 and could be due to the experimental design since the right keypress was always in Blocks 2 and 4 and thus reactions times were potentially faster because of learning effects.

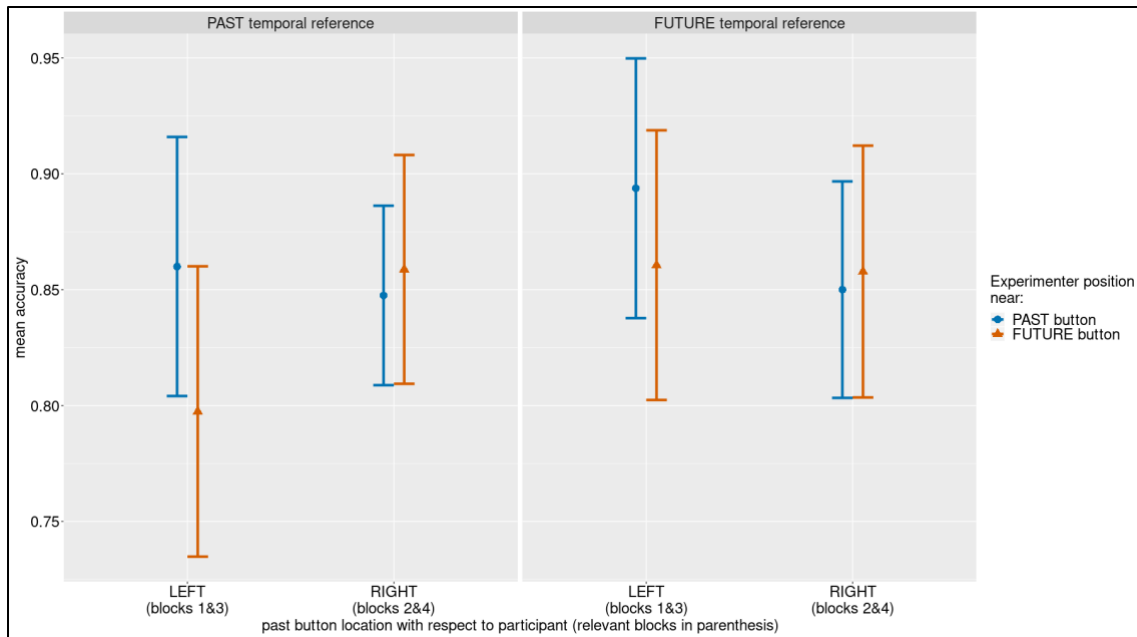


Figure 10. Mean accuracy rate (with 95% confidence intervals) in Experiment 2 (Greek) in relation to the various experimental manipulations: the location of the past-corresponding button with respect to participants (x-axis); sentences with past (left panel) or future (right panel) temporal reference. Blue circles stand for trials in which the experimenter was located next to the past-corresponding button; orange triangles stand for trials in which the experimenter was located next to the future-corresponding button (Adamou & Haendler, in press: xxx).

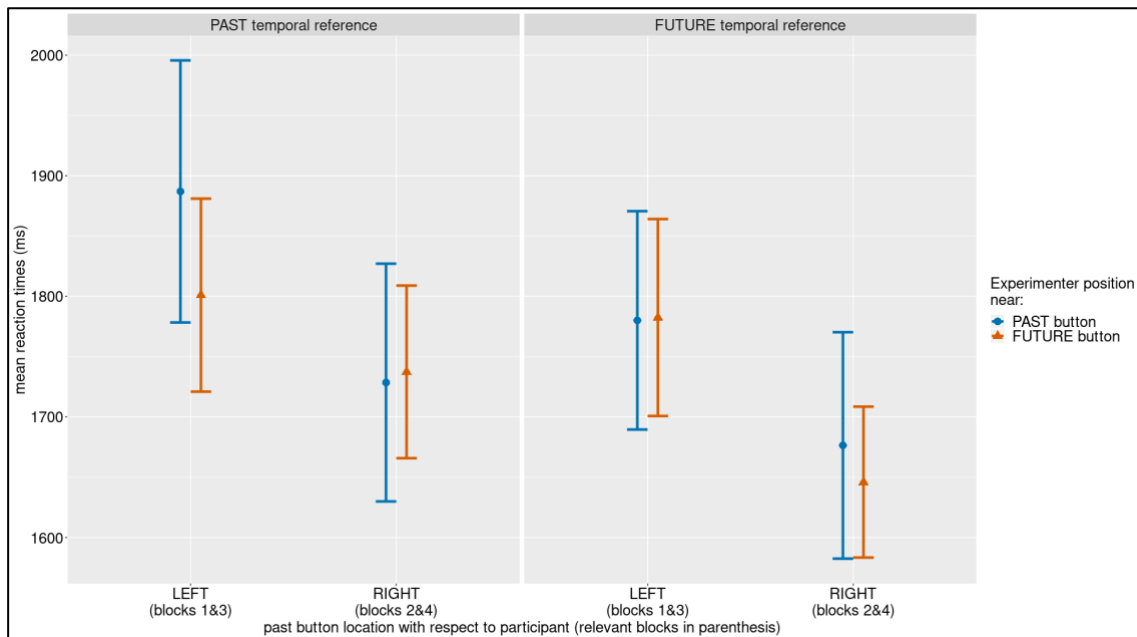


Figure 11. Mean reaction time in milliseconds (with 95% confidence intervals) in Experiment 2 (Greek) in relation to the various experimental manipulations: the location of the past-corresponding button with respect to participants (x-axis); sentences with past (left

panel) or future (right panel) temporal reference. Blue circles stand for trials in which the experimenter was located next to the past-corresponding button; orange triangles stand for trials in which the experimenter was located next to the future-corresponding button (Adamou & Haendler, in press: xxx).

I now turn to present a general discussion for both experiments.

6.2.3 Discussion

In Experiment 1, conducted in Pomak, we investigated whether the experimenter's location during the experiment influenced manual response times among speakers of a language where the interlocutor's sphere is associated with past referents. The analysis did not reveal an effect of the experimenter's location on reaction times: participants responded faster when the past button was associated with a right keypress than with a left keypress, independently of the experimenter's position. As previously mentioned, in this experimental design it is difficult to draw any conclusions about this effect since participants became faster overall as the experiment progressed and therefore right-hand responses, which were always in Blocks 2 and 4, may have been faster for this reason.

However, what our study does show is that when past responses were associated with the left keypress, the location of the experimenter had an effect on their accuracy in the Pomak experiment but not in the Greek one. In this case, when the experimenter was on the participant's right side, that is, close to the participant's right hand, this allowed participants to be as accurate as when the past responses were on their right. The fact that we did not find this effect in the Greek experiment might indicate that the position of the experimenter effect in Pomak is not due to general attentional processes; otherwise we would have found the same effect in both languages. I suggest that this effect in Pomak could be language-related. A tentative interpretation is that the experimenter's position effect stems from the association of the two values of the *t*-article, the realis past value and the pragmatic-spatial value 'close to the interlocutor.' To understand why this effect is apparent only when the participants respond with their left hand and the experimenter is on their right side we would need to consider that the left-past response is the non-congruent condition and that the experimenter's location on the right, congruent, side has a facilitating effect. However, with the current experimental design, we could not unambiguously demonstrate that left-hand responses for past represented the non-congruent condition.

Future research should therefore help establish whether past is associated with the right hand in Pomak. My own research in the field suggests that this could be the case. Indeed, the study of the Koran in Arabic, from right to left, is a culturally-significant practice that starts early in the life of many Pomaks. This daily practice could potentially impact the cognitive representations of Pomaks by associating past to the right, similar to what is found among participants who are exposed to right-to-left writing systems such as Arabic and Hebrew. However, even this interpretation is challenging as left-to-right writing systems are predominant in the participants' lives: younger Pomak speakers who attend university study in Greek (with some exposure to Latin scripts for Turkish or English) and all the participants are exposed to the Greek script in their everyday lives. It is therefore difficult to explain why the right side would be more strongly associated with past responses than the left side. More research is clearly needed to establish the cognitive representation of past along the left-right axis among Pomak participants who are familiar with both left-to-right and right-to-left writing systems by measuring the degree of exposure to the various writing systems.

To conclude, this is the first study to experimentally explore a typologically-rare linguistic phenomenon, where the past is associated with the interlocutor's sphere. By manipulating the location of the experimenter, around whom the auditory stimuli were designed, we provided some preliminary insights about the cognitive reality of a person-oriented deictic system, which combines temporal, spatial, and social cues. We also found that these conceptualizations of time are language-specific and do not transfer to Greek, a language that lacks similar linguistic cues. Our experiments therefore suggest that Pomaks maintain two distinct linguistic conceptualizations in the domain of time, one in Pomak, under the influence of nominal tense that associates past with the interlocutor's sphere, and one in Greek, a language that lacks nominal tense and does not associate past with the interlocutor's sphere. Similar to the multimodal study on spatial cognition among the Ngiguas, a method that would also take into consideration co-speech gestures could shed more light on this topic.

Part II. Are Bilinguals Confronted with High Cognitive Costs?

Chapter 7. State of the Art

7.1 Cognitive Costs in Non-linguistic and Linguistic Switching Among Bilinguals

When we switch tasks, the prefrontal cortex helps us suppress information irrelevant for a new task, or, in other words, it helps break response habits formed during the preceding task by applying different rules and paying attention to different cues. The cognitive activity required in task switching is consistently associated with high cognitive costs (for an overview of the literature on this topic see Monsell, 2003).

Researchers have drawn a parallel between the cognitive ability for conflict resolution in general task switching and ‘language control.’ Language control is the cognitive mechanism that allows bilinguals to select and use words from a given language in the appropriate context while inhibiting words from the non-target language and monitoring unwarranted intrusions. Language control also allows switching from one language to another. Summarizing recent findings from neuroscience, Abutalebi and Green (2016) conclude that language control in bilinguals involves:

- (i) The dorsolateral anterior cingulate cortex, which is recruited for increased monitoring demands including local control (i.e., for specific words).
- (ii) Prefrontal, inferior parietal areas and the caudate, which are responsible for language selection at both levels, the local and global (i.e., for the entire language system).

Evidence for the association between conflict resolution and language control also comes from neuroscience, as it becomes apparent that the two mechanisms are located in the same brain region. More specifically, Abutalebi and colleagues (2012) report that, in non-linguistic conflict resolution, bilinguals show less activation than monolinguals in the dorsal anterior cingulate cortex, an area involved in language control. They also find that bilingual participants have more grey matter density in this brain area as compared to monolinguals. They interpret these results as evidence for the impact that the practice of more than one language may have on general cognition.

These findings are consistent with behavioural data that demonstrate ‘the bilingual advantage for executive control,’ a notion that was introduced in Section 1.1.2. As previously mentioned, Bialystok and colleagues (2004) find that bilinguals are faster overall in various cognitive tasks, that they are more efficient in switching tasks, and that they have better working memory (the latter will be discussed further in Section 7.2). Marton and colleagues (2017) also report faster implicit learning among bilinguals, better resistance to interference, and more efficient switching, but find no advantage in conflict monitoring. Regarding conflict monitoring in particular, it seems that it is largely dependent on task demands, proficiency in the two languages, and habit in codeswitching. Costa and colleagues (2009), for example, find a bilingual advantage only in the higher monitoring condition of a non-linguistic task. Vega-Mendoza and colleagues (2015) refine the bilingual advantage for conflict monitoring by demonstrating that it only arises for more advanced bilinguals (with four years spent learning an additional language as compared to one year). Hartanto and Yang (2016) more specifically test the Adaptive Control Hypothesis (Green & Abutalebi, 2013), predicting that bilinguals in dual language contexts would have an advantage at monitoring in comparison to bilingual speakers in single language contexts. Hartanto and Yang find that, as predicted by the model, bilinguals in dual language contexts present smaller switch costs than bilinguals in single language contexts. Similarly, Prior and Gollan (2011) compare two bilingual populations with different codeswitching habits, Spanish-English frequent codeswitchers and Mandarin-English non-frequent codeswitchers. They find smaller costs in non-linguistic switching tasks among the frequent codeswitchers than among the non-frequent codeswitchers. Hofweber and colleagues (2016) report a similar result in their study of two groups of German-English bilinguals, where one group engages in frequent codeswitching and the other does not. Consistent with the other studies, only the frequent codeswitchers exhibit an advantage in non-verbal conflict monitoring.

But what about cognitive costs when engaging in the activity of language switching? In the early studies, researchers found that switching from one language to another was associated with high cognitive costs in both comprehension and production. Thomas and Allport (2000), for example, note costs when English-French bilinguals switch languages in word recognition. Costa and Santesteban (2004) also report that L2 learners responding in picture naming in a language-switching task experience cognitive costs, in particular, when switching from the L2 to the L1. This result may be due to the higher costs stemming from the inhibition of the dominant language, as confirmed by neuroimaging studies (Abutalebi & Green, 2016). Indirect evidence comes from bimodal bilinguals who in parallel use a sign language, which

relies on manual and non-manual (facial) signs, and a spoken language. Studies on bimodal bilinguals note a preference for simultaneous articulation of two languages. Emmorey and colleagues (2008) consider that this preference indicates that language inhibition is associated with high cognitive costs.

More recently, studies increasingly focus on how language switching costs can be reduced or disappear. Using event-related potentials (ERP), Moreno and colleagues (2002) show that codeswitching costs vary with differing degrees of language fluency. Gullifer and colleagues (2013) also find no switching costs when Spanish-English bilinguals name target words within inter-sententially switched sentences. Yim and Bialystok (2012) show that language switching costs may depend on code-switching frequency: frequent code-switchers show smaller to no switch costs in verbal switching tasks. Similarly, Johns and colleagues (2019) find that language switching costs among Spanish-English bilinguals from the United States closely align with the general codeswitching habits of the members of a speech community. Beatty-Martínez and Dussias (2017) also report that in an ERP study frequent codeswitchers exhibit an N400 effect (indicating difficulties with lexical integration) only in rarely-attested codeswitches. In contrast, participants who do not habitually codeswitch showed this N400 effect when processing both common codeswitches and rarely-attested ones. Beatty-Martínez and Dussias also find differences in the frontal electrophysiological activity between the two groups in response to switching and interpret these differences as confirmatory evidence for the use of a competitive or cooperative control state as predicted by the Control Process model (Green & Li Wei, 2014). Finally, Byers-Heinlein and colleagues (2017) report similar results in comprehension based on measures of dilation of pupil diameter (indicating greater processing effort). The authors report that English-French bilinguals, both children and adults, experience costs when processing intrasentential code-switching, which is presumably a rare codeswitch type among these bilinguals. However, these costs were reduced or even eliminated for intersentential switching.

It is therefore clear that language switching costs arise, but that these can be eliminated as long as the stimuli closely align with the experience of the bilinguals. Evidence from non-WEIRD populations in this debate is extremely thin. Indicative of the need for such data is a recent special issue in *Frontiers in Psychology*, section *Language Sciences*, entitled ‘Behavioral and Neurophysiological Approaches to Code-Switching and Language Switching,’ hosted by Jeanine Treffers-Daller, Esther Ruigendijk, and Julia Elisabeth Hofweber. The call invites contributions to experimental approaches to codeswitching and processing costs with data from under-investigated languages, different types of

codeswitching, and diverse sociolinguistic backgrounds. In Chapter 8, I present recent behavioural data from speakers of Romani-Turkish who have the habit of combining their two languages in their everyday speech in a typologically rare manner (Adamou & Shen, 2019).

7.2 Reducing Cognitive Load: Simplification in Language?

Related to the discussion of cognitive costs in switching is the notion of ‘cognitive load.’¹⁷ Cognitive load is primarily associated with working memory, which, as we have seen, is one of the three components of executive control. When we accomplish a cognitively difficult task that draws on working memory, performance on another task that also activates the frontal cortex is likely to decline: this suggests that we are experiencing an increase in cognitive load. Having a good working memory capacity may help improve our performance in another cognitively difficult task as measured through reaction times and accuracy (e.g., Huettig & Janse, 2016). In addition, if the task at hand is practiced long enough, then cognitive load is likely to decrease as the task becomes automatic and is transferred to another part of the brain involving long-term memory (e.g., Segalowitz & Hulstijn, 2009).

Before proceeding, a few clarifications are needed regarding the different types of memory and their role in language processing (for episodic memory see Chapter 6). On the one hand, working memory is a system that temporarily stores and processes information during cognitive tasks; to do so, working memory manages the attention of our short-term memory. Working memory is, among others, responsible for language comprehension and production as well as for vocabulary acquisition and temporary storage of unfamiliar sound patterns in second language learning. On the other hand, long-term memory is divided into: (a) declarative memory, involving parahippocampal brain areas; it is associated with lexical knowledge, including morphologically irregular forms; and (b) procedural memory, which is located in the left inferior frontal gyrus, basal ganglia, and cerebellum, and is associated with the formation of rules in syntax, regular morphology, and phonology (Ullman, 2001). These different types of memory interact during language processing and can complement one another in case of brain damage. However, the declarative/procedural account considers that when an L2 is acquired after the critical period (i.e., after puberty), procedural memory is not involved in language processing to the same extent as it is in L1. Some researchers argue,

¹⁷ Very early on, Weinreich (1953: 8) refers to the ‘linguistic burden’ of bilinguals and argues that this burden is reduced by ‘interference.’

more specifically, that late learners, including very proficient ones, process syntactic phenomena differently than native speakers, through shallow parsing (i.e., parsing that strongly relies on lexical-semantic cues) rather than full parsing (i.e., parsing that relies on a fully specified syntactic representation) (Clahsen & Felser, 2006). Yet other researchers criticize this hypothesis and argue that ‘proceduralization’ can be successful among adults if the cues are consistent, simple, and reliable (MacWhinney, 2018). Moreover, some studies show that proficient late L2 speakers might process word-level and morphosyntactic features in their L2 similarly to their L1 as proficiency increases (e.g., Pliatsikas et al., 2014).

The cognitive load hypothesis predicts that bilingualism should affect processing of information in working memory. At present, however, there are very few studies on the topic and evidence is inconsistent. For example, it has been shown that L2 speakers with higher working memory can parse syntactic clauses similarly to L1 speakers (Hopp, 2014). Using eye-tracking, Ito and colleagues (2018) also report that they did not find any specific difficulties in L2 processing when compared to L1 processing under the cognitive load condition. They do note, however, that their stimuli were relatively easy as they consisted of slowly-spoken sentences, with high-frequency words, and a simple syntactic structure. Similarly, other behavioural studies found little evidence for the role of working memory in L2 sentence processing involving more complex syntactic phenomena (Juffs, 2004).

In contrast, results from neuroimaging studies revealed difficulties in the processing of the L2 depending on proficiency as well as on specific linguistic phenomena and their degree of difficulty. Hasegawa and colleagues (2002), for example, showed that processing negative L2 sentences (considered as difficult) requires greater computational effort and activity from the cortical network than in the L1. The same effect was not found when processing affirmative clauses (considered as easy). Similarly, superior skills in an L2 were found to correlate with good phonological working memory (Chee et al., 2004). However, the above-mentioned studies all focus on late L2 learners, not on early bilinguals as in the case of the Romani populations that I will examine in Chapters 8 and 9. It can therefore be assumed that early bilinguals would have access to procedural memory to a similar extent in both of their languages as maturational constraints are not relevant. In consequence, speakers should not experience any particular cognitive load effect in comprehension.

In production, however, researchers consistently find that bilinguals are slower than monolinguals in picture-naming and semantic verbal fluency tasks (see Bialystok et al., 2012 for an overview). The Weaker Links Hypothesis successfully accounts for this ‘bilingual disadvantage’ by drawing on the same mechanism in monolinguals and bilinguals (Gollan et

al., 2008). Indeed, there is ample evidence showing that lexical access is nonselective with respect to language, though it is still unclear whether there are two functionally separate lexicons or a single lexicon with late language selection (Kroll & Stewart, 1994; Kroll et al., 2010 for the former, and Dijkstra & van Heuven, 2002; Dijkstra et al., 2019 for the latter). According to the Weaker Links Hypothesis, lower frequency of words obstructs recall because less-frequent words are less activated. As bilinguals have a larger repertoire than monolinguals, they also have fewer occasions to activate specific lexical items in both of their languages (our repository of words in a single language is estimated at tens of thousands of words, somewhere between 10,000 and 40,000 words). This means that the frequency of specific words in bilinguals is most likely lower than the frequency of specific words in monolinguals. In this account, cognitive costs in lexical access among bilinguals are therefore linked to the competition for the same cognitive resources.

The Weaker Links account is compatible with the Activation Threshold Hypothesis (Paradis, 2004). The Activation Threshold Hypothesis considers that access to lexical items stored in memory depends on how frequently an item is retrieved. Inhibition is a parallel mechanism where the use of items from one language raises the activation threshold of items from the other language while making the inhibited items even harder to access (Green, 1998). In all these accounts, lexical retrieval is considered to be arduous due to reduced automaticity that leads to higher cognitive demands in the management of items from the two linguistic systems. As these factors are not specific to bilinguals, but are general activation/inhibition cognitive mechanisms, they are also expected to play a role among early bilinguals and, in particular, among speakers of endangered languages in situations of language shift.

In sum, some kind of cognitive load is likely to occur among all bilinguals, early and late, as they have to manage a larger repertoire. But what would be the consequences of the higher cognitive load hypothesis for language?

Some researchers have hypothesized that, in language contact settings, the demands of the brain for easier learning (i.e., both faster and more accurate learning) would tend to favour simplification in linguistic encoding: morphological markers would be avoided, regular marking preferred over irregular marking, and alternatives reduced. Evidence from unsupervised adult L2 learning comes from a longitudinal study conducted by Klein and Perdue (1997) among L1 speakers of Punjabi, Italian, Turkish, Arabic, Spanish, and Finnish acquiring English, German, Dutch, French, and Swedish. Results suggest the emergence of a ‘basic variety,’ lacking inflectional marking and complementizers. The authors of this study

conclude that this basic variety draws on core attributes of human language demonstrating Universal Grammar principles. In a cross-linguistic study, Lupyan and Dale (2010) analyse more than 2,000 languages and find correlations between morphological complexity and demographic/socio-historical factors. These results are primarily linked to the size of the linguistic community, suggesting that languages spoken by large groups have simpler inflectional morphology (at the level of case systems and conjugation complexity) than languages spoken by smaller groups. The authors interpret these findings as evidence that simplification of morphology is an adaptive consequence of the pressure for a language to be more learnable by late L2 learners. Simplification in the grammar as a way to enhance learnability by adult learners has also been claimed for Creoles (e.g., McWhorter, 2001). In a similar vein, Bickerton (1984) assumes that Creoles, viewed as languages created by children, showcase a ‘bioprogram language acquisition device’ which is set to the default parameters. Critiques of the simplification hypothesis, however, call for the analysis of the full range of factors constitutive of the ecology of Creoles, including social and pragmatic factors (Mufwene, 2001). In this approach, the extreme sociolinguistic complexity is what led to the simplification of inflection in Creoles. Moreover, recent research suggests that simplification does not necessarily drive the selection of features in mixed language creation (Meakins et al., 2019). In this study, the authors code 292 variants in the speech of Gurindji Kriol (Australia) to test the simplification hypothesis. Statistical analysis reveals a bias toward the variants in the prevailing language (Kriol) as compared to the variants in the traditional language (Gurindji) independent of their degree of complexity.

In addition to learnability, some researchers have argued that the high cognitive load among bilinguals would favour the simplification of grammar in situations of language endangerment (e.g., for Scottish Gaelic in Dorian, 1981; for Arvanitika in Tsitsipis, 1998) and language shift (e.g., for Mexican Spanish in the United States in Silva-Corvalán, 1994/1996). Silva-Corvalán (1986, 1994/1996), in particular, hypothesizes that simplification among bilinguals stems from general cognitive factors associated with the need to reduce cognitive load during processing: ‘The general hypothesis investigated in this book is that in language-contact situations bilinguals develop strategies aimed at lightening the cognitive load of having to remember and use two different linguistic systems’ (Silva-Corvalán, 1994: 6). The author investigated Mexican Spanish-English bilinguals in the United States and identified several strategies that could help reduce cognitive load: (i) simplification of grammatical categories and lexical oppositions; (ii) over-generalization of forms; (iii) development of periphrastic constructions either to achieve paradigmatic regularity or to replace less

semantically transparent bound morphemes; and (iv) transfer of forms from the dominant language.

Similarly, Sorace and Serratrice (2009) suggest that processing limitations among bilinguals (i.e., defined as inefficient access to knowledge, coordination of information, and allocation of resources) impact first and foremost the coordination of syntactic phenomena with contextual discourse phenomena (e.g., overgeneralization of overt subject pronouns in no-topic shift contexts); this is the Interface Hypothesis that we introduced in previous chapters. In addition, they predict that structural overlap between the two languages of a bilingual will more likely influence syntactic-semantic phenomena (e.g., specific and generic noun phrases), favouring the most ‘economical’ system.

Chapter 9 presents evidence relevant to the cognitive load hypothesis and its implications on language. The evidence is from Mexican Romani-Spanish speakers. A language contact study shows that Roma in Mexico have complexified their grammar by adding alternatives in copula choice that were present in the socially-dominant language. A study of copula choice among the Mexican Romani-Spanish bilinguals in comparison with a monolingual baseline further shows that the bilinguals are faster in simplifying these alternatives through overgeneralization of one copula over another. These contradictory findings indicate the association of both transfer and reduction of alternatives to achieve an overall reduction in cognitive load.

Chapter 8. Cognitive Costs in Atypical Forms of Codeswitching

8.1 The Romani-Turkish Data in the Light of Mixed Languages

Atypical and yet strongly conventionalized outcomes of language contact such as the so-called ‘mixed languages’ (Meakins, 2013) are increasingly being reported in the literature. At present, research on mixed languages primarily relies on the study of ecologically valid data of natural speech that allow for the analysis of the constraints and social significance of the mixed languages. In contrast, experimental approaches to bilingual sentence processing are generally conducted in a laboratory environment with controlled data. I consider that the combination of the two research paradigms can be beneficial to both fields.

On the one hand, the study of language processing among bilingual speakers of conventionalized codeswitching and mixed languages can shed light on mixed language formation and use. On the other hand, language-processing studies among these populations can contribute to ongoing discussions about cognitive costs in language switching and the conditions under which such costs may be reduced. In addition, by disentangling the cognitive and the sociolinguistics factors, we may shed some light on the reasons why such language contact outcomes are cross-linguistically rare.

At present, some researchers have successfully introduced experimental methods in the field among speakers of mixed languages. For example, Lipski (2019) used a variety of experimental techniques in the field: a speeded language classification task with auditory stimuli and three production experiments (mixed translation, repetition with concurrent cognitive loading, and close shadowing). The experiments were conducted among three bilingual populations: speakers of Quichua and Media Lengua, a Quichua-Spanish mixed language spoken in Ecuador; speakers of Spanish and Palenquero, a Spanish-lexified creole spoken in Colombia; and Spanish-Portuguese bilinguals in Argentina at the border with Brazil. He found that Quichua and Media Lengua mixed sentences were less acceptable by participants than sentences in Quichua and in Media Lengua, therefore suggesting that Media Lengua is an independent form of mixing. Another study that draws on experimental techniques comes from O’Shannessy and Meakins (2012). The authors used a picture-matching task for the study of argument marking in Light Warlpiri and Gurindji Kriol, two

mixed Australian languages. In this task, participants (both adults and children) pointed to the appropriate visual stimulus after listening to an associated auditory stimulus.

In this chapter, I discuss a recent attempt to reconcile the study of sentence processing and the study of rare forms of codeswitching. In particular, in Adamou and Shen (2019), we conducted a sentence processing study in Romani-Turkish, a Romani variety spoken in Greece that exhibits the systematic use of morphologically non-integrated verbs from Turkish inserted into Romani speech. Based on a corpus study, in Adamou and Granqvist (2015), we noted that the non-adaptation of the Turkish verbs to Romani morphology is reminiscent of mixed languages, as it is atypical for either borrowing or codeswitching.

I start by providing some background on mixed language formation, in 8.1.1, and then offer an overview of Romani-Turkish language mixing, in 8.1.2. In 8.1.3, I focus on the sociolinguistic setting in which this specific type of language mixing was created.

8.1.1 Mixed language formation

Over the past thirty years, scholars have made significant progress in documenting mixed languages and understanding their formation. This research effort put an end to the times when researchers would dispute the existence of mixed languages. Mixed languages can now be distinguished from other language contact outcomes such as pidgins and creoles based on a combination of structural and sociolinguistic criteria. Meakins defines mixed languages as ‘the result of the fusion of two identifiable source languages, normally in situations of community bilingualism’ (Meakins, 2013: 159). Although researchers have identified a variety of mixed languages, with unique characteristics, it is possible to group them into two main types (Meakins, 2013):

- a) G(rammar)–L(exicon) mixed languages, which draw the grammar from one language and the lexicon from another.

This is the case of Media Lengua spoken in Ecuador (Muysken, 1994). Example in (12) illustrates the combination of Quechua grammar with Spanish lexicon.

(12) Media Lengua (Ecuador) < Quechua (in plain type) and Spanish (in bold)

unu	fabur -ta	pidi -nga-bu	bini -xu-ni
one	favour-ACC	ask-FN-BENF	come-PRS-1

‘I come to ask a favour.’ (Muysken, 1994: 207)

b) V(erb)–N(oun) mixed languages, with nouns from one language and verbs from another.

Recent examples of V–N languages are Gurindji Kriol (Meakins, 2012) and Light Warlpiri (O’Shannessy, 2013), two Australian mixed languages. In Light Warlpiri, for example, most verbs come from English/Kriol, whereas verb structure comes from both Warlpiri and English/Kriol, and nominal structure from Warlpiri (O’Shannessy, 2013). Example (13) illustrates this use.

(13) Light Warlpiri (Australia) < Warlpiri (in plain type) and English/Kriol (in bold)

Junga	mayi	nyuntu	yu-m	go	wati-kari-kirl	mayi?
true	Q	2SG	2SG.S-nFUT	go	man-other-COM	Q

‘Is it true that you went with another man?’ (O’Shannessy, 2013: 330)

The process of mixed language formation was the object of debate in early studies. Some researchers hypothesized that mixed languages not only were extraordinary outcomes of language contact, but that they also resulted from extraordinary language mixing processes. In his pioneering study on Michif, a Cree-French mixed language, Bakker (1994), for example, put forward the idea that mixed languages result from ‘language intertwining.’ Bakker defines language intertwining as the use of lexemes from one language with the phonology, syntax, and morphology of another language. For the author, this term is roughly equivalent to ‘relexification,’ proposed by Muysken (1994). In Bakker (2003), the author argues against a codeswitching-based scenario for the creation of mixed languages and points to the lack of longitudinal data that could help settle the debate.

Matras (2003) suggested mixed language formation through two special processes: Lexical re-orientation, resulting in mixed languages where the native language anchors the predication (i.e., provides the inflection of the finite verbs), and selective replication, resulting in mixed languages where the socially dominant language anchors the predication. Matras and colleagues (2007) noted that transitional stages in the anchoring of the predication at the level of the discourse might precede any strongly conventionalized outcome.

In contrast, other researchers proposed that, even though mixed languages are exceptional language contact outcomes, they emerge through ordinary processes of contact that may have their roots in borrowing or classic codeswitching patterns. Thomason and Kaufman (1988) propose such a borrowing-based account of mixed language formation. Thomason and Kaufman suggest that various mixed languages illustrate different degrees of borrowing, with some languages borrowing only lexicon, and others additionally borrowing grammatical elements.

In comparison, Myers-Scotton (1998) elaborated a codeswitching account of mixed language formation based on the Matrix Language Frame (MLF) model. Within the MLF model, Myers-Scotton defines ‘intrasentential codeswitching’ as codeswitching that takes place at the level of the clause and comprises any number of words from the Matrix Language (i.e., the language that sets the grammatical frame) and at least one word from the Embedded Language (i.e., the language that mainly contributes content morphemes). Myers-Scotton hypothesizes that mixed languages result from an ‘Arrested Matrix Language Turnover,’ that is, when a ‘Matrix Language Turnover’ is interrupted. Myers-Scotton (2002) further suggests that speakers may go through a stage of ‘composite codeswitching’ during which, within a single clause, speakers draw the Matrix Language from more than one source, and that this is possible following a process of convergence.

Auer (1999) proposes another mixed language process focusing on the idea of a continuum between codeswitching and mixed languages. The author hypothesizes that ‘codeswitching,’ defined as the meaningful alternation between two languages that can index aspects of the situation or of the speaker, becomes ‘codemixing,’ when generalized in a bilingual community, and then eventually gives rise to a ‘fused lect’ that can possibly further develop into an independent ‘mixed language.’ Auer defines fused lects as follows: ‘the use of one “language” or the other for certain constituents is obligatory in FLs [fused lects]; it is part of their grammar, and speakers have no choice’ (Auer, 1999: 321). To illustrate fused lects, Auer cites heavy borrowing from German in Sinti Romani. Later, Adamou (2010) suggests that Romani-Turkish offers a more suitable example to illustrate fused lects because, in this variety, Turkish verbs are neither clearly borrowings nor codeswitching insertions and therefore bear a clearer resemblance to established mixed languages.

In the continuum approach of mixed language creation, authors consider mixed languages as distinct outcomes of language mixing when these start exhibiting innovative grammatical patterns that did not exist in the source languages. Evidence for this last stage comes from the two Australian mixed languages, Gurindji Kriol (Meakins, 2012) and Light Warlpiri

(O'Shannessy, 2013). For example, Light Warlpiri exhibits a new auxiliary that draws on the three languages in contact, Warlpiri, English, and Kriol. Further proof of the innovative character of Light Warlpiri is the fact that Kriol verbs select ergative case marking from Warlpiri. Adamou and Granqvist (2015) further introduce the idea that the extent to which the mixing process is present in spontaneous conversations might be another criterion.

I illustrate the continuum hypothesis in Figure 12, adapting it from Auer (1999). Unlike in Auer's representation of the continuum, in this new graph, I visualize mixed languages as a distinct outcome from fused lects.

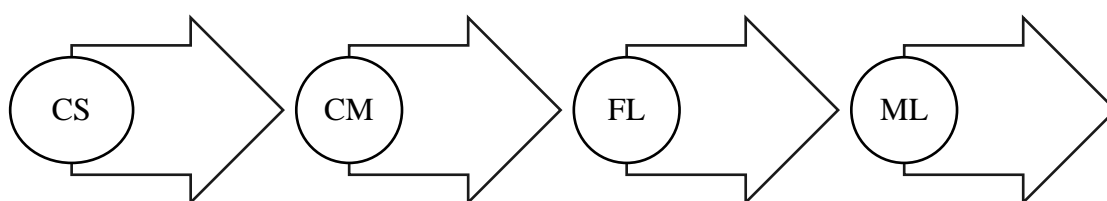


Figure 12. A continuum from codeswitching to fused lects and mixed languages, adapted from Auer (1999: 328) (CS codeswitching; CM codemixing; FL fused lect; ML mixed language)

Following the early debates on mixed language formation, novel empirical findings provide decisive support for the hypothesis of mixed language creation based on the intensification of codeswitching. More specifically, comparison of productions from the 1970s to the 2000s, as well as of productions by older and younger cohorts in the Australian communities have documented the intensification of general contact phenomena such as codeswitching (alternational and insertional), ultimately leading to the mixed languages as attested in contemporary uses (McConvell & Meakins, 2005). O'Shannessy (2012) also provides evidence for the importance of codeswitching as input for the children who become speakers of a mixed language. Although these findings do not imply that other paths of mixed language creation are not possible, they do offer empirical support for the codeswitching-mixed language continuum hypothesis.

More evidence in support of intermediate stages preceding the creation of independent mixed languages comes from two distantly related Romani varieties spoken in Greece and in Finland. In these Romani varieties, all proficient Romani speakers insert morphologically intact verbs from the languages they are in contact with, Turkish and Finnish respectively,

into Romani-dominant speech (Adamou, 2010; Adamou & Granqvist, 2015). In the next section, I present Romani-Turkish mixing in more detail.

8.1.2 *Romani-Turkish mixing*

As discussed in the previous section, in most mixed language formation scenarios, authors acknowledge the possibility of an interruption of the language mixing process at different stages. Recent studies on the speech of Muslim Roma from Greek Thrace illustrate the use of Turkish verbs with Turkish verb morphology inserted into conversations in which Romani is the numerically-dominant language (Adamou, 2015; Adamou & Granqvist, 2015; Adamou, 2016). Speakers label the outcome *Xoraxane Romane*, literally ‘Turkish Romani,’ or more broadly ‘the Romani language of Turkish (Muslim) Roma.’

The two languages that partake in this mix are unrelated and typologically distinct: Romani is an Indo-Aryan language of the Indo-European stock, whereas Turkish is a Turkic language of the Altaic stock. In sociolinguistic terms, the two languages also greatly differ: Turkish has been the language of the Ottoman Empire for several centuries and the language of trade in the Ottoman space, whereas Romani has always been a minority language, spoken almost exclusively by Roma populations. In this section, I focus on the structural features of Romani-Turkish and present the sociolinguistic circumstances in detail in Section 8.1.3.

I have been working on Romani-Turkish since 2007. I started by conducting traditional linguistic fieldwork, using elicitation and recording speech whenever I obtained permission. To quantify the composition of Romani-Turkish, I then selected a representative sample of recordings of unscripted speech comprising storytelling, interviews, as well as in-group, informal conversations between speakers from the community. I annotated an hour of these recordings, the resulting corpus comprising approximately 6,000 word tokens (Adamou, 2016). In collaboration with consultants from the community, I transcribed the corpus using a broad phonetic transcription, segmented the transcription into sentences, and synchronized the sentences with the audio recording. I segmented words and morphemes, provided glosses as well as annotations for parts of speech, and translated the sentences into English. I segmented noun phrases so that a concordance tool could unambiguously detect the determiners and the nouns that they determined. I further tagged words and morphemes for ‘language’ as a heuristic tool to discover the precise ways in which the two languages are combined while remaining agnostic about whether individuals processed them as alternations of two languages or as a single one, a question that was later tackled in Adamou and Shen (2019). More

specifically, I tagged words and morphemes as ‘Romani’ when I could identify them as being of Indic origin or borrowed from past-contact languages. By contrast, I tagged as either ‘Turkish’ or ‘Modern Greek’ the words from the two current-contact languages that the speakers use in their everyday lives. I applied a fourth tag, ‘multiple,’ to words for which more than one languages of origin were possible. A sample of the recordings of the tales is freely available online together with the annotations (see for example doi.org/10.24397/pangloss-0000293). Note that I did not provide online access to recorded conversations and interviews as they contain biographical elements and raise issues related to speakers’ privacy.

Analysis of the Romani-Turkish corpus reveals that Romani is the numerically dominant language with Turkish words amounting to 15%. Turkish words can come from all parts of speech with the exception of free pronouns that always come from Romani. Adamou (2016) and Bullock and colleagues (2018) observe that the ratio of all tokens is a good proxy to determine the Matrix Language of the majority of sentences in a corpus. In that sense, since Romani is the numerically dominant language in the Romani-Turkish corpus, Romani is most likely the Matrix Language in the individual clauses as well. However, Adamou (2016) and Bullock and colleagues (2018) also note that these ratios are not good predictors of the language that determines word order or the language of morphology, which are the indicators of the Matrix Language. Indeed, in the Romani-Turkish corpus, word order is consistently Romani; this is relatively straightforward to observe as the two languages are typologically distinct; (Standard) Turkish being a verb final language and Romani having on the contrary a verb initial unmarked order (Adamou, 2016). However, a split in morphology is apparent: Turkish nouns inflect in Romani for case, number, and gender, like native Romani nouns do, but Turkish verbs systematically combine with the Turkish person, tense-aspect-modality morphology, and valency morphemes, contrasting with Romani verbs that combine with Romani verbal morphology (Adamou & Granqvist, 2015). This complicates matters with respect to the identification of the Matrix Language in the Romani-Turkish corpus.

Adamou and Arvaniti (2014) also note that Romani-Turkish speakers adopt mixed strategies of phonological adaptation for the Turkish lexical material. For example, Romani-Turkish speakers use several Turkish vowels that are not part of Romani phonology (e.g., [y u œ]), and yet they do not use Turkish /h/ in either old, well-established borrowings from the Ottoman-period (e.g., *maala* ‘neighbourhood’ from Turkish *mahal*), nor in more recent borrowings (e.g., *apo* ‘pill’ from Turkish *hap*). In addition, speakers of Romani-Turkish do not use vowel harmony when they integrate nouns into Romani morphology. Moreover, for

Turkish clusters, including in verbs, metathesis is frequent (e.g., Turkish *anlamayacak* ‘he/she will not understand,’ becomes [al'nama,dʒak] as can be heard in the following example <https://doi.org/10.24397/pangloss-0000293#S17>).

I provide an example illustrating the use of Turkish verbs in Romani-Turkish in (14).

(14) Romani-Turkish < Romani (in plain type) and Turkish (in bold)

ep me ka dikh-av kale
always 1SG.NOM will look-1SG them

me **da** **səndəm**
1SG.NOM FOC tired.PRET.1SG

me **da** mang-av **dineneəm**
1SG.NOM FOC want-1SG rest.OPT.1SG

‘Am I **always** the one to look after them? I’m **tired** of it! Me **too**, I want to **rest**.’
(Adamou & Shen, 2019: 55)

The Romani-Turkish mixing illustrated in (14) is problematic in terms of classic codeswitching in the Matrix Language Frame model and its subsequent 4-M model. Recall that the Matrix Language is the language that supplies the system morphemes. In the 4-M model, in particular, ‘outsiders’ are decisive to account for the Matrix Language, more specifically, agreement verb morphology and those case markers that serve to establish the relationship between an argument and a verb.¹⁸ In example (14) from Romani-Turkish, we

¹⁸ The 4-M model is based on Levelt’s monolingual speech production model (see Section 4.1 for more details), but makes specific predictions for codeswitching, convergence, mixed languages, and creole development based on morpheme types (Myers-Scotton, 2002). The 4-M model distinguishes four types of morphemes: ‘content morphemes,’ ‘early system morphemes’ (e.g., determiners, derivational prepositions, particles in phrasal verbs, derivational and plural markers in noun phrases, some tense and aspect markers in verbal clauses, subordinating and coordinating conjunctions), and two types of ‘late system morphemes:’ ‘bridges’ (e.g., elements that join together two NPs and complementizers that join together two clause) and ‘outsiders’ (e.g., agreement morphemes and some case markers). While content morphemes and early system morphemes are salient in the mental lexicon (i.e., at the level of lemmas) and are elected at the lexical-conceptual level, late system morphemes are not salient until the level of the formulator (i.e., the production mechanism in Levelt’s model that puts together the larger constituents that indicate the structure of the clause).

observe the use of two Matrix Languages within a single clause. First, the Romani pronoun with Romani nominative case, *me* ‘I,’ agrees with the Turkish finite verb ‘tired.’ In the following clause, another Romani pronoun with Romani nominative case, *me* ‘I,’ agrees not only with the Romani deontic finite verb ‘want’ (in present tense and indicative mood), but also with its complement clause verb, the Turkish finite verb ‘rest’ (in optative mood). Combination of two Matrix Languages within a single clause is a counter-example to the prediction of the 4-M model that agreement in classic codeswitching will always come from a single Matrix Language (Myers-Scotton, 2002). It is therefore apparent that we cannot account for the Romani-Turkish mixing if we consider that we are dealing with ‘classic codeswitching.’

It is important to note that in Romani-Turkish, speakers draw agreement verb morphology from the two languages (Romani and Turkish), and case from only one of them (Romani), systematically throughout the spontaneous interactions. During my research, I have never recorded or heard the opposite pattern where clauses would comprise Turkish pronouns with Romani finite verbs. This observation points to the existence of specific, conventionalized patterns in the way speakers can combine the two languages. The experiments in Adamou and Shen (2019) also aimed to confirm that there is such a mixing pattern in Romani-Turkish.

This kind of Romani-Turkish mixing illustrated in (14) is also exceptional for borrowing. Insertions of verbs with verb morphology in a clause otherwise consisting of lexical and grammatical elements from the other language differ from borrowing. In a large longitudinal corpus study from Quebec French in Canada, Poplack and Dion (2012), for example, note that isolated words from English are always morphologically integrated. In a cross-linguistic, typological study, Wohlgemuth (2009) also notes that the use of non-integrated verbs from one language inserted into the speech of another language is extremely rare.

But, if Romani-Turkish is not borrowing, including ‘heavy borrowing,’ and if it is not ‘classic codeswitching,’ then what kind of language mixing does Romani-Turkish represent? Could we consider Romani-Turkish as a V(erb)-N(oun) mixed language?

One can answer this question positively and consider Romani-Turkish as a V-N mixed language for various reasons. As we saw, Romani-Turkish combines Romani-inflected nouns with Turkish verbs with Turkish morphology. In addition, it is relatively independent from the two source languages since it exhibits some innovative features that are neither Romani nor Turkish. This is for example the case of the use of the marker *muʃ*, which is an adaptation of the Turkish evidential marker *miş* (Adamou, 2012). Whereas the Turkish evidential marker *miş* is a bound morpheme suffixed to the verb, the Romani-Turkish marker *muʃ* is a free

morpheme that either precedes or follows the verb. There are also differences in meaning, with the Romani-Turkish marker reporting on the truth of the statement, rather than inference and hearsay as the Turkish evidential marker does. The use of the Romani-Turkish marker *muf* is not restricted to Turkish verbs and is attested with Romani verbs too.

It is also important to note that speakers of this Romani-Turkish variety can express themselves in fully inflected Turkish sentences without any Romani material. Example (15) illustrates the spontaneous alternation between Romani-Turkish, in (15a), when the speaker addresses one interlocutor, and Turkish, in (15b) when the speaker addresses another interlocutor.

(15) Romani-Turkish

- a. yzgjanən kəzə dilmi bu mar
 PN.GEN girl.POSS NEG.Q this INTERJ
 (To her friend): ‘Hey, isn’t she Yzgjan’s daughter?’

Turkish

- b. yzgjanaki i tfei naj san tfe
 PN.GEN the daughter is.NEG is.2SG INTERJ
 (To the girl): ‘Hey, aren’t you Yzgjan’s daughter?’

In (15a) both the lexicon and the grammar come from Turkish: the genitive case of the proper noun, the possessive and the noun ‘girl,’ the negative interrogative, and the demonstrative are all Turkish, whereas the interjection is common to many languages of the Balkans. In comparison, in (15b), the lexicon and the grammar come from Romani: the genitive case of the proper noun, the definite article, the negative particle, the copula, and the interjection are all Romani without any Turkish elements.

However, an argument against the analysis of Romani-Turkish as a fully-fledged, independent V-N mixed language comes from the extent of Turkish verb use: quantitative analysis of free speech reveals that only a small ratio of verbs come from Turkish (i.e., 12%), whereas the majority of verbs come from Romani and combine with Romani verb morphology (Adamou & Granqvist, 2015). Adamou and Granqvist (2015) therefore suggest that Romani-Turkish does not qualify as an independent mixed language, but illustrates an instance of a mixed language in its early stages dubbed ‘unevenly mixed language.’ Indeed, as

predicted by all mixed language formation scenarios, the Romani-Turkish mixing process may have been halted.

Though Romani-Turkish mixing is typologically rare, it is important to note that various scholars report similar uses in other Romani dialects that have had no contact with the Romani-Turkish variety. For example, speakers of Romani dialects spoken in the Balkans (Friedman, 2013) make similar use of Turkish verbs with Turkish verb morphology. Friedman (2013) observes that the extent to which these varieties draw on Turkish verb morphology varies. By comparison, Romani-Turkish as spoken in Greek Thrace is very advanced on the scale, drawing on almost the entire set of verb morphological affixes. Although one can hypothesize that Romani-Turkish communities in the Balkans may have been in contact within the Ottoman Empire and therefore share this phenomenon merely through diffusion, we note the development of the same type of mixing in a distant setting, between Finnish Romani and Finnish (Adamou & Granqvist, 2015). Other investigations point to similar mixing patterns in Romani varieties in contact with Russian: this is the case for North Russian Romani (Rusakov, 2001), Soviet Romani, and Lithuanian Romani (Elšík & Matras, 2006). Examples of mixing between Romani and Russian are also found in the written documents of Soviet Romani, which was an attempt to promote Romani as a written language within the Soviet Union. I illustrate this mixing in (16) where the Russian verb ‘to organize’ is in the first person plural and agrees with the Romani subject pronoun, *amə* ‘we,’ in the nominative. The fact that this kind of Romani-Russian mixing is put into writing demonstrates that such uses are not ephemeral phenomena limited to the spoken language, but are conventionalized to such a degree that they could be written down in journals.

(16) Soviet Romani < Romani (in plain type) and Russian (in bold)

<i>Amə</i>	organizuj-em	<i>bar-ə</i>	<i>sovetsk-a</i>	<i>xulaib-əna</i>
we.NOM	organise-PRS.1PL	big-NOM.PL	Soviet-NOM.PL	enterprise-NOM.PL

‘We organize large Soviet enterprises.’

(Nevo Drom, No. 1, 1931; excerpt from a million-word corpus of Soviet Romani texts from the 1920s–1930s; p.c. by Kirill Kozhanov)

The presence of similar mixing patterns in various distant Romani varieties in contact with such typologically diverse languages as Turkish, Finnish, and Russian, suggests that sociolinguistic factors must be at play. Indeed, Adamou and Granqvist (2015) argue that these mixing processes arise in specific sociolinguistic settings. The next section, 8.1.3., offers an

overview of the societal factors that may have led to this mixing pattern and the factors that determine its maintenance.

8.1.3 Sociolinguistic background on Romani-Turkish

In the literature on mixed languages, researchers pointed early on to the types of settings in which mixed languages typically arise. Although some studies document the formation of new mixed ethnic groups as triggers for the formation of mixed languages, the common denominator seems to be that mixed languages arise in bilingual communities when there are conflicting processes of language shift and language maintenance (Thomason & Kaufman, 1988; Meakins, 2013; O'Shannessy, 2012). Indeed, contrary to pidgins and creoles, mixed languages do not arise for communicative reasons, but speakers use them to index their identity. McConvell and Meakins (2005) describe, for example, how Gurindji Kriol speakers used this variety under very specific sociopolitical changes that radically modified the community's language attitudes and the existing patterns of codeswitching and language mixing.

I now turn to describe the sociolinguistic setting in one of the two Romani communities where I recorded Romani-Turkish, the Drosero community in Greek Thrace. Drosero is a neighbourhood on the outskirts of the town of Xanthi that some consider as a ghetto; see map in Figure 7. Indeed, Drosero is an area of Xanthi where only Romani people live and which is marked by social exclusion: there is no proper infrastructure and there is no immediate access to public transportation. At present, most Roma from Drosero have relatively low socioeconomic status, with high rates of unemployment. People generally work in small trades or as seasonal workers while men in ships hold the best paid-jobs.

The community of Drosero has more than 4,000 members, some estimates mentioning up to 7,000 people. Almost all of the inhabitants of Drosero are of Muslim religion and refer to themselves as *Xoraxane Roma* 'Muslim (Turkish) Roma.' This self-denomination relates them to the larger group of Muslim Roma in the Balkans. Religious affiliation in the area is very important and governs community residence and belonging. For instance, Christian (Greek) Roma, *Dasikane Roma*, are settled in other communities in the area. Distinctions between the two groups are still apparent in their clothing, despite the generalization of Western-type clothing: Romani Turkish women often wear the traditional Ottoman Turkish pants, still typical in many Muslim countries (known as *shalvar*), whereas Christian Romani women wear the long, wide skirts that Gypsy women are generally associated with in Europe.

Roma currently living in Drosero have various origins. Some families arrived from Turkey in 1923 with the exchange of populations, others came from present-day Romania at roughly the same time and settled in the area due to the establishment of the new borders, while still others settled in the villages of the area for several centuries and moved to Drosero in a process of urbanization. Despite a plausible linguistic diversity of the groups when they settled in Drosero, at present, speakers share the Romani-Turkish variety presented in 8.1.2. The Romani dialectal component is mainly Vlax, a dialect that is characteristic of Roma groups who have spent some time in Romania. In addition to various dialectal features typical of Vlax, this dialect comprises Romanian-origin words, many of which are still in use today and may alternate with a Turkish counterpart.

In Adamou (2010), I argued that Romani-Turkish mixing is not a recent phenomenon and that its formation goes back to the late nineteenth-early twentieth century. In support of this claim, I noted that some Turkish verbs with some Turkish verb morphology are in use among speakers of Romani who are not bilingual with Turkish. Indeed, Romani speakers who live in the neighbourhood of Ajia Varvara in Athens, Greece, have no longer spoken Turkish for several generations and uses of Turkish verbs with Turkish morphology seem to be memorized like irregular verbs. Based on this observation, the scenario for the genesis of Romani-Turkish mixing as encountered in Drosero takes us back to the Ottoman Empire.

Though information about Roma during the Ottoman times is scarce, linguistic and ethnographic evidence shows that some groups were itinerant artisans and others were settled. Adamou (2010) suggested that these Romani-Turkish varieties developed more particularly among the trading groups as their professional activities required frequent contact with outsiders, which most likely took place in Turkish, the language of communication during the Ottoman rule (fifteenth to early twentieth centuries). Indeed, in Drosero, elders report occupations such as horse and donkey trading, comb, basket, and sieve confection, and fortune telling.

However, the language shifting process of Muslim Roma to Turkish must have been disrupted with the collapse of the Ottoman Empire at the turn of the nineteenth century. This major political change affected the status of Turkish as a trade language and, throughout the Balkans, only the Muslim groups maintained the intense contact with Turkish that was common in Ottoman times. In particular, when Thrace became part of the Greek State in the 1920s, the Muslim populations that were present in this area were exempted from the mandatory population exchanges between Muslims and Christians residing in the newly founded states, Greece and Turkey respectively. In addition, thanks to the Lausanne Treaty, in

1923, Muslims in Greek Thrace were granted the status of minority and a set of rights were guaranteed. Linguistic rights, in particular, granted the right to Muslims living in Greek Thrace to have access to bilingual education in Greek and in Turkish.

At present, most Roma from Drosero are trilingual in Romani-Turkish, Turkish, and Greek. However, a strong shift to Turkish is currently taking place among Roma, a process that has almost been completed for Pomaks, a traditionally Slavic-speaking population from the area. The mixed Romani-Turkish variety remains for some families the home language and the language of in-group communication. For others, Romani-Turkish may be in use in the (extended) family, with community members, as well as with members of other Muslim Romani communities in the area. For example, intermarriages are frequent between members of the community of Drosero and those who live in the outskirts of the nearby town of Komotini.

In addition to Romani-Turkish, Roma from Drosero use Romani with other Romani-speaking groups settled in Greek Thrace (such as Christian Roma merchants, the so-called *Dasikane Roma*), and beyond (in other Greek cities or in the Balkans). The Romani variety that prevails in these interactions is not the mixed Romani-Turkish variety, in that they are careful to avoid Turkish lexicon, particularly Turkish verbs that their interlocutors might not know. Metalinguistic commentaries indicate that speakers of Romani-Turkish are conscious of the Turkish/non-Turkish origin of the lexicon they use as they also communicate in Turkish with native Turkish speakers from the area. For example, Adamou and Arvaniti (2014) report that during the elicitation task for the analysis of phonetics, their consultants recognized '*kavako* 'tree' as a borrowing from Turkish and considered that the 'Romani' form *ko 'patfi* might be more appropriate for the recordings. These speakers were not aware that *ko 'patfi* is a word of Romanian origin since Romanian is a past-contact language that they have no longer used for several generations.

In addition, most Roma members of Drosero currently use Turkish in their families and with other community members. Even though this Turkish variety has not been the object of extensive study, I tentatively describe it here as a combination of the local Balkan Turkish variety, as traditionally spoken by other Muslim communities in Greek Thrace, and the varieties spoken in Turkey. Access to Turkish speakers from Turkey is effective through trade and visits to nearby Turkey. On a more daily basis, Turkish is used locally, in Greek Thrace, in the traditional market, the *bazaar*, as well as with other Turkish-speaking members of the Muslim Minority: Turks, that is, native speakers of Turkish, and Pomaks, that is, traditionally Slavic-speaking populations who are also shifting to Turkish (Adamou, 2010). Roma also use

Turkish in their interactions with the religious authorities. However, Roma typically do not attend bilingual Turkish-Greek schools so the impact of Turkish in formal education is negligible.

Based on interviews with various members of the two Romani communities in the area, it is possible to conclude that adult Muslim Roma living in Greek Thrace typically acquired Turkish simultaneously with Romani-Turkish before the age of three, and for some sequentially, after the age of three. However, at present, many children learn Turkish as a first language with little to no exposure to Romani-Turkish. This strong wave of shift to Turkish is ongoing in Drosero and has been completed in several Romani families. To understand such a language shift from the traditional minority language, Romani-Turkish, to another minority language, Turkish, one needs to keep in mind that in recent years Turkish has become an important language for the identity of Muslim Roma through its association with the Muslim religion that is also gaining in importance. This identity shift is promoted by some community representatives (elected or not) and is receiving support from the Turkish authorities, for instance through the Turkish consulate in Thrace and the Turkish minority representatives. The complexity and significance of Turkish support in the area are thoroughly described in the work of investigative journalists and will not be discussed here; see among others Kostopoulos (2009). What is important for our purpose though is to understand that the documented language shift to Turkish is strongly related to a shift in identity that is viewed by some Roma as a solution to discrimination.

Thirdly, Roma children from Drosero learn Modern Greek, the language of the Greek State, generally after the age of five or six. Input in Greek comes mainly from outsiders, for example when children accompany their families to work or to the city, that is, in communicational settings outside of Drosero. Greek is also the language of the administration, services outside of the community, and formal education. However, access to schooling is strongly affected by the broader social exclusion and discrimination that Romani communities are confronted with both at the local and at the national level, despite the efforts that are being made at the level of the European Union. Most notably, the Decade of Roma Inclusion 2005-2015 (Roma Decade), supported by the European Union and the World Bank, aimed to improve housing, jobs, health, and education for Roma living in the European Union. The effects of this policy in Drosero are difficult to observe, as is the case in most Romani communities in other European countries. Access to schools remains difficult and discrimination at school is persistent. While completion rates of primary school education

have improved, the youth still frequently drop out before completing middle school. Literacy levels among adults are low, as also noted among Roma in other European countries.

Table 3 summarizes the trilingual setting in Drosero for the majority of adult Roma.

Table 3. The trilingual setting for most adult Roma in Drosero

Acquisition	L1 Romani-Turkish	L2 Turkish	L3 Greek
Function	Primary	Secondary	Secondary
Sociopolitical status	Minority	Minority	Majority

After this general introduction to Romani-Turkish as spoken in Greek Thrace, I now turn to discussion of the experimental evidence of sentence processing.

8.2 Cognitive Costs in Romani-Turkish Sentence Processing

In this section, I summarize the results regarding processing costs of mixed Romani-Turkish sentences containing non-integrated Turkish verbs (Adamou & Shen, 2019). The experimental Romani-Turkish data in Adamou and Shen (2019) have been analysed with respect to the literature on codeswitching processing costs, but in this chapter, I aim to additionally discuss these results in the light of the literature on mixed languages. Based on the review presented in the previous sections, one could hypothesize that mixed languages are processed like unilingual speech, that is, speech with no language switching. However, how would speakers process intermediate stages such as fused lects, as is the case of Romani-Turkish? Would fused lects be processed similarly to unilingual speech, to codeswitching, or differ from both? Figure 13 illustrates this question in the form of a continuum.

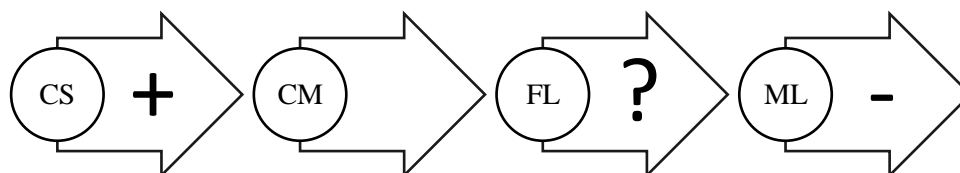


Figure 13. What processing costs for fused lects? (CS codeswitching; CM codemixing; FL fused lect; ML mixed language)

Two research questions have driven the study in Adamou and Shen (2019):

Research question 1: Do mixed Romani-Turkish sentences have higher processing costs than unilingual Turkish sentences?

I reformulate this question as follows in the light of discussion on mixed language creation: Is conventionalized language mixing (i.e., a fused lect) associated with high processing costs as compared to unilingual speech?

Predictions: In line with several studies on language switching costs, the mixed Romani-Turkish sentences should be associated with higher processing costs than unilingual speech. However, in line with the studies on codeswitching that show no costs and given that Adamou and Granqvist (2015) consider Romani-Turkish mixing as stabilized and predictable, there should be no additional processing costs.

Research question 2: Are verbs from Turkish with Turkish verb morphology processed more slowly when they are in a unilingual Turkish sentence environment or in a mixed Romani-Turkish sentence environment? In addition, are there any processing costs when this type of morphological non-adaptation is highly conventionalized in the community?

Predictions: Adamou and Shen (2019) predict higher costs in line with the studies that have shown language switching costs. Adamou and Granqvist (2015) hypothesize that the verbs from the contact language in Romani are systematic and therefore predictable. According to this analysis, Turkish verbs should be processed with low costs, similar to unilingual speech.

To address these questions, Adamou and Shen (2019) compared the reaction times of the Roma participants on two tasks: a picture choice (Experiment 1) and a word recognition task in sentence context (Experiment 2). In behavioural studies, reaction times correspond to the time participants take to respond to a stimulus. Slower reaction times are interpreted as evidence of higher processing difficulties, that is, higher processing costs. As Romani-Turkish is typically not used in writing, we used auditory stimuli.

The following sections present the two experiments in detail.

8.2.1 Experiment 1

Methods

Participants

Thirty-seven trilingual Romani-Turkish-Greek speakers participated in the experiment. All were residents of the community of Drosero in Xanthi and had similar low socioeconomic status, and all but one had low education levels, with ages ranging from 13-51 [$M = 22.59$, $SD = 11.13$]. All participants declared that they acquired Romani-Turkish and Turkish before the age of three, with varying degrees of exposure to each language. Twenty-seven participants declared Romani to be their primary language of communication (age $M = 25.6$, $SD = 11.77$), but ten declared it was Turkish (age $M = 17.87$, $SD = 1.34$).

A local assistant contacted participants on behalf of a local non-profit organization with which I have been collaborating for my research on Romani for several years. All participants gave oral informed consent and, in agreement with the organization's representatives, they received no compensation for their participation in the study. Though a small financial compensation may be standard practice in laboratory research and is also common in other research fields, for example, in the Americas, it is often problematic in the Balkans where it can be considered insulting, especially given the small amounts of financial contribution involved. In addition, the sensitive political context in Greek Thrace makes financial

retribution even more problematic for matters related to Romani, it could be suspected that the NGO or researchers are bribing the participants to promote the Romani language in a context where shift to Turkish is ongoing. To avoid this problem, the NGO integrated this task into their general activities related to the promotion and defence of the Romani language and culture.

Design

Experiment 1 is an online, bimodal picture-sentence matching task with auditory stimuli. It aimed at testing the reaction times (RTs) of the Romani participants when listening to various sentences, some in Romani-Turkish, some in Turkish, and others in Romani-Turkish combinations (with Turkish borrowings and alternational codeswitching) that are not typical in this community.

Stimuli

In collaboration with the Romani consultant, we constructed sixteen two-sentence stimuli. The two sentences were related in meaning. The situations evoked by the stimuli were ecologically valid, that is, they were plausible in the context of the participants' life and cultural experiences. For example, the sentences 'The neighbours were having parties very often. They drank, ate (and danced) until late.' refer to a plausible situation that might make sense for Roma and non-Roma alike. In structural terms, the first sentence always started with a Turkish noun and the second sentence with a Turkish verb. We created four versions for each pair of sentences. We kept the number of words for the four versions as similar as possible, comprising approximately 5-7 words per sentence.

Version (a) corresponded to Romani-Turkish mixing involving Turkish verbs with Turkish morphology as typically used in the community.

Version (b) corresponded to all-Turkish sentences. Recall that almost all the adult members of the community speak Turkish, which is also the language towards which a shift is currently taking place in this community. I constructed the Turkish sentences in collaboration with the Romani consultant so that they would represent Turkish as spoken in the community.

Version (c) corresponded to sentences with Romani-Turkish alternational codeswitching, that is, with morphologically non-integrated words in lengthy switches (Poplack & Dion, 2012). These sentences are atypical in the community, but they are not ungrammatical since they occur in other Romani communities of the Balkans with which the speakers from Greek Thrace are in contact.

Finally, Version (d) corresponded to sentences in Romani with Turkish borrowings, that is, morphologically integrated verbs (Poplack & Dion, 2012). I have not observed the use of this adaptation strategy in the community, but there is evidence that it is possible in other Romani-speaking communities.

To check the level of naturalness of the stimuli, I conducted a norming study for the four versions of the sentences among Romani speakers from the community. Results confirmed that Versions (a) and (b) are the most natural sentences. Versions c and d are the most unnatural. Given that sentences of Versions (a) and (b) are the most natural in the community, Adamou and Shen (2019) expected that the reaction times would follow the order $d > c > b \geq a$. See an example of each version in (17).

(17) Romani (in plain type); Turkish (in bold); Greek (underscored)

‘The neighbours were having parties very often. They drank, ate (and danced) until late.’

Version a: Mixed Romani-Turkish (as spoken in the community)

a. e **komf**-je but **seki** ker-en-as ylend-ja
 DEF.PL neighbour-PL very often make-3PL-IMPF party-PL

itf-er-di-ler xa-n-as but **getfi** sao gie
 drink-AOR-PST-PL eat-3PL-IMPF very late every day

Version b: all Turkish (in the local variety of Turkish)

b. **komşu-lar** **ör** **gün** **eğlence** **yap-ıyor-lar-dı**
 neighbour-PL every day party make-PROG-3PL-PST

İç-er-di-ler **ye-r-di-ler** **ör** **gün** **çok** **geç** **vakt** **a kadar**
 drink-AOR-PST-PL eat-AOR-PST-3PL every day very late time until

Version c: Romani with Turkish codeswitching (not attested in the community)

c. **komfu-lar** **er** **gyn** ker-en-as **eglendze**

neighbour-PL every day make-3PL-IMPF party

onlar **itf-er-di-ler** xa-n-as kel-en-as dži but **getji**

3PL drink-AOR-PST-PL eat-3PL-IMPF dance-3PL-IMPF until very late

Version d: Romani with Turkish borrowings (not attested in the community)

d. e **komf-je** **er** **gyn** ker-en-as **eglendze-a**

DEF.PL neighbour-PL every day make-3PL-IMPF party-PL

itjki-al-en-as xa-n-as kel-en-as but **getji**

drink-LVM-3PL-IMPF eat-3PL-IMPF dance-3PL-IMPF very late

When constructing the sentence-stimuli, we took into consideration a second factor: the language preference of the verbs as observed in spontaneous conversations (see Adamou, 2016). The aim was to assess potential differences in processing depending on the likelihood of using a specific verb in Turkish or in Romani in free speech. Indeed, the study of the recordings showed that some verbs appear frequently in Turkish, others only occasionally. This is not about frequency of use of a specific verb (e.g., ‘to write’ vs ‘to think’), but is about frequency of use of a given verb (e.g. ‘to write’) in a given language (Romani or Turkish) when speaking Romani-Turkish.

To control for this variation, five sentences included a Turkish verb that is more frequently used in Turkish than in Romani (i.e., ‘to marry,’ ‘to return,’ ‘to read,’ ‘to write,’ ‘to think’). These sentences are tagged ‘Turkish.’ Note that speakers of Romani-Turkish generally know the Romani version of a verb as they are in contact with speakers from a variety of Romani dialects, including those that do not borrow extensively from Turkish. However, use of the Romani verb when speaking Romani-Turkish in cases where the Turkish verb is more frequent is considered as a marked choice. This is very straightforward for verbs that have a meaning related to cultural-religious practices, as for example for the verb ‘to marry,’ which they will use in Turkish as it is related to a Muslim religious ceremony, while also knowing

the verb that other Christian Romani communities are using throughout Greece, which may in turn be a borrowing to Greek. The five sentences with Turkish prime verbs more frequently used in Turkish are the following:

Prime verbs (in italics) that are more frequently in Turkish in the free-speech corpus:

1. The couple was very young. They *married* as soon as they turned fourteen.
2. The enemies were not so strong. They *returned* home after a few days.
3. The tales were quite popular among the children. They *read* new ones every day.
4. Their hearts beat waiting for the news. They *thought* that he might be dead.
5. The kings have to be wise. They *write* all the laws.

Six sentences included a Turkish verb that is attested in the corpus once and for which the Romani variant is more frequently encountered (i.e., ‘to come,’ ‘to go,’ ‘to leave,’ ‘to get,’ ‘to do/fix,’ ‘to put’). These sentences are tagged ‘Romani’ for verb preference, though the prime verb in the stimuli is in Turkish:

Prime verbs (in italics) that are more frequently in Romani in the free-speech corpus:

1. The door finally opened. They all *came* home for dinner.
2. The doctors didn’t say a word. They *went* straight home to look at my brother.
3. The anger made them red. They *left* the house in silence.
4. The country was small but wealthy. They *got* whatever they wanted.
5. The cars were old. They *did/fixed* them by themselves when they broke down.
6. The hammers had been rusty for some time. They *put* them in the storage room.

Five sentences included a Turkish verb that is used with equal frequency in both Turkish and in Romani (i.e., ‘to wait,’ ‘to work,’ ‘to understand,’ ‘to drink’). These sentences are tagged ‘variable,’ though again the prime verb in the stimuli is in Turkish:

Prime verbs (in italics) that are either in Romani or in Turkish in the free-speech corpus:

1. The strangers came today. They *waited* for Sabiha in the village.
2. Their daily wage is good. But they *work* 10 hours per day.
3. The monkeys were very smart. They *understood* very well whatever I told them.
4. The soldiers were very brave. They *waited* for days hiding in the woods.
5. The neighbours were having parties very often. They *drank* and danced until late.

The motivation for controlling the language preference of Turkish verbs comes from usage-based approaches. According to a usage-based approach to language, smaller units compose utterances, whether these are words with their inflection or constructions consisting of several words, which are stored in the speaker's mind (Langacker, 2008). When the input aligns with comprehender's expectations, there are no processing costs, but when the input clashes with them, processing costs are noted; see Jaeger and Snider (2013); MacDonald (2013). In accordance with this approach, our predictions were as follows:

Predictions: The verbs preferably used in Turkish should be associated with short RTs (their use is expected and no processing costs will occur). The verbs preferably used in Romani should be associated with longer RTs (their use in Turkish is unexpected and processing costs will occur). The verbs that are used in either Romani or Turkish should be associated with long RTs (their use in Turkish is plausible but not necessarily expected and processing costs will occur).

I recorded all sentences with my consultant, a female, native Romani speaker from Drosero. This provided 64 auditory stimuli. The Romani consultant repeated the sentences until reaching a fluent and naturalistic version. For the recordings, I used a Tascam DR-100 solidstate recorder and a supercardioid head-worn microphone. Then, using Audacity, I reduced the duration of long hesitations to achieve similarity in the total duration of the audio stimuli, with a resulting mean duration of 6800ms. To make sure that the differences in the length of the stimuli would not affect our results, the length of the sound input in milliseconds was integrated into the statistical models.

I then associated the sentences with the visual stimuli using an experiment-building tool, Open Sesame (Mathôt et al., 2012). The visual stimuli consisted of two pictures in colour where only one of the two pictures was related to the auditory stimuli. We made sure to choose simple, colourful pictures that might spark the participants' interest. For example, Figure 14 shows the two pictures that participants saw on the computer screen when they listened to the sentences: 'The neighbours were having parties very often. They drank, ate (and danced) until late.' The picture on the left depicts a group of people celebrating; the picture on the right depicts a man with a gun outdoors. In this example, it is obvious that the picture on the left, illustrating the figures of people partying, was more suited than the picture on the right illustrating a man carrying a gun. However, whether participants chose the correct

picture or not was not relevant for our analysis and so we did not integrate response accuracy in the statistical analysis.



Figure 14. The visual stimuli associated with the auditory stimuli: ‘The neighbours were having parties very often. They drank, ate (and danced) until late.’

Procedure

Participants would come to the office of the local NGO in Drosero at different moments throughout the day and take the test individually, in a calm environment. A local female assistant coordinated the visits and interacted with the participants upon their arrival, introducing me to them, and explaining the goals of the task. The assistant provided the instructions in Romani-Turkish and Turkish and I repeated them in Greek, thus creating a multilingual environment during the experimental session. We told participants that they would listen to various languages, Romani-Turkish (*Xoraxane Romane*), Turkish, and Greek. The goal was to prepare them for a multilingual task so that they could anticipate the frequent inter-language switching. We also told them that, in the task, they would listen to some short stories and that they had to select the picture that was more closely related to the meaning of the story by pressing a button on the laptop. They had to press a left arrow button if they wanted to select the picture on the left of the screen, and a right arrow button for the picture displayed on the right. We further told participants that they should press the button as soon as they had a good idea about the sentence-picture correspondence. We explained that they

should not worry about any mistakes: we were not at school and this was not an exam! We left inter-trial intervals to reduce participant stress; indeed, some of the elders had never used a computer. We invited participants to take a seat in front of the computer screen and gave them headphones to listen to the stimuli. We conducted the experiment on a laptop computer using the Open Sesame programme (Mathôt et al., 2012).

The task started with two warm-up trials after which we made sure the participant understood the task. Then, each participant responded to sixteen trials consisting of four sentences for each version (a, b, c, and d). Unlike in typical laboratory experiments, we chose to retain no fillers because a pilot study I had conducted showed that participants lost interest when the task became too long. At the end of the task, almost all participants told us the task was amusing. They commented on it in positive terms, expressing their satisfaction and surprise at hearing Romani-Turkish via a computer. A few men, however, did not wish to complete the task and told us that there were several mistakes in the Romani-Turkish sentences we presented to them. We presume these were the ‘less natural’ stimuli we had included in the task.

Statistical analysis

For the analysis, my co-author Rachel Shen constructed linear mixed models (lmer) using R (R Core Team, 2013). The dependent variable was the RT, and the independent variables were LANGUAGE PREFERENCE of the verb and VERSIONS. The SUBJECTS, SENTENCES, and DURATION of audio files were coded as random factors. As common in these studies, she eliminated the RTs that were too fast (faster than 500ms), or too slow (slower than 20000ms); this amounted to 0.7% of the total data.

Results

Analysis of the results showed that participants responded the fastest for the unilingual Turkish sentences (version b), followed by the Romani-Turkish mixed sentences (version a) and the codeswitches (version c); see Figure 15. ANOVA shows that there are significant differences depending on the stimulus version (logLikelihood is -6900.9, $\chi^2_{3}= 19.0$, $p < .001$). The all-Turkish sentences, in Version b, are significantly shorter than all the other versions: Version a ($t = 2.7$), Version c ($t = 2.3$) and Version d ($t = 4.3$).

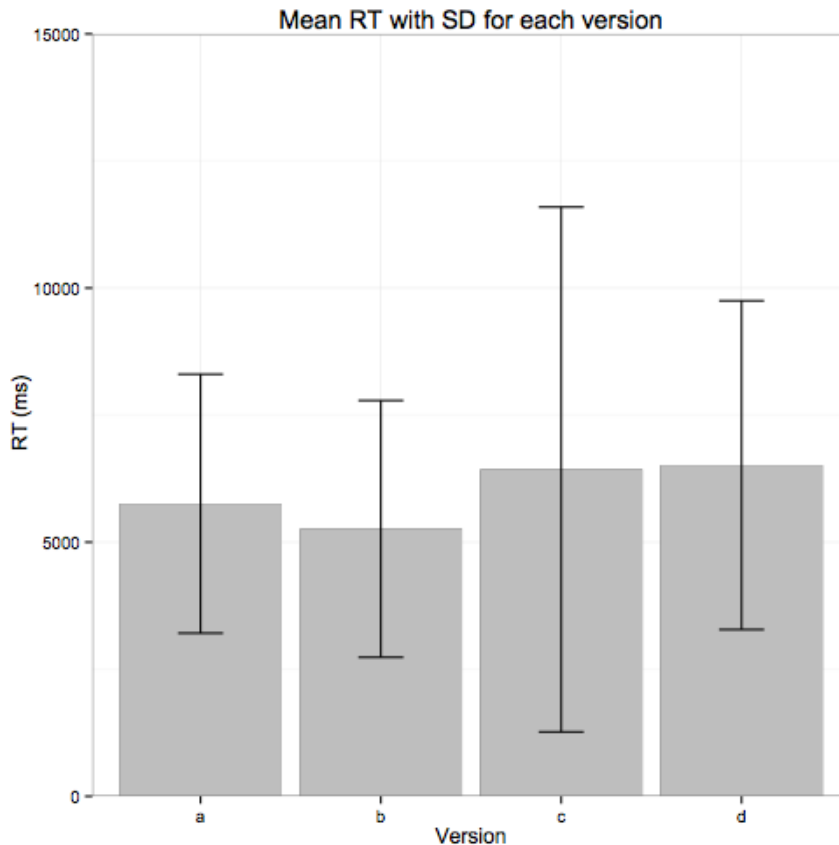


Figure 15. Mean reaction times (RT) in milliseconds (ms) to the different sentence versions (a = mixed Romani-Turkish, b = all Turkish, c = Romani with Turkish codeswitching, d = Romani with Turkish borrowings) (Adamou & Shen, 2019: 61)

Although participants were free to press the button at any moment, RTs indicate that they did not press the button before listening to the Turkish verbs in the second sentence of the auditory stimuli; it was therefore possible to consider verb language preference in the analysis. The ANOVA shows significant differences between the various versions (logLikelihood is -6900.9, $\chi^2_{3} = 19.0$, $p < .001$) and dependence on verb language preference in the corpus (logLikelihood is -6898.3, $\chi^2_{2} = 11.5$, $p < .003$). It appears that there were version differences for sentences with verbs that were in Turkish, but which are also frequently used in Romani in the community (tagged ‘variable’), and sentences with verbs that are more frequently used in Romani (tagged ‘Romani’). In particular, the all-Turkish version (Version b) and the codeswitching version (Version c) had shorter RTs than the mixed Romani-Turkish version (Version a) and the borrowing version (Version d); ($t_s > 1.9$). For the Turkish verbs that are most often used in Turkish in natural speech, both the mixed Romani-

Turkish and the all-Turkish versions (Version a and Version b respectively), were shorter than the task's two less natural versions (Version c and Version d); ($t_s > 1.9$). Mean reaction times depending on the version and on the verb language preference in naturalistic speech are illustrated in Figure 16.

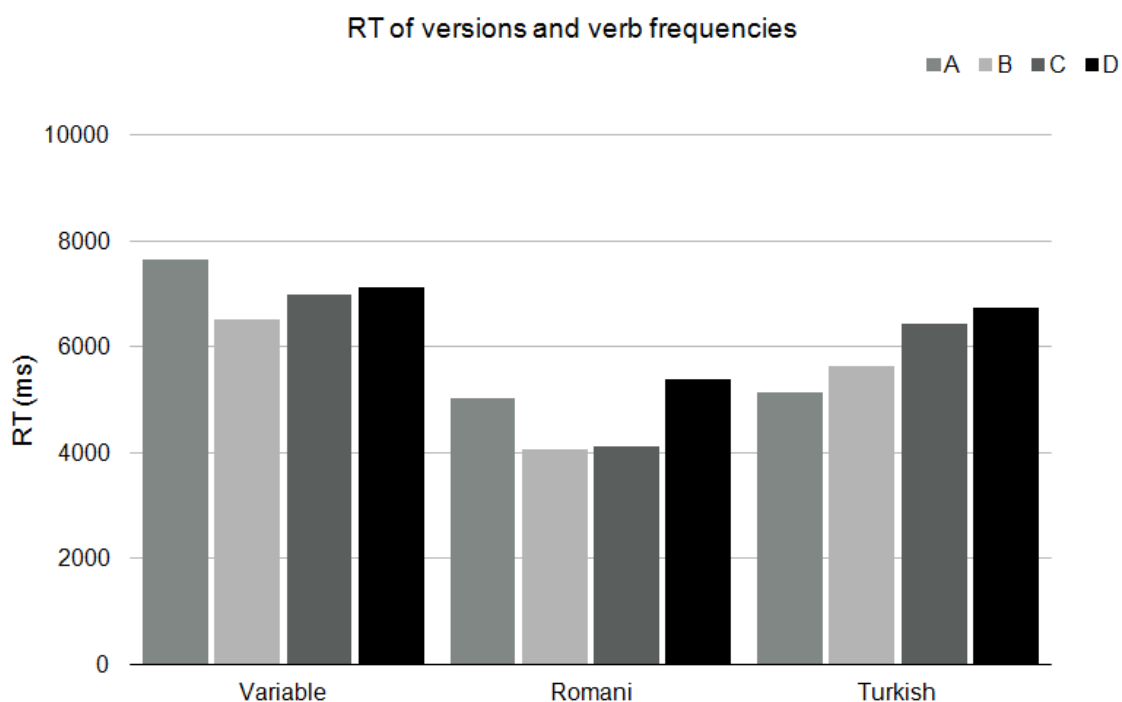


Figure 16. Mean reaction times (RT) in milliseconds (ms) of different versions of the sentences (a = mixed Romani-Turkish, b = all Turkish, c = Romani with Turkish codeswitching, d = Romani with Turkish borrowings) with different verb language preferences as observed in a free-speech corpus (variable, Romani, Turkish) (Adamou & Shen, 2019: 62)

In summary, in Experiment 1, when taking into consideration the RTs with respect to the language preference of the verbs in the naturalistic corpus, it appeared that the verbs that are more frequently used in Turkish when speaking Romani-Turkish obtained the fastest responses, whether the sentence was in all-Turkish or in Romani-Turkish. When speakers use verbs more frequently in Romani but the stimuli included the Turkish counterpart, the RTs were slower during processing of the mixed Romani-Turkish sentences than during the processing of the all-Turkish sentences. This indicates that the use of these verbs in Turkish

was unexpected. Finally, we registered the slowest RTs when the Turkish verbs in the stimuli correspond to verbs that are used both in Romani and in Turkish in spontaneous conversations. This indicates that variation in language choice is associated with higher processing costs in comprehension.

8.2.2 *Experiment 2*

Methods

Participants

Forty-nine trilingual Romani-Turkish-Greek speakers participated in Experiment 2. Ages ranged from 13-50 ($M = 24.10$, $SD = 11.5$). As in Experiment 1, all the participants declared having acquired Romani-Turkish and Turkish simultaneously before the age of three. Thirty-nine declared Romani to be their primary language of communication (age $M = 26.5$, $SD = 11.72$), and ten declared Turkish to be their primary language (age $M = 17.87$, $SD = 1.34$).

Design

We designed the second experiment to determine whether the morphologically non-integrated Turkish verbs have higher processing costs when they occur in a Romani sentence environment than in a unilingual Turkish environment. Experiment 2 was an online word-monitoring task with auditory sentence stimuli where participants searched for a pre-designated target word while listening to language input. This method made it possible to investigate the nature, the position or the context in which the target word occurred. We considered that if processing a finite verb in two different languages causes cognitive costs, then Romani participants would take more time to respond (i.e., they would have longer RTs). In contrast, we predicted that processing two finite verbs in a single language should be more straightforward, and participants would respond faster (i.e., there would be lower or no costs).

Stimuli

The audio stimuli were the same as in Experiment 1. They comprised a lead-in sentence followed by the critical sentence that started with the prime word, immediately followed by the target word; see Table 4. In all sentence stimuli, the prime word was a verb from Turkish. The prime word was practically the same in Versions (a), (b), and (c), and differed slightly in Version (d). The target word, immediately following the prime, was the same in the three

versions (Versions a, c, d) as it was a Romani verb with Romani verb morphology. It differed in the unilingual-Turkish Version (b), where participants heard a Turkish verb with Turkish verb morphology, similar to the prime word.

Table 4. Stimulus examples from Experiment 2 (Romani in plain type; Turkish in bold; Greek underscored)

Version	Auditory stimuli for the sentences:	Target word	Prime word
	‘The neighbours were having parties very often. They drank and danced until late.’		
a. Mixed Romani-Turkish	E komfje but seki kenas <u>ylendja</u> . Itferdiler xanas but getji sao gie.	Xanas	Itferdiler
b. All Turkish (local variety)	Komşular ör gün eğlence yapıyorlardı. İçerdiler yerdiler ör gün çok geç vakt a kadar.	Yerdiler	İçerdiler
c. Romani with Turkish codeswitching	Komfular er gyn kenas eglendze. Onlar itferdiler xanas kenas dji but getji .	Xanas	Itferdiler
d. Romani with Turkish borrowings	E komfje er gyn kenas eglendzea . Itjkialenas xanas kenas but getji .	Xanas	Itjkialenas

Procedure

The order of the two experiments was counter-balanced, so that some participants started with Experiment 1, others with Experiment 2. Participants were seated in front of the laptop wearing the headphones. We instructed participants to press the button as soon as they heard a specific word in a sentence; this was the ‘target word.’ During the task, they would listen to a recorded instruction providing the word they had to listen for: ‘Press the big yellow button as soon as you hear the word [...]’ To illustrate the word that listeners would need to listen for, I used an excerpt from the original recording.

After listening to each pair of sentences, participants would also listen to a recorded follow-up comprehension question in Greek, for example, following the sentences ‘The couple was very young. They married as soon as they turned fourteen.’ the comprehension question was: ‘Did the couple divorce?’ The goal was to make sure that the participants processed the sentences and were not just mechanically searching for the target word.

However, we did not analyse the responses to these questions as answering correctly was irrelevant to the study.

The experiment was run on Open Sesame where the audio stimuli were fully randomized. Two warm-up trial preceded the task. Participants themselves decided when to start listening to the stimuli to avoid stress and errors.

Analysis

Rachel Shen conducted the statistical analyses using linear mixed models (lmer) as in Experiment 1.

Results

The mean RTs in this experiment are presented in Figure 17. It appears that the Turkish verbs have similar RTs whether they are followed by Romani or Turkish material (versions a and b). RTs are also shorter in these two versions as compared to the other two versions (c for alternational codeswitching and d for Turkish borrowings). These results are statistically significant (the ANOVA shows significant VERSION differences (logLikelihood is -5314.3, $\chi^2_{3} = 79.9$, $p < .001$). Version a, the mixed Romani-Turkish version, is significantly shorter than the codeswitching Version c ($t = 5.9$) and the borrowing Version d ($t = 6.1$). The all-Turkish version (Version b) is also significantly shorter than the codeswitching Version c ($t = 6.9$) and the borrowing Version d ($t = 7.1$). Crucially, there are no significant differences between the mixed Romani-Turkish version (Version a) and the all-Turkish version (Version b) ($t < 1$).

In addition, as illustrated in Figure 18, although the result did not reach statistical significance, participants responded the fastest in mixed Romani-Turkish sentences when the prime Turkish verb was habitually used in Turkish in natural conversations taking place in Romani-Turkish. In contrast, when the prime (Turkish) verb was generally used in Romani in real life, the all-Turkish sentence RTs were faster than for sentences in mixed Romani-Turkish.

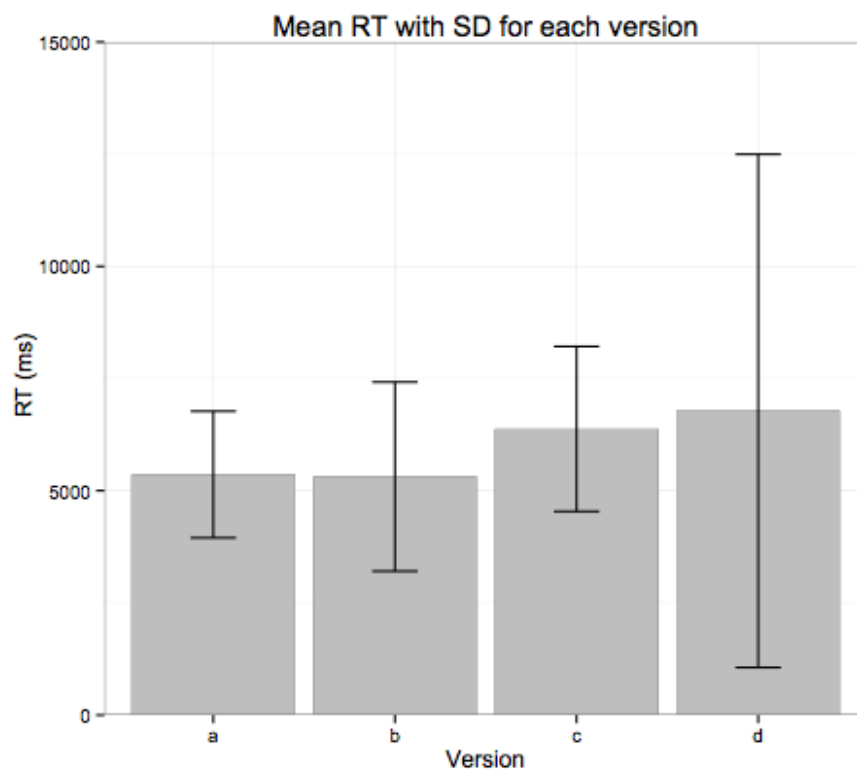


Figure 17. Mean reaction times (RT) in milliseconds (ms) to different versions of the sentences (a = mixed Romani-Turkish, b = all Turkish, c = Romani with Turkish codeswitching, d = Romani with Turkish borrowings) (Adamou & Shen, 2019: 65)

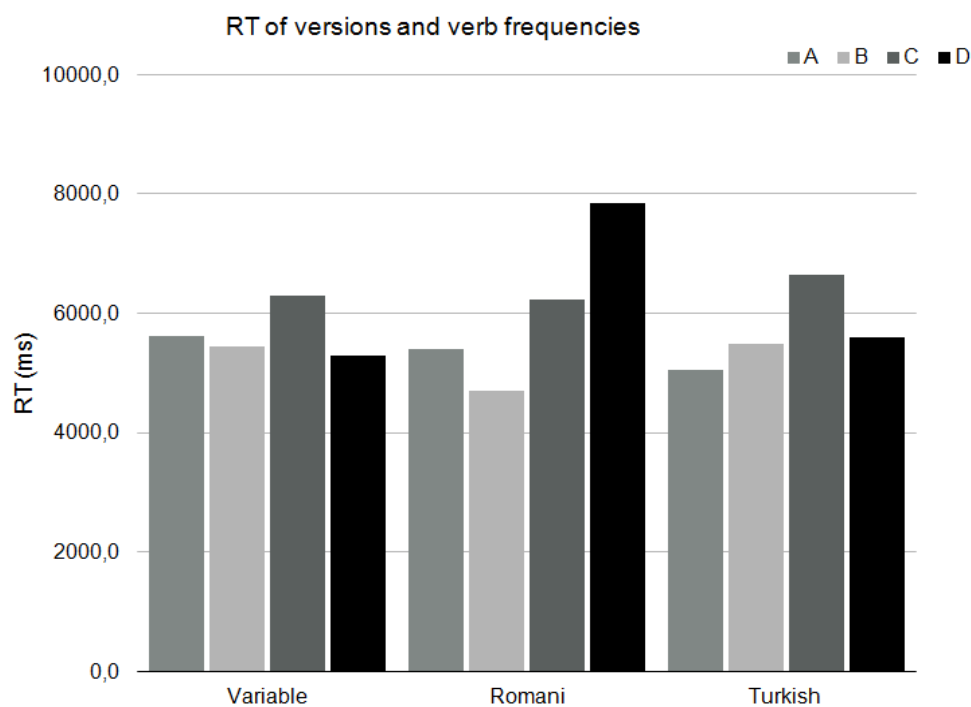


Figure 18. Mean reaction times (RT) in milliseconds (ms) to different versions of the sentences (a = mixed Romani-Turkish, b = all Turkish, c = Romani with Turkish codeswitching, d = Romani with Turkish borrowings) with different language preferences for the verbs as observed in a free-speech corpus (variable, Romani, Turkish) (Adamou & Shen, 2019: 66)

8.2.3 Discussion

In the paper by Adamou and Shen (2019), we set out to answer two research questions, slightly reformulated in this chapter to encompass discussions on mixed language formation and fused lects.

The first research question was whether there are higher processing costs associated with mixed sentences as opposed to unilingual speech. In line with several studies on language switching costs, we predicted that the mixed Romani-Turkish sentences would be associated with higher costs than unilingual speech. This is expressed as follows based on the four versions of the experiment: d (borrowing) $>$ c (codeswitching) $>$ a (mixed) $>$ b (unilingual). Alternatively, in line with Adamou and Granqvist (2015) who consider Romani-Turkish mixing to be stabilized, we predicted that costs in the mixed sentences would be similar to those in the unilingual speech: d (borrowing) $>$ c (codeswitching) $>$ b (unilingual) $\geq a$ (mixed).

In Experiment 1 the order of RTs was d (borrowing) $>$ c (codeswitching) $>$ a (mixed) $>$ b (unilingual), confirming studies that show processing costs in switching. However, when language preference of the verbs in the natural speech of the community is taken into consideration, it appears that for the verbs that were more frequently Turkish in the corpus, RTs to mixed Romani-Turkish was as fast as to Turkish unilingual sentences, thus confirming the predictions based on Adamou and Granqvist (2015) for the order d (borrowing) $>$ c (codeswitching) $>$ b (unilingual) $\geq a$ (mixed). We can therefore conclude that when speakers expect some specific verbs to be in Turkish, such as ‘to marry’ or ‘to think,’ based on frequencies in real-life exchanges, then these verbs are processed as though there was no switch, as though speakers were processing unilingual sentences. This does not mean that there is no lexical competitor available from Romani, that is, that speakers do not know the equivalent in Romani. Romani-Turkish adult speakers often know the Romani equivalent, but they do not use it frequently within their own community. In contrast, we note higher costs

when participants have a lexical competitor in Romani that is more active in their minds; this is the case for verbs such as ‘to work’ or ‘to wait.’

The second research question was whether there are costs due to processing verb morphology in one language when the rest of the sentence, including neighbouring verbs, are in a different language. Again, based on the corpus studies that show conventionalization of the use of Turkish verbs with Turkish verb morphology in a Romani sentence environment, we predicted the order d (borrowing) $>$ c (codeswitching) $>$ b (unilingual) \geq a (mixed). But, based on other studies that show cognitive costs in language switching, morphologically non-integrated verbs inserted into Romani sentences should show high processing costs (i.e., d (borrowing) $>$ c (codeswitching) $>$ a (mixed) $>$ b (unilingual)). Results of Experiment 2 confirm the first predicted order, d (borrowing) $>$ c (codeswitching) $>$ b (unilingual) \geq a (mixed), in line with corpus studies showing that Turkish verbs with Turkish verb morphology are highly conventionalized (Adamou & Granqvist, 2015). The Romani-Turkish data therefore show that speakers may process the grammatical information of the verbs stemming from two different languages without any additional costs as long as those verbs, together with their morphology, have become conventionalized in the community. The longer RTs for the sentences that were constructed in an unusual manner for the community, for example by using Romani morphology with Turkish verbs, demonstrates that what is important is not so much whether comprehenders process an integrated or a non-integrated verb, but whether they are in the habit of listening to integrated or non-integrated verbs.

Overall, the experimental findings from Romani-Turkish sentence processing lend support to usage-based approaches according to which cognition is largely shaped by usage. Comprehenders therefore anticipate codeswitching based on prior experience. Results in Adamou and Shen (2019) also confirm that differences in processing time are connected to differences in the frequency of use of specific lexical items in one or the other language in natural speech. Although results from Experiment 1 indicate that the comprehension of unilingual speech is less costly than the comprehension of speech involving language switching, we also observe that these costs can disappear. Indeed, processing costs disappear when sentences closely follow the patterns of language preference observed in real-life. In that case, the comprehenders from Drosero who participated in the study process mixed Romani-Turkish sentences as effortlessly as all-Turkish sentences. I consider this as evidence that processing costs depend on the degree to which a switch is expected or unexpected based on previous short-term experience, immediately prior to the task, and long-term language

experience. Unusual switches entail longer processing times, most likely due to surprise, while regular switches are processed similarly to sentence stimuli involving a single language.

Results from Experiment 2 corroborate this analysis as comprehenders processed Turkish verbs with Turkish verb morphology similarly whether these verbs appeared in a mixed Romani-Turkish sentence or in an all-Turkish sentence. Adamou and Shen (2019) conclude that highly proficient, simultaneous bilinguals do not have difficulties in inhibiting one language in order to process a non-integrated word from the other language in a mixed sentence as long as the mixing conforms to established practices in the community. In the terms of usage-based approaches, in language processing it does not always make sense to distinguish between grammatical and lexical meaning, as units appear to be stored in memory at various levels of complexity. Naturally, this aspect needs to be further investigated in the future.

Let us now turn to the discussion of these findings in terms of the mixed languages debate. First, I argue that the Romani-Turkish data support the continuum approach. Despite the obvious difficulties that arise when categorizing a continuum, the idea is that fused lects are positioned somewhere between codeswitching (or language mixing) and independent mixed languages. Indeed, the Romani-Turkish data support the existence of a continuum in the conventionalization of language mixing, in this case depending on the degree of conventionalization of specific Turkish verbs. Figure 19 illustrates this continuum and visualizes the experimental findings that show, as predicted, that fused lects are an intermediate form between codeswitching (with processing costs) and mixed languages (presumably without processing costs). In short, one can say that a fused lect is composed of lexicon and grammar from a source language A combining, within a clause, with lexicon and grammar from a source language B. Unlike Auer's definition of fused lects as cases where speakers do not have the choice between certain constituents from their languages, our study confirms the corpus-based evidence showing that some of the elements coming from source language B are highly conventionalized and others not yet fully conventionalized. Indeed, the Romani-Turkish experimental findings support the view of fused lects as part of a dynamic process: though the combination of the elements from the two languages may follow specific patterns, they appear to be constantly shaped by language use. This finding is also in line with current approaches such as translanguaging that stress the dynamic character of language practices (Li Wei, 2018).

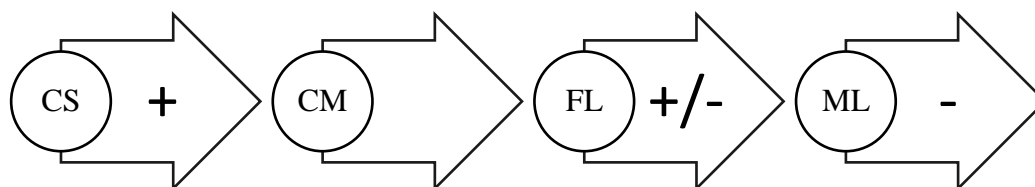


Figure 19. Processing costs for fused lects (CS codeswitching; CM codemixing; FL fused lect; ML mixed language)

To conclude, in this chapter I have shown that the study of cognitive costs in sentence processing can shed light on the creation of mixed languages. From a theoretical perspective, I suggest that a fresh look at the mixed language data within usage-based approaches helps understand both the outcome and the process of mixed language creation. In terms of methodology, I hope that the present chapter convincingly argues for the merits of introducing the study of sentence processing in the investigation of mixed languages. I consider that very exciting perspectives are open to the mixed language debate if we adapt the experimental methods from research on language switching costs. It remains to be seen whether the specific hypothesis formulated in this paper, that is, that mixed languages will entail no additional processing costs, will be borne out by novel experimental evidence.

Chapter 9. Reduction of Alternatives in Language

9.1 Mexican Romani-Spanish Copula Choice

9.1.1 Spanish Copulas

Romance languages are well-known for having two conceptualizations of *being*, expressed by distinct linguistic means; this is the case for Spanish, Catalan, and Portuguese. In contemporary Spanish varieties, in particular, there are two copulas meaning ‘to be’ with largely similar uses: *ser* ‘to be,’ deriving from two Latin verbs, *esse*, ‘to exist,’ and *sedere*, ‘to be seated,’ and *estar*, ‘to be,’ from the Latin verb *stāre*, ‘to stand,’ which developed into auxiliary verbs (with past participles) and copular verbs (with attributive adjectives). It is in Medieval Spanish that *ser* and *estar* begun to converge, with texts from the twelfth century illustrating uses of *estar* in contexts that were previously covered by *ser* (see Arias, 2005). The expansion of *estar* is still ongoing in modern Spanish varieties, and is particularly dynamic in Spanish varieties spoken in Latin America.

Currently, the distribution of *ser* and *estar* in attributive clauses is determined by a set of syntactic, semantic, and pragmatic parameters. The use of the two copulas partly depends on the adjectives (Vañó-Cerdá, 1982). For example, *ser* is preferred with adjectives that describe personality traits such as *inteligente* ‘intelligent.’ In comparison, *estar* is preferred with adjectives for mental states, which are typically susceptible to change, such as *enojado* ‘angry.’ However, most adjectives allow for the use of both *ser* and *estar*, such as adjectives for size, sensory characteristics, and descriptive evaluation, among others. The precise contexts of use are the locus of extensive discussion in the literature.

A number of researchers focus on predicate type to account for uses of *ser* and *estar* (Fernández Leborans, 1995). It appears that *ser* is preferred for individual-level properties, that is, for properties that are not limited in time and apply to an individual as a whole; for example, *Elena es simpática* ‘Elena is (*ser*) nice.’ In contrast, *estar* is preferred for stage-level properties, that is, properties that are more limited in time; for example, *Hoy, Elena está enferma* ‘Today, Elena is (*estar*) sick.’

Researchers also identify the speaker’s point of view as a relevant factor (Falk, 1979). *Ser* seems to be preferred for a class frame of reference, where the referent is compared to a set of referents that share the same property; for example, *Juan es alto* ‘John is (*ser*) tall.’ In

contrast, *estar* is favoured for an individual frame of reference, where the referent is compared to itself at two points in time; for example, *Juan está alto* ‘John is (*estar*) tall’, with the intended meaning ‘John has grown tall.’

Experience with the referent is a factor invoked by Geeslin and Guijarro-Fuentes (2008). *Ser* should be preferred when experience with the referent is ongoing, that is, when the speaker has continuous experience with the referent; for example, *Juan es alto* ‘John is (*ser*) tall.’ *Estar*, in contrast, should be preferred when experience with the referent is immediate, in cases of direct contact with the referent or surprise that results from the contrast between speakers’ observations in a given situation and their expectations; for example, *Juan está alto* ‘John is (*estar*)/has grown tall.’

The susceptibility of the referent to change is another factor that can account for these uses, given that a child is susceptible to grow as opposed to an adult person (Silva-Corvalán, 1986). In that case, *ser* would be preferred with referents not susceptible to change, and *estar* with referents susceptible to change.

Consistent with the above-mentioned tendencies, animacy is another predictor (Porroche, 1988), where *estar* should be preferred with animate referents and *ser* with inanimate referents.

Several studies also take into consideration non-linguistic variables such as gender, age, socio-economic status (related to income and living situation), level of formal education, language knowledge, variety of Spanish, and stylistic factors (Silva-Corvalán, 1986; Gutiérrez 1994; Ortiz López, 2000; Geeslin & Guijarro-Fuentes, 2008). In a corpus-based study, Silva-Corvalán (1986) investigates the use of *estar* among Spanish heritage speakers from three generations living in Los Angeles, US. She found that the younger cohort generalize *estar* in contexts previously covered by *ser*, in particular, in a class frame of reference and for properties that are not susceptible to change. In a subsequent study, Gutiérrez (1994) compares these uses to those of Spanish monolinguals from Michoacán, Mexico, and finds the same trend. He concludes that the generalization of *estar* probably started in Mexico and was accelerated in contact with English. Ortiz López (2000: 111) tests another population of Spanish-English bilinguals in Puerto Rico, but finds that it is the Spanish (quasi)-monolinguals who generalize *estar* rather than the Spanish-English bilinguals. Finally, Geeslin and Guijarro-Fuentes (2008) examine the uses of *estar* among several bilingual communities from the Iberian Peninsula (Basques, Catalans, Galicians, and Valencians) and a monolingual control group. They find no clear trend for the generalization of *estar* among bilinguals.

In the following sections, I present evidence on copula use among Romani-Spanish bilinguals who live in Mexico (Section 9.1.3). Section 9.1.2 offers an introduction to the Romani-speaking communities in Mexico.

9.1.2 Sociolinguistic background on Romani in the Americas

Roma in the Americas are estimated at between 1.5 and 3.5 million people;¹⁹ the number of speakers of Romani is probably lower. The presence of Roma in the Americas is documented as early as the colonial period, from the fifteenth to the eighteenth centuries. Arrivals of newcomers resumed during the nineteenth century following the changes in the Austrian-Hungarian geopolitical space in Europe. World Wars I and II are other key historical moments that prompted new arrivals of Romani people in the Americas. Since the fall of the Berlin Wall and up to today, Romani mobility from Eastern European countries to the Americas has been continuous.

The Romani families that moved to the Americas throughout the centuries belong to various Romani groups: Vlax Roma from Eastern Europe and the Balkans, British-Romani Travellers, Sinti and Romungere from Germany and the Austro-Hungarian Empire, and Roma from Russia. This variety of origins is reflected in historical documents. For example, in the US World War I Draft Registration Cards (1917–1918) we find the names of a Gypsy from Serbia who arrived in the United States via Brazil; several Gypsies of Austrian-Hungarian origin, employed at the Republic Iron and Steel Co. in Youngstown, Ohio; Mexican Gypsies who work in horse trade or as boilermakers and live in Phoenix, Arizona (Sutre, 2017).

The itinerary of Romani people from Europe to the Americas varies greatly. They leave from harbours in England, France, or other European countries. Some families arrive in Latin American countries such as Argentina and Brazil, more rarely Peru and Chile; other families travel to the United States and Canada. Depending on historical circumstances, newcomers settle in specific countries, where they obtain their official documents, or move across the continent in search of better working opportunities. For example, Sutre (2017) traces the itinerary of the Costello family in the early twentieth century. In 1917, the Costellos, who live in Western Virginia and work in horse trading and in the mines, move to Mexico with the hope to improve their working conditions and income. The reality proves harsher than

¹⁹ The lower estimates are reported in the *Revue des Etudes Tsiganes* (2012) and the higher estimates are provided by the Romani organization SKOKRA.

expected as the Mexican Revolution is a moment of great instability. The family makes several attempts to return to the United States and succeeds in 1918. In 1919, however, the Costellos move to Cuba with the plan of developing their activities in the horse trade. Part of the family stays in Cuba, while other members move back to the United States within the same year. From 1920 until 1922, the Costello family members move to Venezuela and Puerto Rico while keeping ties with the United States. Then again, in 1923, some members move to Peru, others to Brazil, yet others to El Salvador. Some ten years later, members of the Costello family move back to the United States, to Los Angeles. In the 1930s, some move from California to Hawaii, others back again to the Caribbean zone. Similar itineraries in the Americas and beyond are reported for other families who travelled the world in the first half of the twentieth century. For example, the Montes family members additionally move back and forth from countries in the Americas to South Africa, and the Merino family travels from the Americas to Hong-Kong, Shanghai, New Zealand, and Australia (Sutre, 2017).

At present, Romani families live in practically every country of the American continent: from Chile and Argentina in the south, to Colombia and Venezuela, to Mexico, the United States, and Canada in the north. Roma belong to a Romani *vitsa* 'lineage,' for example, the Hungarian Roma or the Greek Roma that goes beyond the local community and national borders (Acuña, 2019). This is how Roma from the Americas maintain close ties with families and communities who reside in other American countries. As Acuña (2019) notes, transnational Romani 'mobilities' are still observed today, as in the past, triggered by a variety of socio-political events. For example, the recent Venezuelan crisis led to the migration of the Venezuelan Romani families. Similarly, increased levels of criminality and drug traffic have led several families from Veracruz, Mexico, to abandon their homes and move to other safer cities in the country.

Although there are no official numbers on the presence of Romani people in Mexico, Roma estimate their presence at 200,000 people. Roma in Mexico refer to themselves as *xom*, whereas outsiders use the term *húngaros*. They live in several Mexican cities throughout the country: Mexico City, Veracruz, Guadalajara, Oaxaca, Tuxtla Gutierrez, and Puebla, among others. Typical professional activities in the early twentieth century were horse trade, today converted into car trade, an activity that allows for a good economic level. Some Roma families partake in itinerant entertainment activities such as traveling circuses and fairs, currently mainly in Northern Mexico (Alvarado Solís, 2014). From the 1940s until the 1980s Roma were also well-known among the Mexicans thanks to itinerant cinemas. Roma women often engage in fortunetelling for an additional income, exercising in public squares and

harbors across the country. Roma in Mexico generally live in mixed neighbourhoods. They intermarry with other Roma as well as with outsiders. Most are Catholic, but many adhere to Pentecostalism, which is more generally dynamic in the Americas. Mexican Roma are literate in Spanish. They used to attend primary school at most, similar to the majority of Mexicans, but there is now increasing access to middle-school education among the younger generations.

Roma in the Americas speak different Romani dialects, which are considered to be an intricate part of their identity. For example, Frank Mitchell, a Kalderash Rom with origins from Russia, declares in a sociolinguistic interview from the 1960s: ‘They don’t speak the language, they’re not Gypsies’ (California Language Archive; year of recording: 1964; researcher Guy Tyler; accessed at <https://cla.berkeley.edu/list.php>). The Ludar families are the only exception of people who are integrated into the Romani families’ networks but traditionally speak a variety of Romanian. The Romani varieties recorded in the States of Oaxaca and Veracruz are Vlax dialects (Adamou, 2013a; Adamou et al., 2019). The most common language name is a generic name, *romanes* ‘Romani.’

The professional activities and mobility of the Romani families described in the historical and anthropological studies mentioned above imply the necessity for Roma to acquire multiple languages in the course of their life depending on the communicative settings. A Rom from Colombia recounts the family’s linguistic policy when they first arrived in Colombia: “‘Hey pa! Look at those cows! Did you see that’? And my father said: “Don’t speak English because they don’t speak English here.” And then I said to my sister, in Gitano, Romanes: “sal phel te guruní gadjikanés”?’ (How do you say cow in the Gadyó language?; in this case Spanish) (Acuña, 2019: 120).

Acuña makes a special mention to what he refers to as ‘language troubles,’ that is, to the linguistic challenges that come with high mobility. He suggests that few members in the family acquire the entire set of language skills that is needed to deal with all the exchanges in their traveling. In addition to the languages and different language varieties spoken by the majority populations in the various countries of the Americas (e.g., Spanish, English, French, Portuguese), Roma also need to accommodate the different varieties of Romani spoken throughout the continent. Interviews suggest that upon arriving in a new place, solidarity with local Roma is an important asset: ‘Well, the [Demetrio] were an important help with the [Spanish] language. My father told that Gitano, man, I need to buy supplies, but in *shib romani*, and their children went with them to the stores and the market. There was an intermediary that asked for some supplies for my elders, the rice, flour, *panela*. No more

difficulty for my dad.’ (Acuña, 2019: 262). Today some non-governmental Romani organizations may play that facilitating role.

9.1.3 Copula use in Romani as spoken in Mexico

In Mexico, men, women, and children are typically bilingual in Romani and Mexican Spanish. Spanish is the source of many lexical borrowings into Romani, as expected in long-term language contact settings. Additionally, convergence between the two languages is described in Adamou (2013). I note, in particular, that under the influence of the Spanish copulas, Mexican Romani speakers developed a distinction reflecting the Spanish copula distinction between *ser* and *estar*. The rough equivalent of *ser* is the Romani copula *si* ‘to be,’ as in (18a), and the rough equivalent of *estar* is the third person subject clitic pronouns in *l-*, as in (18b). In comparison, Romani speakers from Europe use the copula *si* in all contexts and have practically lost the subject clitic pronouns, which were never used in attributive predications as in Mexican Romani. The use of clitic pronouns is restricted to third person affirmative clauses.

(18) Mexican Romani (Indo-Aryan, Indo-European)

- a. le ʃave muʁa bibiake **si** barbale
 DEF.PL children POSS.1SG aunt.DAT be.3PL rich
 ‘My aunt’s children are rich.’ (Adamou, 2013a: 1085)
- b. o raklo=**lo** felis
 DEF.M boy-3SG.M happy
 ‘The boy is happy.’ (Adamou, 2013a: 1075)

In Padure et al. (2018), we report on the same phenomenon in Romani spoken in Veracruz, Mexico, based on the analysis of a 15-hour-long corpus of interviews from 19 speakers. Examples in (19) illustrate the variation between the copula, in (19a), and the clitics, in (19b).

(19) Mexican Romani (Indo-Aryan, Indo-European)

- a. vo motholas ke **si** tʃoro
 3SG.M screamed.3SG that be.3SG poor

‘He screamed that he is poor.’ (Padure et al., 2018: 268)

- b. o them kathe tʃoxo=lo
 DEF.SG.M country here poor-3SG.M

‘The country here is poor.’ (Padure et al., 2018: 268)

In addition, analysis of responses to a copula choice task collected from 60 Romani-Spanish bilinguals residing in the same community was conducted using Random Forests, Conditional Inference Tree, and Generalised linear mixed-effects models (Padure et al., 2018). Analyses reveal the combination of factors that underlie the Romani copula distinction. It appears that when the speaker has an immediate experience with a referent, the use of the innovative *l*-clitics is preferred independent from whether the referent is compared to a class of referents (as in *John is tall*) or to itself (as in *John has grown tall*). However, when the speaker has continuous experience with the referent, the *l*-clitics are preferred when comparing the referent to a class of referents that share the same property (as in *John is tall*), but not when comparing the referent to itself (as in *John has grown tall*). In addition, the innovative *l*-clitics are preferred for objects whose attributes are compared to the attributes of other similar objects (as in *The house is big*) and for people whose attributes are compared to themselves at some earlier stage (as in *John has grown tall*).

Moreover, we find that Mexican Roma generalise the clitics in third person singular affirmative attributive clauses similar to the general trend of extending *estar* to contexts previously occupied by *ser*. This is apparent as participants used the innovative *l*-clitics almost categorically (i.e., in percentages above 90%) for approximately half of the items of the copula choice task. For the other half, the comparison of the Spanish and Romani responses among Roma from Veracruz confirms the generalization of the clitics in contexts where *estar* is used and in third person singular clauses where *ser* is used (Padure et al., 2018).

Initial pilot research on Romani spoken in Bogota, Colombia reveals similar uses (Acuña & Adamou, 2013). The hypothesis that we propose to account for this shared feature is based on the study of the contemporary Romani social networks and historical evidence from the early twentieth century indicating that Romani groups have kept close links. We therefore argue that Romani linguistic innovations such as the use of the clitics in attributive predication spread across the communities of the Americas thanks to the solid ties within the Romani networks.

In terms of chronology, I hypothesize that the innovation did not take place at the level of the first generation of migrants who were late learners of Spanish and were likely to rely on their L1-Romani representations. This is supported by the absence of the innovative uses of the clitics in Romani texts from Mexico published in the early 1960s from speakers who were mostly born in the beginning of the twentieth century (Pickett, 1962). In a recording from 1971, however, I could identify the introduction of some innovative uses such as *desa baro lo* ‘he is very big,’ in variation with absence of clitics in the same contexts, by the same speaker, as in *desa tsino* ‘he is very small’ (California Language Archive; speaker: Frank Thompson from Philadelphia; researcher: Guy Tyler; place of recording: Los Angeles; accessed at <https://cla.berkeley.edu/list.php>). In addition, in the study in Veracruz, generational differences in the use of clitics were not apparent in the statistical analyses, with respondents ranging in age from 17 to 90 ($M = 37.08$; $SD = 18.86$) (Padure et al., 2018). This suggests that the innovative uses of the clitics took place for the generation of speakers born after 1930. These were second or third generation heritage speakers who were most likely early bilinguals, having acquired both Spanish and Romani early in life. It is therefore possible to argue that convergence at the level of the conceptualizations of *being* took place among these early and highly immersed bilinguals, prompting the use of Romani linguistic material to express the subdomain of Spanish *estar*.

Regarding the discussion of simplification through language contact and the Romani data, I think that two levels of interpretation are needed. It is apparent that there has been complexification of Romani grammar by the addition of new conceptualizations of ‘being’ under the influence of Spanish. This goes counter to predictions of simplification in language contact and counter to the Interface Hypothesis that predicts simplification in the syntax-discourse interface. It is also noteworthy that Romani did not borrow the Spanish *estar*, but drew on obsolete native material in a process of ‘exaptation’ (i.e., when traits that evolve for one function are no longer needed for this function, they can be co-opted for another function) (Adamou, 2013a).

At the same time, convergence between the two languages was a means to simplify cognitive load by drawing a parallel not only in the attributive clauses but also in all the other uses of *estar*. As illustrated in Table 5, Romani clitics are additionally used in locative predications where Spanish *estar* is used, as well as with the past participles of transitive and intransitive verbs expressing a resulting state. In Adamou (2013a), I consider that the pivotal feature for the replication must have been that both Spanish *estar* and Romani clitics are used for anchoring predication in a specific topic situation at temporal, spatial or epistemic level.

This replication process was most likely facilitated by the fact that it applied not only to attributive predications, but also to locative predications and participle uses for resulting states.

Indeed, preliminary results by Irizarri van Suchtelen (2018) on Chilean Romani confirm the influence of *estar* on Romani. Interestingly, unlike the use of clitics in Mexican and Colombian Romani varieties, Chilean Roma who speak Xoraxane Romani rely on the combination of the Romani presentative *eta* and the *l*-clitics (i.e., *eta=lo* ‘there he is!’). The accidental phonological similarity between *estar* and the Romani presentative *eta* may play a role in the choice of this construction as the third person singular is pronounced [ehta] or [eta] in Chilean Spanish with aspiration or elision of the [s]; its realization depends on sociolinguistic factors. Moreover, unlike in Mexico, where the Romani clitics replicated all the functions of Spanish *estar*, in Chilean Romani *eta=lo* is used mainly in locative predications and constructions with progressive aspect, and to a lesser extent in attributive predications. I suggest here a tentative interpretation of these findings based on the various stages of acquisition of *ser/estar* functions by second language learners presented in VanPatten (2010: 31–32) where the stage characterized by the generalization of *ser* (**Juan es muy content* ‘John is (*ser*) very happy’) is followed by the introduction of *estar* with *-ndo* to express progressive aspect (*Juan está estudiando* ‘John is (*estar*) studying’), then by the use of *estar* with true locatives (*Juan no está aquí* ‘John is (*estar*) not here’), and finally with adjectives to express conditions (*Juan está muy content* ‘John is (*estar*) very happy’). The Chilean Romani data, where the use of *eta=lo* is not widespread with adjectives, could therefore reflect stages of diachronic development that cannot be reconstructed for Mexican Romani where the replication process has been completed.

Table 5. Convergence between Mexican Romani and Spanish (Adapted from Adamou, 2013a: 1097)

Spanish	Mexican Romani		Construction
<i>El mercado está en el pueblo.</i>	<i>o platso ando gav lo</i>	‘The market is in the village.’	Locative predication
<i>Hay una niña afuera.</i>	<i>si ek faoxi avxi</i>	‘There is a girl outside.’	Presentative
<i>El hombre está feliz.</i>	<i>o yazo lo felis</i>	‘The man is happy.’	Immediate experience
<i>El hombre es feliz.</i>	<i>o yazo si felis</i>	‘The man is happy.’	Independent of immediate experience
<i>Está sentado.</i>	<i>befado lo</i>	‘He is seated.’	Resulting state

Beyond Romani, similar complexification of grammar at the level of attributive predications has been noted for Hawai‘i Creole English that has integrated the copula functions of Portuguese *estar*, as in *água está fria* ‘The water is cold’ through the English verb *stay*, as in *Da water stay cold* (Sakoda & Siegel, 2004: 732–733). This means that the complexification noted in the Romani varieties of the Americas is not restricted to this specific language or community.

9.2 Simplification processes among bilinguals

In order to further test the simplification hypothesis in Spanish copula use as noted among Mexicans in the United States (Silva-Corvalán, 1986), I discuss findings from a study based on a contextualized copula choice task among the Romani-Spanish bilinguals from Mexico, using a monolingual group from Mexico as baseline.

In the bilingual version, Romani participants had to respond to each question in Spanish, and then translate the sentence into Romani. The translation task yields conflicting predictions as far as the influence of Spanish to Romani is concerned. According to the Revised Hierarchical Model (Kroll & Stewart, 1994), advanced learners can access meaning directly in an L2, although L2 learners may initially access the meaning of L2 words via the L1. Recent evidence demonstrates that even less proficient learners may directly access the meaning of L2 words in comprehension (Ma et al., 2017). Translation of words in production,

as in the present study on copula choice, is more effortful because the speaker needs to reduce activation of potential candidates in the non-target language, in particular, those that are semantically related (see Kroll et al., 2010 for a review of the literature). Whether this effort is different in L1 to L2 translation or from L2 to L1 or whether there are no translation asymmetries is still an open question. Inhibition and activation thresholds may account for slower response times and more errors when bilinguals translate from their L1 into their L2. In addition, researchers find that translation processes are also dependent on items since even highly proficient bilinguals have difficulties in translating difficult words. In keeping with these findings, we expect the early bilinguals in our study to access the meaning of Spanish sentences directly, and to translate the Spanish target sentences into Romani with relative ease as it is either their L1 or one of their two L1s.

9.2.1 Copula choice task

Methods

Participants

Sixty Romani-Spanish bilinguals from Veracruz, Mexico (see map in Figure 20), responded to the copula choice task, of which 48 were male and 12 female. 32 participants declared being early simultaneous bilinguals (2L1, i.e., before the age of three), 27 being early sequential bilinguals (L1 Romani-L2 Spanish), and one was a late bilingual having acquired Romani after age 18. 57 participants had attended at most primary school and 3 had attended high school. The age of participants ranged from 17 to 90 (29 participants were 17–29 years old, 19 participants were 30–59 years old, and 12 participants were 60–90 years old). At the time of the recording, participants were residents of La Rinconada community, in the State of Veracruz, Mexico. They all had similar socioeconomic status, working in the car trade or doing housework. Two participants were attending high school at the time of the study. Participants gave written consent and received no financial compensation for their participation in the study, but Cristian Padure, who conducted the study, followed local custom and organized a celebration dinner to which all community members were invited.

We also tested a control group of 62 Mexican Spanish monolinguals from Mexico City. The monolingual group was matched to the bilingual group primarily based on the variables that were significant in most other studies on Mexican Spanish, namely age and education.

The monolingual group in our study matched the bilingual group for age and socioeconomic status, but had relatively higher levels of education than the bilingual group (24 monolinguals had attended primary school at most, 33 participants had received secondary or technological education, and 3 declared having attended college). However, we did not expect this difference in education to impact copula choice as both studies by Gutiérrez (1994) and Cortés-Torres (2004) in Mexico showed that speakers with primary and secondary education are similar to one another, but differ greatly from speakers with a college education. We contacted participants through religious networks, social medical services or through social networks within the neighbourhood. All responded to the copula choice task on a voluntary basis and received no compensation for their participation.



Figure 20. Map of the city of La Rinconada, in the State of Veracruz, Mexico (shown also in the inset map of Mexico)

Design

Similar to Adamou (2013a) and Padure et al. (2018) this study relies on the use of the contextualized copula choice task developed by Geeslin and Guijarro-Fuentes (2008) in Spanish. The copula choice task contains 28 sentences that are introduced by a paragraph-long context. The sentences are connected in a dialogue between two friends, Paula and Raúl.

For each sentence, participants need to select one of three options available to them: they can opt for a sentence pre-constructed with *ser*, a sentence pre-constructed with *estar*, or indicate that they like both *ser* and *estar* in this context. Below is an excerpt from the task (Guijarro-Fuentes & Geeslin, 2006: 69).

Paula y Raúl salen del apartamento y van al restaurante. Comen allá frecuentemente y la gente que trabaja en el restaurante siempre los trata bien. Esta vez, Raúl pidió algo nuevo y Paula quiere saber qué piensa Raúl de la comida. Paula: Raúl, ¿te gusta la comida?

‘Paula and Raúl leave the apartment and go to a local restaurant. They eat there frequently and the people who work there are always very nice. This time, Raúl has ordered something new on the menu and Paula is curious about what Raúl thinks of the food. Paula: Raúl, do you like your food?’

A. Raúl: *Sí, la cena es buena.*

A. ‘Raúl: Yes, dinner is good (ser).’

B. Raúl: *Sí, la cena está buena.*

B. ‘Raúl: Yes, dinner is good (estar).’

___ *Prefiero la frase A.*

‘___ I prefer sentence A.’

___ *Prefiero la frase B.*

‘___ I prefer sentence B.’

___ *Prefiero A y B.*

‘___ I like both A and B.’

This task offers the possibility to investigate the main linguistic variables that determine copula choice in comparable contexts. Each context was designed to control for the main linguistic variables that determine copula choice: predicate type (individual-level property vs. stage-level property); susceptibility to change (susceptible to change vs. not susceptible to change); animacy (animate vs. inanimate); frame of reference (class frame vs. individual frame); experience with the referent (ongoing vs. immediate); adjective class (grouping adjectives into ten classes such as age or size and status); and copulas allowed (*ser* only vs. *estar* only vs. both).

In the Romani version of the task, participants had to translate the preferred option from Spanish into Romani. For the analysis of the results, only Romani third person, affirmative

clauses were relevant. As a result, the analysis of Romani responses included 7 items for individual predicates versus 10 for stage predicates (initial version: 17 individual vs. 12 stage); 11 for immediate experience versus 6 for ongoing experience (initial version: 17 immediate vs. 12 ongoing); 4 items for no change versus 13 for change (initial version: 8 for no change vs. 21 change); 9 items for inanimates versus 8 for animates (initial version: 11 inanimates vs. 18 animates); all 10 adjective classes were represented by at least one item.

Procedure

The bilingual participants were tested in their homes. Cristian Padure, who is a native Romani speaker of a closely related Vlax dialect from Europe, conducted the testing. Participants gave their oral consent. They listened to the recording of 28 clauses by a native Mexican Spanish speaker, and, for each clause, were asked to choose between the copulas *ser* and *estar* or to indicate when both were applicable. The participants were then immediately asked (in Romani by Cristian Padure) to translate the target clauses into Romani. In total, each participant responded to 56 questions. The monolingual participants were tested in Spanish by a native Mexican Spanish speaker either in their congregation's Church, the clinic's waiting room, or the homes of the participants. Each participant responded to the 28 clauses of the task.

Statistical analysis

Stefano De Pascale analysed the data using mixed-effects models (R Core Team, 2015, and, in particular, the package lme4 for the glmer function, Bates et al., 2015).

The first goal of the analysis was to compare Spanish copula choice and the predictors that might affect this choice between the bilingual and monolingual groups. We discarded experimental items in which respondents deemed both copulas appropriate –approximately 6.7% of data points by the monolingual group and 1.7% by the bilingual group (final token size = 3081 points). Generalized linear mixed-effects models were built with SPANISH COPULA as a response variable with two levels, *ser* and *estar*. Random intercepts were included for PARTICIPANT and EXPERIMENTAL ITEM. The fixed effects in this study were the following: COPULA CHOICE ALLOWED (both vs. *ser* vs. *estar*), ANIMACY (animate vs. inanimate), EXPERIENCE WITH REFERENT (immediate vs. ongoing), PREDICATE TYPE (stage vs. individual), SUSCEPTIBILITY TO CHANGE (change vs. no change), all coded as in Geeslin and Guijarro-

Fuentes (2008).²⁰ We added CLAUSE TYPE (affirmative vs. negative), which was of interest to us because of the fact that variation in Romani is only possible in affirmative clauses. We did not include adjective class in the regression models despite its potential relevance as it has ten different levels and integrating it in the model would lead to serious difficulties in coefficient calculations. The results section investigating the Romani-Spanish equivalence contains descriptive statistics on the relation between ADJECTIVE CLASS and copula choice (note that all adjective classes were represented by at least one item). Given our interest in uncovering differential predictor strength for our two groups of participants, we considered how those fixed effects and their two-way interactions further interact with the variable LANGUAGE, potentially allowing for significant three-way interactions.

The second goal of the analysis was to investigate the extent to which differences in copula choice between monolinguals and bilinguals can be explained in terms of conceptual transfer, either from Romani to Spanish or from Spanish to Romani. However, the copula alternation in Romani takes place in a more limited number of contexts than in Spanish. Since the copula alternation in the bilinguals' Romani dialect only appears in third person affirmative clauses, we restricted the dataset used in the previous section to this type of sentence. Responses to eleven items of the Geeslin and Guijarro-Fuentes (2008) task were discarded from the analysis. Similar to the previous analyses, we also discarded items for which respondents considered both Spanish copulas appropriate (in the monolingual data and the Spanish data of the bilinguals), but also those in which the Romani translation did not feature a copula at all (in the Romani data of the bilinguals). In consequence, the bilinguals' dataset was reduced to 858 data points, and the monolinguals' dataset to 978. Generalized linear mixed-effects models were constructed but, because of poor model performance due to the smaller size of the sample, we chose not to base the analysis on the fitted probabilities of the models but only use the significant interactions to guide the qualitative analyses.

Results

I begin by discussing the results regarding the presence or absence of greater simplification of alternatives in Spanish copula choice among bilinguals as compared to monolinguals. The descriptive statistics of the rates of selection confirm the simplification hypothesis, with a

²⁰ Frame of reference and predicate type are two variables that completely overlap and therefore only predicate type was maintained in the model.

higher degree of generalization of *estar* among bilinguals, who chose *estar* 55.77% of the time as opposed to 45.85% for monolinguals. However, overall selection rates are not sufficient to understand changes in the use of the two copulas and there is further need to consider precise linguistic conditioning using probabilistic methods.

The statistical analysis of Spanish copula choice in relation to linguistic variables reveals two effects of two-way interactions across bilinguals and monolinguals: SUSCEPTIBILITY TO CHANGE with ANIMACY ($\chi^2 = 7.6285$, $df = 1$, $p < 0.01$), and PREDICATE TYPE with CLAUSE TYPE ($\chi^2 = 10.2944$, $df = 1$, $p < 0.01$). When considering the linguistic profile of the participants, two-way interactions of LANGUAGE with PREDICATE TYPE ($\chi^2 = 18.0996$, $df = 1$, $p < 0.001$) and LANGUAGE with CHANGE ($\chi^2 = 20.8762$, $df = 1$, $p < 0.001$) were retained. Furthermore, COPULAS ALLOWED IN SPANISH ($\chi^2 = 19.1655$, $df = 2$, $p < 0.001$) was a significant main effect, although no interaction between this factor and the language profile of the participant was retained. For the presentation of the interactions in detail, we used plots of the fitted probability for the success outcome in the model (i.e., *estar*). The model nearly attains good predictive power ($C = 0.796$) and classification accuracy is well above chance level (73% as compared to 53% for always choosing the most frequent response level, i.e., *estar*).

The first two-way interaction for both bilinguals and monolinguals is between SUSCEPTIBILITY TO CHANGE and ANIMACY. When the referent is inanimate, participants alternate between *estar* and *ser* independent from susceptibility to change. In the case of an animate referent combining with a trait that is not susceptible to change, participants overwhelmingly resort to *ser* (100-14=86%), as in *Ahora ella es católica también* ‘Now she is (ser) Catholic too,’ but alternate between *ser* and *estar* when the referent is animate and the trait is susceptible to change, as in *Ahora es/está enojado* ‘Now he is (ser/estar) angry.’

COPULAS ALLOWED IN SPANISH is another factor that was significant for both bilinguals and monolinguals. Participants chose *ser* with adjectives that require *ser*, and *estar* with adjectives that require *estar* among other Spanish-speaking groups. When both copulas are possible, bilinguals and monolinguals alike opted for *estar* in 58% of the responses. Given that the confidence interval for this estimate (i.e. 50%-66%) does not approach the 50% threshold for ‘no preference,’ we could argue for the generalization of *estar* in contexts where both copulas are allowed.

The language profile was significant in two cases: The first two-way interaction is between LANGUAGE and PREDICATE TYPE. Bilinguals and monolinguals differ in their copula choice, in particular for individual-level predicates as in *No me gustó el dueño del apartamento, está/es*

desagradable ‘I didn’t like the owner of the apartment, he is (*estar/ser*) unpleasant.’

Monolinguals significantly prefer *ser* in this context, while bilinguals opt with similar frequency for *ser* and *estar*; see Figure 21.

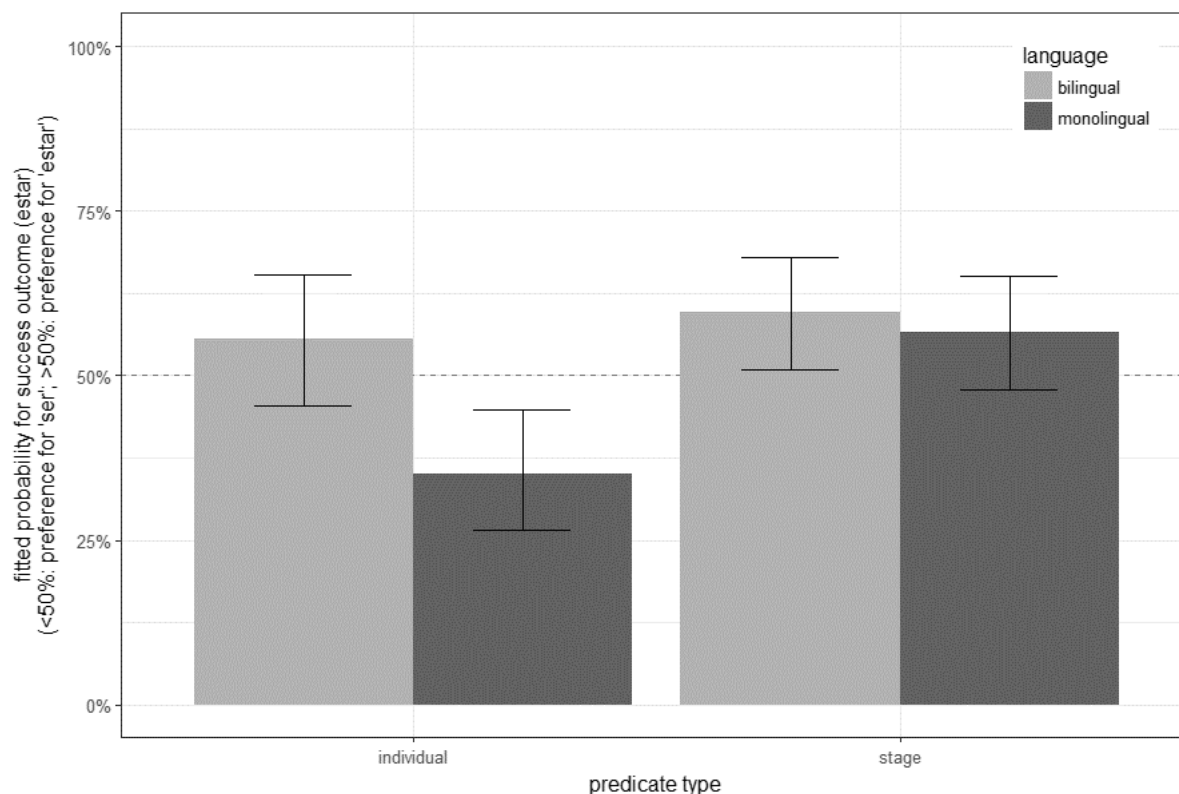


Figure 21. The selection of *estar* ‘to be’ with respect to the variable PREDICATE TYPE (stage-level vs. individual-level) and LANGUAGE (bilingual vs. monolingual) (Adamou et al., 2019: 1561)

The second significant two-way interaction is between LANGUAGE and SUSCEPTIBILITY TO CHANGE. When the adjective is not susceptible to change, as in *Ahora ella es/está católica también* ‘Now she is (*ser/estar*) Catholic too,’ bilinguals and monolinguals both prefer *ser* over *estar*, but monolinguals opt more often for *ser* ($100-20=80\%$ *ser*) than bilinguals ($100-41=59\%$ *ser*); see Figure 22. In sum, bilinguals are extending the use of *estar* to contexts where *ser* dominates for monolinguals.

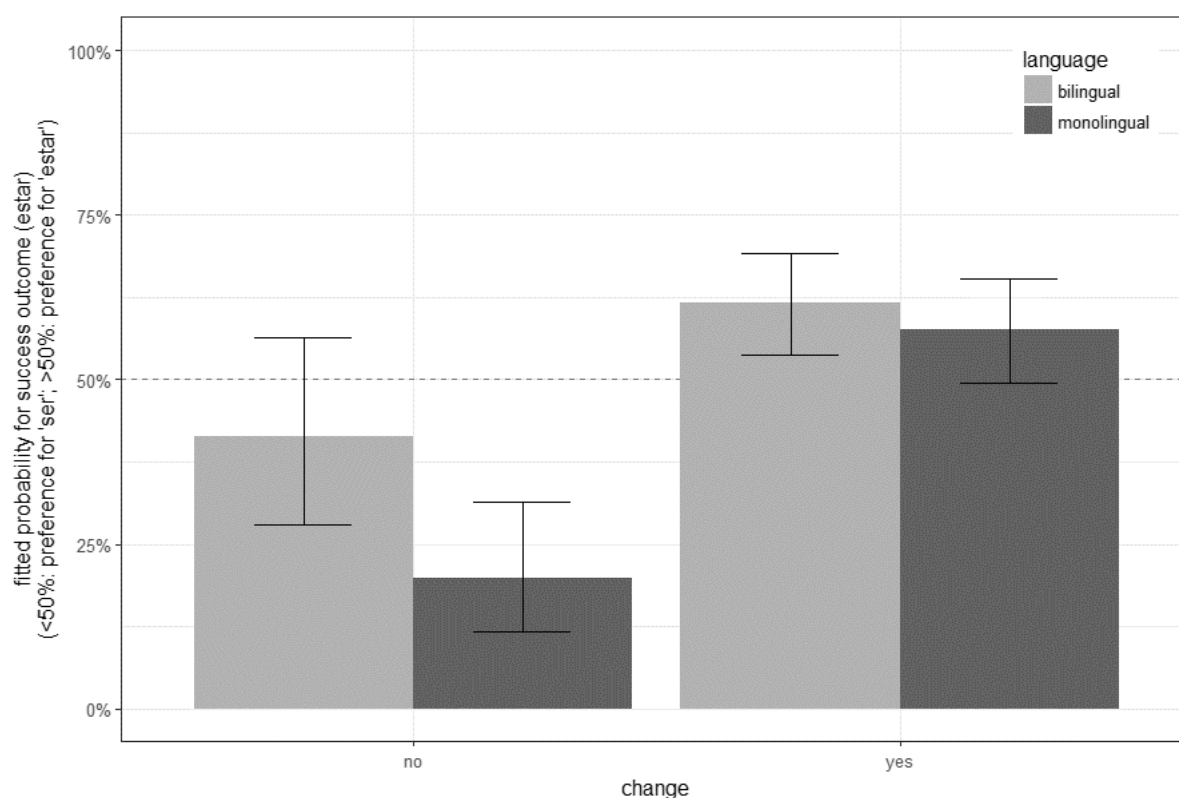


Figure 22. The selection of *estar* ‘to be’ with respect to the variable SUSCEPTIBILITY TO CHANGE (no vs. yes) and LANGUAGE (bilingual vs. monolingual) (Adamou et al., 2019: 1561)

In sum, we argue that simplification of alternatives in Spanish copula choice is taking place faster among bilinguals on the grounds that bilinguals are generalizing *estar* more frequently than monolinguals in some contexts. Given that Padure et al. (2018) showed that bilinguals are generalizing the clitics in Romani too, the question that we asked was whether the two simplification processes in the two languages, for Spanish *estar* and for Romani clitics, were in some way connected.

When taking into account only third person affirmative clauses, we note that monolinguals have a slight preference for *estar* (55%), but bilinguals prefer *estar* more frequently (65%). In Romani, they opt for the *l*-clitics to an even greater extent (77%).

Comparison of Spanish responses from bilinguals and monolinguals with Romani responses suggests that the *l*-clitics are significantly more generalized than Spanish *estar*. This can be interpreted as evidence for directionality of transfer from Romani to Spanish. This is apparent in the choice of inanimate and animate referents for individual-level predicates; as in *The dinner is good* and *Now he is mad*; see Figure 23. Similarly, bilinguals prefer *estar* more often than monolinguals for individual-level predicates whether the experience with the referent is immediate, as in *He is mad*, or ongoing, as in *Now she is Catholic too*; see Figure

24. In Romani, the clitics are preferred for individual-level predicates almost categorically. The bilinguals also choose *estar* in 70% of the cases when the experience with the referent is ongoing and the referent is inanimate, unlike monolinguals (only 34% for *estar*), but similar to the preferred use of *l-* clitics in Romani (83%); see Figure 25. Finally, the adjective classes for which bilinguals differ from monolinguals in the selection of *estar* are sensory characteristics and size. In these cases, Spanish monolinguals prefer *estar* less frequently than bilinguals in both Romani and Spanish.

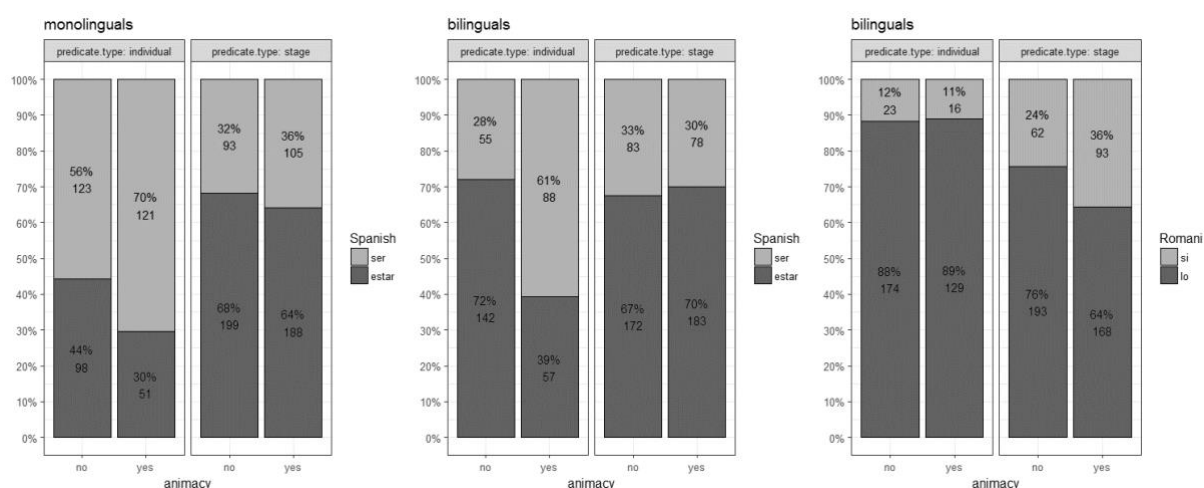


Figure 23. Barplots for the interaction PREDICATE TYPE and ANIMACY (Adamou et al., 2019: 1565)

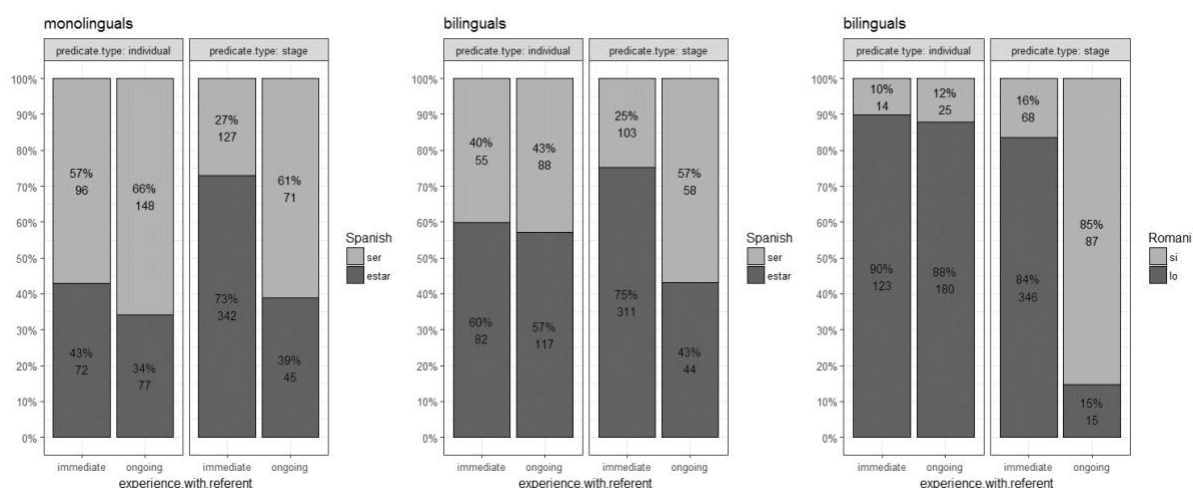


Figure 24. Barplots of interaction PREDICATE TYPE and EXPERIENCE WITH REFERENT (Adamou et al., 2019: 1567)

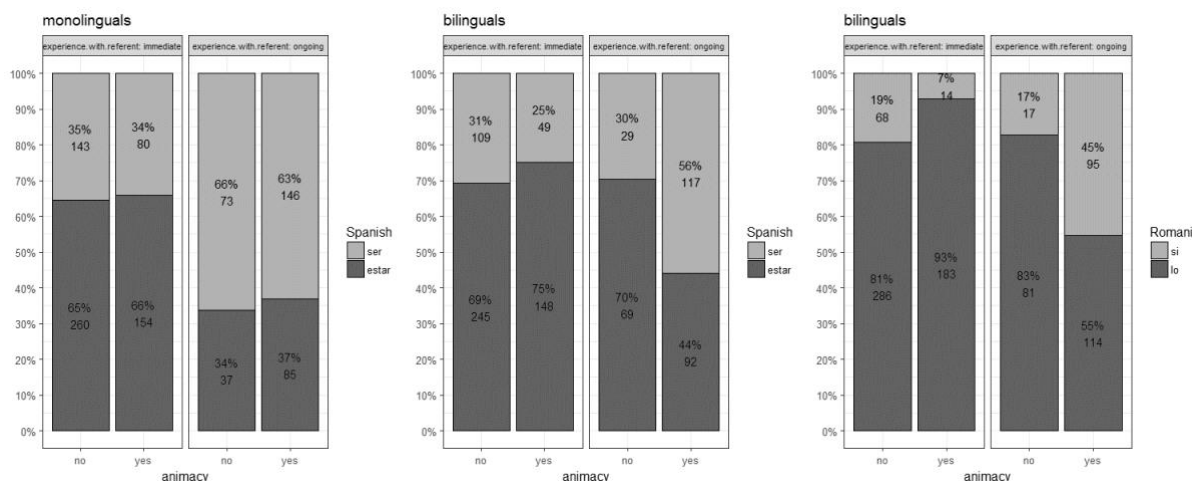


Figure 25. Barplots of the interaction EXPERIENCE WITH REFERENT and ANIMACY (Adamou et al., 2019: 1570)

9.2.2 Discussion

In this study, the main research question was whether simplification of alternatives in copula choice among Romani-Spanish bilinguals is faster than simplification among Mexican Spanish monolinguals of similar age, socioeconomic status, and education. The phenomenon under study is at the interface with external, contextual factors. Simplification is therefore predicted by both the work of Silva-Corvalán (1986) and the Interface Hypothesis (Sorace & Serratrice, 2009).

A look at the overall rates confirms that simplification of alternatives is taking place through a tendency to select *estar* over *ser* in the copula choice task (bilinguals choose *estar* in 55.77% of responses vs. 45.85% for monolinguals). In the variationist tradition, we assessed the degree of generalization of *estar* by using statistical methods and by investigating the precise linguistic conditioning. A statistical analysis confirms that bilinguals behave differently from monolinguals by generalizing *estar* in contexts where monolinguals prefer *ser*. This is the case in contexts captured by factors such as predicate type (or its equivalent frame of reference) and susceptibility to change. More specifically, *estar* is being expanded to uses with individual-level predicates, when the attribute applies to the referent as a whole, and when the relationship between the referent and the attribute is not susceptible to change. Interestingly, these are the contexts identified in Silva-Corvalán (1986) among the heritage speakers of Spanish in Los Angeles. We can therefore conclude that, in agreement with the

simplification hypothesis and the Interface Hypothesis, Romani bilinguals extend the use of *estar* in contexts where Spanish monolinguals still prefer the copula *ser*.

However, the diachronic change noted in Adamou (2013a) for the same phenomenon, disconfirms both the simplification hypothesis and the Interface Hypothesis as Romani developed a distinction in attributive clauses to reflect the conceptualizations reflected by the two Spanish copulas. The Interface Hypothesis, in particular, predicts that the grammatical categories that are connected to the context of discourse should be primarily affected due to processing constraints favouring overgeneralization of a phenomenon. This is not what happened for the generations of early bilinguals of Romani-Spanish who applied the Spanish model of alternatives in the conceptual domain of *being* to Romani. To account for the Mexican Romani evidence, I elaborate an alternative hypothesis, namely that convergence must be a stronger motivation. In particular, linguistic conceptualizations would tend to converge among early bilinguals who use their two languages with equal frequency and have no prescriptive attitudes that may block linguistic changes. This hypothesis is plausible as the neurocognitive underpinnings of the two languages in the early bilingual's mind largely rely on the same brain regions (Pliatsikas, 2019). In this approach, convergence indirectly reduces cognitive load as the two systems become more similar, even though the grammatical systems may get more complex at first.

To test whether the apparent simplification process among the Mexican Romani-Spanish bilinguals is equally driven by transfer, we examined the impact of copula choice from Romani to Spanish. We considered responses restricted to third person affirmative clauses where variation exists in Romani. Analysis of results shows that Romani clitics are by far the preferred option in third person affirmative clauses, with 77% of use. Similarly, the Romani bilinguals frequently opted for *estar*, with 65% of use, even if they did so to a lesser extent than in Romani. The higher rate of choice of the clitics in Romani as compared to Spanish discards the possibility that it is the Spanish *estar* that drives the Romani responses, a hypothesis that is plausible given that participants translated the Spanish target sentences into Romani. Indeed, overall results also show that the Romani responses did not align fully with the Spanish responses, suggesting that these early bilinguals have direct access to Romani representations, which appear to be structured slightly differently than in Spanish.

When examining the linguistic conditioning of copula choice, analysis of the results shows that Romani bilinguals rely on the same variables in Spanish as the monolingual baseline. However, comparison of the rates of selection of *estar* among the monolinguals and the bilinguals shows that the bilinguals opt for *estar* more often in some contexts: when the

experience with the referent is ongoing and the referent is inanimate as well as with size and sensory characteristic adjectives. When looking at the Romani copula choice in those contexts, it appears that Romani clitics are overwhelmingly chosen. Given the equivalence of Romani clitics with *estar*, it is possible to hypothesize that the generalization of the Romani clitics in some contexts drives the generalization of *estar* in those same contexts.

To conclude, bidirectional transfer seems to offer the best explanatory account for the Romani-Spanish data tending toward the overall convergence of linguistic conceptualizations in the mind of early bilinguals. This is in keeping with the discussion and evidence in Part I, demonstrating that conceptual convergence is a likely outcome, in particular among bilinguals who have early, immersive experience in the two languages. I consider that this process of convergence differs from cases where the linguistic conceptualizations of the dominant language prevail, as among late L2 learners and children with incomplete L1 acquisition who did not have sufficient amounts of input that could lead to the entrenchment of these conceptualizations. In this case, bilinguals may rely on the conceptualizations of their dominant language and merely recruit the lexical material from the non-dominant language. In turn, convergence at the level of linguistic conceptualizations among early bilinguals with immersive experience, though not necessarily resulting in full overlap between the two languages, might facilitate the use of both languages by individual speakers and help reduce the overall cognitive load.

Part III. Conclusions

Chapter 10. General Discussion and Conclusions

10.1 The Adaptive Bilingual Mind

In this book, I set out to examine bilingual language and cognition among speakers of lesser-studied bilingual populations from the field of language endangerment. These populations differ from those that are generally investigated in bilingual studies on several grounds:

- Most bilingual speakers of endangered languages are early bilinguals, that is, they acquired both languages before puberty. In comparison, most behavioural and neuroimaging studies rely on late L2 learners, having acquired the L2 after puberty, largely leaving early bilingualism aside.
- Bilingual speakers of endangered languages either pursue the use of the two languages in adulthood or shift to the socially dominant language after puberty. This differs from heritage speaker populations who generally intensify the use of the socially dominant language much earlier, when starting school, raising the issue of full language acquisition in a more pressing way than for speakers of endangered languages.
- As linguistic features play a key role in bilingualism, populations of endangered languages bring a whole range of understudied and often typologically rare phenomena. In that sense, the study of endangered languages provides a unique opportunity to expand our understanding of bilingual cognition.
- In most bilingual studies, language change is rarely attested, as the languages examined are generally spoken by monolingual populations and are often standardized. This is for instance the case of Spanish bilinguals in the United States. However, data from endangered languages allow for the investigation of ongoing changes that can, and often do, result in change at the level of the community. This is for example the case of Romani speakers in Mexico who were not exposed to any prescriptive norms that could have held back linguistic change in Romani.
- Last but not least, the study of bilinguals from a variety of cultures, social organizations, and natural environments offers the unique opportunity to observe

diverse ways of being bilingual. From Roma people in Greece and in Mexico who grow up in small, kin-based groups, and are constantly interacting with populations who speak different languages, to the Ngigua people who have shifted to Spanish through schooling with minimal everyday contact with Spanish monolinguals from outside the community, we are miles away from the patterns common in the literature on bilingualism.

More generally, I consider that the findings from my research support adaptive and dynamic cognitive models that integrate three distinct but interrelated levels:

- (i) Processing at the moment of speaking and comprehending.
- (ii) Consolidation processes (entrenchment) and weakening (disentrenchment) across the lifespan.
- (iii) Language practices across interactional networks.

The relevance of these models is apparent in the studies presented in this book:

- Bilingual experience undoubtedly alters speakers' minds and languages in multiple ways. We have seen the example of the Ngigua-Spanish bilinguals for spatial representations and of Romani-Spanish bilinguals in Mexico for conceptualizations of 'being.' We have also seen how the regular use of Turkish with Romani in Greek Thrace leads to reduction of cognitive costs that are otherwise attested in language switching but that cognitive costs are closely related to specific lexical items.
- Languages change over time, sometimes gradually and at other times abruptly, depending on the interlocutors and the general speech environment they are immersed in. We have seen how Romani-Spanish bilinguals in Mexico changed the expression of attributive predications in Romani. We have also seen how Romani-Turkish bilinguals in Greece transformed their native language through the systematic use of Turkish linguistic units.
- Language comprehension correlates, to some extent, with modality. We have seen an illustration in the study of temporal conceptualizations among Pomaks in Greece. With the study of Ngigua-Spanish bilingual speech and co-speech gestures, we have also seen how co-speech gestures may be a key component of linguistic

conceptualizations and constitute a vehicle for their transmission from one generation to another despite changes in the lexical and grammatical means.

More specifically, in this book, I have addressed two main research questions: the first is whether distinct linguistic conceptualizations are maintained among bilinguals; the second is whether bilinguals are confronted with higher cognitive costs.

Regarding the first research question, examples from the literature document both maintenance of distinct linguistic conceptualizations and changes in the linguistic conceptualizations of individual speakers and language speech communities. Through the example of Ngigua-Spanish bilinguals, we have seen how conceptualizations can *combine* when speaking both of their languages in what can be described as bidirectional transfer. Indeed, geocentric conceptualizations are maintained despite a shift to Spanish, a language with dominant egocentric conceptualizations among urban populations. I argue that what might motivate this outcome is the stable relation of the inhabitants to their natural environment, prompting them to pay close attention to cardinal directions. Thus, linguistic conceptualizations adapt to the speakers' natural environment and, in particular, to the interactions that speakers entertain with their natural environment. Such maintenance is made possible through co-speech gestures and creative uses of Spanish lexical items such as cardinal terms. Thus linguistic conceptualizations can change depending on group size, which is small in the case of the Ngiguas; the type of networks, characterized by few contacts outside the community in everyday life; and type of communication, which in the case of the Ngiguas is generally face-to-face communication allowing for the use of co-speech gestures, rather than communication through the phone or writing/texting.

In the second study, on Pomak-Greek-Turkish trilinguals from Greece, we have seen how distinct linguistic conceptualizations in the domain of time coexist for Pomak and Greek. More specifically, the conceptualizations of time in Pomak, based on the rare linguistic phenomenon of nominal tense, is associated with the use of deictics that cannot easily be transferred to Greek grammar. Thus changes in linguistic conceptualizations also seem to depend on the linguistic coding means of the two languages. However, it still remains to be seen whether co-speech gestures may offer additional insights as in the Ngigua study on bilingual spatial cognition and the study of Núñez and Sweetser (2006) on Aymara co-speech gestures and temporal cognition.

Regarding the second research question, about cognitive costs among bilinguals, we have first seen how these costs are reduced or disappear when considering the typologically unique Romani-Turkish data reminiscent of an interrupted process of mixed language creation. The behavioural evidence from two experiments contribute to the increasing number of studies that show how processing two languages in a single context can become effortless provided this language mixing is frequent and predictable both in the experimental setting and in daily life. We have also seen how intense linguistic switching becomes indexical of group identity, in this case of Muslim-Turkish Roma.

Second, we have seen how linguistic conceptualizations can change to adapt to general cognitive constraints and limitations, for example, to reduce cognitive load in the case of the Romani-Spanish bilinguals from Mexico. Against the linguistic simplification hypothesis based on the sole reduction of alternatives, we have seen a rare case of bidirectional transfer that started with complexification of alternatives in the native Romani language at the level of attributive predications and continued with simplification of those same alternatives. This suggests that cognitive load reduction might be best achieved through conceptual transfer and convergence depending among others on the extent of semantic and pragmatic overlap with other linguistic conceptualizations (e.g., locative predications), on how expressive specific linguistic features are, and how economical they are in communication (e.g., favouring regularity for entrenchment as is the case in the ongoing generalization of the third person clitics in Romani). Such linguistic developments seem enhanced in the Romani migrant community which is not exposed to any literary traditions and prescriptive attitudes that could block the development of such changes, as might be the case in other migrant populations.

To conclude, taking into consideration under-investigated bilingual populations, with unique linguistic and sociolinguistic characteristics, allows us to complement existing studies on bilingualism. It is apparent that data from these populations offer the opportunity to draw attention to typologically rare linguistic phenomena and observe how bilinguals adapt to their communicative needs in diverse societal and cultural settings.

10.2 Relevance of Bilingual Approaches to Language Documentation and Revitalization

In the introduction of this book, I suggested that much insight is to be gained from bilingual experimental methods for the study of endangered languages, but also that such

methods yield several benefits for the communities. Based on my own experience from language documentation I outline at least six major advantages that I have identified from the use of experimental methods in the field:

- Language documentation programmes typically focus on the use of the endangered language and contribute to the improvement of its prestige in settings where it has often been devalued. However, such programmes have the disadvantage of rendering the socially-dominant language antagonistic. Using bilingual methods, researchers need to study both languages of an individual speaker, thus valuing a speaker's entire repertoire. As linguists, it is consistent to promote bilingualism as an asset not only in Western settings but also in language documentation and language revitalization efforts. To cite once more the online survey we conducted on Romani revitalization in Romania: To the language acquisition planning statement 'At home, Roma children should grow up...', 96.4% of respondents selected the option 'as bilinguals, speaking Romani and another language' while roughly 7.2% opted for the monolingual option 'speaking only Romani' and 1.8% 'speaking only Romanian.' It is important to take into consideration such localized ideologies and practices in language documentation and revitalization actions.
- In language documentation programmes, the focus is typically on the last speakers of the language. Sometimes after years of neglect, these speakers acquire a new status in the community as recipients of this precious inheritance. Although this is an appreciated outcome, it is important to note that speakers in the community who do not master the native language or who have learned the language at school (so-called 'new speakers') find themselves in a peripheral position in the project. And yet these are often younger generations of speakers who are instrumental to language revitalization. In addition, this creates competition in the community between members who benefit financially or symbolically from the language documentation project and those who are excluded from it. I argue that the introduction of bilingual techniques that require a monolingual control group, allows for a more inclusive approach to language documentation.
- Research practices from first language attrition allow researchers to gain clear understanding of levels of attrition among the various speakers that they meet in the field. The comprehension tasks, in particular, can be used with speakers who might only have passive knowledge of the language, whereas recordings of free speech

typically exclude them from working sessions (see Adamou, 2017b on Ixcatec relative clauses). Moreover, evidence from receptive bilingual speakers of Inuttitut shows that although they might exhibit some difficulties in grammar, they do have sound knowledge of basic structure (Sherkina-Lieber et al., 2011).

- Traditional language documentation programmes typically aim to record as many members in the community as possible, but rarely reach the numbers of participants that methods from bilingual studies require. In that sense, introducing quantitative methods in the field makes it possible to work systematically with more members from a given community. Again, it is my firm belief that projects gain in significance as more community members are included.
- The recording of conversations, narratives, and other types of naturalistic speech is among the preferred methods in language documentation and considered by many as the golden standard. Some field linguists combine naturalistic speech recording with elicitation sessions, for example using the Frog Story drawings, or video stimuli such as the Pear Stories. My experience with experiments in the field shows that performing tasks on a computer is particularly valued by participants of all ages and from all the communities I have worked with. People enjoy listening to their language on a computer, as the native, traditional language becomes associated with novel, highly-valued domains like technology. Such tasks are particularly popular among young participants, who perform the tasks as if they were videogames, but also among elderly participants, for whom it is sometimes their first experience of using a computer.

Finally, I would like to finish this book by the narration of two positive outreach experiences that I had the chance to conduct with two communities building on my work on bilingualism. First, I would like to briefly present the participatory digital story-telling project conducted in 2018 among Roma youth in Drosero. Sabiha Suleiman, the activist leader of the NGO Hope, with whom I have been collaborating for over ten years, asked me to prepare a project with the Greek NGO Caravan Project with the goal of producing two short films reflecting the view that the Roma have of themselves and their community. This represented an opportunity to move beyond the external and often exoticized vision outsiders have had of the Roma people through the centuries.

Naturally, the choice of language was the matter of much discussion and negotiation. My previous research had focused on the exceptional character of trilingualism in this community, which is viewed as an advantage by many, but as a threat by others given that there is a strong shift toward Turkish. We agreed that the entire repertoire of the young Roma could be reflected in this project, in keeping with habitual linguistic practices.

As a result, in the first short film, *Aver Than* ‘Other Place’ (vimeo.com/294780272), a dozen teenagers talk about how they view life in their community and reflect on exclusion and stigma from the majority society. The film has a poetic quality and is in Romani-Turkish, the language of in-group communication for most of the participants. In the second short film, *Little Home* (vimeo.com/294901471), the same group of teenagers film and interview several members of the community about their profession. The preferred language in this film was Greek, one of the two languages of communication with outsiders.

The second example comes from my experience as a member of an Endangered Languages Documentation Programme on Ixcatec, in Mexico (ELDP, MDP 0214). As part of this programme, some workshops were conducted in the local primary school thanks to support from school teachers. I conducted one of the workshops, on how to learn Ixcatec lexical tones when a speaker of a language without lexical tone such as Spanish, with the help of tools like Praat. The goal of another of the Ixcatec workshops was to raise confidence in the ability of the pupils to relate to the endangered indigenous language through their access to a variety of conceptualizations of space, including geocentric ones, which seem to be related to the experience with the natural habitat as well with the ancestral language, Ixcatec. The pupils were fascinated by the knowledge they gained on their own memorization strategies and their capacity to master different types of spatial memorization strategies. Being Ixcatec proved to be an asset, offering them the capacity to recall objects as they were located in an absolute way, by unconsciously relying on features in their natural environment. Another part of the workshop was dedicated to discussions with the teachers who discovered the diversity of spatial conceptualizations available to their pupils. Such approaches, therefore, allow viewing language endangerment and loss through a different lens than that of the loss of traditional ways of thinking. I would like to believe that they also thereby strengthen their sense of connection to the ancestral language.

A similar workshop is planned in the Ngigua community, in collaboration with the committee for the promotion of the language. Unfortunately, the Romani community of Veracruz has been dispersed in the past year due to the high levels of violence in the area, making it impossible for the moment to share the knowledge we have acquired through our

research. Lastly, it is important to stress that some language communities do not want to conduct any activities related to their language for a variety of reasons. The members of the Pomak community, for example, although privately valuing their language, are not organized in a way to defend their linguistic inheritance in the public sphere. This means that the only way we can communicate some of our results is in the private sphere.

To conclude, I suggest that, as linguists, we need to approach language documentation differently, by fully integrating in our projects both bilinguals, with a variety of experience in the two languages, and monolinguals in the dominant language who are potential new speakers of the endangered language. The bilingual approach offers a promising framework as it allows for an inclusive methodology in the communities where endangered languages have traditionally been spoken. More importantly, the bilingual approach has the potential to empower speakers of endangered languages to act in a complex world through bi/multilingual practices (see Blommaert, 2010, 2013; Li Wei, 2018). I look forward to further exploring this path in the future.

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